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PARKLAND news

THE OFFICIAL PARKLAND COMMUNITY NEWSLETTER





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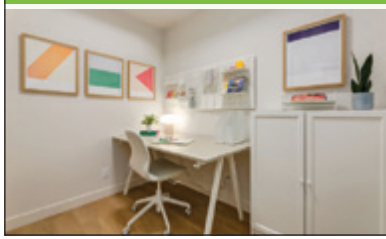
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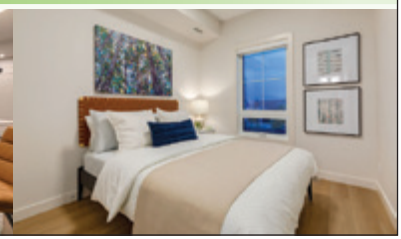


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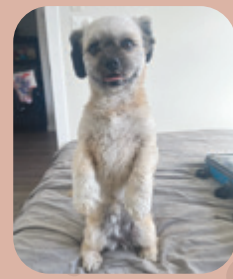
Make a Difference in Parkland

Join the Parkland Community Association Board! Are you passionate about keeping Parkland one of Calgary's best neighborhoods? The Parkland Community Association Board is looking for fresh ideas, new perspectives, and enthusiastic neighbors to help shape our future.

Whether you're interested in planning community events, leading local projects, or supporting neighborhood programs, there's a place for you to make a meaningful impact.

Curious if it's a good fit? We gather on the first Thursday of every month. To learn more or get involved, reach out to us at: parklandca@telus.net.

Cats, Canines, & Critters of Calgary



Bean, *Seton*



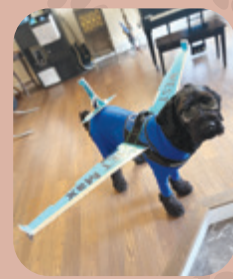
Coco, *New Brighton*



Ember, *Seton*



Kato, *McKenzie Lake*



Max, *Signal Hill*



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Drop off at the Community hall or mail to:

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SCAN THE QR CODE FOR THE SOLUTION



A Bloom You Can Brew

Did you know? Chrysanthemums are November's birth flower—but some varieties are more than decorative! Certain chrysanthemum flowers and leaves are edible, and chrysanthemum tea, made by steeping the dried flowers, is a traditional beverage enjoyed across parts of East Asia.

UPCOMING EVENTS AND NEWS

Parkland's 2026 Community Cleanup was on September 27. This was another brilliant success, with many vehicles passing through. We removed four full City garbage trucks totalling 12,025 kg of material, including decks and fences, mattresses, and large furniture. The metal bin was full of many patio chairs and BBQs, and about 1.640 metric tons of electronics was collected by Technotrash. To round things off, the Women in Need Society truck collected donations.

Thanks to our volunteers, Josh, Rich on 'Metal', and our awesome greeters Mari-Anne, Andres, and Antoinette. There were many muscles helping remove items from vehicles and trailers such as Gord, Myles, Rose, Stacey, Steve W., with help from the Telus "Give Where We Live" volunteer program, Jas, Jasmeen, and Roxie.

Stacey and Rich did an amazing job with behind-the-scenes event preparation work assisted by Darren, Steve M, and Jill. Additional thanks go to our MLA, Calgary Co-op, and No Frills who donated gift cards to help fund the event with food and supplies.

Finally, thanks to the community and beyond who donated refundable beverage containers for the Parkland Cares group.

Swap-A-Palooza
December 12, 2026, from 10:00 am to 1:30 pm.

Swap-A-Palooza is a fun, waste-reducing event planned for December 5, just as the holiday season begins. Residents can bring a gently used item that still has value but is ready for a new home between 10:00 and 11:00 am. Then, at 11:00 am, the swap opens for browsing and "shopping." The event ends at 1:30 pm.

In addition to the swap, the event will feature ideas for zero waste gift wrapping, card-decorating activities using donated Christmas materials, light snacks, and hot chocolate for those who bring a reusable mug. Any items remaining at the end of the event will be donated to WINS.

Parkland Hall Has a Meeting Room That Can Hold Meetings, Training Sessions, and Tutoring Sessions!
Parkland Hall's meeting room has audio visual equipment included as part of the rental cost. Our meeting room holds up to twenty people, and there are four tables that can be moved around as need be. We have daytime spots available and some later evenings as well as Saturday afternoons.

For rental inquiries, email parklandca@telus.net.

A Flower to Remember

Red poppy seeds can remain dormant in the soil for years. During the First World War, artillery and trench warfare disturbed the earth along the Western Front, allowing poppies to bloom across the landscape. The sight inspired Canadian Lieutenant-Colonel John McCrae's 1915 poem "In Flanders Fields", helping the red poppy become an enduring symbol of remembrance.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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SCAN HERE TO VIEW ADDITIONAL PARKLAND CONTENT

News, Events, & More	Crime Statistics	Real Estate Statistics

PARKLAND HALL WEEKLY CALENDAR

MAIN ROOM :			
MONDAYS	8:00 am to noon	Parkland Preschool	403-225-0083, www.parklandpreschool.com
	11:30 am to 12:30 pm	Continuing Tai Chi	403-271-9658
	12:30 to 7:00 pm	Available for booking	
	7:30 to 9:30 pm	Karate	403-225-1894; www.albertarenshikan.org
TUESDAYS	8:00 am to noon	Parkland Preschool	403-225-0083, www.parklandpreschool.com
	1:00 to 2:45 pm	Bliss Yoga	403-271-7810; www.blissyogacalgary.ca
	5:30 to 8:00 pm	Girl Guides	
WEDNESDAYS	8:00 am to noon	Parkland Preschool	403-225-0083, www.parklandpreschool.com
	11:30 am to 12:30 pm	Continuing Tai Chi	403-271-9658
	11:30 to 4:30 pm	Available for booking	
	5:00 to 6:30 pm	Thistle Dog Sports	www.thistledogsports.com
THURSDAYS	8:00 am to noon	Parkland Preschool	403-225-0083, www.parklandpreschool.com
	9:00 am to 5:00 pm	Available for booking	
	5:30 to 8:00 pm	Vanshaw Academy of Irish Dance	vanshawacademy@gmail.com
FRIDAYS	8:00 am to noon	Parkland Preschool	403-225-0083, www.parklandpreschool.com
	11:30 am to 12:30 pm	Continuing Tai Chi	403-271-9658
	11:30 am to 5:30 pm	Available for booking	
	6:00 to 9:00 pm	Bahai Community of Calgary	www.calgarybahai.ca
SATURDAYS	8:00 am to onwards	Available for booking	
SUNDAYS	8:30 am to 3:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
	3:30 to 6:30 pm	Keys of Kingdom Church	403-370-5604; www.kkmlsficanada.org

MEETING ROOM:			
MONDAYS	8:00 am to 6:30 pm	Available for booking	
	7:00 to 8:00 pm	Al Anon	403-266-5850
TUESDAYS	8:00 am to 5:00 pm	Available for booking	
	5:30 pm to 8:00 pm	Girl Guides	
WEDNESDAYS	8:00 am to 10:00 pm	Available for booking	
THURSDAYS	9:00 am to 10:00 pm	Available for booking	
	6:30 to 8:00 pm	Harvest International Baptist Church	403-616-7597, www.Harvestinternationalbaptistchurch.com
FRIDAYS	9:00 am to 12:30 pm	Available for booking	
	1:00 to 3:00 pm (Third Friday of each month)	Parkland Book Club	403-278-5462
	6:00 to 9:00 pm	Baha'i Community of Calgary	403-278-7307
SATURDAYS	10:00 am to 12:00 pm	Knitting group	403 278-5330

Please contact Jill at parklandca@telus.net for Hall Rental information or to view.
Remember: Parkland Community Association members receive a discounted rental rate.

Parkland Community Association
Crime Prevention Dashboard

When to Dial 9-1-1
The Calgary Police Service uses two telephone contact numbers:

- Emergency: 9-1-1
- Non-emergency: 403-266-1234

When to Call Non-Emergency
- Crimes that have already happened and there is no injury or bodily harm
- Crimes that do not require immediate police response
- Suspicious vehicles and/or people
- All other non-emergency calls

Online Reporting
www.calgary.ca/cps/pages/report-a-crime.aspx

These reports are not reviewed in real time.

Reports You Cannot Submit Online
- Robbery (theft with violence)
- House break-in and enter
- Domestic disputes
- Theft of a vehicle
- Incidents where there is a known suspect offender
- Any type of fraud resulting in the loss of fund /personal information or property
- Incidents that involve lost/stolen citizenship cards, permanent resident cards, immigration documents, government cheques, or cash from the government

These crimes may require a dispatched call. Please phone the police non-emergency line at 403-266-1234.

Reports You Can Submit Online
- Damage to property
- Damage to vehicle
- Lost property (excluding government ID)
- Theft
- Theft from vehicle
- Car prowling
- Online telephone scams
- Online email scams

9:00 pm Routine
The Calgary Police Service are encouraging Calgarians to establish a 9:00 pm routine to help secure their property before heading to bed.

The routine recommends:

- Removing valuables from vehicles
- Ensuring vehicles are locked and if possible, parked in a garage
- Vehicle windows are closed
- Closing garage doors and windows
- Locking garage doors including those leading into a house
- Checking that all house doors are locked
- Ensuring all windows are shut
- Turning on an exterior light

Submit a Tip to Crime Stoppers
Crime stoppers is a separate entity that takes anonymous tips about criminal activity that is then passed onto CPS.

Contact Numbers:

- Talk: 1-800-222-8477
- Text: tttTIPS to 274-637
- Online: ttttips.com/home

Please note that not all tips submitted to crime stoppers are investigated.

Submit a Drug Tip
If you have information about a drug house, or people who are selling drugs, you can report this information online. Please note if you want to remain anonymous, you must submit your information to www.crimestoppers.org.

Report Graffiti or Vandalism
If you observe graffiti; call 3-1- 1. Include the location, description of the object the graffiti is on, and a photo of the graffiti.

Alberta Emergency Alert
Alberta emergency alerts are issued by the communities where a disaster or emergency is occurring. www.emergencyalert.alberta.ca/content/about/signup.html511

Alberta Website and App
Please visit 511.alberta.ca/ and/or the 5-1-1 app to stay up to date with current highway conditions, roadwork, major incidents, weather alerts, and much more. 511.alberta.ca/map

Abuse/Violence/Sexual Numbers to Call
If you are experiencing domestic abuse or violence, reach out for help:

- Immediate danger: call 9-1-1
- Experiencing domestic abuse: call 403-234-SAFE (7233)
- Experiencing sexual abuse: call 403-237-5888
- To report domestic abuse or violence: call 403-266-1234

Winter Parking Choices Matter Around Schools



As days get shorter and winter conditions arrive, visibility around schools becomes even more important. Snowbanks, early darkness, and icy roads can make it harder to see children crossing streets. Parking rules help reduce these risks by keeping corners, crosswalks, and sidewalks clear. Parking too close to intersections or in prohibited areas can further limit sightlines when visibility is already reduced. Choosing safe, legal parking options and allowing extra time during winter conditions helps protect students and families during the busiest parts of the school day. Learn more: calgaryparking.com/safeschools.

Can You See? Winter Conditions can Make School Areas Harder to Navigate

When visibility is reduced, small parking choices can make a big difference near schools. Shorter days, snow, ice, and changing weather can make it harder for children and drivers to see each other. School areas remain busy during drop-off and pick-up times, with children and families walking, wheeling, cycling, taking the bus, and driving. When vehicles stop or park in the wrong place, they can block sightlines at crosswalks, corners, sidewalks, driveways, bus zones, and school entrances. Even a quick stop can make it harder for children, families and drivers to see one another clearly.

The Calgary Parking School Patrol Program helps support safer school journeys throughout the school year. Parking Safety and Compliance Officers visit school areas where there are recurring parking or stopping concerns. They focus on education, reminders, and visibility. Enforcement may be used when unsafe parking continues or creates a safety or access issue.

Drivers can help by slowing down, leaving extra travel time, and choosing a safe, legal place to stop or park. Sometimes the safest choice is parking a little farther away and walking the remaining distance. Keeping crossings, corners, and travel lanes clear helps everyone move more safely. Before stopping near a school, ask yourself a simple question: Can children and drivers see each other clearly?

Students can help make school journeys safer by entering the Travel Safe Student Video Contest Parking category. Students are encouraged to submit creative video ideas that show how safe parking choices help everyone travel to and from school. Learn more about school-area safety and the Travel Safe Student Video Contest at CalgaryParking.com/SafeSchools.

Healthy Conflict: Why Children Need to See Us Work Through Our Differences

by Nancy Bergeron, R.Psych | info@nancybergeron.ca



Many parents worry about arguing in front of their children. They may believe that being good parents means keeping disagreements private and presenting a picture of a relationship where everyone gets along. However, healthy relationships are not conflict-free relationships.

Children benefit from seeing that two people can disagree, experience difficult emotions, and still remain connected. When handled respectfully, conflict can become an opportunity to teach children some of life's most important relationship skills.

What does healthy conflict look like?

Healthy conflict isn't about never becoming frustrated. It is about learning what we do with that frustration. Healthy conflict might sound like:

"I'm feeling frustrated right now. I need a few minutes before we continue this conversation."

"I see this differently, but I want to understand your perspective."

"I don't agree with you, but I can understand why you feel that way."

"I didn't handle that well. I'm sorry."

"Let's figure out what we can do differently next time."

Children who hear these kinds of conversations learn that disagreement doesn't automatically mean rejection, abandonment, or the end of a relationship.

Children need to see repair

One of the most important things children can witness is what happens after conflict.

Parents sometimes lose their patience. They may misunderstand one another, become defensive, or say something they regret. What matters most is what happens next.

When children see a parent return to the conversation, take responsibility, apologize, listen, and reconnect, they learn that relationships can survive difficult moments.

This is a powerful lesson in resilience. The message becomes:

"We can have a hard moment and find our way back to one another."

Conflict can teach emotional regulation. Children learn emotional regulation partly through observing the adults around them.

When parents demonstrate that strong emotions can be acknowledged without becoming destructive, children are given a model for managing their own feelings.

They learn that being angry doesn't mean they have permission to hurt someone. Being disappointed doesn't mean they have to withdraw completely. And being upset doesn't mean the relationship is no longer safe.

Parents can model that it is possible to pause, calm down, return to a difficult conversation, and work toward understanding.

What children shouldn't have to witness

Healthy conflict is very different from destructive conflict. Children should not be placed in the middle of adult disagreements or exposed to intimidation, threats, humiliation, contempt, physical aggression, or ongoing hostile conflict.

They should not be expected to take sides, carry messages between parents, or become responsible for repairing the relationship.

There are also circumstances where safety must come first. When there is violence, coercive control, or fear within a relationship, the goal is not simply to teach children how to witness conflict differently. The focus needs to be on safety and appropriate professional support.

Your children don't need to see a perfect relationship

When parents demonstrate respectful disagreement and genuine repair, children learn that relationships require communication, accountability, patience, and forgiveness.

They learn that conflict is something we can work through, not something we have to fear.







MLA Calgary - Fish Creek
Myles McDougall
7 – 1215 Lake Sylvan Drive SE
Calgary.FishCreek@assembly.ab.ca
403-278-4444 | MLAFishCreek
MylesMcDougallYYC | MylesYYC

As the Fall Session begins in the Legislative Assembly, my time in Edmonton has given me an opportunity to reflect on the wonderful community in Calgary, Fish Creek. I look forward to returning to the constituency during the week of November 9 through the 13 for Constituency Week and reconnecting with residents. In particular, I hope to spend time meeting with seniors and visiting as many seniors' residences and care facilities as possible.

Remembrance Day is a time for Canadians to come together in gratitude and reflection. We honor the courage, sacrifice, and service of our veterans, Canadian Armed Forces members, and military families who have helped protect the freedoms we enjoy today. As we wear the poppy and observe a moment of silence on November 11, we remember those who gave so much in service to our country and reaffirm our commitment to peace, respect, and remembrance.

November is also Men's Mental Health Awareness Month, an important opportunity to raise awareness and encourage meaningful conversations about mental health. I would like to share several confidential resources available to those who may be struggling or seeking support. The Suicide Crisis Helpline is available 24 hours a day, seven days a week by calling or texting 9-8-8. Men& is another valuable resource, it is a Canadian based organization that provides counselling, programs, and support to men of all ages across the country. More information can be found at menand.ca.

As always, please do not hesitate to contact my constituency office to arrange a meeting or discuss any questions, concerns, or ideas you may have.



Councillor, Ward 14
Landon Johnston
ward14@calgary.ca
403-268-2430
@LandonForWard14
@Ward14LandonJohnston

We're excited to announce that the new Ward 14 website is now live!

Visit Ward14YYC.ca to stay connected, informed, and involved in your community. The site features a calendar of upcoming events across Ward 14, opportunities to share your input on upcoming Council motions, and interactive polls and surveys to help shape local priorities.

Residents can also report community concerns that may require follow-up after a 311 submission, stay up to date on community achievements and local wins, and access helpful information and resources all in one place.

One of my priorities as your Councillor is making it easier for residents to stay informed and have their voices heard. This website is a new way for us to connect, share updates, gather feedback, and celebrate the great things happening across Ward 14.

Contact Our Office

General inquiries | Ward14@calgary.ca

Community information and events | CLWard14@calgary.ca

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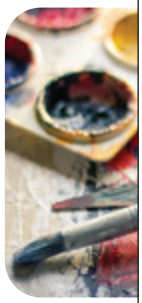


Your Kid-Friendly Neighbourhood Pub.

What will you *discover?*

Keys of Joy!
Keys of Joy is taking the stage with their talented duo—packed with nostalgia, talent, and plenty of surprises. Come experience the music you love in a vibrant community setting!
Tuesday, November 10 at 7:00pm

Resident Art Show
Come enjoy beautiful artwork created by our talented residents while sipping wine and sampling fine cheeses. Celebrate community, culture, and inspiration in every brushstroke.
Friday, November 27 from 1:30-3:30pm



Lake Bonavista VILLAGE

Call to reserve your spot today or book your personal tour: 403-258-1849

11800 Lake Fraser Drive SE Calgary
LakeBonavistaVillageRetirement.com

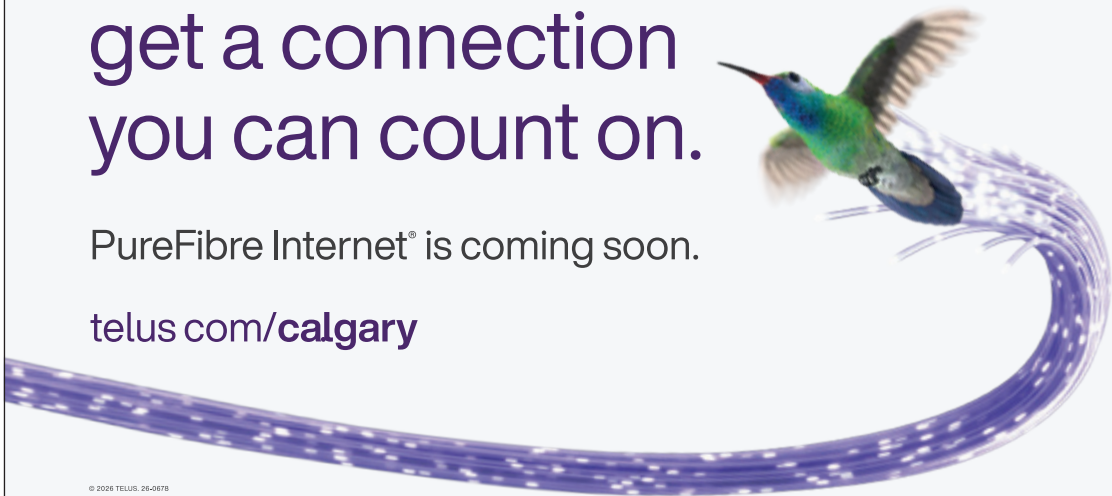
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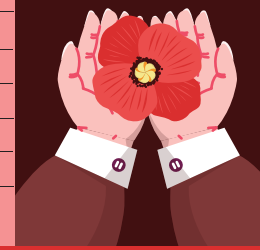
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The Community of Parkland

3rd Quarter - Real Estate Update - Jan. 1-Sept. 30/26

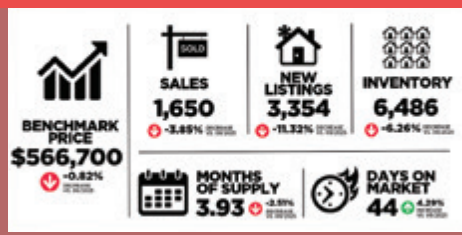
Bungalows/Bi-Levels	Lowest Price	$900,000 / 645,000
	Highest Price	$1,400,000
	Number Of Sales	6
2 Storey/2 Storey Split	Lowest Price	$795,000
	Highest Price	$1,090,000
	Number Of Sales	5
4, 5 Level Split	Lowest Price	$700,000
	Highest Price	$729,000
	Number Of Sales	2
Apartment/Villa	Price	$480,000
	Number Of Sales	1

*As of Oct. 1/26 For Sale – 3 Homes



Calgary Benchmark Price: $566,700
Semi-Detached Homes: $685,200 | | Row Homes: $412,400 | Apartments: $291,400

City Of Calgary Housing Statistics **September 2026**



In the current turbulent times, it's difficult to see beyond the wars of today, so "Lest We Forget", November 11th, we honour "the sacrifice and the legacy of those who served to preserve freedom and democracy" – the very freedom we in Canada enjoy! "Thank you to the brave men and women who make the ultimate sacrifice"

IF YOU ARE THINKING OF BUYING OR SELLING, LET US HELP GUIDE YOU THROUGH THE PROCESS



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