

OCTOBER 2026

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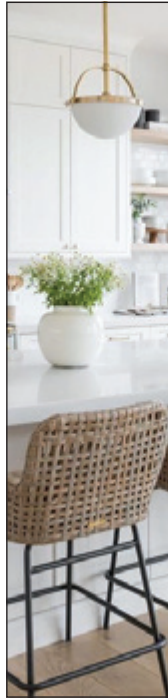


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Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

Donate to this GoFundMe by scanning the QR code to help ease the inconceivable financial hardship the Fortuna family is facing. The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.

Scan to donate or visit gofund.me/31fdeef6

Any help is appreciated ♥



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If you are interested in any of the open board positions, please email Volunteer@QueenslandDiamondCove.com.

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

QUEENSLAND



DIAMOND COVE



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QUEENSLAND DIAMOND COVE COMMUNITY ASSOCIATION

PRESIDENT'S MESSAGE

Hello Everyone,

It's hard to believe that the kids have already been back in school for a month! As our schools and playgrounds continue to be busy, please remember to slow down, stay alert, and use extra caution when driving through these areas to help keep our children safe.

Upcoming Events and Activities

Halloween Dance

Join us at the Queensland Diamond Cove Community Center on Saturday, October 24, from 6:00 to 8:00 pm for a fun-filled evening of music, dancing, and Halloween spirit!

Annual Craft Sale

Looking for unique handmade gifts and local treasures? Be sure to stop by our Annual Craft Sale on Saturday, November 14, from 10:00 am to 3:00 pm.

Live Music Close to Home

If you love great music and prefer to stay local, Cornerstone Music Café offers live performances throughout the year. If you're looking for a relaxing evening or chilling for a few hours during the day, there's always something happening. For upcoming shows and event details, visit <https://www.cornerstonemusic.ca/events>.

We hope to see you out enjoying these fantastic community events!

Until next month!

Anita



**PLEASE PURCHASE YOUR
COMMUNITY ASSOCIATION
MEMBERSHIP**

Your Queensland Diamond Cove Community Association fees allow us to host our local events and keep our center's lights on. Help us pay the bills and keep our neighborhood heart beating strong. Join today at queenslanddiamondcove.com/membership, scan the QR code above, or stop by the centre in person (cash or credit/debit accepted)!

Thank you for your support!



Queensland Community Center Presents

Senior's Friendship Club

Every Tuesday
-10 AM to 12 PM-

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The Food Box is a program where you can purchase fresh fruit and vegetables for a very low cost. This program is available to everyone to promote a healthy and nutritional lifestyle.

Apples | Bananas | Broccoli | Carrots | Cauliflower | Celery | Cucumber | Lettuce | Mushroom | Onions | Oranges | Potatoes | Tomatoes | Green Peppers.

Selection will vary.

Large

35 to 40 pounds \$45

Medium

25 to 30 pounds \$40

Small

15 to 20 pounds \$35

For more information or to place an order, email ambervergo@gmail.com or call 403-278-3366.

Hall Rental Rates (GST Included)

	Rate	Period
Gym Use	\$65	Per hour
Gym Weddings	\$550	Event
Damage Deposit	\$250	
Daytime Function (maximum five hours prior to 5:00 pm)	\$190	Event
Boardroom, Multi-Purpose Small Meeting Rooms	\$33	Per hour
Cleaning Fee for Functions (when required)	\$110	

Queen Bee Quilters

The Queen Bee Quilters are welcoming new members to join our needlecraft group (quilting, knitting, cross stitch, crochet, etc.).

We meet Thursdays, 10:00 am until 1:00 pm., at the Queensland Community Centre, in the back room (up the stairs by the ice rink).

Fees are \$25.00 per month. Bring your craft, your own coffee mug and join us!



Winged Creatures

Did you know that bats are the only mammal that can fly? This is possible because of their elongated finger bones and thin skin that stretches across their bodies creating a wing.



October Recipe



Ingredients

- 1 tablespoon butter
- ½ cup chopped onion
- ½ cup chopped celery
- 4 (14.5 ounce) cans chicken broth
- 1 (14.5 ounce) can vegetable broth
- ½ pound chopped cooked chicken breast
- 1 ½ cups egg noodles
- 1 cup sliced carrots
- ½ teaspoon dried basil
- ½ teaspoon dried oregano
- salt and ground black pepper to taste

Directions

1. Melt butter in a large pot over medium heat. Add onion and celery and cook until just tender, about 5 minutes.
2. Add chicken broth, vegetable broth, chicken, egg noodles, carrots, basil, oregano, salt, and pepper. Stir to combine and bring to a boil.
3. Reduce heat and simmer for 20 minutes.
4. Serve and enjoy!



CHRISTMAS CRAFT, BAKING AND GIFT FAIR

Queensland Diamond Cove

Community Centre

November 14/2026

10:00 a.m. to 3:00 p.m.

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Bog Method

Did you know? The process of flooding a cranberry field to gather the fruits that float to the top is called the "bog method." With cranberries in season farmers are hard at work harvesting those delicious berries.



Name: _____

Date: _____

HALLOWEEN WORD SEARCH

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PUXCJLWOVDWFLDYLGVKNRBQN
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FBZOJSIIYMMUMWGANORDLUAC
LTGBQVNSCCVPZYMEHDOOLBNX
JRUPQSWKUOCTOBERWHWKNI BV
KEFNOOMUV CJNIVONHUSFMLRO
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ATKKVXQLANLL LXGHOSTQSCWG
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|---------|----------------|-----------|--------------|
| MUMMY | BAT | BLACK CAT | BLOOD |
| BONES | BREW | BROOM | CANDY CORN |
| CARVE | CAULDRON | COFFIN | COSTUME |
| DRACULA | EERIE | FANGS | FRANKENSTEIN |
| GHOST | GHOUL | GOBLIN | HALLOWEEN |
| HAUNTED | JACK O LANTERN | MASK | MONSTER |
| MOON | NIGHTMARE | OCTOBER | OWL |
| PARTY | PUMPKIN | SKELETON | SKULL |
| SPIDER | SPOOKY | TREAT | TRICK |
| VAMPIRE | WEB | WITCH | |

Ballet Season

In 1841, Paris, France premiered *Giselle*, for the first time. The Romance Era ballet featured a young peasant girl falling in love with noble man in disguise. This delightfully entertaining ballet became increasingly popular for its spooky themes and ghostly motifs.



UPCOMING EVENTS

Diamond Cove Homeowners Bylaw Update

Over the past year, the Board has been working to update and modernize our community bylaws.

These proposed changes were presented at the April AGM, and with the support of the community, we anticipate the updated bylaws will be approved and adopted. The revised bylaws align with current legislation, clarify Board roles and responsibilities, and provide a strong foundation for the Association moving forward.

If you would like more information or a copy of the bylaws, please contact us at dcovehoa@gmail.com.

Enhanced Landscape Maintenance (ELM) Program

Maintaining the appearance of Diamond Cove remains a priority. The Board has been reviewing how our landscaping budget is allocated to ensure we are maximizing impact across seasonal planters, flower beds, and general maintenance.

We have also participated in city-led discussions regarding updates to the Enhanced Landscape Maintenance (ELM) Program. These changes are intended to improve how communities manage and enhance shared spaces, and we will continue to keep residents informed as more details become available.

Diamond Cove Attenuation Wall

The Board continues to work with the City of Calgary and other partners to clarify responsibilities related to the attenuation wall along Bow Bottom Trail.

As part of this process, a sound assessment is expected in 2026 or 2027. This work will help better understand current noise levels and inform any future considerations.

Urban Forestry and Tree Planting

We are also working with the City's Urban Forestry team to explore additional tree planting opportunities within Diamond Cove, including the playground, soccer field, and dog park.

Enhancing our tree canopy supports both the beauty and environmental health of our community. Updates will be shared as plans progress.

Diamond Cove Community Contact List

Our list is growing! Clear communication is key to a connected community.

The Board continues to build a voluntary contact list of homeowners to share updates, announcements, and community information more effectively. If you would like to be included, please email your home address and preferred contact method to dcovehoa@gmail.com.

Please Slow Down in Our Community

We continue to receive concerns regarding speeding within Diamond Cove.

Too many vehicles are still travelling above posted limits and not stopping at crosswalks. This is especially concerning as more children, families, and pets are out enjoying the neighbourhood.

We ask all residents and visitors to:

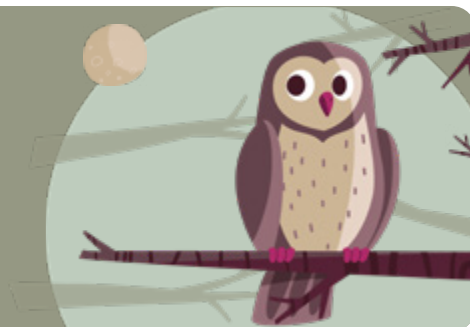
- Respect posted speed limits.
- Come to a full stop at crosswalks.
- Remain alert in residential areas.

Keeping our streets safe is a shared responsibility. Please slow down.

Hooting Season

Who's That Calling?

Did you know that autumn is a great time to hear owls? Known as hooting season, owls hoot more frequently to claim and defend territory and find mating partners. The cooler, quieter nights of fall also helps the sound of their hoots carry farther!



Thankfulness in the Everyday

by Rebecca Pink



October invites us to think about gratitude and all the things that we are grateful for. It can be meaningful to pause and reflect on the moments that stay with us, and become a part of us. So often, they aren't the big, planned out moments, or the stuff you have accumulated over time. Have you ever noticed that some of the moments you're most grateful for, are often the simplest, most spontaneous, or most genuine ones?

Sometimes, what stays with us is the feeling of an experience more than the experience itself. The laughter, the unexpected conversation, a great meal together, and in my house, the beautiful messiness of everyday life. These are the memories that stay with us, not because they were perfect, but because they were lived. They become the treasures that never gather dust, quietly weaving themselves into our stories.

The challenge is that when we're busy, overwhelmed, or anxious, our attention can so easily move toward what's next. We anticipate, plan, problem-solve, and manage, sometimes leaving less room to notice what is happening right in front of us. We can spend so much time anticipating

the future, or reliving the past, that we can miss what is happening right in front of us. There is nothing unusual about this; our minds are simply trying to keep up with the demands of life.

Being present doesn't always come naturally; it takes intention. Sometimes it is as simple as putting down the phone, taking a deep breath, looking around, and allowing ourselves to actually take in what is happening. This may be part of the experience of thankfulness, too. Not simply identifying what we appreciate but being present enough to experience it.

As thanksgiving approaches, maybe we don't need to search for something extraordinary to be grateful for. Maybe we simply need to slow down enough to notice what is already here.

An ordinary moment can become a lasting memory, one that still makes you smile years later and brings you back to the people and the experiences that matter most. Looking back, those are often the moments I feel most thankful for. Happy Thanksgiving and Happy Spooky Season!

October's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

Write about a goal you achieved. What did you learn on the road toward the destination?

Dear reader,

I've learned that achieving a small goal can sometimes be a big deal. I'm the type of person who likes to set attainable goals. This way, after proving what I am capable of, I feel more motivated because it reminds me of my ability to grow. Achieving the first goal motivates me toward a new, more challenging goal. It makes me think, "Hey, since I hit that goal, why not go a bit further?"

My health and fitness journey has followed this path.

If you had asked me ten years ago if I'd be as committed to my fitness as I am now, I would not have believed it. Ten years ago, I had a five-year-old and a three-year-old. In other words, I was in the throes of parental exhaustion with no desire, time, or energy to commit to new fitness habits.

Once my kids were a more manageable age, life settled down, and I had both the desire and breathing room to work toward a fitness goal. I started small: two days a week of lifting weights at home. My goal at the beginning was to show up; not to lose weight, not to get jacked, it was simply to form the habit. This was motivating for me because I learned that I could feel a sense of accomplishment just from checking a box.

What happened next was quite interesting. After a while, I liked it and slowly built my routine to exercise three days a week, then four, and so on. Not only did I begin to look forward to working out, but I also felt more energetic, slept better, and had more self-confidence. I realized the previous bias I held that exercise was a chore was incorrect. I came to realize that it is a wonderful treat I need to feel whole.

This experience taught me to be open to new challenges and reinforced the importance of noticing how I perceive them. Sometimes my negativity or fear isn't justified, and it holds me back. I also learned that when I start small and build on goals, it helps lock them in on autopilot.

Your turn! Write in your journal or to your pen pal about a goal you achieved and what you learned.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.





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As October arrives, our community is once again surrounded by the colours of autumn and the familiar rhythms of a new season. For many families, this month brings Thanksgiving gatherings, school activities, harvest celebrations, and opportunities to spend time with loved ones before winter arrives.

Thanksgiving is an important reminder to reflect on the people and organizations that make our communities strong. I am continually inspired by the volunteers who dedicate their time to local charities, youth sports, cultural organizations, seniors' programs, and community events. Their contributions often take place behind the scenes, but their impact is felt every day by neighbours across our constituency.

October is also a time when many local organizations begin preparing for the colder months ahead. Food banks, shelters, and community support agencies, often experience increased demand during this season. As we celebrate Thanksgiving, I encourage those who are able to consider supporting these organizations through donations, volunteer work, or simple acts of kindness. Even small contributions can make a meaningful difference in someone's life.

As your MLA, I remain committed to hearing directly from you about the issues that matter most. Whether your concerns involve health care, education, transportation, affordability, public safety, or provincial services, your feedback helps inform my work and advocacy on your behalf. With the fall sitting of the Alberta Legislature set to begin on October 27, I look forward to bringing the priorities and concerns of our community back to Edmonton as work resumes on provincial legislation and policy. My constituency office is always available to help connect residents with government programs and services and to assist in resolving concerns whenever possible.

As we gather with family and friends this Thanksgiving season, let us take a moment to appreciate the people who support us, the communities we call home, and the shared values of kindness, generosity, and neighbourliness that bring us together.

Myles McDougall

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