RIVERBEND



THE OFFICIAL RIVERBEND COMMUNITY NEWSLETTER





PROMOTE YOUR BUSINESS HERE

Call 403-720-0762 or email sales@greatnewsmedia.ca



www.riverbendcommunity.ca

WE SELL IN RIVERBEND & QUARRY PARK

*Not intended to solicit property currently listed for sale.

Thinking of selling? Now is the time!

INVENTORY IS LOW.

Call us for your free home evaluation!

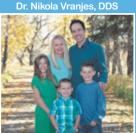
















We Proudly Follow the Alberta Dental Association Fee Guide

Complimentary Electric Toothbrush with an Adult New Patient Exam and Cleaning

ACCEPTING NEW PATIENTS!

- Early AM, Evening, & Saturday Appointments
 - Children & Emergencies Welcome
- · Dental Implants, Crowns, Whitening, Dentures, Snoring Appliances, Oral Sedation, Extractions
 - We Direct Bill to Insurance
 - · English, French, Croatian, Spanish, and Polish Languages Spoken.

#210 - 163 Quarry Park Blvd SE

LOCATED IN THE MARKET AT QUARRY PARK ACROSS FROM THE CO-OP

403.453.5588 www.dynamicdentalcalgary.com

Dr. Vranjes & Associates at Dynamic Dental would like to welcome Dr. Megan Lawless and Dr. Isela Montemayor to the team





Dentistry is our profession, but people are our focus.



calgarymatandlinen.com

CLEANING

One-stop service for cleaning

supplies and paper products

WORKWEAR

Workwear and cleaning of

uniforms and coveralls



Key Things to Know About in June

Stay connected to all things Riverbend at www.riverbendcommunity.ca, and Facebook, Twitter, and Instagram @riverbendyyc

Spring Parade of Garage Sales | Saturday, June 10

Start your spring cleaning and decluttering right away as the Spring Parade of Garage Sales is coming on Saturday, June 10! Thank you to Remax realtors Bart Lamb and Tarryn Hamilton for hosting the event for our community. Please register online at www.riverbendcommunity.ca/ events so your location will be added to the map. The electronic map will be available on our website and hardcopies will be available for pick up at the community centre on the Friday before the event.

End of School Dance | Friday, June 23 from 6:30 to 8:30 pm

Join us to celebrate the end of the school year!

This year's theme is 'Rodeo' so please feel free to wear your cowboy hats and boots!

Also in the Elbow room, don't miss our Lego education table set up by Willow Park Scholars Choice and craft table with handmade crayons from Joy in Colours!

We will also be having a cash only concession for refreshments.

Pre-registration is required. \$3 for members and \$5 for non-members.

www.riverbendcommunity.ca/events.

Good Food Box Program

The content varies monthly, due to seasonal availability. The boxes contain the maximum produce to ensure our clients are getting the most value for the price.

- \$25 Small Box (20 to 25 lbs)
- \$30 Medium Box (30 to 35 lbs)
- \$35 Large Box (40 to 45 lbs)

The next order deadline is Monday, June 12 by 6:00 pm. The deadline for pick-up is Thursday, June 22 between 5:00 and 7:00 pm at the community centre.

Order online at www.riverbendcommunity.ca/ programs/community-programs/good-food-boxescommunity-kitchen.

Seniors Cards and Coffee!

Join us in the Elbow room every second and fourth Friday of the month from 2:00 to 4:00 pm for cards, coffee, treats, and friendship. \$2 donation appreciated. No pre-registration necessary.

June dates are June 9 and June 23.

Please note that there will be no Seniors Cards and Coffee in the months of July and August. Join us again September 8.

We Want You to Have Your Say!

RCA is establishing two new committees to address the concerns of all Riverbend residents.

The Traffic and Safety Committee: see page 6 for details. Contact Director Brenda Pereira at brenda@riverbendcommunity.ca.

The Beautification Committee: see page 9 for details. Contact Director Pat Medhurst at pat@riverbendcommunity.ca.











RCA MEMBERSHIP FORM

Memberships are valid for one year from the date of purchase.

First Name:
Last Name:
Email:
Spouse/ Partner Name:
Address:
Postal Code:
Phone Number:
Number of Children:
Ages of Children:
Please mail completed form with appropriate payment to Riverbend



SPIRIT GEAR ONLINE STORE **NOW AVAILABLE!**

Dr SE, Calgary AB T2C 3S1, or drop

it off at the Riverbend Community

COUNTLESS DESIGN OPTIONS FREE SHIPPING ON ORDERS \$75+





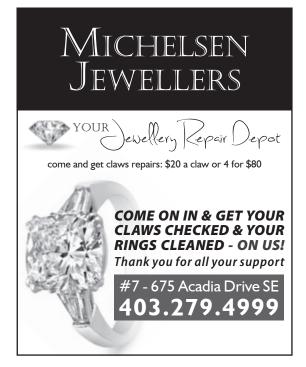


WWW.RIVERBENDCOMMUNITY.CA













SAFE & SOUND

Backyard Play Safety

from Alberta Health Services

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children this summer. Although direct supervision is the best method to reduce the chance of injury, always ensure play equipment in your yard is in good repair and is suited to the age and skill of the children using it. Check the equipment often; replace or repair any worn or broken parts. It's also advised to set up play equipment on top of a nine-inch layer of shock-absorbing material which extends six feet out in all directions from the play area.

Water Hazards

- Drowning contributes to unintentional injury-related death among children ages one to four
- Children can drown in just a few centimetres of water if it covers their mouth and nose
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and Garden Tools

- Keep young children away from outdoor power equipment
- · Serious burns may result from touching hot engine surfaces
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect Bites and Stings

- · Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions
- Avoid wearing brightly coloured clothing outdoors
- Consider destroying or relocating hives and nests situated near your home
- •To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 911.



No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













OUR OZONE PROCESS

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone destroys 99.9% of bacteria and viruses it comes in contact with — this includes odour causing bacteria and illness causing viruses, like staph infections.

CALL US TODAY AT 403-726-9301 calgaryfreshjock.com



SATURDAY JUNE 17, 2023

NEIGHBOUR Day

WWW.RIVERBENDCOMMUNITY.CA/EVENTS/NEIGHBOUR-DAY



Mobile Adventure Playground

Free for all ages!

Keep active this Summer with

The City of Calgary's Mobile Adventure Playground! Drop-in for unstructured free play.

Date: July 3-7

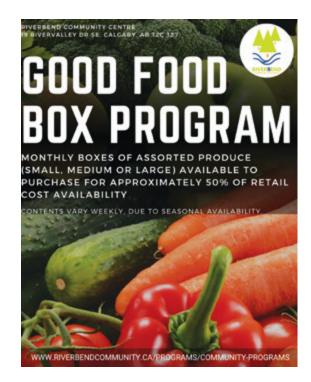
Time: 10:00 am-3:00 pm

Riverbend Park—221 Riverbend Dr. S.E.

calgary.ca/play









RIVERBEND FYI

Riverbend Community Association Contacts

Directors				
President	Olga Maciejewski	olga@riverbendcommunity.ca		
Vice President, Business Operations	Amit Khare	amit@riverbendcommunity.ca		
Board Secretary	Vladimir Ivanov	vladimir@riverbendcommunity.ca		
Treasurer	Alina Cotovanu	alina@riverbendcommunity.ca		
Capital Projects	Ken Schultz	ken@riverbendcommunity.ca		
Community Beautification	Patricia Medhurst	pat@riverbendcommunity.ca		
Information Technology	Ryan Munday	ryan@riverbendcommunity.ca		
Memberships and Partnerships	Samantha Moulds	samantha@riverbendcommunity.ca		
Traffic, Safety, and Crime Prevention	Brenda Pereira	brenda@riverbendcommunity.ca		
Communications	Nichole Wyatt	nichole@riverbendcommunity.ca		
Volunteer Resources	Natalia Gonzalez	natalia@riverbendcommunity.ca		
Director at Large	Melodie Tang	melodie@riverbendcommunity.ca		
Director at Large	Stuart Russell-Gibson	stuart@riverbendcommunity.ca		
Other				
Community Manager	Delby Auktor	delby@riverbendcommunity.ca		
Communications and Marketing	Linsay Gray, Denelle Peacey, Ben Fisher	communications@riverbendcommunity.ca		
School Liaison	Holy Angels	Vacant		
School Liaison – Riverbend	Olga Maciejewski	olga@riverbendcommunity.ca		
Softball League	Cody Halleran	cody.halleran@shaw.ca		
Volleyball League	Clayton Bischoff	claytonbbischoff@shaw.ca		

District Representatives

Calgary Police Community and Liaison Officer	Cst. Sue Bennett	403-266-1234
--	------------------	--------------

To report an emergency or crime in progress please call 911

To report a historical crime and there is not an immediate need for police, please call the Calgary Police non-emergency line at 403-266-1234

For online reporting please visit - calgarypolice.cav

Councillor Ward 11	Kourtney Penner	Ward11@calgary.ca
MLA Calgary Peigan	Tanya Fir (UCP)	Calgary.Peigan@assembly.ab.ca
MP Calgary Shepard	Tom Kmiec (PC)	Tom.Kmiec@parl.gc.ca
Ward 11 and 13 School Board Trustee (Calgary Public School Board)	Nancy Close	neclose@cbe.ab.ca
Ward 11 and 12 School Board Trustee (Calgary Catholic School Board)	Cathie Williams	cathie.williams@cssd.ab.ca
Girl Guides Riverbend	Holly Sweeney	hollysweeney6@outlook.com
Scouts 77th East Glenmore Scout Group	Rose Martin	rose_m@shaw.ca



LOOK NO FURTHER THAN YOUR OWN COMMUNITY!

- · The perfect spot for a wedding, family celebration, birthday party or a business meeting!
- . Main level with 2 rooms, 175 plus 64 banguet sitting capacity
- · Bluetooth and AV capabilities
- · Fully renovated patio
- · Minutes away from picturesque Carburn Park
- · Listed as one of the best Community Centres in Calgary
- · And so much more!!







WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS

GAMES & PUZZLES

Guess That Book!



- 1. A nurse accidentally time travels to the 18th century.
- 2. On Long Island, a bond salesman rents a bungalow next to a wealthy man.
- 3. Humans are artificially bred and sorted based on intelligence.
- 4. A former physics postdoctoral student goes on a road trip with his girlfriend.
- 5. A forbidden romance ruins the lives of two close-knit Yorkshire families.
- 6. The 200-year-old protagonist is interviewed by a reporter.

SCAN THE OR CODE **FOR THE ANSWERS!**

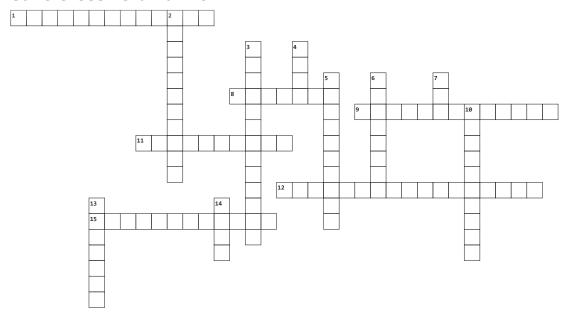




BRAIN GAMES				S	SUDOKU				
9	2	6			7		8		
5			6	8	9	2	3		
1					5	9	6		
7	5		8		2	6			
		9	7			8		2	
3	8		1						
		4		3		5	7	6	
	7	3		6				4	
	1	5		7					
	SCAN THE QR CODE								

FOR THE SOLUTION

June Crossword Puzzle



Across

- 1. Born on June 27, 1859, Mildred J. Hill composed this song, which is considered to be one of the most well-known songs in the English language.
- In Sweden and Finland, Midsummer Day is traditionally celebrated by singing and dancing around this.
- Canadian singer-songwriter Alanis Morissette wrote this breakup song in about 30 minutes.
- 11. Midland, Ontario holds an annual festival in honour of this classic Canadian pastry every June.
- 12. Canadian author Lucy Maud Montgomery's debut novel, which was released in June of 1908.
- 15. This Calgary landmark was opened to the public on June 30, 1968.

SCAN THE QR CODE FOR THE ANSWER KEY



Down

- 2. The song "I Will Always Love You," first recorded on June 12, 1973, by _______ gained renewed popularity with a re-release by Whitney Houston.
- 3.43 years ago, this NHL hockey team relocated to Calgary.
- 4. The month of June is named after this Roman goddess.
- 5. In North America, National _____ Day is celebrated on June 8.
- 6. 29 years ago, this popular Disney movie, based on Shakespeare's play, Hamlet, was released.
- 7. The first Friday after Father's Day is National Take Your to Work Day.
- On June 2, 1967, this band released their iconic album, "Sgt. Pepper's Lonely Hearts Club Band," in the US.
- 13. This European country experiences the longest summer solstice due to its geographical location.
- 14. The official Father's Day flower.





Friday, June 30

2pm - 6pm



7026-2060 Symons Valley Pkwy NW 587-230-3188 petvalu.ca

In collaboration with:



Adoption Event ♥

Come meet adoptable dogs & puppies!



CUSTOMER SATISFACTION GUARANTEED

WE SPECIALIZE IN ALL FORMS OF CONSTRUCTION & LANDSCAPE

INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping
Landscape Construction
Year-Round Maintenance
Spring and Fall Cleanup
Commercial and Condo
Property Management
Snow and Ice Removal

Contact Us

Address 20 Sunvale Place SE Calgary, AB T2X 2R8

Call us now (403) 256-9282



www.jacksonjackson.ca

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Riverbend. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

RIVERBEND MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

BUSINESS CLASSIFIEDS

PLUMBING PARAMEDICS: Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

AFFORDABLE DENTAL CARE MINUTES FROM RIVERBEND! Cut through the noise. Message received loud and clear! We follow Blue Cross and all dental insurance fees. No surprises. No fluff, no frills! Direct billing; instant tax receipts, too! Independent establishment for over 33 years! Call today at 403-287-6453 or 403-272-7272, or visit CalgaryDentalCenters. com. Save money, smile, be happy!

CODERAD ELECTRICAL LTD: Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

CROWN RENOVATIONS: Beautiful kitchens, bathrooms, and basements at affordable prices. Over 30 years' experience in quality renovations. Full service custom cabinetry. Local, licensed, bonded, and insured. Free inhouse estimates. Visits to former clients can be arranged. Full house renovations. Check out our latest before and after renovation at www.crownrenovations.com. Call Bill at 403-819-8588 or email crownreno@shaw.ca.

RESIDENT MORTGAGE BROKER: Going through a separation/divorce and want to stay in your home? Please call Angie Imler to talk about your mortgage options. My email address is angela@mymortgageline. ca or call 403-519-3324. Mortgageline/Powered by Mortgage Architects.

BEAUTIFIED YARDS: Beautified Yards – I will care for your yard like it is my own. Call 587-664-3233.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

CHARTERED PROFESSIONAL ACCOUNTANT: Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.





Customer Care

Representative

Customer Care

Audiologist

Partnership

MSC. RAUD. RHIP.

Registered

Registered

Hearing Aid

Practitioner

earstoyou.ca

We are local EVERYWHERE