

JUNE 2024

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QUEENSLAND
 DIAMOND COVE
 COMMUNITY ASSOCIATION

50TH
ANNIVERSARY
CELEBRATION

-SATURDAY, JUNE 22-
 11AM - 3PM
 AT THE QUEENSLAND
 COMMUNITY CENTER

JOIN US FOR
 FAMILY FRIENDLY FUN!

Casino

We have been slated to have our Casino on Friday, August 16 and Saturday, August 17 at the Deerfoot Inn and Casino. This is our biggest fundraiser for our community. To run our casino, we are looking for 18 volunteers per day, hours are 10:00 am to 7:00 pm, 6:30 pm to 3:30 am, and 10:30 pm to 3:30 am. No experience is necessary; all training is provided. The casino will provide you with a meal and snacks during your shift.

We need your help! Log on to SignUpGenius at <https://bit.ly/QDCCasino>.

Thank you!

Martine Myrthu
 Casino Coordinator, Queensland Diamond Cove Community Association

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

QUEENSLAND

DIAMOND COVE

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Digital Media	Genevieve Myrthu	DigitalMedia@QueenslandDiamondCove.com
Casino	Martine Myrthu	Casino@QueenslandDiamondCove.com
Director at Large	Julie Jack	DirectorAtLarge@QueenslandDiamondCove.com
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Guides	Kiran McKee	Kiranamckee@gmail.com
Scouts	Chris Sutton	QSA172@gmail.com
Calgary Police Service	Brandon Gillis	pol5284@calgarypolice.ca

If you are interested in any of the open board positions, please email Volunteer@QueenslandDiamondCove.com.



The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

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Mushroom | Onions | Oranges | Potatoes
Tomatoes | Green Pepper

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Small
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June 18	June 27

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2025

\$20

QUEENSLAND/DIAMOND COVE COMMUNITY ASSOCIATION MEMBERSHIP FORM

Name: _____

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Phone: _____ Email: _____

Method of payment: Cash: _____ Cheque: _____

Cut out this coupon and mail or drop off at the Community Hall

Popcorn Shrimp Tacos



Ingredients

- 2 cups coleslaw mix
- ¼ cup minced fresh cilantro
- 2 tablespoons lime juice
- 2 tablespoons honey
- ¼ teaspoon salt
- 2 tablespoons 2% milk
- ½ cup all-purpose flour
- 1 ½ cups panko bread crumbs
- 1 tablespoon ground cumin
- 1 tablespoon garlic powder
- 1-pound uncooked shrimp (41 to 50 per pound), peeled and deveined
- Cooking spray
- 8 corn tortillas (6 inches), warmed
- 1 medium ripe avocado, peeled and sliced

Directions

1. In a small bowl, combine coleslaw mix, cilantro, lime juice, honey, salt and toss to coat. Set aside.
2. Preheat air fryer to 375°F. In a shallow bowl, whisk eggs and milk. Place flour in a separate shallow bowl. In a third shallow bowl, mix panko, cumin, and garlic powder. Dip shrimp into flour to coat both sides; shake off excess. Dip into egg mixture and then panko mixture, patting to help coating adhere.
3. In batches, arrange shrimp in a single layer on greased tray in air fryer basket; spritz with cooking spray. Cook until golden brown, two to three minutes. Turn; spritz with cooking spray. Cook until golden brown and shrimp turns pink, two to three minutes longer.
4. Serve shrimp in tortillas with coleslaw mix and avocado.



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Gym (weddings)	\$500 + GST + \$100 cleaning fee; damage deposit \$250
Children's parties	\$175 + GST + \$100 cleaning fee
Boardroom, multi-purpose small meeting rooms	\$30/hr + GST

QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION PRESIDENT'S MESSAGE

Hello,

I would like to introduce myself, my name is Martine Myrthu, and I am your new president of the Queensland Diamond Cove Community Association. Many may know me from helping to organize the children's craft days, casinos, and recent family dances. I have been helping out in various positions within the community for the past ten years. I bring to this position the want to bring more community members back to the community centre. We also have a new digital media director Genevieve Myrthu, she has been helping out at the community centre for the past ten years as well, mostly with the children's craft days, community cleanup, and casino. Steve Foot has also taken a position on our board as second Vice President. Two positions still remain unfilled at the end of our meeting, Memberships and Ways and Means. If you are interested in filling one of these positions, please come to our next board meeting Tuesday, September 3 at 7:00 pm.

We would like to thank Paul Hamonic for all his hard work over several years at the community centre, without your leadership we would not have compiled the grants to have the Jensen room updated and the many other renovations completed. Darcy Saworski, thank you for your help with memberships.

The month of June will be a busy month for our community. We will be hosting a big milestone, our 50th Anniversary on Saturday, June 22 from 11:00 am to 3:00 pm. This is a free, family friendly event, showcasing what our community has to offer. Stop by and check us out.

Saturday, June 29 is our community cleanup day; we will be hosting this with our community friends from Deer Ridge. Come on out and volunteer to help us empty vehicles into city garbage trucks, we will have electrical and metal truck as well. Please refer to Calgary.ca/communities/community-cleanup-items.

Please stop by our community table at the annual Cornerstone community party, June 30, in the parking lot of the Deer Ridge mall. We will have activities for the kids; consider buying a membership for the coming year, hope to see you there.

A recap of the month of April; we invited our community to partake in the Children's Spring Fling party and evening AGM on April 20. Thanks to Deer Ridge for their contribution to our Children's Spring Party. Thank you to Julie R and Martine for organizing the activities for the children. On April 27 we had a successful Craft Fair. Thank you to the volunteers who helped set up and take down these events.

Congratulations to Cassandra Abbenbroek who was the winner of our community survey draw. We thank Cornerstone Music for their generous gift certificate donation.

Stay tuned next month as we will need volunteers to help Haultain Memorial School assemble their new play structure the week of August 12. We will be also looking for volunteers for our Casino on August 16 and 17. Volunteers are the heart of the community, we need you!

See you next month!

Sincerely,

Martine



PLUMBER

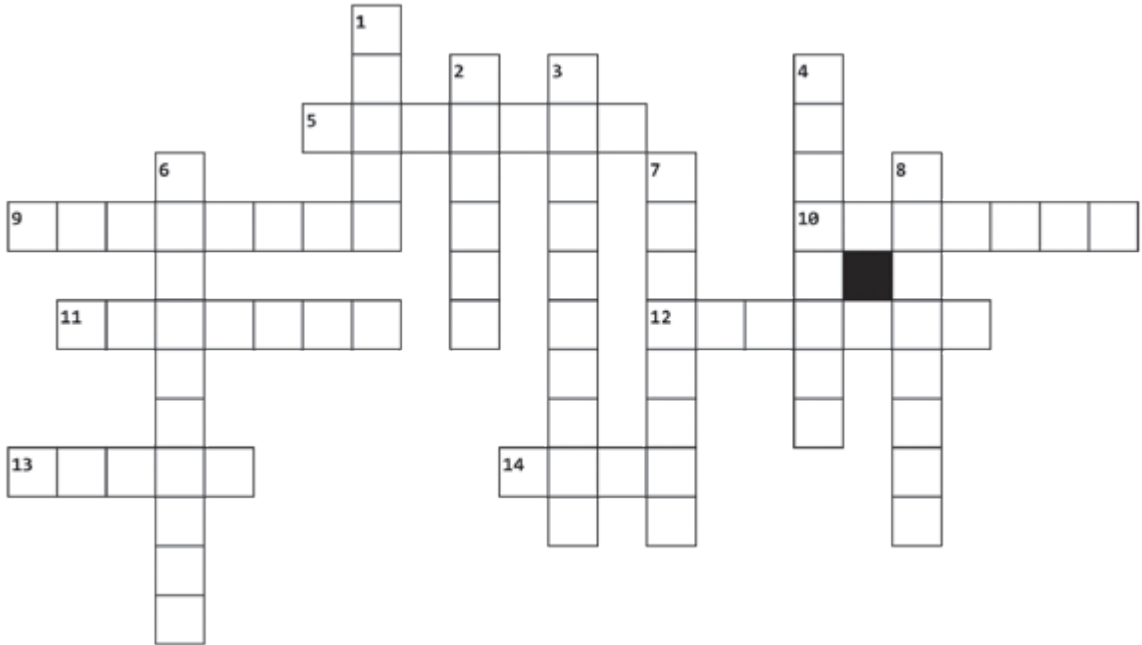


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June Crossword

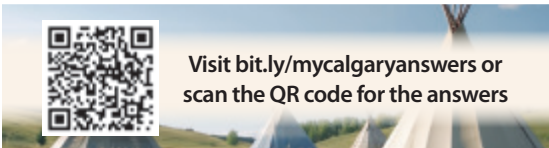


Across

5. On June 21, 1957, Canada's Prime Minister Louis St. _____, who had the distinction of having the longest continuous term as prime minister, resigned.
9. This year's F1 Canadian Grand Prix in _____ will be held from June 6 to 10.
10. In history books, June 21, 1749, marks the date that _____, Nova Scotia was founded.
11. The _____ released their hit album "Sgt. Pepper's Lonely Hearts Club Band" in June of 1967.
12. In June 2003, J.K. _____ released *The Order of the Phoenix*, the fifth book of the Harry Potter series.
13. Interestingly, the most _____ Laureates are born in June.
14. June is named after which Roman goddess of marriage, childbirth, and love?

Down

1. June's birthstone, the _____, is the only stone that is made by a living sea creature.
2. On June 5, 1998, audiences were captivated by the release of "The _____ Show," featuring Jim Carrey in the lead role, portraying a man unwittingly thrust into the spotlight as the star of a live television program.
3. On June 21, Canada honours the contributions of First Nations, Inuit, and Métis peoples by celebrating National _____ Peoples Day.
4. The novel *Crazy Rich Asians*, released on June 11, 2013, later became a film starring Oscar-winning actress _____ Yeoh.
6. June's full moon, known as the _____ Moon, will illuminate the sky on June 21 this year.
7. June 28, 1980, _____ entered Ontario as part of his incredible Marathon of Hope.
8. Founder of Tesla and SpaceX, _____, was born on June 28, 1971.



SUMMER WORD SEARCH

S B W K I S U N W M K W V
Y E K Q H X A E S K O V P
N A D A O B D N J I N A M
G C L C T B W M D T U C O
N H I P L Q N T H E F A R
I I C E C R E A M A R T M
W D R P O P S I C L E I C
S W I M N I E J T A M O A
B A O E T C G U L D M N M
R T A N E N S M H A U T P
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WORD BANK:

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CAMPING

FUN

HOT

ICE CREAM

JUMP

KITE

PICNIC

PLAY

POOL

POPSICLE

SAND

SUMMER

SUN

SUNGLASSES

SWIM

SWING

VACATION

Queensland Diamond Cove/Deer Ridge Community Association Annual Cleanup Day

June 29 from 9:00 am to 1:30 pm

Volunteers Welcome!

Community Cleanup events save residents a trip to the landfill for items that do not fit in their waste and recycling carts or for residents who do not have access to cart service. This service is free of charge to all Calgarians. Residents simply bring any of the accepted items to the Queensland Diamond Cove Community Hall on June 29 between 9:00 am and 1:30 pm where a group of volunteers will direct and assist them in recycling/discarding those materials. Continue reading to see what items we can and cannot accept.

What Can I Bring to Community Cleanup Day?

We Will Accept:

- General garbage (City of Calgary - Garbage Trucks)
- Metals
- Electronics

We Will Not Accept:

- Organic waste* Cardboard**
- Glass
- Batteries, paint, household chemicals
- Liquids (motor oil, etc.)
- Smoke detectors
- Refrigerators, freezers, microwaves
- Pressure containers (i.e., propane tanks, etc.)
- Railroad ties
- Tires
- Large amounts of sod or concrete
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One Pan Chicken Fajitas

by Jennifer Puri

Originating in South and Central America, bell peppers have been cultivated for thousands of years. Available in a variety of colours: red, orange, yellow, green, and even purple, they are related to chili peppers, tomatoes, and breadfruit.

All bell peppers start out as green, but their colour and ripeness depend on the amount of time the pepper spends on the plant. Red peppers are riper, and their flavour is typically sweeter, milder, and generally easier for most people to digest. They can be eaten raw, cooked, dried, or powdered.

Bell peppers are an excellent addition to a healthy diet as they are mainly composed of water with smaller amounts of carbohydrates, protein, fiber, and fat. Rich in many vitamins, antioxidants, and carotenoids they are beneficial for eye health and reduced risk of anaemia.

Peppers can be enjoyed as a snack, in a salad, stuffed, grilled, roasted, pickled, raw, or sautéed as shown in the one pan chicken fajitas recipe below.

Prep Time: 15 minutes

Cook Time: 15 minutes

Servings: 4

Ingredients:

- 3 boneless chicken breasts
- 1 medium white onion
- 1 lime
- 3 red and yellow bell peppers
- 5 tbsp. extra virgin olive oil
- ¾ tsp. chili powder
- ½ tsp. paprika
- ½ tsp. garlic powder
- ½ tsp. cumin powder
- ¼ tsp. black pepper
- ¼ tsp. oregano
- Salt to taste

Directions:

- Slice onion and bell peppers (seeds and stems removed) into ¼ inch thick slices.
- In a small mixing bowl, combine 3 tbsp. of olive oil, juice of half a lime, chili and garlic powder, paprika, cumin, black pepper, oregano, and salt to taste. Slice chicken breasts into thin strips and add to the spice mixture.

- Add half the chicken pieces to a large non-stick frying pan or skillet and sauté over medium to high heat until cooked, about four to five minutes. Remove from pan and repeat with remaining chicken.
- Set cooked chicken aside and add 2 tbsp. of olive oil and the sliced onions to the frying pan. Sauté for two minutes then add the sliced peppers and continue sautéing until peppers are cooked and brown at the edges. Add the cooked chicken and combine with the peppers and onion until heated through.
- Serve chicken fajitas over warm tortillas with a squeeze of lime, avocado, sour cream, and pico de gallo.

Bon Appétit!





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LESLIE EVANS,
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2024

DATE

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Myles McDougall

7 – 1215 Lake Sylvan Drive SE

📞 403-278-4444

✉️ Calgary.FishCreek@assembly.ab.ca

✂️ @MylesYYC | 📷 MLAFishCreek

The 31st legislative session has come to a close, and I'm eager to dedicate more time to our constituency this summer. Please join me for the first Annual Stampede BBQ on Saturday, July 6, from 11:00 am to 2:00 pm at the Bonavista Downs community hall. It promises to be a delightful, family-friendly affair, welcoming both furry friends and our esteemed Premier Smith along with other Ministers and MLAs for a potential visit. Enjoy fantastic fare from Spolumbos, lively music, and the opportunity to connect with various community associations showcasing their initiatives. I extend a warm invitation to all constituents of Calgary-Fish Creek to attend!

Alberta Releases Drought Response Plan

I am pleased to share that Alberta's new 2024 Drought Response Plan has been released and will help guide the province through any and all drought conditions. This is a plan covering everything from conservation plans and water-sharing agreements to declaring an emergency and prioritizing water for human health and safety. It will help ensure that Albertans, communities, farmers, ranchers, and businesses get the support they need, whatever the weather.

Drought conditions can change rapidly and impact different areas in very different ways. The Drought Response Plan outlines:

- The five stages of Alberta's drought response.
- The roles and responsibilities of partners, including government, to help everyone collaborate and communicate.
- The regulatory and non-regulatory approaches and tools that may be used in various drought conditions.
- How and when emergencies would be declared, with recognition that declaring an emergency is used as a last resort.

More information can be found at www.alberta.ca/drought-what-government-is-doing#jumplinks-2.

Looking forward to seeing you all at my Stampede BBQ! If you have any questions or input, please feel free to reach out to my office at Calgary.FishCreek@assembly.ab.ca.



Councillor, Ward 14
Peter Demong

📞 403-268-1653

✉️ eaward14@calgary.ca

🌐 www.calgary.ca/ward14



MP Calgary Midnapore
Stephanie Kusie

204 – 279 Midpark Way SE
Calgary, AB T2X 1M2

📞 403-225-3480 📠 403-255-3504

✉️ stephanie.kusie.c1@parl.gc.ca

🌐 stephaniekusiemp.ca

Greetings Ward 14!

The days are as long as they can be. There is lots of time to go outside and enjoy this beautiful city. To start off this month, I will show you some tips on gardening, and water usage. I will remind you that it is tax bill time and show you where to sign up to pay in installments. There will be information about Neighbour Day, Canada Day, a podcast you might like, and much more. Of course, to get this information you will need to visit calgary.ca/ward14 for the full June column.

Feel free to contact me any time, and don't forget to visit calgary.ca/ward14 for the full version of this column. The best way to contact me is by visiting calgary.ca/contactward14 or calling 403-268-1653.

Sincerely,

Councillor Peter Demong

Root Beer

This classic beverage we all know, and love was invented in North America, and was traditionally made with sassafras root. You can find recipes for the drink in recipe books dating from as far back as the 1860s. This tasty drink's popularity skyrocketed during the prohibition and continues to be a popular choice today.

Dear Constituents,

The warm weather has finally arrived and school is nearly out for many students across Calgary Midnapore. To the class of 2024 – congratulations! Whether you're planning for university, traveling, or moving directly into the workforce, I know you will go on to do incredible things and make our community of Calgary Midnapore proud!

Later this month, Parliament will rise for the summer and MPs will return to our communities to meet with constituents, attend events, and, for Calgary MPs like me, see our city come to life during the greatest outdoor show on earth!

Under the leadership of Pierre Poilievre, my Conservative colleagues have been hard at work standing up for Canadians and holding the government to account. Rest assured, we will not take our foot off the gas and will continue advocating for the best interests of all Canadians.

I'd also like to take a moment to recognize the 80th anniversary of D-Day. On June 6, 1944, 14,000 brave Canadian soldiers stormed Juno Beach and put their lives on the line so we could live in peace today. As we mark 80 years since the Allies turned the tide in the Second World War, I encourage all constituents to thank those currently serving our great country and remember all who have sacrificed for us in the past. Let us forget.

To stay up to date on the work I'm doing on your behalf, please sign up for my monthly e-newsletter. You can do so online at StephanieKusieMP.ca. Another way to keep engaged is through my social media - @StephanieKusiePoitician (Facebook), @StephanieKusie (X and Instagram), @StephanieKusieMP (YouTube).

I wish you a great month ahead!

Sincerely,

Stephanie Kusie

MP, Calgary Midnapore

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Father's Day



Father's Day is a wonderful date to celebrate all father figures and paternal bonds. This celebratory day was proposed by Sonora Smart Dodd in 1909 and takes place on the third Sunday in June every year. How will you celebrate?

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