DELIVERED MONTHLY TO 4,145 HOUSEHOLDS

CONNECTS

Cover Photo by Denise Carr



JANUARY 2025

TARRYN HAMILTON REALESTATE TEAM

RIVERBENI

OFFICIAL RIVERREND



RE/MAX REALTY PROFESSIONALS

403.478.5262

*Not intended to solicit property currently listed for sale.

TARRYNHAMILTON.COM

www.riverbendcommunity.ca

Great News Media I Call 403-720-0762 for advertising opportunities I www.greatnewsmedia.ca

HAPPY

Is 2025 your year to buy or sell?

We would love to help you with your real estate goals!



TARRYN HAMILTON REALESTATE TEAM





RE/MAX REALTY PROFESSIONALS

TARRYNHAMILTON.COM

Get healthy with Natural Flow to Health

SLEEP GREAT THIS YEAR WITH SLEEP-GREAT

SALE PRICE **\$24**⁹⁹ BUY 1 GET 1 FREE



SLEEP-GREAT helps you to:

- Fall asleep quickly
- Stay asleep
- Achieve a deep & restful sleep
- Helps your body to enter all five stages of a healthy sleep

GET ENERGIZED WITH RED BEET CRYSTALS



- Nitric oxide booster for increased energy and stamina
- Energizing superfood rich in antioxidants
- Supports cardiovascular health



Natural Flow to Health 11488 24 Street SE, Suite 309 Calgary T2Z 4C9 (403) 235-3025

naturalflowtohealth.com



Bring in this ad and save \$5.00 off any Healthology or Salus products until January 31, 2025.



403-837-4023 info@officialplumbingheating.ca official-plumbing-heating.ca

BMAX BROKERS MERGERS & ACQUISITIONS

We specialize in maximizing the sale value of businesses by attracting multiple offers from targeted, qualified buyers.

Services

- Preparation and Planning
- Valuation Analysis
- Marketing Strategy Development
- Preparation of Marketing Materials
- Target Buyer Identification and Outreach
- Managing the Bid Process
- Negotiation and Deal Structuring
- Due Diligence Management
- Regulatory and Compliance Guidance
- Transaction Closing
- Post-Sale Transition Support





Riverbend Community Association Contacts

Directors										
President	Ryan Mun	day	ryan@riverbendcommunity.ca							
Vice President, Business Operations	Vacant									
Board Secretary	Vacant									
Treasurer	Daniel Wo	lfe	daniel@riverbendcommunity.ca							
Capital Projects	Ken Schul	tz	ken@riverbendcommunity.ca							
Memberships and Partnerships	Vacant									
Traffic, Safety, and Crime Prevention	Vacant									
Director at Large	Nichole Wyatt		nichole@riverbendcommunity.ca							
Director at Large	Natalia Gonzalez		natalia@riverbendcommunity.ca							
Community Projects and Partnerships	Projects and Partnerships Vacant									
Director at Large	Alina Cotovanu		alina@riverbendcommunity.ca							
Director of Community Beautification	llona Dorst		ilona@riverbendcommunity.ca							
Other										
Community Manager	Delby Auktor		delby@riverbendcommunity.ca							
Communications and Marketing	Anthony Murdoch		communications@riverbendcommunity.ca							
Maintenance	Terry Martineau		terry@riverbendcommunity.ca							
Softball League	Vacant									
Volleyball League	Norman Dupuis		normantylerdupuis@gmail.com							
District Representatives										
Calgary Police Community and Liaison Officer				403-266-1234						
To report an emergency or crime in progra										
To report a historical crime or if there is not an immediate need for police, please call the Calgary Police non-emergency line at 403-266-1234.										
For online reporting please visit calgarypolice.ca.										
Councillor Ward 11		Kourtney Penner		Ward11@calgary.ca						
MLA Calgary Peigan		Tanya Fir (UCP)		Calgary.Peigan@assembly.ab.ca						
MP Calgary Shepard		Tom Kmiec (PC)		Tom.Kmiec@parl.gc.ca						
School Board Trustee (Calgary Public School Board) Ward 11 and 13		Nancy Close		neclose@cbe.ab.ca						
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12		Cathie Williams		cathie.williams@cssd.ab.ca						
Girl Guides Riverbend		Holly Sweeney		hollysweeney6@outlook.com						

Rose Martin

rose_m@shaw.ca

Scouts 77th East Glenmore Scout Group







An afternoon of fun for the whole family! Free Hot Chocolate!

Fire pit and music! Food Trucks on site! Free skate rental - KidSport Skate Shack on site!

www.riverbendcommunity.ca/events

Key Things to Know About for January 2025

Stay connected to all things Riverbend at www.riverbendcommunity.ca, and Facebook, X (Twitter), and Instagram @riverbendyyc

Thank Yous

Happy New Year to everyone!

We would like to thank everyone who attended our annual Kids' Christmas Party on December 7 and who helped volunteer to make it a great event!

To stay up to date on all things RCA, make sure to follow us on our social media accounts!

2024 AGM Highlights and Annual Report

Our 2023-2024 Annual report and AGM highlights are now available for viewing online at www.riverbendcommunity. ca/events.

We Want to Hear from You! 18th Street Makeover Survey

We're excited to announce the 18th Street Makeover Project, and we need your input to help shape the future of our community! The goal? To transform 18th Street into a safer, more beautiful boulevard that everyone in Riverbend can enjoy.

Right now, there's no funding for this project, but that's where our incredible community comes in! With your support and fundraising efforts, we can bring these ideas to life. Each proposed idea varies in cost and complexity, but they've all been successfully implemented in other Calgary neighbourhoods—and with your help, they can happen here too!

Now, it's your turn! We want to know which ideas excite you the most! Take just five to ten minutes to complete our survey and share your thoughts. This is your chance to directly influence what gets done in our neighbourhood!

A few things to note:

- The survey is open only to Riverbend residents.
- Your feedback will guide the next steps of this exciting project!

Let's come together to make Riverbend even better. Your participation means the world to us!

Thank you for being a part of this exciting journey! https:// form.jotform.com/RiverbendCA/18th-street-survey.

Upcoming Events

Winter Fitness Programs

Your favourite fitness programs are back for the winter season 2025!

See page 8 for details.

Good Food Box Program

The content varies monthly, due to seasonal availability. The boxes contain the maximum produce to ensure our clients are getting the most value for the price.

- \$30 Small Box (20 to 25 lbs.)
- \$35 Medium Box (30 to 35 lbs.)
- \$40 Large Box (40 to 45 lbs.)

Order deadline January 20, 2025.

Pick up January 30, 2025 between 5:00 and 7:00 pm at the community centre.

www.riverbendcommunity.ca/programs/community-programs/good-food-boxes-community-kitchen.

Family Skate Day February 15, 2025, 12:00 to 3:00 pm

Join us for an afternoon of family skating on our allseason and pleasure rinks. We will be hosting a KidSport Skate Shack for free skate rentals. Warm up with a free hot chocolate around our firepit and snack at one of the many food trucks on-site.

www.riverbendcommunity.ca/events.

Be Part of It! Join the RCA Board!

We are looking for enthusiastic residents to join our board of dedicated and talented directors to fill our open positions or create your own!

Open to Riverbend residents only!

- Allow you to learn something new, explore new interests, and acquire new skills.
- Connect with people across generations.
- Bring ideas forward.
- Use board experience toward your annual professional development hours.

Join RCA, leave a positive mark in our community, and be part of the collective effort to create a stronger, more vibrant Riverbend!

- VP Business Operations. See page 9 for details
- Director of Traffic, Safety, and Crime Prevention. Page 9 for details
- Board Secretary. See page 10 for details
- Director of Communications. Page 10 for details
- Director of Memberships and Partnerships. See page 12 for details

• Director of Volunteer Resources. Page 12 for details Visit https://www.riverbendcommunity.ca/volunteering and sign up today!



	B R GA	MES		S	SU	D	<u></u> Dł	<u>(U</u>	
8						6			
7	5						1	8	
		3			4	5	9		
1				8					
9			4	6	5				
				3				9	
4	2	9	7			3			
3	7			4			5	6	
5		6						4	
	SCAN THE QR CODE								

Riverbend Community Centre

LOOKING FOR A SPOT TO BOOK YOUR NEXT EVENT? LOOK NO FURTHER THAN YOUR OWN COMMUNITY!

- The perfect spot for a wedding, family celebration, birthday party or a business meeting!
- Main level with 2 rooms, 175 plus 64 banquet sitting capacity
- Bluetooth and AV capabilities
- Fully renovated patio
- Minutes away from picturesque Carburn Park
- Listed as one of the best Community Centres in Calgary
- And so much more!!



WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS

Puppet Master



What do Yoda, Cookie Monster, and Miss Piggy have in common? They were all brought to life by the legendary puppeteer Frank Oz! From a wise Jedi Master to

a cookie-loving monster and a diva pig, Oz's incredible talent made these characters unforgettable.

January to April 2025

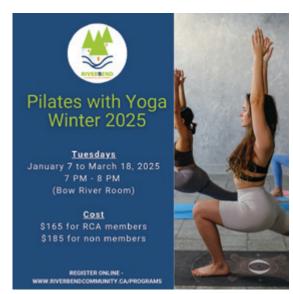
Register online at www.riverbendcommunity.ca/programs

Pilates with Yoga

Tuesdays, 7:00 to 8:00 pm in the Bow room For eleven weeks, January 7 to March 18, 2025

Each class will include a flowing series to warm the body, hold postures to build strength, and balance postures to increase stability. Classes will end with gentle stretches and relaxation. If you are new to physical activity, please check with your physician prior to starting a new exercise routine.

Cost \$165 for RCA Members | \$185 for Non-Members



Dance Fitness

Mondays, 7:30 to 8:30 pm in the Bow Room For ten weeks, January 6 to March 17, 2025. No class Family Day

Dance Fitness is an easy-to-follow cardio dance class with a mix of popular and international rhythms guaranteed to make you sweat! A portion of the class is dedicated to toning choreography with the use of light hand weights.

Cost \$165 for RCA Members | \$185 for Non-Members | Drop-in price \$20



Kids and Youth Girl Guides of Canada

Girl Guides of Canada is the largest organization for girls and women in Canada. Meetings are every Wednesday at 6:30 pm, September to June. Sparks (ages 5 to 6) Elbow River Room; Brownies (ages 7 to 8) Bow River Room; Guides (ages 9 to 11) Carburn Park Room; Pathfinders (ages 12 to 14) Heritage Room. Contact ggcinfo@calgarygirlguides. com or www.girlguides.ca for more information.

Calgary Young People's Theater

CYPT provides professional caliber mentorship, training, and performance opportunities to youth ages 4 to 18. Our extensive year-round programming includes productions, camps, classes, workshops, and new play development. Register online at www.cypt.ca/classes/. For more information, please email ad@cypt.ca.

Little Steps Before and After School Care/Out of School Care

For children ages 5 to 12 years attending Riverbend Elementary School and Holy Angels. Open Monday to Friday, 7:00 am to 6:00 pm, September to June. Closed all statutory holidays, open all PD days.

Contact littlestepspreschool@telus.net, 403-554-3605, www.littlestepschildcare.ca/riverbend-preschool/, or www.littlestepsbac.ca for more information.



JOIN OUR RCA TEAM! DIRECTOR OF, TRAFFIC, SAFETY & CRIME PREVENTION

The Director of Traffic, Safety & Crime Prevention works with The City about local traffic issues/plans, and with Calgary police regarding crime prevention and safety.

- Raise resident concerns re: traffic and crime
- Liaise with City about traffic, and with police about crime rates, prevention and safety





JOIN OUR RCA TEAM!

VICE- PRESIDENT BUSINESS OPERATIONS

The Vice President, Business Operations helps our facility operations and assists the President and Community Manager.

- Support business admin needs of the RCA
- Helps with project management, tenant contracts and Human Resources





JOIN OUR RCA TEAM! DIRECTOR OF COMMUNICATIONS

The Director of Communications deals with all external communication of the RCA.

- Assist the Comms. Assistant with social media platforms (Facebook, X, Instagram) and the website
- Oversee the communications budget





JOIN OUR RCA TEAM! SECRETARY

The Secretary of the RCA is responsible for records management, meeting coordination and compliance.

- Complete and file RCA's return each year
- File special resolutions and keep records of the RCA



GET NOTICED

ACQUIRE AND RETAIN NEW CUSTOMERS.

Your Ad Geofenced Precisely in Your Target Market on our Carefully Selected Network of Premium Sites.

Call 403-720-0762 sales@greatnewsmedia.ca



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

LEADERS IN COMMUNITY FOCUSED MARKETING

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



RCA MEMBERSHIP FORM

Memberships are valid for one year from the date of purchase.

First Name: _____

Last Name: _____

Email:

Spouse/ Partner Name: _____

Address: _____

Postal Code: _____

Phone Number: _____

Number of Children:_____

Ages of Children: _____

£.

Please let us know what communications you would like to receive from Riverbend Community Association!

- Volunteer Opportunities
- □ Special Events & Community Surveys (as occurring)
- General Riverbend Community Communications (monthly)

Membership cost:

- □ \$25 +GST (\$26.25) Individual/ Family or Associate
- □ \$15 +GST (\$15.75) Seniors Household



Please mail completed form with appropriate payment to Riverbend Community Centre, 19 Rivervalley Dr SE, Calgary AB T2C 3S1, or drop it off at the Riverbend Community Association's office.





JOIN OUR RCA TEAM! DIRECTOR - MEMBERSHIPS & PARTNERSHIPS

As the Director for Memberships & partnerships you can help add value for residents purchasing an RCA membership

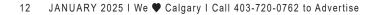
- Fundraise, secure local sponsorships for community events
- Create partnerships with local businesses and lead annual membership drive



JOIN OUR RCA TEAM! DIRECTOR - DIRECTOR OF VOLUNTEER RESOURCES

The Director of Volunteer Resources helps recruit volunteers to assist with all aspects of delivering our programs and events.

- Recruit volunteers
- Maintain volunteer database, and work with VP to promote volunteer opportunities



BUSINESS CLASSIFIEDS For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Riverbend. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

RIVERBEND MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

RIVERBEND CONTRACTOR FOR HIRE: Over 20 years' experience completing renovations in and around Riverbend. Lefroy Construction is happy to quote, organize and execute any renovation or new construction project. Call 403-616-0880 to discuss your project. www.lefroyconstruction.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707. **PAINTER SERVICING RIVERBEND:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

AFFORDABLE DENTAL CARE MINUTES FROM RIVERBEND! Dental care that's affordable, accessible, and essential. Minutes from Riverbend. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit www.calgarydentalcenters.com.

CODERAD ELECTRICAL LTD: Over 18 years of experience. Quality service and installation for a fair price. Certified Master Electrician. Fully insured and WCB compliant. Call Cody for your free estimate today, 403-333-6344 or email at info@coderadelectrical.com. Is your Electrical up to code? www.coderadelectrical.com.

HERITAGE WEST PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers and gasfitters. Water heaters, furnaces, boilers, drain cleaning, leaks, and renovations! Competitive prices with quality, 24-hour service! Heritage West, we are one of the best, put us to the test! BBB Accredited. 403-993-0639.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

CHARTERED PROFESSIONAL ACCOUNTANT: Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.



Unlock Your Dream **Home Now!**

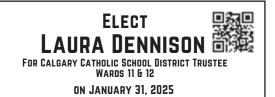
Low Rates. Fast Approval, **Big Savings!** Don't Wait - Act Today!



ANITA 403-771-8771 anita@anitamortgage.ca

Licensed by Avenue Financial





WWW.LAURA4TRUSTEE.COM

COMMITTED TO A THRIVING FUTURE FOR OUR STUDENTS AND SCHOOLS



CUSTOMER SATISFACTION GUARANTEED

WE SPECIALIZE IN ALL FORMS OF **CONSTRUCTION & LANDSCAPE**

INCLUDING SMALLER IN-HOME PROJECTS



Services

Residential Landscaping Landscape Construction Year-Round Maintenance Spring and Fall Cleanup **Commercial and Condo Property Management** Snow and Ice Removal

Contact Us

Address 20 Sunvale Place SE Calgary, AB T2X 2R8

Call us now (403) 256-9282

Email us info@jacksonjackson.ca contact@jacksonjackson.ca

www.jacksonjackson.ca

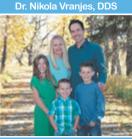


Sunday Brunch

Join us every Sunday from 10:00 AM til 2:00 PM Please call 403-720-5288 or email us at fb@glenmoreinn.com to make a reservation.

> 1000 Glenmore Court SE, Calgary AB www.glenmoreinn.com









We Proudly Follow the Alberta Dental Association Fee Guide Complimentary Electric Toothbrush with an Adult New Patient Exam and Cleaning *some restrictions apply

ACCEPTING NEW PATIENTS!

- Early AM, Evening, & Saturday Appointments
 Children & Emergencies Welcome
- Dental Implants, Crowns, Whitening, Dentures, Snoring Appliances, Oral Sedation, Extractions
 - We Direct Bill to Insurance
 - English, French, Croatian, Spanish, and Polish Languages Spoken.

#210 - 163 Quarry Park Blvd SE LOCATED IN THE MARKET AT QUARRY PARK ACROSS FROM THE CO-OP

403.453.5588 www.dynamicdentalcalgary.com

Dr. Vranjes & Associates at Dynamic Dental would like to welcome Dr. Megan Lawless and Dr. Isela Montemayor to the team Unit of the team Quarry Park Blvd.



Dentistry is our profession, but people are our focus. *all services performed by a licensed general dentist

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling

ABSOLUTELY NO HIDDEN COSTS Some restrictions may apply. Reg: \$15,679

- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

SALE \$11,679 Limited Supplies

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling

ABSOLUTELY NO HIDDEN COSTS Some restrictions may apply. Reg: \$13,679

- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

SALE \$9,879 Limited Supplies

We Also Specialize in En Suites & Custom Bathrooms PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



All Labour & Material Included

All packages pertain to standard size bathrooms