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Musician: Paul Wood

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Tuesday, August 11 at 7:00pm

Hawaiian Day

Join us for tropical treats, island vibes, and an exciting Hawaiian dance performance.

Thursday, August 20 at 2:00pm



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Photo Gallery

Images by Syed Adeel Hussain



Black and White Bow



A Night in the Fields



Sunrise at the Hill

UPCOMING EVENTS AND NEWS

Prince of Wales School Playground News!

Thanks to our incredible community and partners, Prince of Wales School has reached its funding goal for the new playground and community gathering area. Removal of the 29-year-old playground began the week of June 8, with construction and landscaping slated to kick off in August. This transformation would not have been possible without the generous support of the Alberta Government, Parks Foundation Calgary, Friends of Parkland Way Society, Cenovus, Field Law, Green Cities Foundation, Tree Canada, ChariTree Foundation, and Wildlife Habitat Canada. Thank you to everyone who helped bring this project to life!

Farm Stand – Shirley's Greenhouse

10:00 am to 2:00 pm every Saturday at the Parkland Hall.

Come purchase fresh farm produce that is locally grown, and pesticide free. Support local!

Parkland Community Casino – Volunteers Needed!

August 31 and September 1

Various positions and shifts available – no experience necessary!

To sign up, please email parklandca@telus.net.

Parkland Community Cleanup Day

September 27, 9:00 am to 1:30 pm at the Park96 parking lot.

We Can Accept the Following

- Refundable beverage containers.
- Black bin garbage items, including baby car seats, mattresses, painted and stained wood (no railway ties), etc. This is handled by The City of Calgary dump trucks.
- Metal (except for propane tanks and appliances containing freon). To save us time and space, please empty your lawn mowers, and break down your BBQs and lawn chairs.
- Old electronics including TVs, monitors, telephones, cell phones, computers, laptops, keyboards, and wiring. Again, this year, we are participating in the Alberta Government recycling program.
- Women In Need Society (WINS) will be accepting donations including sporting goods, clothing, gently used toys, and some small appliances. Please see the WINS webpage for more information.

We Cannot Accept

- Wet paint cans
- Tires
- Blue and green bin materials
- Hazardous waste including batteries, chemicals, or appliances that contain freon
- Shredding

Swap-A-Palooza

Parkland's first ever Swap-A-Palooza will take place in November. Hang on to one item to gift.

Halloween Party

October 24 at the Parkland Hall.

More information to come!

Parkland Hall Has a Meeting Room That Can Hold Meetings, Training Sessions, and Tutoring Sessions!

Parkland Hall's meeting room has audio visual equipment included as part of the rental cost. Our meeting room holds up to 20 people and there are tables that can be folded and moved aside if need be. We have daytime spots available and some later evenings as well as Saturday afternoons.

For rental inquiries, email parklandca@telus.net.

Did you know that a current Parkland Community Association membership gives you a 30% discount at any Cloverdale paint store? All you have to do is show the sales associate your membership card and let them know the FCC (Federation of Calgary Communities) gets a discount for your community – Parkland.



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PARKLAND COMMUNITY CASINO

VOLUNTEERS NEEDED!

AUG 31 & SEPT 1, 2026



The Parkland Community Association is seeking volunteers for our AGLC Casino on August 31 and September 1, 2026. Casino Fundraisers are a vital source of revenue for our community. Proceeds directly benefit Parkland residents.

Interested?



Call us at 403-278-5330
or send us an email at
parklandca@telus.net

VARIOUS DAY AND NIGHT SHIFTS AVAILABLE!

- No prior experience necessary
- A few hours of your time can help keep Parkland vibrant

PARKLAND HALL WEEKLY CALENDAR

MAIN ROOM :

MONDAYS	10:00 am to 11:00 am	My Tai Chi	403-271-9658
	11:30 am to 10:00 pm	Available for booking	
TUESDAYS	9:00 am 10:00 am	Available for booking	
WEDNESDAYS	10:00 am to 11:00 am	My Tai Chi	403-271-9658
	11:30 am to 10:00 pm	Available for booking	
THURSDAYS	9:00 am to 10:00 am	Available for booking	
FRIDAYS	10:00 am to 11:00 am	My Tai Chi	403-271-9658
	11:30 am to 10:00 pm	Available for booking	
SATURDAYS	9:00 am onwards	Available for booking	
SUNDAYS	8:30 am to 3:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
	3:30 to 6:30 pm	Keys of Kingdom Church	403-370-5604

MEETING ROOM:

MONDAYS	9:00 am to 6:30 pm	Available for booking	
	7:00 to 8:00 pm	Al Anon	403-266-5850
TUESDAYS	9:00 am to 10:00 pm	Available for booking	
WEDNESDAYS	9:00 am to 6:00 pm	Available for booking	
	6:30 to 8:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
THURSDAYS	9:00 am to 10:00 pm	Available for booking	
FRIDAYS	9:00 am to 12:30 pm	Available for booking	
	1:00 to 3:00 pm (Third Friday of each month)	Parkland Book Club	403-278-5462
	7:00 to 9:30 pm	Baha'i Community of Calgary	403-278-7307
SATURDAYS	10:00 am to 12:00 pm	Available for booking	

Please contact Jill at parklandca@telus.net or 403-278-5330 for Hall Rental information or to view. Remember: Parkland Community Association members receive a discounted rental rate.

Support Victoria Fortuna and Her Family After a Tragic Highway Accident



Victoria has been left with life-threatening and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton. Donate to this GoFundMe to help ease the inconceivable financial hardship the Fortuna family is facing.

Scan to donate or visit
gofund.me/31fdeef6f

Any help is appreciated ♥



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Parkland Community Association

Crime Prevention Dashboard

When to Dial 9-1-1

The Calgary Police Service uses two telephone contact numbers:

- Emergency: 9-1-1
- Non-emergency: 403-266-1234

When to Call Non-Emergency

- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

Online Reporting

www.calgary.ca/cps/pages/report-a-crime.aspx

These reports are not reviewed in real time.

Reports You Cannot Submit Online

- Robbery (theft with violence)
- House break-in and enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of fund /personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the police non-emergency line at 403-266-1234.

Reports You Can Submit Online

- Damage to property
- Damage to vehicle
- Lost property (excluding government ID)
- Theft
- Theft from vehicle
- Car prowling
- Online telephone scams
- Online email scams

9:00 pm Routine

The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked and if possible, parked in a garage

- Vehicle windows are closed
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

Submit a Tip to Crime Stoppers

Crime stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto CPS.

Contact Numbers:

- Talk: 1-800-222-8477
- Text: tttTIPS to 274-637
- Online: tttips.com/home

Please note that not all tips submitted to crime stoppers are investigated.

Submit a Drug Tip

If you have information about a drug house, or people who are selling drugs, you can report this information online. Please note if you want to remain anonymous, you must submit your information to www.crimestoppers.org.

Report Graffiti or Vandalism

If you observe graffiti; call 3-1-1. Include the location, description of the object the graffiti is on, and a photo of the graffiti.

Alberta Emergency Alert

Alberta emergency alerts are issued by the communities where a disaster or emergency is occurring. www.emergencyalert.alberta.ca/content/about/signup.html

Alberta Website and App

Please visit 511.alberta.ca/ and/or the 5-1-1 app to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. 511.alberta.ca/map

Abuse/Violence/Sexual Numbers to Call

If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: call 9-1-1
- Experiencing domestic abuse: call 403-234-SAFE (7233)
- Experiencing sexual abuse: call 403-237-5888
- To report domestic abuse or violence: call 403-266-1234

Dating Safely: Recognizing the Red Flags of an Unsafe Relationship

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca



Dating can be exciting. However, it's a time when we overlook warning signs because our attraction leads us to want to believe the best about someone. According to security expert and author Gavin de Becker in his bestselling book *The Gift of Fear*, our intuition is one of our greatest tools for recognizing danger. Learning to trust our instincts and identify red flags can help us avoid unhealthy or unsafe relationships before they become deeply established.

One of de Becker's central messages is that fear is not something to dismiss. It is valuable information. Many people who later experienced emotional abuse, coercion, or violence report that they had an uneasy feeling early on but talked themselves out of it. Rather than ignoring these feelings, de Becker encourages us to pay attention to them.

A common red flag is boundary violations. Healthy people respect your "no," your need for space, and your personal preferences. An unsafe person may repeatedly push your boundaries while disguising their persistence as affection or determination. One of de Becker's most important observations is that when someone ignores

a small "no," they are often testing whether they can ignore a larger one later.

Another warning sign is forced teaming. This occurs when someone creates an artificial sense of connection by speaking as though you are already a team. Statements such as "We're exactly alike," "No one understands me like you do," or "We're in this together" early in a relationship may be attempts to accelerate trust and intimacy before it has naturally developed.

Becker also describes the danger of love bombing, where a person overwhelms you with attention, gifts, praise, or declarations of love very early in dating. While genuine affection develops gradually, love bombing often creates pressure to reciprocate feelings that have not had time to develop authentically.

Another tactic he identifies is charm versus genuineness. Genuine people do not need to work hard to convince you they are good people. Excessive charm, flattery, and polished behaviour can sometimes be used to lower your guard. As de Becker notes, charm is often a strategy intended to persuade, while genuine kindness expects nothing in return.

Watch for loan sharking, another concept from *The Gift of Fear*. This occurs when someone does favours, buys gifts, or provides help that you did not ask for, then expects gratitude, access, attention, or compliance in return. Healthy generosity is freely given without creating a sense of obligation.

Becker also discusses typecasting, a manipulation tactic where someone makes a subtle negative comment in order to provoke you into proving them wrong. For example, "You're probably too busy to talk," or "You seem like someone who wouldn't give people a chance." The goal is often to influence your behaviour by triggering a need to defend yourself.

The most important lesson from *The Gift of Fear* is simple: trust your instincts. If you feel pressured, confused, manipulated, or unsafe, you do not need to justify those feelings. Your intuition exists to protect you. Healthy relationships feel respectful, safe, and consistent. When something feels off, listen to that inner voice, it recognizes danger before your conscious mind can explain it.

September Starts in August: Five Simple Steps to Make Fall Feel Less Chaotic

by Shayla Moulton



September has a way of sneaking up on us. One minute you're enjoying long summer evenings, and the next you're juggling school schedules, work deadlines, extracurricular activities, appointments, and holiday planning.

The secret to a less hectic fall isn't becoming more organized overnight—it's taking care of a few key tasks before September arrives. Spending just a little time preparing now can save you hours of stress later.

Here are five simple steps to help make the transition into fall feel much more manageable.

1. Book Your Fall Appointments Before Everyone Else Does

As soon as September arrives, appointment calendars fill up quickly. Instead of scrambling to find availability, use August to book routine appointments for yourself and your family.

Think about:

- Dental checkups
- Annual physicals
- Eye exams
- Specialist appointments you've been putting off
- Vehicle maintenance before winter

Even if the appointment isn't until October or November, having it booked means one less thing to remember during an already busy season.

2. Create One Master Calendar

Before September begins, gather every commitment in one place. Add school calendars, extracurricular

activities, work commitments, birthdays, medical appointments, and travel plans. Looking at the entire season at once makes it much easier to spot scheduling conflicts before they become stressful surprises. Whether you prefer a digital calendar or a paper planner, the important thing is to have one reliable calendar that everyone in your household can refer to.

3. Check Your Passport Before You Need It

Many Calgary professionals start thinking about warm-weather getaways once temperatures drop, but passport renewals can take time. Take a few minutes to check the expiry dates on everyone's passports now. Many countries require your passport to be valid for at least six months beyond your travel date, so even a passport that hasn't technically expired could cause problems. It's a simple task that can prevent unnecessary stress if a fall or winter trip comes together.

4. Schedule a Weekly Life Admin Hour

Life admin has a habit of piling up when we're busy. Instead of trying to squeeze in small tasks whenever you remember them, block one hour each week to handle things like paying bills, completing school forms, booking appointments, renewing memberships, organizing paperwork, or running errands. Treat it like any other appointment. A consistent routine keeps little jobs from becoming overwhelming.

5. Prepare Your Home for Fall

A little home maintenance now can save you time, money, and frustration once the weather turns colder. Take an hour to tackle a few seasonal tasks, such as:

- Replacing your furnace filter,
- Testing smoke and carbon monoxide detectors,
- Cleaning out your gutters,
- Putting away summer furniture and garden tools,
- Checking weather stripping around doors and windows,
- Restocking your winter emergency kit for your home and vehicle.

None of these jobs take long on their own, but together they can help your home and your family be ready for the months ahead. September doesn't have to feel like a whirlwind. By taking care of a few important tasks in August, you'll spend less time reacting to last-minute surprises and more time enjoying the season ahead. Sometimes, a little preparation today is the best gift you can give your future self!

FRIENDS of Fish Creek

The Listen Garden at Bow Valley Ranch

This summer, the Listen Garden is taking shape.

Located in the heart of Fish Creek Provincial Park, the Listen Garden is a collaboration between the past and the future; the land and the people; Indigenous and newcomer communities. The garden will be one in which native plants, Indigenous knowledge, and (re)conciliation all flourish. Visit the Listen Garden page on the Bow Valley Ranch Historical Society's website.

Our team of staff and dedicated volunteers have been hard at work prepping the site, from harvesting and processing native plant seeds to spraying the site to remove invasive species and distributing an impressive seven truckloads of sand. This summer, we're seeding and planting native species representative of the plant communities chosen for this space. We're looking forward to seeing this special spot alive with life by the end of summer 2026! Check out these photos from the Listen Garden this spring.

Love native plants and Fish Creek Provincial Park? Our programs will help you connect with nature in the park, from volunteering with grasslands restoration and engaging with the public to our new kids' summer day camp and beyond. Visit our website at www.friendsoffishcreek.org or follow us on Instagram or Facebook at @fishcreekpp to learn more about summer day camp and all our exciting programs.



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It is hard to believe we are halfway through summer. July was a very busy month with the many community events and Stampede events that I was able to attend. I want to thank everyone who attended my constituency Stampede BBQ. It was so nice to see so many new and familiar faces; it was a great day filled with community fun!

Despite the afternoon downpour, Canada Day was fantastic, and I was lucky enough to celebrate it with the residents of Parkland and Lake Bonavista at each of their events. I also really enjoyed the Deer Run Pre-Stampede Breakfast! It was a fantastic event where I was lucky enough to talk with many constituents while I served pancakes.

I want to share some important information with everyone. The Canadian Bankers Association has launched a new Financial Abuse Prevention Hub to help protect older Canadians, including Albertans, from financial harm and strengthen their financial security. This centralized resource offers practical tools and guidance to help seniors recognize the signs of financial abuse, understand what it looks like, and know where to seek help. It also includes a Fraud Prevention Toolkit and access to Your Money Seniors, a free seminar program delivered by volunteer bankers in communities across Canada, which local seniors' groups can request online or by phone. The need for these resources is significant: nearly one in three Canadians knows someone who has experienced financial abuse, yet only about a quarter of incidents are reported.

The Hub includes practical tools such as guidance on identifying financial abuse and where to get help, a Fraud Prevention Toolkit, and access to the Your Money Seniors seminar program delivered by volunteer bankers across the country.

Seniors' groups can request a free seminar at cba.ca or by calling 1-800-263-0231. If you have questions about this program, please feel free to call my office.

I hope everyone is able to enjoy the last month of summer vacation with family and friends before the business of the new school year starts in September.



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Contact Us

Address

20 Sunvale Place SE
Calgary, AB T2X 2R8

Call us now

(403) 256-9282

Email us

info@jacksonjackson.ca

contact@jacksonjackson.ca



www.jacksonjackson.ca



Samaritan Club
of Calgary

Semi-Annual Super Thrift Sale

Saturday, September 26

9:00am-1:00pm

**Hillhurst-Sunnyside Community Centre
1320 - 5th Avenue NW**

Entry
\$2 Adults
Kids Free



Vintage and Boutique items

Get great deals on household goods,
clothing & shoes for all, fashion accessories,
vintage & boutique items, collectibles,
art, books, toys & much more

Don't forget to bring your tote bag

Back by popular demand:

- Concession
- Parcel Pickup



For More Information:
samaritanclub.ca

**All proceeds will benefit
Calgarians in need**

Cash Only

The Community of Parkland

CITY OF CALGARY HOUSING STATISTICS **JUNE 2026**



June 2026

	Sales		New Listings		Inventory		S/NL	Months of Supply		Benchmark Price	
	Actual	Y/Y%	Actual	Y/Y%	Actual	Y/Y%	Ratio	Actual	Y/Y%	Actual	Y/Y%
Detached	1,202	1%	1,997	-7%	2,987	-4%	60%	2.49	-5%	\$750,500	-8%
Semi	234	10%	363	2%	564	5%	64%	2.50	-4%	\$634,600	0%
Row	338	-3%	608	-13%	1,152	-2%	56%	3.41	2%	\$424,100	-6%
Apartment	423	20%	931	9%	2,076	2%	45%	4.31	23%	\$299,000	9%
Total Residential	2,197	-4%	3,699	-6%	6,799	-2%	56%	3.09	2%	\$572,500	-2%

Year-to-Date

June 2026

	Sales		New Listings		Inventory		S/NL	Months of Supply		Benchmark Price	
	Actual	Y/Y%	Actual	Y/Y%	Actual	Y/Y%	Ratio	Actual	Y/Y%	Actual	Y/Y%
Detached	5,853	-3%	10,176	-6%	2,377	2%	58%	2.44	5%	\$740,550	-3%
Semi	1,150	-1%	1,928	-3%	505	30%	60%	2.64	17%	\$682,650	-7%
Row	1,829	-14%	3,546	-7%	1,000	12%	52%	3.28	30%	\$423,400	-6%
Apartment	2,260	27%	5,263	15%	1,810	3%	43%	4.80	40%	\$300,150	9%
Total Residential	11,092	-1%	20,912	-6%	5,692	5%	53%	3.08	17%	\$564,483	-4%

WORKING TOGETHER

Yoki has been:

- A contributing and active REALTOR® in Calgary and Parkland since 1981.
- A continuing supporter of the Parkland community.
- Board member of the Parkland Community Association for 17 years.
- Board member of Park96 for two years.
- One of a few Parkland Community Association Board Members that helped negotiate on Parkland's behalf, for the wonderful low-rise apartment and villas, to replace the vacant mall in Parkland.
- Personal and Financial support for Prince of Wales School. My kids Todd and Jeff attended there.
- Personal and Financial support for Summerfest since inception.
- Both Yoki and Jeff remain active in the community and through the city with a combined 74 years of experience.

Thank you Parkland Residents for your continued support!

**IF YOU ARE THINKING OF BUYING OR SELLING,
LET US HELP GUIDE YOU THROUGH THE PROCESS**

Yoki & Jeff Nichol

FROM ONE GENERATION TO THE NEXT

"Both of us working for you"

Over 60 Years Combined Experience
CHAIRMAN'S CLUB LIFETIME MEMBER NATIONAL TOP 1%

ROYAL LEPAGE Solutions



"To give real service you must add something which cannot be bought or measured with money-sincerity and integrity"

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Not intended to solicit properties already listed for sale



Relocation
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Relocation
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