

FEBRUARY 2026

DELIVERED MONTHLY TO 4,150 HOUSEHOLDS

RIVERBEND

CONNECTS

THE OFFICIAL RIVERBEND COMMUNITY NEWSLETTER



Cover Photo by Stephen Maunula Trumpeter



Give Your Parents Comfort with a Reverse Mortgage

- Extra income, no monthly payments
- Stay in the home they love
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Call today to give them freedom and peace of mind.



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www.riverbendcommunity.ca

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\$599,900

**THINKING OF SELLING?
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**TARRYN HAMILTON
REAL ESTATE TEAM**

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*Not intended to solicit property currently listed for sale.



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MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. **Reg: \$17,679**

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. **Reg: \$20,679**

SALE \$15,679

Limited Supplies

We Also Specialize in En Suites & Custom Bathrooms

PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



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RIVERBEND FYI

Riverbend Community Association Contacts

✉ info@riverbendcommunity.ca ☎ 403-236-7270 🏠 19 Rivervalley Dr SE, Calgary, AB T2C 3S1
🌐 riverbendcommunity.ca 🌐 facebook.com/riverbendyyc 🌐 twitter.com/riverbendyyc 🌐 @riverbendyyc

Directors

President	Vacant	
Past President	Ryan Munday	ryan@riverbendcommunity.ca
Vice President, Business Operations	Sarah Kangas	sarahk@riverbendcommunity.ca
VP - Regulatory and Finance	Stephanie Albas	stephanie@riverbendcommunity.ca
Secretary	Siobhan Hutchinson	siobhan@riverbendcommunity.ca
Technology, Infrastructure, and Facilities	Zack Hartle	zack@riverbendcommunity.ca
Treasurer	Daniel Wolfe	daniel@riverbendcommunity.ca
Capital Projects	Ken Schultz	ken@riverbendcommunity.ca
Development and Planning	Josh Inhaber	josh@riverbendcommunity.ca
Community Beautification	Ilona Dorst	ilona@riverbendcommunity.ca
Partnerships and Memberships	Steve Hodges	steve@riverbendcommunity.ca
Communications	Mariah Wilson	mariah@riverbendcommunity.ca
Director at Large	Natalia Gonzalez	natalia@riverbendcommunity.ca

Other

Communications/Marketing/Community Manager/ Office	Anthony Murdoch	communications@riverbendcommunity.ca anthony@riverbendcommunity.ca
Maintenance	Terry Martineau	terry@riverbendcommunity.ca
Outdoor Rink Coordinator	Dennis Bil	dennybil@shaw.ca
Softball League	Russ Blazenko	rblaze@telus.net
Volleyball League	Norman Dupuis	normantylerdupuis@gmail.com

District Representatives

Calgary Police Community Liaison Officer	Cst. Sue Bennett	403-266-1234
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To report an emergency or crime in progress please call 911.

To report a historical crime or if there is not an immediate need for police, please call the Calgary Police non-emergency line at 403-266-1234.

For online reporting please visit calgarypolice.ca.

Councillor Ward 11	Rob Ward	Ward11@calgary.ca
MLA Calgary Peigan	Tanya Fir (UCP)	Calgary.Peigan@assembly.ab.ca
MP Calgary Shepard	Tom Kmiec (PC)	Tom.Kmiec@parl.gc.ca
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	nclose@cbe.ab.ca
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Chantelle Dur	chantelle.dur@cssd.ab.ca
Girl Guides Riverbend	Holly Sweeney	hollysweeney6@outlook.com
Scouts 77th East Glenmore Scout Group	Rose Martin	rose_m@shaw.ca

RIVERBEND

•community association•

NEW - OFFICE HOURS

MONDAY 11:00am-3:30pm

TUESDAY 11:00am-3:30pm

WEDNESDAY 11:00am-3:30pm

THURSDAY By Appointment

FRIDAY By Appointment

Hours are subject to change without notice

AFTERHOURS EMAIL:

EVENTS@RIVERBENDCOMMUNITY.CA

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Drain Cleaning

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Service Call Fee



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info@officialplumbingheating.ca

official-plumbing-heating.ca



RCA RINK HELPERS

VOLUNTEERS NEEDED!

TO VOLUNTEER VISIT:

WWW.RIVERBENDCOMMUNITY.CA/VOLUNTEERING



ANITA
RUSSELL

403-771-8771
anita@anitamortgage.ca

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**Freedom starts
with a Reverse
Mortgage**

- Cash to renovate, travel or relax
- Stay home, no monthly payments
- Leave a living inheritance

Call today to enjoy comfort, independence, and peace of mind.

Key Things to Know About for February 2026

Stay connected to all things Riverbend at www.riverbendcommunity.ca, and Facebook, X (Twitter), and Instagram @riverbendyc

Thank You!

A huge thanks to everyone who has signed up for our 2026 Casino Fundraiser. We are still in need of more volunteers. Do so here: www.riverbendcommunity.ca/events/rca-casino-fundraiser.

Upcoming Events and Programs

Save the Date! Family Skate Day

**February 14 from 12:00 to 3:00 pm
(Weather permitting)**

Join us for an afternoon of family skating on our All-Season and Pleasure rinks.

We will be hosting a KidSport Skate Shack for free skate rentals. Warm up with a free hot chocolate around our firepit and snack at one of the many Food Trucks onsite. www.riverbendcommunity.ca/events.

New! Ecstatic Dance

Every second and fourth Sunday of the Month

February 8 and 22, March 8 and 22, April 12 and 26

Riverbend Community Hall (9 Rivervalley Dr SE)

Move with what is alive within! Come to sweat, release, and remember what freedom feels like. Shoes off - heart open.

Drop-in only! No registration needed!

A space to drop the mask and let your body speak. No steps to follow, no one watching, no wrong moves. Just music, breath, and motion as meditation. We begin in stillness, arrive in presence, and let rhythm take us where words can't. Whether it's joy, grief, tension, or play... everything belongs.

Cost: \$10 at the door (goes to the Riverbend Community Association)

Casino Volunteers Needed - April 19 and 20

Our casino funds support a number of things including community engagement initiatives such as programs, events, and various community projects such as community beautification. Funds also support ongoing operational costs and improvements of the facilities. Volunteers are provided with a free meal during their shift and a discount code for RCA programs, events, and memberships.

Sign up today at www.riverbendcommunity.ca/events/rca-casino-fundraiser.

Winter 2026 Fitness Programs

There is still room! Your favorite fitness programs are back for the winter season 2026!

We have both Dance Fitness and Pilates with Yoga. See page 8 for details. Register at this link: www.riverbendcommunity.ca/fitness-programs.

Office Hours

Please note these hours are subject to change without notice.

Monday to Wednesday - 11:00 am to 3:30 pm

Thursday and Friday - By Appointment only (email below)

Please email office@riverbendcommunity.ca with any questions.

Volunteer With Us!

If you are interested in volunteering, please visit our website at www.riverbendcommunity.ca/volunteering.

Book Now! Host Your Next Event with Us!

Winter/spring/summer 2026 spots still available!

We have limited rental dates available for February, March, and April. Book now to secure your spot!

Looking for a spot to host your next event? Look no further than your own community!

The perfect spot for a wedding, family celebration, birthday party, or business meeting.

Main level with two rooms to serve your needs, 175 or 64 banquet seating capacity.

Bluetooth, Wi-Fi, and AV capabilities.

Fully accessible kitchen with commercial fridge, commercial dishwasher, and warming ovens.

Book your event today! www.riverbendcommunity.ca/facility-rentals.

Membership Supports Our Community! Become an RCA Member Today!

Being a member of the Riverbend Community Association comes with great perks and is a good way to support your local community. What does an RCA membership get you? Great discounts from our partners and 15% off community centre rentals for starters.

The cost of RCA membership is \$25 for families/individuals or \$15 for seniors per year (plus GST). There are three ways to sign up:

- Fill out the online form at www.riverbendcommunity.ca/membership.
- Via mail by cutting out and completing the Membership form in this issue of *Riverbend Connects*. Mail to Riverbend Community Association: 19 Rivervalley Dr SE, Calgary AB T2C 3S1.
- In person at the Riverbend Community Centre (exact cash or cheque only).

We Love Riverbend

Show off your love of Riverbend by purchasing our Community Association branded Spirit Gear merchandise! Visit our official online shop to grab some great quality clothing and winter gear made by brand-name manufacturers.

We've got everything from quality hoodies, joggers, t-shirts, jackets, sweatshirts, and even toques, for the whole family. Best of all, you can fully customize many of our items with your name, favourite colour, or lucky number. No minimum order quantities required. Free shipping on orders over \$75. Support the Riverbend Community Association today.

Visit <https://riverbendcommunity.entripyshops.com/>.



RIVERBEND

VOLUNTEERS NEEDED!

FOR CASINO FUNDRAISER

Sunday, April 19, 2026
Monday, April 20, 2026

TO VOLUNTEER VISIT:
RIVERBENDCOMMUNITY.CA/EVENTS/RCA-CASINO-FUNDRAISER

RIVERBEND

LIMITED DATES STILL
AVAILABLE IN FEB AND MARCH!

LOOKING FOR A SPOT TO BOOK
YOUR NEXT EVENT?

LOOK NO FURTHER THAN YOUR
OWN COMMUNITY CENTRE!

- The perfect spot for a wedding, family celebration, birthday party or a business meeting!
- Main level with 2 rooms, 175 plus 64 banquet sitting capacity
- Bluetooth and AV capabilities
- Fully renovated patio
- Minutes away from picturesque Carburn Park
- Listed as one of the best Community Centres in Calgary
- And so much more!!

WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS

**BEST IN
CALGARY**

WWW.MYCALGARY.COM/MAGAZINES | RIVERBEND 7



WINTER PROGRAMS

January to April 2026

Register online at www.riverbendcommunity.ca/programs

Programs

New! Ecstatic Dance

Every second and fourth Sunday of the Month

February 8 and 22, March 8 and 22, April 12 and 26

Riverbend Community Hall (9 Rivervalley Dr SE)

Move with what is alive within! Come to sweat, release, and remember what freedom feels like. Shoes off - heart open.

Drop-in only! No registration needed!

A space to drop the mask and let your body speak. No steps to follow, no one watching, no wrong moves. Just music, breath, and motion as meditation. We begin in stillness, arrive in presence, and let rhythm take us where words can't. Whether it's joy, grief, tension, or play... everything belongs.

Cost: \$10 at the door (goes to the Riverbend Community Association)

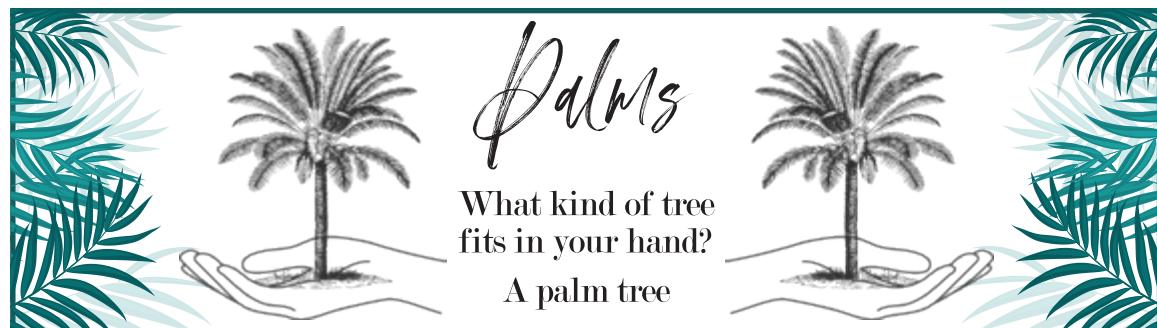
Dance Fitness - Drop-in!

Mondays, 7:30 to 8:30 pm (Bow River Room)

No Class on: February 16 (Family Day) and March 23 (Spring Break)

Join us every Monday for ten weeks of classes starting January 5 until March 30 in the Bow Room.

Cost: Drop-in price \$20





Join us!

Ecstatic Dance

Get on down
to get on up

Riverbend Community Centre - \$10

Sunday
1:00 - 3:30

2nd & 4th
Sundays
of month



Ecstatic Dance

www.riverbendcommunity.ca/events



Winter 2026 Dance Fitness

We will be again having Dance Fitness for the Winter 2026!

10 weeks of sessions go from
Mon, Jan 5 to March 30, 2026
7:30 to 8:30 PM (Bow Room)

No Class on:
Jan. 26th, Feb 16th, March 23rd

Cost

\$145 for RCA Members

\$165 for Non-Members

\$20 Drop-In Classes

REGISTER ONLINE -

WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS



Cats, Canines, & Critters of Calgary



Ash and Bella, Cranston



Flair and Little Lady, Strathcona Park



Meatball and Cleo, Renfrew



Talbot and Scout, Queensland

To have your pet featured, email news@mycalgary.com

RCA MEMBERSHIP FORM

Memberships are valid for one year from the date of purchase.

First Name: _____

Last Name: _____

Email: _____

Spouse/ Partner Name: _____

Address: _____

Postal Code: _____

Phone Number: _____

Number of Children: _____

Ages of Children: _____

Please let us know what communications you would like to receive from Riverbend Community Association!

- Volunteer Opportunities
- Special Events & Community Surveys (as occurring)
- General Riverbend Community Communications (monthly)

Membership cost:

- \$25 +GST (\$26.25) - Individual/ Family or Associate
- \$15 +GST (\$15.75) - Seniors Household



Please mail completed form with appropriate payment to Riverbend Community Centre, 19 Rivervalley Dr SE, Calgary AB T2C 3S1, or drop it off at the Riverbend Community Association's office.



SPIRIT GEAR ONLINE STORE NOW AVAILABLE!

COUNTLESS DESIGN OPTIONS
FREE SHIPPING ON ORDERS \$75+



WWW.RIVERBENDCOMMUNITY.CA



RCA Member Benefits and Discounts

The RCA offers great member discounts at the following vendors below! More details at www.riverbendcommunity.ca/membership.

- Cabin Brewing Company - RCA members get 10% off your tab!
- SellPhone Lab - RCA members get \$10 off on all cellphone/laptop/tablet repairs and/or 10% discount on all cellphone/tablet accessories.
- 15% off Riverbend Community Centre rentals.
- Discounts on community programs and events.
- Priority registration for free community programs and events.
- 10% discount for paddle board rentals and paddle board classes from SUP&Flow.
- 25% off burglary, smoke, panic, and medical alarm monitoring fees with Stealth Alarms.
- 25% off paint and 15% off paint supplies at Cloverdale Paint.
- 10% off at Original Joe's restaurant in Quarry Park. *Some conditions apply.
- One free materials drop off once a month at Ecco Recycling landfill.
- Free week trial and rate discount. F45 Quarry Park Riverbend.
- 10% discount on all services. Willow Park Scholars.
- 10% discount on all products using code: RIVERBEND10. Backyard Meats.
- 10% discount on any order made online using code: RIVERBEND, or via Instagram or Facebook messenger. Joy in Colours.
- 5% discount on services from Bhinder Exteriors.
- 5% discount on auto and home insurance from Toole Peet - Use code FEDYYC MEMBER.
- 10% discount at Plumbing & Heating Paramedics.
- Tooth Crew Family Dental \$100 cashback/Costco gift card with new patient exam and cleaning.
- Ears to You, 20% discount on the purchase of one or two hearing devices.
- \$100 off your first cleaning, and \$25 off cleanings after that for every customer you refer to us! Cottage Care Calgary South.
- Vivid Eye Care - 10% off glasses and sunglasses.
- Paragon Designs - 10% off new projects.
- TechAbis Construction - 10% discount on labour charges for all services.



JOIN US FOR OUR **FAMILY SKATE DAY**



**SATURDAY
FEBRUARY 14, 2026**



RCA RINK - 12-3 PM

An afternoon of fun for the whole family!

Free Hot Chocolate!

Fire pit and music! Food Trucks on site!

Free skate rental - KidSport Skate Shack on site!

www.riverbendcommunity.ca/events



Cupid and the Mighty Bow

by Garth Paul Ukrainetz

Cupid has a plan they say
To change the world on Valentine's Day
The opposite of nuclear war
Where love bombs fall forevermore
Projectiles full of love's sweet glow
These arrows need a Mighty Bow
Creating new reality
Great river flows thru Calgary
The arrows launch like missiles fly
Around the world they'll fill the sky
London, Moscow, Houston, Seoul
From Mighty Bow they'll reach their goal
On city streets we'll look above
The mountains shall bring peace and love
Descending to all jaded land
From Mighty Bow and angel's hand
Yes, all is fair in love and war
A cherub stands on rivershore
Lil' Cupid has a plan they say
To change the world on Valentine's Day

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NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Riverbend. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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RIVERBEND CONTENT**

**News, Events,
& More**



**Crime
Statistics**



**Real Estate
Statistics**



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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CHARTERED PROFESSIONAL ACCOUNTANT: Taking care of your small business needs: accounting, bookkeeping, personal and corporate taxes, GST filing, and payroll. Wendy CPA, CGA, 403-607-4617.

360 Degrees



Without turning their heads, rabbits can see nearly 360 degrees, as well as high above themselves. Their eyes are placed high and to the sides of their head which gives them this range of sight, though they do tend to be farsighted.



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- ✓ DISCOVER NEW SKILLS
- ✓ BE PART OF A TEAM
- ✓ MAKE FRIENDS
- ✓ GET ACTIVE
- ✓ HAVE FUN



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April is Come Try Ringette month, and there will be many sessions in Calgary. Scan the QR code to register or visit: cometryringette.ca



[COMETRYRINGETTE.CA](http://cometryringette.ca)

REGISTER HERE





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Start earning credits right after Grade 9!

SESSIONS STARTING IN JULY AND AUGUST

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- PERSONAL INJURY
- WILLS & ESTATES



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🌐 ATLASLEGAL.CA

📞 825-205-6112



**NOW OFFERING HOME VISITS IN
RIVERBEND FOR YOUR CONVENIENCE!**



Word of the Month

Malapropism: noun (mal-uh-prop-iz-uhm)

The unintentional use of a word that sounds somewhat like the one intended but is very wrong in the context.

Jane was so nervous about her speech she did not realize she had made a malapropism until an audience member made a joke about her word use.



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Dr. Nikola Vranjes, DDS



Dr. Tasha Chrbet, DDS



Dr. Megan Lawless, DDS



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Complimentary Electric Toothbrush with an Adult New Patient Exam and Cleaning

*some restrictions apply

ACCEPTING NEW PATIENTS!

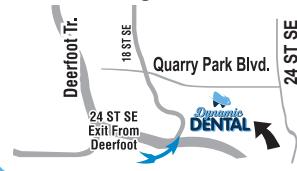
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Dr. Vranjes & Associates at Dynamic Dental would like to welcome Dr. Isela Montemayor & Dr. Jia Tang to the team



Dentistry is our profession, but people are our focus.

*all services performed by a licensed general dentist

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**Every Friday,
Saturday, and
Sunday Night**

From 5:00 pm - 9:00 pm

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Seniors (65+) \$26.95

Youth (11-17) \$26.95

Children (4-10) \$12.95

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