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QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION PRESIDENT'S MESSAGE

Hi Everyone,

By the time this publication is delivered, school will be out. We have been getting reports of vehicles speeding through the playground zone in front of Haultain Memorial School. Please, I'm asking everyone to slow down in all playground zones and watch out for all the children riding bikes, skateboards, scooters, etc.

Our AGM went well. Thank you to all the directors who have agreed to remain on the board for another term. Welcome to our new members: Julie Racine has volunteered to be our Youth Activities Director and Martine Myrthu has volunteered to assist her in that role. I'd also like to welcome Judith Nichols back as she volunteered to take on the role of Social Director. And finally, I'd also like to welcome our new Community Resource Officer, Brandon Gillis.

Cleanup Day on June 10 went well. Thank you so much to the City of Calgary, all our wonderful volunteers, Techno Trash, and Recon Metals for all your help. I'd also like to thank Bob Hall and other members of the Deer Ridge community for the coffee and doughnuts and for assisting in the cleanup.

Our Pre-Stampede Community Family Dance was a success. Thank you to all the volunteers for their hard work in making this event a success. I'd also like to thank Monarch Music for the great music and Jeff Wenzel, from Calgary Interiors, for the awesome door prizes. Kudos to the Haultain Memorial School Parents' Association for looking after the concession with all proceeds going toward the new playground fund.

Have a safe and fun summer. I'll talk to you all next month.

Cheers,

Brian



Upcoming Events

August 8 to 11 – Stay 'n' Play

August 8 to 11 – Park 'n' Play

Garden Club

Thank you to Mrs. Brosh and her Garden Club students from Haultain Memorial School, along with Linda Parkinson and three other Queensland Garden Club ladies, for planting, weeding, cleaning, and beautifying the garden for us. Great job, everyone!



Hall Rental Rates

Gym use	\$60/hr + GST
Gym (weddings)	\$500 + GST + \$100 cleaning fee; damage deposit \$250
Children's parties	\$175 + GST + \$100 cleaning fee
Boardroom, multi-purpose small meeting rooms	\$30/hr + GST

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS,
EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

QUEENSLAND



DIAMOND COVE



Free Summer Programs

Visit calgary.ca/free to see what's available in your area.

Stay 'n' Play

For children aged 3 to 5 years with an adult

These safe, supervised programs help children and adults make new friends and stay active through a play-based learning environment. Participants engage in games and activities that they can use on their path to healthy and active lifestyles. Children must be accompanied by an adult. Programs run Monday to Friday. Sign up through the above link. Walk-ups will be accepted on a first come, first serve basis.

Park 'n' Play

For children aged 6 to 12 years

These safe, supervised programs help children make new friends and learn. Games and activities are designed to encourage them on their path to healthy and active lifestyles. Programs run Monday to Friday. Sign up through the above link. Walk-ups will be accepted on a first come, first serve basis.

Dates: August 8 to 11

Tuesday to Friday

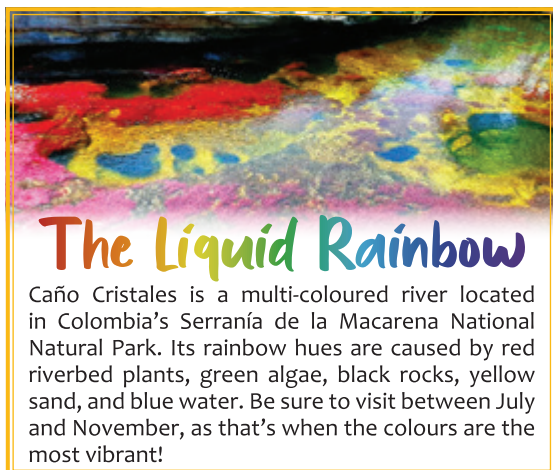
Stay 'n' Play – 10:00 am to noon

Park 'n' Play – 10:00 am to 3:30 pm

Location: Queensland

Haultain Memorial School

605 Queensland Dr SE



RECIPE

Veggie Pizza



Ingredients:

- 3 tablespoons olive oil
- 3 garlic cloves, minced
- 3 medium tomatoes, cut into 1/2-inch slices
- 1 large sweet red pepper, halved, stemmed, and seeded
- 1 small zucchini, cut lengthwise into 1/4-inch-thick slices
- 1 small onion, cut crosswise into 1/2-inch slices
- 1 teaspoon coarsely ground pepper
- 1 prebaked 12-inch pizza crust
- 1/3 cup spreadable garden vegetable cream cheese
- 8 slices smoked provolone cheese, divided
- 1/2 cup minced fresh basil, divided
- 1/4 cup shredded carrots
- 1 tablespoon minced fresh oregano
- 1 teaspoon fresh thyme, minced

Directions:

1. Mix oil and garlic; brush onto both sides of vegetables. Sprinkle with pepper. Grill, covered over medium heat until tender, 4 to 5 minutes per side for pepper and onion, 3 to 4 minutes per side for zucchini, 2 to 3 minutes per side for tomatoes.
2. Coarsely chop pepper, onion, and zucchini. Spread pizza crust with cream cheese; layer with 4 slices provolone and the tomato slices. Sprinkle with 1/4 cup basil, the carrots, oregano, and thyme. Top with grilled vegetables, then remaining 4 slices cheese.
3. Grill pizza, covered, over medium heat until bottom is golden brown and cheese is melted, 5 to 7 minutes. Top with remaining basil.

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If you are interested in any of the open board positions, please email Volunteer@QueenslandDiamondCove.com.



The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

- Apples | Bananas | Broccoli
- Carrots | Cauliflower | Celery
- Cucumber | Lettuce | Mushroom
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- Tomatoes | Green Pepper

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SUMMER WORD SEARCH

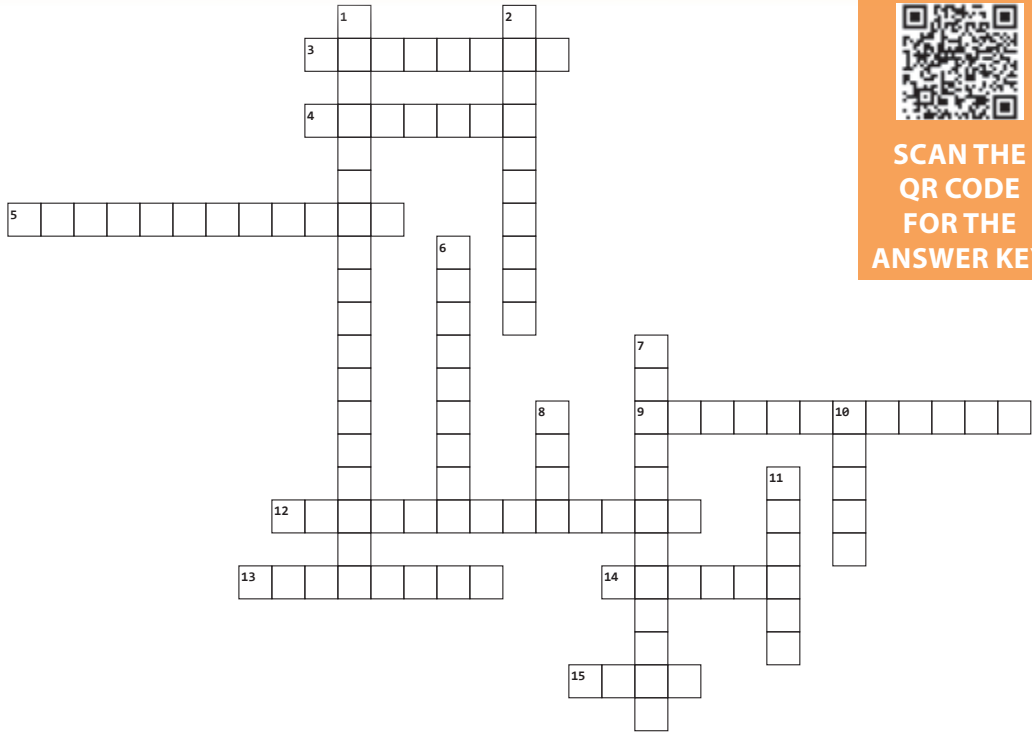
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OUTSIDE
SUN
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BARBECUE
CAMPING
ICE CREAM
PICNIC
SWIMSUIT
WATERMELON

BASEBALL
GARDEN
JULY
POPSICLE
TRAVEL

July Crossword Puzzle



SCAN THE
QR CODE
FOR THE
ANSWER KEY

Across

3. The first Canadian-hosted Olympic games took place in this city.
4. 7-year-old Roger Woodward became the first person to survive going over these falls without a barrel.
5. The month of July is named after this Roman political figure.
9. This Canadian province experienced the hottest temperatures ever officially recorded in Canada (45 degrees Celcius) on July 5, 1937.
12. The first human to walk on the moon, which occurred on July 20, 1969.
13. This Canadian American actress, born on July 20, 1971, is best known for her role in *Grey's Anatomy*.
14. On July 5, 1946, just after World War 2, the modern version of this risqué piece of women's clothing was introduced due to the rationing of materials.
15. Filmed in Alberta, this 2022 motion picture was referred to as "Skull" during production to keep it a secret.

Down

1. *Go Set A Watchman* was the original manuscript for this classic Pulitzer Prize winning novel.
2. This iconic Coldplay album was released on July 10, 2000, and features the hit single *Yellow*.
6. In the summer of 2019, this folk horror film depicting Scandinavian paganism and starring Florence Pugh was released.
7. This Canadian artist rose to fame on YouTube and was the most Googled celebrity in July 2010.
8. National _____ Day is observed on July 31 and December 2 to raise awareness and help these dogs get adopted.
10. World _____ Day celebrates this intellectual two player board game.
11. On July 6, 1885, Louis Pasteur successfully administered this vaccination for the first time, replacing the previous treatment, mad stones.

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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Queen Bee Quilters



The Queen Bee Quilters are accepting new members.

We are a needlecraft group (that includes quilting, knitting, cross stitch, crochet, etc.).

We meet on Thursdays from 10:00 am until 1:00 pm at the Queensland Community Centre in the back room (up the stairs by the ice rink).

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FRIENDS *of* Fish Creek



July in Fish Creek

Capture Nature Photo Contest 2023

Each year, the Friends of Fish Creek offer a Capture Nature photo contest as a fun and creative opportunity for park users to engage with their natural surroundings as they search and explore for the best images of the year. From beginning photographers to amateur professionals and youth, we invite you to submit your best park images for consideration. As a contest participant, you may see your images used on our website, program posters, and other media publications as they become part of our ever-growing library of beautiful, high-quality park images. The sale of photo submissions may also support our organizational fundraising efforts down the road. The themes for 2023 are Winter Wonderland, The Elements, and As Above So Below. All submissions must be images taken in Fish Creek Provincial Park.

Registration runs until July 31, 2023. The public will be able to vote for their favourite photos through our online gallery. Voting will be open until August 15 at midnight, and we will announce the contest winners on September 1. To register and for more information, please visit <https://friendsoffishcreek.org/programs/capturenature>.

Shaw Birdies for Kids Presented by AltaLink

Support outdoor education in Fish Creek and your donation will be matched up to 50%. The Friends of Fish Creek are honoured that our Learning Naturally program has once again been chosen as one of over 270 local charities to participate in the Shaw Birdies for Kids presented by AltaLink program! This essential fundraiser runs until August 31 in conjunction with the Shaw Charity Classic Golf Tournament. It costs only \$10 to support one Learning Naturally field trip for one student, and through Birdies for Kids, your donation will be matched up to 50%! Learning Naturally does not receive regular funding and its continuation is in jeopardy. Please consider making a donation and speak to your employer or co-workers about this amazing opportunity to support outdoor education in Fish Creek. Donate today at <https://bit.ly/3IUUYAw>.

Volunteers Needed in Fish Creek Provincial Park

Branch out and explore all the exciting chances to give back to Fish Creek Provincial Park through direct intervention in its wellbeing! This summer, the Friends of Fish Creek need

volunteers to help with a variety of stewardship activities. Programs like invasive species control, poplar planting, tree wrapping, and nursery tending require the dedication of an amazing team. There is always a chance to be out in the field during the summer months and opportunities are available for people of every ability and availability. If you only have one day to volunteer, we offer many opportunities that require your presence for only a few hours, such as riparian restoration, invasive species control, tree wrapping, poplar planting, and willow staking. Planting trees is the activity most people probably have in mind when it comes to restoration. We provide the trees and supplies so that our volunteers can work to add trees to the aging poplar forests in the park. This summer, we are focusing on the beautiful Hull's Wood area. Newly planted trees ensure that in the years to come, wildlife habitat is maintained as older trees die off. Watering trees and other vegetation is one of the most important jobs that one can take on in the park, as the summers in Calgary are hot and dry. To help with poplar planting, restoration, or other programs, please sign up as a volunteer online at <https://friendsoffishcreek.org/volunteering-basics>.

Stop into the Bow Valley Ranch Visitor Centre

If you have been down to the Bow Valley Ranch in the past year or so, you may have noticed that the Visitor Information Centre is now open six days a week. The exhibit area features cultural artifacts and a wealth of information about the history of the city and the park. Since the beginning of the Friends' Enhanced Partnership Project with Alberta Parks in 2020, we have trained over thirty volunteers in the new role of Fish Creek Ambassador to work in the centre. We invite you to stop into the Bow Valley Ranch Visitor Centre to pick up a park map or outreach material, learn about some of the unique history of this area, and chat with our friendly and knowledgeable Fish Creek Ambassadors.



Cute but not cuddly



Don't be fooled by these cutelings! Most wild babies just need to be left alone. Fledging birds are learning to fly while leverets (baby hares) and fawns rely on camouflage for protection while mom forages! Keep pets secure when wild young are around.

Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife-human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Do you have teaching experience and a passion for wildlife? If so, we need YOU! Apply today to join our urban wildlife education team.



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