

SEPTEMBER 2025

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# PARKLAND<sup>news</sup>

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### Dance Show: Roaring '20s

Get ready to step back in time and experience the glitz, glamour, and high-energy moves of the Jazz Age!

**Saturday, September 13<sup>th</sup>  
at 2:00pm**

### Live Performance: Elvis Show

Put on your blue suede shoes and join us for a rockin' good time! Our incredible Elvis impersonator will sing all the King's greatest hits, from "Jailhouse Rock" to "Can't Help Falling in Love."

**Tuesday, September 30<sup>th</sup> from 7:00pm to 8:30pm**



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# PARKLAND HALL WEEKLY CALENDAR

## MAIN ROOM :

<b>MONDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	8:00 to 9:30 pm	Karate (private booking)	403-225-1894, <a href="mailto:esential@telusplanet.net">esential@telusplanet.net</a>
<b>TUESDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	1:15 to 2:45 pm	Bliss Yoga	<a href="mailto:rosemary@blissyogacalgary.ca">rosemary@blissyogacalgary.ca</a>
	5:30 to 7:45 pm	Guides of Canada	403-283-8349
<b>WEDNESDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 7:00 pm	Available for booking	403-278-5330
	7:00 to 8:00 pm	Zenshin Dojo	403-860-1253, <a href="mailto:zenshindojocalgary@gmail.com">zenshindojocalgary@gmail.com</a>
<b>THURSDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	2:00 to 5:00 pm	Available for booking	403-278-5330
	5:15 to 7:45 pm	Vanshaw Dance Academy	<a href="mailto:vanshawacademy@gmail.com">vanshawacademy@gmail.com</a>
<b>FRIDAYS</b>	9:00 am to noon	Parkland Preschool	403-225-0083
	11:30 am to 12:30 pm	My Tai Chi	403-271-9658
	1:00 to 7:00 pm	Available for booking	403-278-5330
	6:00 to 9:00 pm	Baha'i Community of Calgary	403-278-7307
<b>SATURDAYS</b>	8:45 to 9:45 am	Pilates	<a href="mailto:engagemobilepilates@gmail.com">engagemobilepilates@gmail.com</a>
	10:00 am to 12:00 pm	Guides of Canada	403-283-8349
	12:00 to 5:00 pm	Available for booking	403-278-5330
<b>SUNDAYS</b>	8:30 am to 3:00 pm	Harvest International Baptist Church	403-616-7597, <a href="http://www.Harvestinternationalbaptistchurch.com">www.Harvestinternationalbaptistchurch.com</a>
	3:30 to 6:30 pm	Keys of Kingdom Church	403-370-5604

## MEETING ROOM:

<b>MONDAYS</b>	9:00 am to 6:30 pm	Available for booking	403-278-5330
	7:00 to 8:00 pm	AI Anon	403-266-5850
<b>TUESDAYS</b>	9:00 am to 5:30 pm	Available for booking	403-278-5330
	5:30 to 7:45 pm	Guides of Canada	403-283-8349
	8:00 to 9:00 pm	Available for booking	403-278-5330

Please contact Erika at [parklandca@telus.net](mailto:parklandca@telus.net) or 403-278-5330 for hall rental information or to view.  
Remember: Parkland Community Association members receive a discounted rental rate.



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**Samaritan Club  
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Sale**

**Saturday, September 27**

**9:00am-1:00pm**

**Hillhurst-Sunnyside Community Centre**

**1320 - 5th Avenue NW**

All proceeds will benefit  
Calgarians in need (Cash Only)

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115 years  
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in need



**For More Information:  
samaritanclub.ca**

## UPCOMING EVENTS AND NEWS

### Upcoming Events at the Hall

- **Wine Tasting** – September 20. Contact the hall at [parklandca@telus.net](mailto:parklandca@telus.net) for more details.

### Knitting Group

We meet each Saturday from 10:00 am to noon. Cost is \$15 per drop and \$50 for four classes. A current membership is required; however, one is easily purchased from the office. You don't have to live in Parkland to purchase a membership.

The upcoming dates are September 20 and 27, and October 4 and October 11. Come meet other knitters whilst getting excellent assistance from our award-winning Carolyn Joels!

### Parkland Cleanup Day

**Sunday, September 28 from 9:00 am to 1:30 pm**

**Park96 Parking Lot**

#### We will be accepting:

- Refundable beverage containers. The proceeds will go to Parkland Cares.
- Black bin garbage including baby car seats, mattresses, painted and stained wood (no railway ties), etc. This is handled by The City of Calgary dump trucks.
- Metal (except for propane tanks and appliances containing freon). To save us time and space, please empty your lawn mowers, and break down your BBQs and lawn chairs.
- Old electronics including TVs, monitors, telephones, cell phones, computers, laptops, keyboards, and wiring. Again, this year, we are participating in the Alberta Government recycling program.

• Women In Need Society (WINS) will be accepting donations including sporting goods, clothing, gently used toys, and some small appliances. Please see the Women In Need Society webpage, <https://www.winsyyc.ca/donation-information> for more details.

\*Due to the high cost of contracting the paper shredding services, we are not processing confidential shredding.

#### Due to current City restrictions, we cannot accept:

- Wet paint cans
- Tires
- Blue and green bin material
- We cannot process confidential shredding
- We cannot handle hazardous waste including batteries, chemicals, or appliances that contain freon

### Parkland Hall Has a Meeting Room That Can Hold Meetings, Training Sessions, and Tutoring Sessions!

Parkland hall's meeting room has audio visual equipment included as part of the rental cost. Our meeting room holds up to 20 people and there are tables that can be folded and moved aside if need be. We have daytime spots available and some later evenings, as well as Saturday afternoons.

Give the hall a call at 403-278-5330 if interested, or email [parklandca@telus.net](mailto:parklandca@telus.net).

#### Did You Know?

Did you know that a current Parkland Community Association membership gives you a 30% discount at any Cloverdale paint store. All you have to do is show the sales associate your membership card and let them know the FCC (Federation of Calgary Communities) gets a discount for your community.

## The David

As a symbol of the strength and independence of the Florentines, the statue of David was commissioned to be placed at the entrance of Palazzo Vecchio. On September 8, 1504, this marvellous piece was revealed to the city. Unsurprisingly, everyone loved it!





## ALBERTA RENSHIKAN KARATE DO ASSOCIATION

Learn the Japanese Martial Art of Shito-ryu through qualified instructors of the Alberta Shito-ryu Renshikan Karate Do Association. Practice ancient Okinawan methods of self defense as they were traditionally taught. Classes available for Juniors, Youths, Adults and Seniors. Learn optional classes of traditional Okinawan Kobudo (farming weapons) to help preserve the Art. Classes are taught by registered Black Belts recognized by the Japanese (Mabuni) Shito-ryu Karate Association in Osaka Japan. Black Belt head instructors undergo Police, Criminal, and Vulnerable Sector Checks on a regular basis to ensure the integrity of the individual instructors.

If you would like more information or are interested in classes please contact the following individuals: **Frank Prystupa at (403) 988-6813 in the Parkland area or Seichi Yamashiro at (403) 271-9637 in the Killarney area.**



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## Chima Akuchie

### For Ward 14 Councillor

☎ 403-930-4391

✉ info@chima4ward14.ca

**chima4ward14.ca**

Dear Neighbour,

I'm excited to share this with you: I'm running for City Council in Ward 14.

This decision comes from a deep passion to serve and a belief that leadership means listening, understanding, and acting in the best interests of the people, not chasing power or succession.

I'm a graduate of SAIT in instrumentation engineering. I've served as VP External of the Athabasca University Students' Union and serve as Technology & Digital Safety Ambassador. I've had the privilege of serving as a student advocate at both the provincial level with the Council of Alberta University Students (CAUS) and at the federal level with the Canadian Alliance of Student Associations (CASA). Through these roles, I sat on policy and budgeting committees where I worked to ensure student voices were heard and their needs prioritized.

As Director of Volunteerism at the Calgary Legacy Community Association, I help organize events that build connection and community. I also volunteer with the Calgary Igbo Community Association at the Drop-In Centre, supporting unhoused individuals with essentials and encouragement.

I founded VEROROSE INC., a support agency for people with disabilities, and work at a harm reduction centre, helping people with disabilities and mental health challenges rebuild their lives.

I'm running as an independent candidate with conservative values. I'm for the people, here to serve and willing to work with anyone who puts Ward 14 first. Our city should serve residents, not political interests.

As your neighbour, I share your concerns about blanket rezoning that ignores local realities, property tax hikes, infrastructure strain, and loss of neighbourhood character. If elected, I'll push to repeal those policies and protect what makes our ward a great place to live.

I believe in service, transparency, and trust. As a husband, father of three, and Knight of the Catholic Church, I bring compassion, accountability, and empathy to public service.

Every resident deserves safe streets, basic infrastructure, and leaders who listen. That's what I'll fight for.

This campaign is about all of us; our families, our businesses, and our shared future. I'm ready to work hard for Ward 14 and make our voices count.

Sincerely,  
*Chima Akuchie*

## Parkland Cares

Parkland Cares is a community-based organization of families and neighbours committed to helping others.



*"In the summer I was a wild child in the woods, with no shoes, and in the fall, it was back to the city, shoe shops and school."* -Margaret Atwood

We would love to see you at our September planning meeting. See our Facebook page for details on the date and time or reach out to us anytime.

As always, we look forward to inviting community members to join our planning team and look forward to more exciting initiatives in the fall and in 2025! There is no minimum commitment - you can volunteer as much or as little as works for you!

*Parkland Cares Calgary*

[parklandcaresyyc@gmail.com](mailto:parklandcaresyyc@gmail.com)

403-863-9927

## SAFE AND SOUND

### Back to School Safety

by Alberta Health Services

Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

#### Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

#### Around School Buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

#### Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

### SCAN HERE TO VIEW ADDITIONAL PARKLAND CONTENT

#### News, Events, & More



#### Crime Statistics



#### Real Estate Statistics



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# Understanding Why Some Men Struggle with Emotional Avoidance in Relationships

by Nancy Bergeron, R.Psych. | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

As a relationship counsellor many women ask me: “Why is my partner so emotionally unavailable?” or “Why won’t he open up to me?”. If you’re in a relationship with a man who seems emotionally distant, you’re not alone. Emotional avoidance is incredibly common among men (and women too). While it can feel confusing or painful in a relationship, it’s often rooted in early life experiences and cultural messages, not a lack of love or care.

### 1. Cultural and Social Conditioning

From a young age, many boys are taught to suppress their feelings. Messages like:

“Don’t cry.” “Man up.” “Be strong.” are often used to discourage boys from expressing emotions like sadness, fear, or vulnerability.

Over time, this social conditioning can lead men to associate emotional expression with weakness or failure. Vulnerability feels unsafe. Many men grow up believing they must always appear “in control,” which means avoiding emotions, both their own and others’.

### 2. Early Childhood Attachment Patterns

Many emotionally avoidant men learned, early in life, that emotional needs wouldn’t be met. Perhaps their caregivers were:

Emotionally distant. Critical or punishing when they expressed feelings. Overwhelmed and unavailable themselves.

As a result, these men developed an avoidant attachment style. They learned to cope by shutting down emotional needs, relying only on themselves, and avoiding dependence on others. In adult relationships, this can look like:

Withdrawing during conflict. Struggling to express affection or emotional presence. Feeling overwhelmed when their partner expresses strong emotions.

### 3. Fear of Shame and Vulnerability

Opening up emotionally requires risk. For many men,



emotional intimacy feels like stepping into unknown and possibly dangerous territory. They may fear:

Being judged. Saying the wrong thing. Being seen as “not enough”.

To protect themselves from the possibility of shame or rejection, they pull back emotionally. This doesn’t mean they don’t care. It means their nervous system is trying to protect them.

### 4. Lack of Emotional Awareness or Language

Many men simply haven’t been taught how to identify, name, or communicate their feelings. Emotional intelligence is a skill set, one that needs modelling and practice. Without that early modelling, men may not even recognize what they’re feeling, much less how to express it in a way that feels safe or clear.

This lack of emotional literacy can come across as:

“I don’t know what I’m feeling.” “I’m fine.” (when they’re clearly not). Defensiveness or silence during emotionally charged moments.

### 5. Modelling and Role Expectations

Most men were raised in environments where male role models modelled emotional detachment or stoicism. If their fathers, uncles, or coaches didn’t show emotional vulnerability—or worse, shamed it—they may not have any roadmap for what emotional availability looks like. In adulthood, many men feel emotionally “lost” and unsure how to engage on a deeper level.

### 6. Protective Coping from Past Wounds

If a man has experienced trauma, betrayal, or loss in the past, emotional avoidance may be a protective strategy. Avoiding closeness can feel like a way to prevent being hurt again. Unfortunately, what once served as protection can eventually become a barrier to healthy connection.

**Book Suggestion:** *The New Rules of Marriage: What You Need to Know to Make Love Work* by Terrance Real.

## Celebrating Calgary 150 - Oil Capital

by Anthony Imbrogno (*The Calgary Heritage Initiative Society/Heritage Inspires YYC*)

The Leduc oil well discovery launched Calgary onto the world's stage.

Calgary's first skyscraper was the 11-storey Barron Building (ca.1951). The Guinness family built Elveden Centre (ca.1958), Calgary's first to 20 storeys.

Calgary's most iconic building is Husky Tower, built for Canada's centennial. CPR's station was demolished for an office complex with tourist attraction, a freestanding observation tower, the tallest building in Canada outside Toronto.

The Ukrainian Catholic Church (ca.1955) stands out for its Byzantine style. In Inglewood, the Standard Church of America served the Black community. The Shaarey Tzedec Synagogue arrived in Mission in 1959.

Alberta's 50th anniversary, the post-war boom, and the centennial brought several institutions to Calgary.

Eric Harvie preserved Western Canadian heritage through the Glenbow Museum. The Southern Alberta Jubilee Auditorium was built, and a Brutalist-style planetarium opened. Confederation Park preserved a creek and coulee.

Stampede Corral (ca.1950) replaced Victoria Arena and McMahon Stadium was ready in 1960. Calgary's first mall was North Hill Centre (ca.1958).

Britannia became Calgary's first complete neighbourhood, with plaza, residences, and parks. Queen Elizabeth II toured it in 1959.

In 1953, an updated Calgary General Hospital opened. Foothills Hospital opened in 1966, Calgary's lead trauma centre and research/training hospital. It's associated with the University of Calgary, also founded in 1966.

Heritage Park (ca.1963) became a living museum of early modern prairie life and preserves heritage buildings.

Bearspaw Dam was built (ca.1953), named after a Treaty 7 signatory. The airport received a new passenger terminal (ca.1956) and began international flights.

Mewata Bridge was built to handle automobiles. McKnight Boulevard was named after a WWII flying ace, which connects John Laurie Boulevard, named for an Indigenous advocate.

Macleod Trail was moved from Ramsay to 2 Street SE. Bow Trail replaced Old Banff Coach Road, with Sarcee and Blackfoot Trails flanking the city's west and east sides. But the Sien Lok Society opposed razing Chinatown for a highway.

In 1961, the Trans-Canada Highway replaced Morley Trail and Banff-Windermere Parkway.

In 1973, Crowchild Trail was named after Tsuu T'ina chief David Crowchild. He said, "May this be a symbol of cutting all barriers between all peoples."

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"View of the Barron Building showing Uptown marquee, Calgary, Alberta," 1952-08, (CU1111123) by *Calgary Herald*, unknown photographer. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF10EEZZ6?WS=SearchResults>.



"Expanding downtown skyline, Calgary, Alberta," 1961-01, (CU1111336) by *Calgary Herald*, unknown photographer. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. Published in the *Calgary Herald*, January 31, 1961. Tall building is Elveden House. <https://digitalcollections.ucalgary.ca/asset-management/2R3BF10EKM77?WS=SearchResults>.



Husky Tower over 200 feet in height - 27 feet of concrete poured a day, City of Calgary Archives, item CaIA 2006-042sVII-0054.



Needle Installation on the Husky Tower, 10 November 1967, City of Calgary Archives, item CaIA 94-004-003.



"Opening day, Leduc #1 discovery well, Leduc, Alberta.", 1947-02-13, (CU1137357) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1F7K3LP?WS=SearchResults>.



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"House of Israel, Calgary, Alberta.", [ca. 1940-1945], (CU1216464) by Unknown. Courtesy of Glenbow Library and Archives Collection, Libraries and Cultural Resources Digital Collections, University of Calgary. <https://digitalcollections.ualgary.ca/asset-management/2R3BF1X4X4X4>.



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Trans Canada Highway - Canmore, September 2006, Jack Borno, via Creative Commons Attribution-Share Alike 3.0 Unported license. [https://commons.wikimedia.org/wiki/File:Trans\\_Canada\\_Highway\\_-\\_Canmore\\_-\\_panoramio\\_\(1\).jpg](https://commons.wikimedia.org/wiki/File:Trans_Canada_Highway_-_Canmore_-_panoramio_(1).jpg).



**MLA Calgary - Fish Creek**  
**Myles McDougall**

7 – 1215 Lake Sylvan Drive SE

✉ [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca)

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## Alberta Builds a Stronger Future with Historic Investment and Physician Growth

Alberta is making significant progress on two key fronts: securing long-term financial stability and strengthening health care. The province's Heritage Savings Trust Fund has reached a record high of \$30 billion, thanks to a \$2.8-billion contribution from surplus funds. This marks a major milestone in Alberta's plan to grow the fund to \$250 billion by 2050—a strategy aimed at creating a reliable, long-term source of funding for essential public services, including health care and education.

The Heritage Fund, originally created to save non-renewable resource revenue, is now a central part of Alberta's roadmap to a prosperous and resilient future. By reinvesting income and accessing global investment opportunities through the newly modernized Heritage Fund Opportunities Corporation, Alberta is taking strategic steps to build wealth that will benefit future generations. Once the fund reaches its \$250 billion goal, the income it generates will help stabilize the budget, support infrastructure, and keep taxes low.

At the same time, Alberta's physician workforce is reaching record levels. As of June 30, 2025, there is a total of 12,327 physicians registered in the province—204 more than the previous quarter and 571 more than last year. This growth includes gains in both urban and rural areas, with a notable 8% increase in the North Zone.

These investments in financial security and health care reflect Alberta's commitment to building a strong, sustainable future—where families thrive, communities grow, and core services are there when people need them most.

Questions or feedback? Email [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca).

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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**REYNOLD'S & SPACKMAN ELECTRIC LTD:** Fully licensed and insured with a master electrician committed to quality, honesty and dependable electrical service. Whatever the job, we're here for all your electrical needs. Feel confident the job will be done right, with a master electrician on site. Call Travis, your neighbour at 403-813-6932.

**CYPRESS ELECTRIC LTD:** Are you looking to have some electrical work done? Local Master Electrician. WCB insured. Specializing in home renovations, basement developments, electrical panel replacements, electrical vehicle chargers, aluminum to copper conversion, bathfan and hoodfan replacements, pot lights, ceiling fans, new circuits, and receptacles. Call Grayson at 403-466-8733 or email cypresselectricltd@gmail.com.

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**PARKLAND HOUSE AND CAT SITTING/SECURITY HOME CHECK:** Going out of town? Need someone to check your house so you have peace of mind in case of an insurance claim? We will check your house while you're gone for water leaks, take care of your plants and we will cuddle and feed your cats! Long time Parkland residents; call 403-852-1668 or email erikadiaz@shaw.ca. References supplied.

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# Devin Elkin

— WARD 14 —

*Rooted in Community*



Hello Ward 14!

Here we are, a month away from going to the polls. Crazy. With that, in this month's newsletter, I wanted to highlight my top 10 priorities.

1. **Blanket Rezoning** — I will bring forward a Notice of Motion to change the base zoning back to R-C1 or one that repeals the original Notice of Motion that led to the base zoning change to R-CG. The direction I take will depend on the other faces that shape our new council but this is my number one priority.
2. **Public Hearing Items at Council** — I will be bringing forward a Notice of Motion that implements the following. If a particular public hearing item garners more than two full consecutive days of public submissions, this will automatically trigger a review of the item being presented before it is voted on by Council. This will ensure citizens who share an overwhelming passion on a certain topic will know their concerns will get the attention they deserve.
3. **Get back to simplifying service deliveries** — Civic politics isn't complicated, collect the taxes and make sure services are delivered in a manner that reflects and respects the efforts made by those individuals making that money in the first place.
4. **Continue to represent our communities the way we have for the past 10 years** — This isn't one of those "if it's not broke, don't fix it" attitudes. Over the past decade, the connection I have made with the community through events, attending community association monthly meetings, and open houses, has given me insight and clarity into what each community needs. Ward 14 is not a singular community, its very fabric is made up of communities developed in 1967 to some still in development. So continuing to ask the questions, listening with both ears and assisting in getting it done, has served us well and will continue to do so.
5. **Keeping up with aging infrastructure** — As mentioned, some of our communities have aging infrastructure, from stuff above the surface to stuff below the surface. Making sure there are monthly touch points with all departments in administration is critical to ensuring proper delivery. This also goes for our new communities, making sure we inspect the new assets that are going in will allow us to deliver services for decades to come which is crucial to future budgets. We don't need to be replacing infrastructure only a few years after it's installed.

6. **Never forget who I work for** — Your support for our Ward 14 team over the past decade has allowed us to make our communities better. Your engagement and passion is clear and this allows us to translate concerns into action. I will never forget that we are here to serve the residents who call Ward 14 home.
7. **Communication** — As I have shown in my time serving Ward 14, there are many ways to engage with residents. Through various social media posts to open houses and bringing back our original "Ward 14 Council Talks", these will continue to be methods I will use to reach out to constituents. You will continue to receive our monthly newsletter but the new communication piece will be weekly recaps. Recorded videos will be made available for you to find out what happened that week at Council. Obviously, some of these videos will be extensive, and some might be a quick hello, but you will always know you have a voice.
8. **Community Association Development Permit Stream** — I will be working with our planning director to implement a separate stream for community associations. This will enable them to act on time sensitive grants with confidence and be able to deliver community improvements in a timely manner.
9. **Community Safety** — Over my decade here we have made deep connections with both Calgary Police Districts that serve Ward 14, districts 6 & 8. These relationships will continue to allow us to collaborate with our Community Resource Officers, our School Resource officers and Traffic Safety Group in relaying concerns we hear from the community. We will continue to collaborate on high school traffic blitz days, work on highlighting areas in need of enforcement and collaborating on educational forums such as protecting your homes, senior fraud prevention tips, and the 9 P.M. check your vehicle routine.
10. **Spending Smarter** — We simply must be better at where our tax dollars go beyond essential services. We need to eliminate these surprise expenditures, and this will be accomplished by focusing on meaningful conversation through committee reports, budgetary asks and accountability.

Please take the time to visit [www.devinelkin.com](http://www.devinelkin.com) where I have outlined why I believe I am ready to be your next city councillor and what 10 years of public service has taught me.

Thank you,  
Devin Elkin  
Rooted in Community



# SUPPORT YOUR COMMUNITY

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FIRST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

POSTAL CODE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

DROP OFF AT THE COMMUNITY HALL OR MAIL TO:

PARKLAND COMMUNITY ASSOCIATION

505 PARKVALLEY ROAD SE, CALGARY, T2J 6M4

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# The Community of Parkland

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**For Sale**



As of August 2, 2025: 12 Homes For Sale in Parkland - 3 C/S or Pending  
Up from past few years with the # of available homes for sale between 0-4

\*Since last report - 3 homes sold in Parkland; 1 2-Storey & 2 Bungalows

\*Significant increase adjustment in inventory levels & slower or lesser sales

\*Benchmark Prices:  
Detached - \$761,800  
Semi-Detached - \$697,500  
Apartments - \$329,600



## Major Adjustments At Home Too - Kids Are Back At School!

Yummy Treat for the Kids:

### Coconut Macaroons

Ingredients:

- 1 1/4 - 1 1/2 oz. unsweetened coconut flakes
- 3/4 Cup + 2 Tbsp condensed milk

Directions:

Mix together coconut, condensed milk & vanilla. In another bowl, beat egg whites & salt to stiff peaks. Fold in coconut mixture. Set oven to 325°. Line baking sheets with parchment paper. Bake 20-25 minutes until golden

Variation: Dip bottoms into melted chocolate, place on wax paper until cool

- 1 tsp vanilla extract
- 2 large egg whites
- 1/2 tsp salt



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