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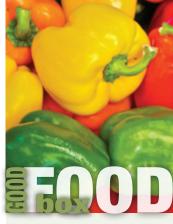
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If you are interested in any	of the open board position	s, please email Volunteer@QueenslandDiamondCove.com.



The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional living.

Apples | Bananas | Broccoli | Carrots Cauliflower | Celery | Cucumber | Lettuce Mushroom | Onions | Oranges | Potatoes Tomatoes | Green Pepper

\*(selection will vary) Large 35 to 40 pounds \$40

Medium 25 to 30 pounds **\$35** 

Small 15 to 20 pounds \$30

Order by	Delivery by
March 10	March 20

For more information or to place an order, email ambervergo@gmail.com or call 403-278-3366.

#### 2025 QUEENSLAND/DIAMOND COVE COMMUNITY ASSOCIATION MEMBERSHIP FORM

Name:					
Address:					
Phone:		_Email:			
Method of payment:	Cash:	Cheque:		0	
Cut out this coupon and mail or drop off at the Community Hall					

## **Good Food Box**

Order and Delivery Dates for 2025				
Order Date	Delivery Date			
March 10	March 20			
March 30	April 10			
May 5	May 15			
June 2	June 12			
September 8	September 18			
September 29	October 9			
October 27	November 6			
December 1	December 11			

## **Community Garden**

Are you interested in a community garden coming to the Queensland community? We are looking at the possibility of creating either a vegetable or flower garden. Please contact the Queensland Community Centre at info@queenslanddiamondcove.com or 403-278-3366 if interested.



## QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION PRESIDENT'S MESSAGE

Hello,

Ramadan Mubarak, Happy St. Patrick's Day, Happy spring!

Thank you to all the volunteers who looked after the ice rinks this winter. I hope that everyone had a great time skating and playing hockey.

As the snow melts, please consider cleaning up any garbage you find around your property or along the locations that you may walk by. It is all our responsibility to keep our community clean. We have requested a community cleanup from the City; to date we are not certain if one will be awarded to us. We will keep you posted.

Please remember that our office is open Monday to Friday from 8:00 am to 5:00 pm, you can purchase good food boxes each month along with memberships and enquire about renting space for parties, meetings etc. Tai Chi and Jazzercise have drop-in classes for a nominal fee if you are interested in trying out a class. We are your community hub, check us out.

Kind regards,

Martine



Birthday Surflowers

On Vincent van Gogh's 134<sup>th</sup> birthday, March 30, 1987, his painting "Sunflowers" sold for a whopping £22.5 million! Talk about a priceless birthday tribute. Van Gogh, born in 1853 in Groot-Zundert, Netherlands, never saw fame in his lifetime, but his art now blooms in value like his beloved sunflowers.

## **COOK'S CORNER**

## Sweet Potato Quesadillas

#### Ingredients

- $\frac{1}{2}$  medium sweet potato
- <sup>1</sup>/<sub>4</sub> cup chopped pecans
- 1 pinch ground nutmeg
- 1 flour tortilla
- <sup>1</sup>/<sub>2</sub> cup chopped red onion
- ¼ cup crumbled feta cheese
- 1 teaspoon vegetable oil, or as needed

#### Instructions

1. Poke holes into the sweet potato and microwave on high until soft throughout when poked with a fork, 3 to 4 minutes. Let cool before peeling, at least 10 minutes.

2. Peel sweet potato and mash flesh in a bowl. Stir in pecans and nutmeg. Spread mixture over half of the tortilla. Sprinkle onion and feta cheese over the filling.

3. Fold tortilla in half and press edges together to prevent filling from spilling out.

4. Heat oil in a medium skillet over medium heat. Cook quesadilla until golden brown, about 2 minutes per side. Remove from the skillet and cut into wedges.



## Hall Rental Rates (GST Included)

	Rate	Period
Gym Use	\$65	Per hour
Gym Weddings Damage Deposit	\$550 \$250	Event
<b>Daytime Function</b> (maximum 5 hours prior to 5:00 pm)	\$190	Event
Boardroom, multi-purpose small meeting rooms	\$33	Per hour
<b>Cleaning Fee for Functions</b> (when required)	\$110	



## Thriving Together: The Power of Community Connections

by Chimaraoke Obinna Akuchie

Dear Diamond Cove Neighbours,

While I call Legacy my community home, we are all in ward 14, I wanted to reach out and say hello to all of you in Diamond Cove. This community is known for its peaceful atmosphere, beautiful surroundings, and the sense of connection among neighbours. Whether it's walking along the paths or enjoying a quiet afternoon, Diamond Cove has so much to offer its residents.

#### **Diamond Cove's Tranquil Beauty**

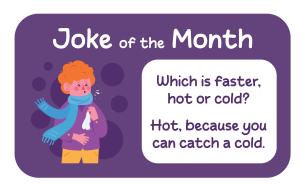
From the natural beauty of the area to the scenic views that make Diamond Cove unique, this neighbourhood offers the perfect balance of serenity and community. As we navigate through the winter months, I encourage you to enjoy the peaceful surroundings and the charm of this quiet community.

#### **Getting Involved**

While I'm not a Diamond Cove resident, I still believe in the power of staying engaged with all our local communities. Whether it's attending an event, supporting your neighbours, or simply connecting with one another, there are always ways to make Diamond Cove an even better place to call home.

#### A Warm Welcome to New Neighbours

To those who have recently moved to Diamond Cove, welcome! I'm sure you'll find this community as warm and inviting as it is beautiful, and I look forward to seeing all the wonderful contributions you'll bring.



## DIAMOND COVE HOMEOWNERS ASSOCIATION PRESIDENT'S MESSAGE

#### Hello Diamond Cove Residents,

First, I want to sincerely apologize for missing the past two deadlines for our community news. Like many of you, it has been a busy time, and since these newsletters must be written a month in advance, things sometimes slip through the cracks. I truly appreciate your patience and understanding as we work to keep you informed about our wonderful community.

#### Mark Your Calendars: AGM on April 23 – We Need You!

Our Annual General Meeting (AGM) is happening on April 23, 2025, and will be held at the Queensland Community Centre starting at 6:30 pm! This is your opportunity to hear important updates, share ideas, and help shape the future of Diamond Cove.

We will be looking for more board members! If you're passionate about our community and want to get involved, we encourage you to attend the AGM. This is a great way to make a positive impact and help guide the direction of Diamond Cove.

#### Sidewalk Safety: Let's Keep Diamond Cove Walkable

March in Calgary means a mix of winter and early spring weather, so please continue to clear your sidewalks after snowfalls. Icy pathways can be hazardous, especially for seniors, young children, and pet owners. If you're using ice melt, consider pet-friendly options - our four-legged friends will thank you!

#### **Planter Replacement on the Median**

Good news! The City of Calgary has informed us that the planter damaged last year on the median will be replaced this season. We're excited to bring more flowers and greenery to brighten our neighbourhood this spring and summer!

#### Spring Cleanup: Let's Get Ready

As the snow melts, we're gearing up for an annual Diamond Cove Spring Cleanup! Keep an eye on our Facebook page for event details. Whether it's picking up windblown litter or tidying up common areas, every little bit helps keep Diamond Cove looking its best. We can all do this at any time of the year!

#### **Dog Owners: Please Be Responsible**

As winter transitions into spring, snow melts away to reveal what was left behind. Please pick up after your pets all the time, whether in the off-leash area or on others' property. Let's keep our community clean and respectful for all residents.

#### Drive Safely: Let's Protect Each Other

A reminder to slow down, especially along our main roads and near crosswalks. Warmer weather means more pedestrians, cyclists, and children playing outside. Let's all do our part to keep Diamond Cove safe.

#### Be a Neighbourly Hero

March is a time of transition - let's make it easier for one another with small acts of kindness:

- Pick Up Litter As the snow melts, let's keep our neighbourhood looking fresh.
- Help a Neighbour Whether it's clearing lingering ice or running an errand, small gestures make a big difference.
- Check In on Others The change in season can be tough for some. A friendly chat can brighten someone's day.

#### March in Calgary: Winter Meets Spring

March is that in-between month - sometimes winter, sometimes spring! Here are a few seasonal tips and fun activities to enjoy in Calgary:

- Embrace the Last of Winter Fun Enjoy one last run at local ski hills before they close for the season.
- Start Planning Your Garden While it's too early to plant, it's a great time to start prepping seeds indoors or planning landscaping projects.
- Explore Calgary's Outdoor Trails As the weather warms, take a walk through Fish Creek Park, Nose Hill Park, or Glenmore Reservoir to soak up the fresh air.

#### Looking Ahead to Spring

Spring is a season of renewal, and as we move into warmer days, we have lots to look forward to in Diamond Cove. Whether it's a Spring Cleanup, AGM, or just reconnecting as neighbours, let's continue to make our community a welcoming and vibrant place.

Thank you for being part of Diamond Cove!

Warm regards,

Sonia Dantu

President, Diamond Cove Homeowners Association



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## **Contact Us**

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Email us info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca

#### SPRING CRAFT FAIR



Saturday, May 10, 2025 10:00 am to 3:00 pm Call Linda at 403-278-3366 or email lbrown@queenslanddiamondcove.com to book a table!



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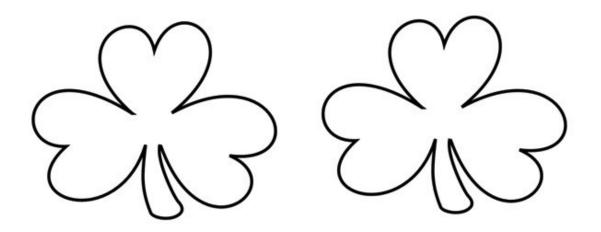


**ANITA** 403-771-8771

# St Patricks Day Word Search

QBGREENFSKGTUJ Y SEVLEDTETLHBPAH CNIHXYADCYORHSN TQTBCUERZLBTHHW K L E P R E C H A U N A Z V H RSKKOEHUUPMGOKW THZLBWRUHRGTCON HHNXHJJOOOWIBVG ACFTRBTCPARNTMY TRRTZDKALTI MEZK GATSBSZIAAHPZLL PMSISVKPRZKOAWO FPBRPOTOFGOLDAF SDOIZSOJFQNYBI D KNOFALPIBVBVGNZ

GREEN SHAMROCKS HAT LEPRECHAUN MARCH RAINBOW POTOFGOLD ELVES STPATRICK PARADE



#### **YOUR CITY OF CALGARY**

## Find Your Next Job at the Youth Hiring Fair – March 27

#### by The City of Calgary

Mark your calendars! The Youth Employment Centre (YEC) is excited to announce the return of the Youth Hiring Fair on Thursday, March 27 at the Big Four Building from 1:30 to 6:00 pm. If you're between the ages of 15 and 24, this event is your opportunity to meet with 80 employers ready to hire for part-time, full-time, permanent, or seasonal positions.

Whether you're starting your job search or advancing your career, the Youth Hiring Fair is the place to be. You'll have the chance to connect directly with employers from various industries offering diverse opportunities for all skill levels.

Before the event, be sure to visit the Youth Employment Centre at 315 – 10 Ave SE to receive free assistance with resume building and interview preparation. Our expert employment counsellors are available to help you build confidence and ensure you're ready to make a strong impression on potential employers.

Don't miss out on this fantastic opportunity to secure your next job. Visit calgary.ca/yechiring for more details!







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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**RELIABLE LADY IS ABLE TO CLEAN YOUR HOME:** Weekly or bi-weekly, move in, or move out. Monday to Friday. I charge by the job. Telephone Mrs. Batti at 403-720-8689. Please leave a message if I am not at home.

**10 & 15 YARD BIN RENTALS, STARTING AT \$150:** Our bins are the perfect size for your driveway, and we provide wood for protection. Contractors or homeowners, we have you covered for renos, move-out or to declutter as either a short or long-term rental. Ask about our one-week rental special. Call Stu at 403-540-2255.

continued on next page

# BUSINESS CLASSIFIEDS continued

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**CROWN RENOVATIONS:** Book your kitchen reno and have it installed for spring. Beautiful kitchen, bathroom and complete basement renovations at affordable prices. Over 40 years' experience in quality renovations. Full service custom cabinetry manufactured in Calgary. Local, licensed, bonded, and insured. Free in-house estimates. Full house renovations. www.crownrenovations.com. Contact Susan at 403-801-1140 or crownreno@shaw.ca.

**EXPRESS APPLIANCE REPAIR:** We are a family owned company specializing in the repair and installation of washers, dryers, ranges/ovens, dishwashers, fridges, and microwaves. Quality service, warranty, and competitive price. We make sure the repair is done quickly and efficiently. Most repairs can be done on the day of the quote. Call/text 587-319-6799, email service@expressappliance.ca.

**HERITAGE WEST PLUMBING AND HEATING:** Furnace, boilers, and tankless repairs, servicing and replacements. 5-star Google rating, factory trained plumbers and gasfitters. Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

**BASEMENT, KITCHEN, BATHROOM RENOVATIONS, HANDYMAN SERVICES, DRYWALL AND FRAMING:** We take all the stress out of your basement, bathroom, kitchen, handyman services, drywall and framing needs around your home. Free consultations and estimates. Please contact Robertson Watt Construction Services for friendly, clean and on time service. Call 403-200-6192 or email info@robertsonwatt.ca. Thank you.





MLA Calgary - Fish Creek Myles McDougall 7 – 1215 Lake Sylvan Drive SE S 403-278-4444 S Calgary.FishCreek@assembly.ab.ca % @MylesYYC | ☉ MLAFishCreek

Thank you to everyone who attended my town hall last month! It was great to see such a strong turnout and have honest conversations. Your input helps me represent our community effectively in Edmonton.

I'm also excited to join Ministers Schultz, Fir, Jones, and McIver for a joint Town Hall on the newly released budget. Join us on Tuesday, March 4, at 7:00 pm at the Delta (135 Southland Dr SE). I look forward to seeing you there!

#### Growing Alberta's Heritage Fund to \$250 Billion

I was honoured to be part of the Alberta government's announcement to grow the Alberta Heritage Savings Trust Fund to over \$250 billion by 2050. This plan ensures financial stability for future generations while reducing reliance on volatile resource revenues.

A world-class board and corporation will be established to oversee investments using strategies from top sovereign wealth funds. Strong governance will ensure independent decision-making, maximizing returns for Albertans. The Heritage Fund Opportunities Corporation will also enhance the fund's global profile, fostering key partnerships and investment opportunities.

This commitment secures a lasting financial legacy for Alberta's future.

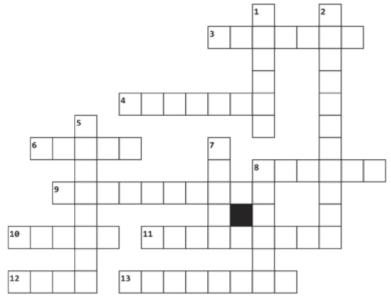
#### \$15-a-Day Child Care for Families

Starting April 1, 2025, Alberta will introduce flat monthly parent fees for licensed childcare, ensuring affordability. Parents will pay \$326.25 per month for full-time care and \$230 for part-time, with the government covering about 80% of costs. This will save families an average of \$11,000 per child annually.

The Child Care Subsidy Program will be phased out, redirecting funds to affordability grants. About 85% of licensed providers will receive increased funding, creating a more sustainable system.

If you have any questions or input, please feel free to reach out to my office anytime at Calgary.FishCreek@ assembly.ab.ca.

# March Crossword



#### Across

3. Known as the "Fight of the Century", on March 8, 1971, Muhammad Ali's 31-fight winning streak was ended by Joe \_\_\_\_\_\_ in Madison Square Garden.

4. Nathan \_\_\_\_\_ was born on March 27, 1971, in Edmonton, Alberta, and is best known for his role as Captain Malcolm on *Firefly*.

6. Pink \_\_\_\_\_'s album *The Dark Side of the Moon* was released on March 1, 1973, and stayed on the Billboard Top 200 album charts for 741 weeks!

8. A \_\_\_\_\_\_ Life, an emotional novel following the lives of four friends and written by Hanya Yanagihara, was first published on March 10, 2015.

9. This pale-blue gemstone is one of March's birthstones.

10. On March 26, 1953, Dr. Jonas Salk successfully tested a vaccine for this disease that has affected notable individuals such as Frida Kahlo, Franklin D. Roosevelt, Joni Mitchell, and Neil Young in the past.

11. Known for her roles in *Schitt's Creek, Home Alone*, and *Beetlejuice*, \_\_\_\_\_ O'Hara was born on March 4, 1954, in Toronto, Ontario.

12. The month of March is named after this Roman god of war.

13. This iconic film about a giant ape causing chaos in New York City first premiered on March 2, 1933, at Radio City Music Hall.

#### Down

1. Daylight \_\_\_\_\_\_ Time will start on Sunday, March 9 this year.

2. This national park with geothermal features spanning across Wyoming, Montana, and Idaho became the first national park in the world on March 1, 1872.

5. Daffodils and \_\_\_\_\_\_ are the official birth flowers of March.

7. March is officially \_\_\_\_\_\_ Heritage Month in Canada and celebrates the history and impact of individuals, past and present, from the country nicknamed the "Emerald Isle".

8. On March 2, 2024, \_\_\_\_\_ James made NBA history by becoming the first player to score 40,000 career points.



**Epilepsy Awareness Month** Shine a Light on Epilepsy

This March, let's unite in support of the 30,000 individuals living with epilepsy in Southern Alberta. Together, we can make a meaningful impact. Wear purple, light up spaces, and be part of the movement!

> **Light up the Night in Violet Vibes!** Light up your homes, offices, and public spaces in purple to show your solidarity.

e

**Dress in Grape Glory!** Show your support by wearing purple clothing or accessories on March 26th.

**Spark a Purple Revolution!** Be a part of the change! Donate or start a fundraiser.

Share your purple moments using #postyourpurple



epilepsy association

epilepsycalgary.com