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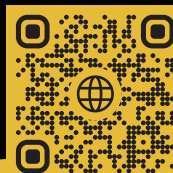
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THE OFFICIAL QUEENSLAND & DIAMOND COVE COMMUNITY NEWSLETTER



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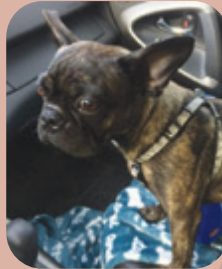
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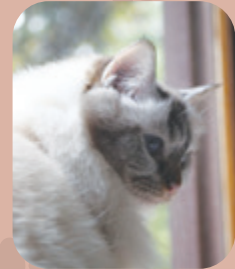
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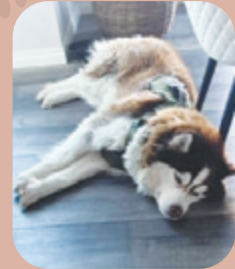
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If you are interested in any of the open board positions, please email Volunteer@QueenslandDiamondCove.com.

2026

\$20

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Name: _____

Address: _____

Phone: _____ Email: _____

Method of payment: Cash: _____ Cheque: _____

Cut out this coupon and mail or drop off at the Community Hall

QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION PRESIDENT'S MESSAGE

Hello,

Hope everyone has been enjoying the summer, catching up with friends and family. The community centre is slowly gearing up for our fall programming.

City Park and Play and Stay and Play programs will take place at the community centre from August 5 to 8, more information available on the City of Calgary website: [Calgary.ca/park-n-play-stay-n-play](https://calgary.ca/park-n-play-stay-n-play). This will be held at the community centre, no need to register, just show up and have fun.

Good Food Boxes will be available again for the month of September. Please stop by the office to enquire about them, there are three sizes, all based on weight. This is a great way to bring more produce into your home.

Please renew your membership this month, they are due and are still a great value at \$20 for the year. Discounts at the community centre are for pickleball, our family dances, and children's activities.

City of Calgary Development

Please continue to check out the City of Calgary Development maps to see what is going on in our community and the communities around us. This helpful guide is there to keep citizens informed. <https://developmentmap.calgary.ca/>. Type in any address and see if there is development around you.

Kind regards,

Martine

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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Hall Rental Rates (GST Included)

	Rate	Period
Gym Use	\$65	Per hour
Gym Weddings	\$550	Event
Damage Deposit	\$250	
Daytime Function (maximum 5 hours prior to 5:00 pm)	\$190	Event
Boardroom, multi-purpose small meeting rooms	\$33	Per hour
Cleaning Fee for Functions (when required)	\$110	

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QUEENSLAND



DIAMOND COVE



Accidental Poisoning

by Alberta Health Services



Emergency Medical Services (EMS) would like to remind parents and caregivers of precautions to prevent accidental childhood poisonings around the

home. Ingesting prescription or over the counter (OTC) medications is a significant cause of accidental childhood poisonings. Other causes of poisoning include ingesting or coming into contact with household items such as dishwasher tablets, mouthwash, or chemicals such as paints, solvents and cleaning products.

Medication Storage

- Place all medications in locked containers and store in an area inaccessible to children
- For easy identification, store all medications in their original packaging; do not mix multiple medications in a single bottle
- Install child locks on all cabinets, or drawers where medications are stored

Safety Tips

- Child-resistant medication bottles are not child proof. They can still be opened by a child
- Take extra precaution with medicines designed to appeal to children such as chewable vitamins or flavored cough and cold syrups
- Promptly dispose of any medications or toxic household products no longer in use

Prevention

- Store household products, cleaning supplies, and cosmetics in locked cabinets or drawers
- Install child latches on cabinets children might also access by climbing on counters or chairs
- Label all plants in and around your home and garden
- Antifreeze, windshield washer fluid, and pesticides are extremely poisonous. Even small amounts of these can cause serious illness if ingested

Poisoning information can be obtained by calling the Poison and Drug Information Service (PADIS) at: 1-800-332-1414.

In case of a poisoning emergency, call 9-1-1. Provide the name of the product ingested and, if it is safe to do so, a sample of the substance for EMS to inspect on their arrival.



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COOK'S CORNER

Strawberry and Feta Salad



Ingredients

- 1 cup slivered almonds
- 2 cloves garlic, minced
- 1 teaspoon honey
- 1 teaspoon Dijon mustard
- ¼ cup raspberry vinegar
- 2 tablespoons balsamic vinegar
- 2 tablespoons brown sugar
- 1 cup vegetable oil
- 1 head romaine lettuce, torn
- 1-pint fresh strawberries, sliced
- 1 cup crumbled feta cheese

Directions

1. Gather all ingredients.
2. Place almonds in a skillet over medium-high heat; cook, stirring frequently, until lightly toasted. Remove from heat; set aside.
3. To make the dressing: whisk garlic, honey, Dijon mustard, raspberry vinegar, balsamic vinegar, brown sugar, and vegetable oil together until well combined.
4. Place toasted almonds, romaine lettuce, strawberries, and feta cheese in a salad bowl; add dressing and toss to coat.



GAMES & PUZZLES

Guess the Musical!

1. The 1962 version of this modern-day Romeo and Juliet story received 10 Oscars.
2. This musical of a masked, disfigured virtuoso holds the record for the most performances on Broadway.
3. Jennifer Hudson won an Oscar for her role as Effie White in this movie also featuring Beyoncé.
4. Pop sensation Dame Oliva Newton-John starred in this 1950s-inspired musical comedy.
5. Canadian actor Ryan Gosling stars in this romantic musical.
6. This heartwarming movie is based on the real-life story of the Von Trapp family.



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Park n' Play/Stay n' Play

- August 5 to 8, Tuesday to Friday, Queensland Community Association – 649 Queensland Dr
- Stay n' Play – 10:00 am to 12:00 pm
- Park n' Play – 10:00 am to 3:30 pm

Looking for some high-quality activities for your kids? We offer programs that are open to everyone for free. These programs are for children ages 3 to 12 years and are available in various community locations across Calgary.

Note: We cannot accommodate day homes, daycares, or camps at these programs due to the unpredictable nature of such influxes of participants and the strain this can place on staffing levels. For updates on weather-related cancellations, visit calgary.ca/free or call 3-1-1.

Park n' Play

A drop off program for children ages 6 to 12 where play, learning, and new friends come together in a supervised setting. All participants must be the appropriate age by the first day of the program. Guardians are required to fill out a form for the participant at each location.

Stay n' Play

In this program, children must be accompanied by an adult. It's a great opportunity for parents and their children to make new friends and stay active. All participants must be the appropriate age by the first day of the program. Ages: 3 to 5 years + adult.

Come Prepared

Please send your child(ren) with a manageable, labelled backpack containing all the items listed below. Please label all belongings.

- Plastic or metal water bottles that can be refilled easily.
- A healthy bag lunch (if attending Park n' Play) and a snack for the afternoon (all programs). Avoid peanut or nut products.
- Any necessary medical equipment, such as an epi-pen.
- Sunscreen and insect repellent (apply to your child before drop-off, leaders cannot provide or apply these products to your children).
- Hat, weather-appropriate clothing, and proper footwear (running shoes recommended).



The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples | Bananas | Broccoli | Carrots | Cauliflower | Celery | Cucumber | Lettuce | Mushroom | Onions | Oranges | Potatoes | Tomatoes | Green Pepper

*(selection will vary)

Large

35 to 40 pounds \$40

Medium

25 to 30 pounds \$35

Small

15 to 20 pounds \$30

Order by	Delivery by
September 8	September 18

For more information or to place an order, email amervergo@gmail.com or call 403-278-3366.

Good Food Box	
Order and Delivery Dates for 2025	
Order Date	Delivery Date
September 8	September 18
September 29	October 9
October 27	November 6
December 1	December 11

Devin Elkin

— WARD 14 —

Rooted in Community



Hello Ward 14!

By the time this edition of the Great News community newsletter hits your mailbox, we will hopefully have recovered from all those mini donuts we consumed, the pain and suffering from those cowboy boots that get dusted off once a year, and worked off all those community Stampede events. I want to issue a special thank you to all the volunteers that helped make this annual right of passage here in Calgary a success. It was one to remember. Now we are three months away from the 2025 civic election on October 20th. Please mark your calendars.

I want to take a moment and thank everyone who expressed their appreciation for putting my name forward to be your next Ward 14 Councillor. As the last 10 years have taught me, your support and appreciation are what makes serving the residents of Ward 14 so enjoyable and together we will take the next step, ensuring Ward 14's continued profile as the city's best ward.

Over the next few months, I hope to connect with those of you who don't know me or what I have been doing for the Ward over the past decade as community assistant. I will be hosting several "chat with the candidate" pop up events throughout the ward, so watch for these dates on your community socials or on my website at www.devinelkin.com. These are designed for those that are not overly comfortable with people coming to their doors but are still interested in knowing what's what. I will be available for a few hours in each location and will have a white 10x10 tent set up. I am looking forward to having some great conversations with you all.

I hope you all survived Stampede and have some great plans for the rest of the summer.

Please take the time to visit www.devinelkin.com where I have outlined why I believe I am ready to be your next city councillor and what 10 years of public service has taught me.

Thank you all for loving where you live and caring about Ward 14's future.

Devin Elkin

Rooted in Community

PRESIDENT'S MESSAGE

Dear Diamond Cove Homeowners,

We hope you're enjoying a beautiful and restful summer. While we were excited for another fun-filled Neighbours Day, Mother Nature had other plans. Unfortunately, due to poor weather, we had to cancel the event this year. We know this is disappointing, but hope you found joy and connection in other ways that day. Thank you for your understanding, we'll be back next year!

Landscaping Update

At the time of writing, we're actively working with our landscaping provider on the planters along the drive. We know this area is important to our residents and we share your desire for a more polished presentation. Progress has been slower than we'd like, but we're doing our best to ensure improvements are visible soon. Thank you for your continued patience and support as we strive to keep Diamond Cove beautiful.

Board Activity

Your board continues to meet regularly and remains focused on the core priorities we outlined after the AGM:

- Fundraising
- Community Communications
- Bylaw and Covenant Review
- Planning for Future Events

We've committed to fewer, but more achievable, projects in our second year. Our goal is not just to take on less, but to follow through on what matters most for our community.

August Community Tips and Reminders

Here are a few ways we can all help keep Diamond Cove safe, connected, and welcoming this month:

- **Ridge Path Etiquette:** Share the path, whether you're biking, walking, or out with a stroller or dog. A quick bell or "on your left" goes a long way.
- **Bunny Watch:** We're blessed with adorable local wildlife, especially our many little bunnies. Keep pets leashed and enjoy the sightings safely.
- **Garage Sale Countdown:** Our Annual Community Garage Sale is set for Saturday, September 6, 2025, proudly sponsored again by Brenda Field of Royal

LePage. Start setting aside your treasures! Please remember to register before September 2 at diamondcove.yycgarage.sale to ensure you get your signage!

- **Water Wisely:** With warmer days continuing, please be mindful of your water usage while also helping to keep your yard healthy and tidy.
- **Respect Speed Limits:** Let's keep everyone safe: slow down, full stops at crosswalks, and stay alert, especially with kids and pets out and about.
- **Pick Up Litter:** After blue bin days or windy evenings, stray trash can pop up. If you spot some, even if it's not yours, lend a hand.

Fundraising Reminder

As shared in July, we're working toward a \$10,000 fundraising goal. If each household gave just \$36.76, we could get there together!

You may see board members and volunteers in the community in the coming weeks, feel free to ask questions, make a donation, or share your email address so we can better stay in touch. We're still accepting cash and cheques, and e-transfers are coming soon.

Stay Connected

Want to receive updates directly to your inbox? Send us your email and we'll add you to our mailing list. It's the best way to stay informed between newsletters and events.

We're incredibly grateful for your continued engagement and care. Diamond Cove is a gem of a neighbourhood, and it's thanks to neighbours like you.

If you have questions, ideas, or just want to connect, don't hesitate to reach out. We love hearing from you.

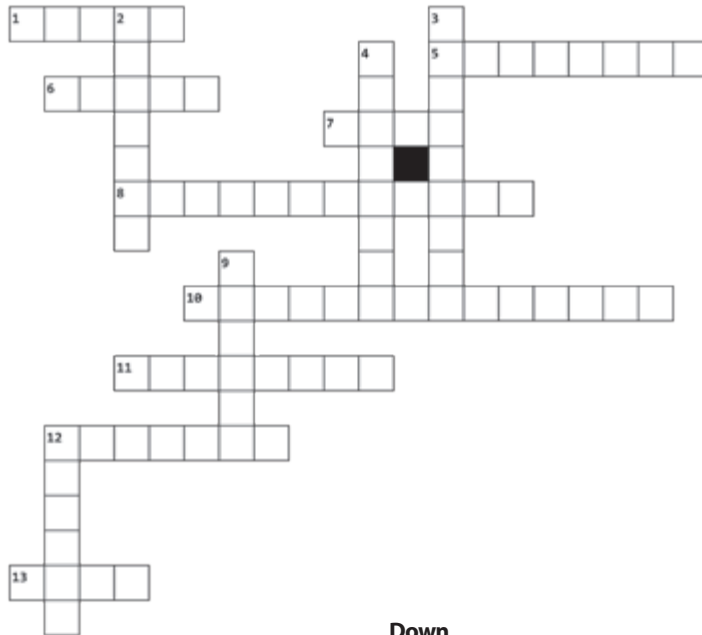
Warm regards,

Sonia Dantu

President, Diamond Cove Homeowners Association
dcovehoa@gmail.com



August Crossword



Across

1. This classic Disney film about a young deer premiered in August 1942.
5. Canadian astronaut, Chris _____, was born in Sarnia, Ontario on August 29, 1959.
6. Canadian American actor Patrick J. Adams was born on August 27, 1981, in Toronto and is best known for his role as Mike Ross in this legal drama series.
7. *The Wizard of Oz* premiered on August 15, 1939, and was based upon the book written by Lyman Frank _____.
8. English navigator John Rut sent the first known letter from North America in August 1527 while anchored at St. John's, _____.
10. In August 1837, pharmacists John Lea and William Perrins started production of this condiment containing soy sauce and vinegar.
11. People born in August are lucky to have three birthstones to choose from: peridot, spinel, and _____.
12. The _____ Chapel in Vatican City was consecrated by Pope Sixtus IV on August 9, 1483.
13. International _____ Handers Day is observed annually on August 13.

Down

2. In August 2008, the _____ Summer Olympics became one of the most watched television events in history with approximately 4.7 billion viewers.
3. On August 4, 1693, it is believed that Dom Pérignon invented this sparkling wine.
4. Delia Owen's murder mystery novel, *Where the _____ Sing*, was published in August 2018.
9. Usain Bolt won the 200m at this Olympic Games on August 9, 2012, becoming the first man to win both the 100m and 200m at two consecutive Olympics.
12. Inventor Isaac _____ was granted a patent for his eponymous sewing machine on August 12, 1851, revolutionizing garment production.



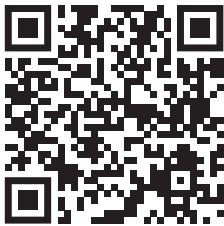
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✉ Calgary.FishCreek@assembly.ab.ca

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📱 MylesMcDougallYYC | 📺 MylesYYC

Thank You

Thank you to everyone who came out to my second Annual Stampede BBQ! It was wonderful to see so many of you—great conversations, great energy, and truly the best constituency.

Stampede Week was a fantastic celebration of community spirit, and I was honoured to ride in the Calgary Stampede Parade as a member of the Stampede Board. It's been a pleasure connecting with so many of you at local events.

Looking Ahead – What's Next for Alberta

Federal policies over the past decade—like Bill C-69, the west coast tanker ban, carbon pricing, and proposed production caps—have created real challenges for Alberta's economy. These measures have impacted key industries, reduced investment, and increased costs for families and businesses.

To respond, the Alberta Government has launched the Alberta Next Panel—a province-wide initiative to engage Albertans on how we can protect our economic interests and build a stronger, more resilient future. The panel includes a diverse group of leaders and community members working together to propose solutions.

A key goal is to ensure that every Albertan has a voice. Whether you're in a rural town, a big city, or anywhere in between—your input matters. By listening to a wide range of perspectives, we can shape policies that reflect the values and needs of all Albertans.

To learn more or get involved, visit Alberta.ca/Next. A Calgary town hall is planned for September 19—details coming soon.

Wishing you a safe and joyful August long weekend!

Questions or feedback? Email Calgary.FishCreek@assembly.ab.ca.

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