

JUNE 2025

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Scouts	Chris Sutton	<a href="mailto:QSA172@gmail.com">QSA172@gmail.com</a>
Calgary Police Service	Brandon Gillis	<a href="mailto:pol5284@calgarypolice.ca">pol5284@calgarypolice.ca</a>

If you are interested in any of the open board positions, please email [Volunteer@QueenslandDiamondCove.com](mailto:Volunteer@QueenslandDiamondCove.com).

2025

\$20

## QUEENSLAND/DIAMOND COVE COMMUNITY ASSOCIATION MEMBERSHIP FORM

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Method of payment: Cash: \_\_\_\_\_ Cheque: \_\_\_\_\_

**Cut out this coupon and mail or drop off at the Community Hall**

## QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION PRESIDENT'S MESSAGE

Hello,

Happy Father's Day to all dads, hope that you have a wonderful day.

Have you had the chance to check out some of our new businesses? There is Cost Low thrift shop opening up soon in the strip mall by the More store. I also see that there is another childcare business getting set up in another bay in the very same strip mall. Please support these and other small businesses within our community.

Community garden update: we have decided not to pursue this initiative; there have been very few enquiries. Please visit Deer Ridge to see if they have any lots available.

Please do not forget about our community cleanup happening on Saturday, July 5. City of Calgary garbage trucks will be available to take your unwanted items. We will also have metal and electronic recycle programs. If you are available to volunteer for this, please contact Linda Brown. Morning coffee and donuts are provided along with lunch. This event is shared between Queensland and Deer Ridge.

Kind regards,

*Martine*



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The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples | Bananas | Broccoli | Carrots | Cauliflower | Celery | Cucumber | Lettuce | Mushroom | Onions | Oranges | Potatoes | Tomatoes | Green Pepper

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#### Large

35 to 40 pounds \$40

#### Medium

25 to 30 pounds \$35

#### Small

15 to 20 pounds \$30

Order by	Delivery by
June 2	June 12

For more information or to place an order, email [ambervergo@gmail.com](mailto:ambervergo@gmail.com) or call 403-278-3366.

## Queensland Diamond Cove/Deer Ridge Community Association Annual Cleanup Day

**July 5 from 9:00 am to 1:30 pm**

Community Cleanup events save residents a trip to the landfill for items that do not fit in their waste and recycling carts or for residents who do not have access to cart service. This service is free of charge to all Calgarians. Residents simply bring any of the accepted items to the Queensland Diamond Cove Community Hall on July 5 between 9:00 am and 1:30 pm where a group of volunteers will direct and assist them in recycling/discarding those materials. Continue reading to see what items we can and cannot accept.

### What Can I Bring to Community Cleanup Day?

#### We Will Accept:

- General garbage
- Metals
- Electronics

#### We Will Not Accept:

- Organic waste (cardboard)
- Glass
- Batteries, paint, household chemicals
- Liquids (motor oil, etc.)
- Smoke detectors
- Refrigerators, freezers, microwaves
- Pressure containers (i.e., propane tanks, etc.)
- Railroad ties
- Tires
- Large amounts of sod or concrete
- Medical waste and expired prescription drugs

## Good Food Box

### Order and Delivery Dates for 2025

Order Date	Delivery Date
June 2	June 12
September 8	September 18
September 29	October 9
October 27	November 6
December 1	December 11

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## COOK'S CORNER



### Slow Cooker Pepper Steak

15 minutes prep time.

4 to 8 hours slow cooker time.

The cornstarch thickens the liquid, but only slightly, to make more of a gravy, you can stir

two tablespoons of cornstarch into a half cup of beef broth or water and stir it into the mixture while it's still piping hot.

#### Ingredients

- Bell peppers, your preference of colour
- 1 large onion
- 4 cloves garlic
- 2 lbs beef round steak, sirloin steak
- 3 tablespoons soy sauce
- 1 tablespoon Worcestershire sauce
- 1 tablespoon brown sugar
- 1 teaspoon ground ginger
- ¼ teaspoon ground pepper
- ½ teaspoons salt
- 1 tablespoon cornstarch
- 1 tablespoon low salt beef broth powder or 3 low salt bouillon cubes crushed
- ½ cup water

#### Instructions

1. Deseed and slice bell peppers into strips.
2. Cut the onion into strips.
3. Peel and chop the garlic.
4. Slice the beef into thin ¾ to 1-inch strips and cut them to bite size pieces as needed.
5. Add vegetables and beef to slow cooker.
6. Whisk remaining ingredients together, and pour over beef, etc.
7. Stir all together, and cover with lid.
8. Cook for 4 hours on high, or 6 to 8 hours on low.
9. Serve over rice or pasta.



Queensland Community Center Presents

## Senior's Friendship Club

**\$2 Entry Fee**

Every Tuesday  
-9 AM to 12 PM-

Register at the Queensland Community Center, or call Linda (403)278-3366

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## Hall Rental Rates (GST Included)

	Rate	Period
<b>Gym Use</b>	\$65	Per hour
<b>Gym Weddings</b>	\$550	Event
<b>Damage Deposit</b>	\$250	
<b>Daytime Function (maximum 5 hours prior to 5:00 pm)</b>	\$190	Event
<b>Boardroom, multi-purpose small meeting rooms</b>	\$33	Per hour
<b>Cleaning Fee for Functions (when required)</b>	\$110	

# QUEENSLAND 2025 PARADE OF GARAGE SALES

**It's that time of year again – Spring Cleaning Time!**

Clean out your closets, drawers, garages, basements and sheds and turn those unwanted items into \$\$ on **SATURDAY, June 7, 2025 - 9 AM to 3 PM**. If you do not have enough stuff, join up with a neighbour or make it a street event! Last year's participants were very pleased with the turnout and we know this year should be another big success for all of us out there "selling our stuff".

To register and have your garage or yard sale advertised **free of charge**, please go to our website to register:

[queensland.yycgarage.sale](https://queensland.yycgarage.sale)

Lawn signs, directional maps, and a list of all participating homes will be available for pick-up at the Community Centre the evening before the sale.

On the morning of the sale, directional signs will be placed on the main streets directing buyers into the community.

**Registration deadline is June 2, 2025**

For questions, please contact:

**Brenda Field** (sponsor)

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**Linda Brown**

Queensland Community Centre

**403.278.3366**



#35430



# DIAMOND COVE HOMEOWNERS ASSOCIATION

## PRESIDENT'S MESSAGE

Dear Diamond Cove Homeowners,

Thank you to everyone who showed up for the AGM on April 23 to support your community and the board. Your participation helps make Diamond Cove an even stronger, more connected place to live.

### Come Celebrate Neighbour Day in Diamond Cove!

Hopefully, you receive this news in time to be reminded of our Neighbour Day Celebration on June 21 from 11:00 am to 1:00 pm! Join us at the new playground for an afternoon of fun, food, and friendly faces.

Whether you're new to Diamond Cove or have lived here for years, this is a great opportunity to connect with neighbours, enjoy the outdoors, and celebrate the amazing community we share.

### What's Happening?

**Hot Dogs, Snacks, and Drinks** – Sponsored by Royal LePage, fresh off the grill, thanks to the board and some amazing volunteers who will be on hand to help BBQ and more.

**Twistin' Tex** – Sponsored by Synergy Solutions Inc., and truly the best balloon twister you'll ever see, guaranteed to delight the little ones.

**Meet and Mingle** – A great way to meet neighbours, enjoy casual conversations, and build stronger community connections.

A huge thank you to our two main sponsors for this event:

**Royal LePage, Brenda Field and Dorothea Sautter** – Sponsoring the refreshments! These lovely ladies have been supporting Diamond Cove and two of our main events for several years, and we are extremely grateful for their ongoing generosity. Be sure to thank them – they'll be attending!

**Synergy Solutions Inc.** – Sponsoring Twistin' Tex! Neighbour Day is a day to come out, meet your neighbours, and celebrate the vibrant, welcoming community we're lucky to call home. We hope to see you there!

### Things To Know in the Cove

As we welcome the warmth of summer, it's the perfect time to prepare your gardens and homes for the season ahead. Here are some helpful tips for water-wise

gardening, pollinator support, home maintenance, and staying up to date with City of Calgary regulations if you have outdoor building plans.

### Water-Wise Gardening: Drought-Tolerant Plants

With potential water restrictions this summer, consider adding these hardy, low-water plants to your garden:

- Yarrow – Tough and beautiful, with fern-like leaves and bright blooms.
- False Sunflower – A sunny favourite that thrives in Calgary's dry climate.
- Lavender – Fragrant and bee-friendly, perfect for borders or containers.
- Catmint – Aromatic and easy-going, with long-lasting purple flowers.

Tip: Add mulch to your garden beds to retain moisture and reduce watering needs.

### Save Water This Summer

Help conserve water (and save on your bill!) with these smart strategies:

- Water early or late in the day to avoid evaporation.
- Install a rain barrel to collect and reuse rainwater.
- Improve your soil with compost to increase water retention.
- Group plants with similar water needs together.

Every drop counts – and it helps your garden thrive more efficiently.

### Flowers That Attract Bees and Butterflies

Support pollinators with these vibrant, bee-loving plants:

- Echinacea (Coneflower) – A bold summer bloomer.
- Zinnias – Bright, cheerful, and easy to grow.
- Bee Balm – Loved by hummingbirds and bees alike.
- Blanket Flower – A tough native wildflower that bees adore.

Bonus: These blooms add colour and life to your yard all season long!

## Easy DIY Wasp Trap that Really Works!

Got wasps? Try this natural and effective trap:

You'll need:

- 1 cup water
- ½ cup apple cider vinegar
- 1 tbsp sugar
- A few drops of dish soap

Directions: Mix all ingredients in a shallow dish and place it where wasps are active. The sweet smell attracts them, and the soap breaks the water tension, causing them to sink.

Safe, simple, and chemical-free!

## Have Poly B Pipes? Time to Replace Them

Homes built between the late 1970s and mid-1990s may have Poly B (polybutylene) piping, a material known to fail over time.

Why replace it?

- Prevent leaks and costly water damage
- Improve water quality
- Avoid insurance issues
- Increase resale value

Talk to a licensed plumber about upgrading to modern piping. Talk to your insurance provider if you still have Poly B about coverage or additional endorsements.

## Know the Rules: Calgary Residential Regulations

Fence Heights:

- Front yard: max 1.2 m (4 ft)
- Back yard: max 2 m (6.5 ft)
- Gates/structures: max 2.5 m (8.2 ft)

Thinking of digging? Always check online/call the city before you dig.

Deck Projects: Permits may be required if your deck is:

- Over 1.5 m high
- Close to your property line
- Encroaching on setback areas

## Please Slow Down in Our Community!

We'd like to remind everyone again to drive carefully and respect the speed limits in Diamond Cove.

Too many vehicles are still speeding through the neighbourhood and not stopping at the crosswalks. This is especially dangerous with more children, pets, and neighbours out walking, biking, and enjoying the warm weather. Let's all do our part to keep our streets safe for everyone, slow down and stay alert.

## Help Keep Our Community Clean

Our beautiful neighbourhood looks even better when it's litter-free! On windy days, especially on Blue Bin collection day, recycling and garbage can easily blow across streets and yards. If you see litter in the area, even if it's not yours, please take a moment to pick it up. Every little bit helps keep Diamond Cove clean, welcoming, and environmentally friendly. Let's work together to show pride in our community!

## Garage Sale

Our much-anticipated annual Garage Sale is back on Saturday, September 6 proudly sponsored once again by Royal LePage's Brenda Field and Dorothea Sautter. It's a great community event and the perfect opportunity to turn your clutter into cash. While more details on registration and logistics will be shared on our Facebook page soon, now's a great time to start decluttering. As we head into June, take a look around, what can you live without? Let it go and get ready to join the fun!

Wishing you all a wonderful summer!

Warm regards,

*Sonia Dantu*

President, Diamond Cove Homeowners Association

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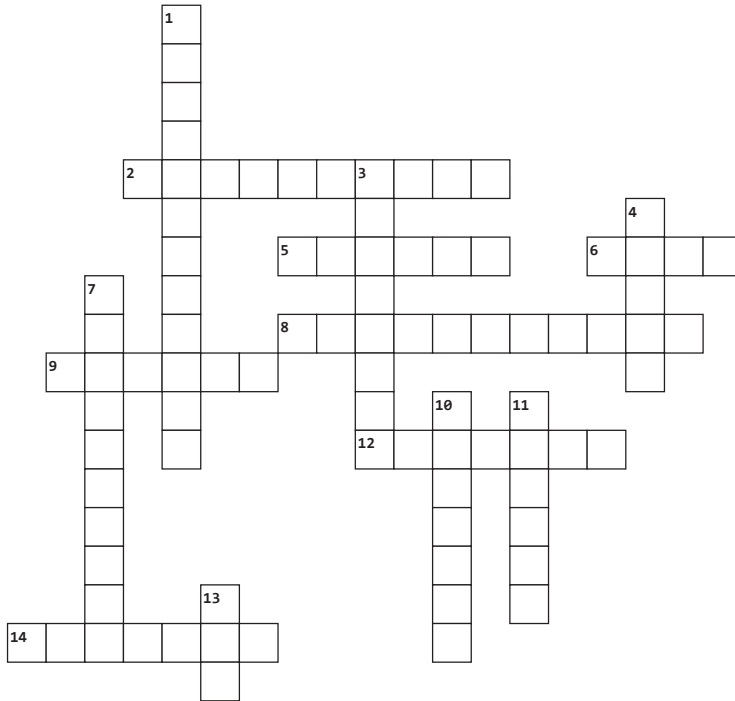
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# June Crossword



Visit [bit.ly/mycalgary](https://bit.ly/mycalgary)  
answers or scan  
the QR code for the  
answers

## Across

2. The harvest season for this juicy, red fruit typically starts in mid-June in Canada.
5. This solstice occurs in June in the Northern Hemisphere.
6. On June 21, 1970, \_\_\_\_\_ made history by becoming the first player to win the FIFA World Cup three times.
8. Along with the rose, this fragrant plant, popular with bees and hummingbirds, is the birth flower for June.
9. The dystopian novel *Nineteen Eighty-Four* by George \_\_\_\_\_ was first published on June 8, 1949.
12. Charles Blondin crossed \_\_\_\_\_ Falls on a tightrope on June 30, 1859.
14. On June 23 in the year 930 the world's oldest parliament was established in this Nordic Island nation.

## Down

1. Canadian actor Dan Aykroyd starred in this spooky comedy which premiered in June 1984.
3. Known for his role as Marty McFly in *Back to the Future*, Michael J. Fox was born in \_\_\_\_\_, Alberta on June 9, 1961.
4. Hockey Hall of Fame inductee, Cam \_\_\_\_\_, was born on June 6, 1965, in Comox, BC.
7. Famous for songs such as "Ironie" and "Hand in My Pocket", Alanis \_\_\_\_\_ celebrates her birthday on June 1.
10. Avril \_\_\_\_\_'s debut album *Let Go* was released on June 4, 2002.
11. This superhero movie, directed by Tim Burton, premiered in June 1989.
13. The first broadcast of this 24-hour news channel occurred on June 1, 1980.

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Mark your calendars!

I'm thrilled to invite you and your family to my second Annual Stampede BBQ on Saturday, July 5, from 11:00 am to 1:00 pm at the Bonavista Downs Community Hall (1418 Lake Ontario Rd SE).

This family-friendly event is a great opportunity to celebrate community spirit, enjoy some great food, and connect with your neighbours. We'll be serving up delicious Spolumbos sausages, playing live music, and hosting several local community associations who will be sharing information about their incredible work across Calgary-Fish Creek. Whether you're a longtime resident of Calgary-Fish Creek or new to the area, I'd love to see you there. All constituents are welcome — including your four-legged friends!

As we head into June, I want to take a moment to congratulate all the students finishing the school year. Whether you're transitioning from elementary to junior high, graduating from high school, or completing a college or university program, your hard work and determination deserves to be celebrated.

I also want to recognize the invaluable role that teachers and school staff play in shaping the future of our students. Their knowledge, dedication, and unwavering support has been instrumental in helping students learn, grow, and achieve their goals. Through their guidance and encouragement, they inspire a lifelong love of learning and make a lasting impact on every student's educational journey. Congratulations on another successful school year!

With summer just around the corner, I look forward to attending many community events and having more opportunities to connect with constituents in person. Wishing everyone a safe, joyful, and fun-filled summer — and I hope to see you at the BBQ!

If you have any questions or input, please feel free to reach out to my office at [Calgary.FishCreek@assembly.ab.ca](mailto:Calgary.FishCreek@assembly.ab.ca).



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