

JULY 2025

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# RIVERBEND



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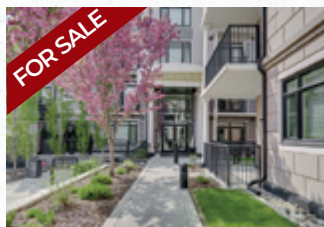
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**SAVE THE DATE** – Riverbend Community Fall Parade of Garage Sales is on Saturday, September 20<sup>th</sup>



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## BATHROOM RENOVATION SALE

### SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$15,679*

**SALE \$12,679**  
*Limited Supplies*

### SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,789*

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# RIVERBEND FYI

## Riverbend Community Association Contacts

✉ [info@riverbendcommunity.ca](mailto:info@riverbendcommunity.ca) ☎ 403-236-7270 🏠 19 Rivervalley Dr SE, Calgary, AB T2C 3S1  
🌐 [riverbendcommunity.ca](http://riverbendcommunity.ca) 📘 [facebook.com/riverbendyycc](https://facebook.com/riverbendyycc) 🐦 [twitter.com/riverbendyycc](https://twitter.com/riverbendyycc) 📷 @riverbendyycc

### Directors

President	Ryan Munday	<a href="mailto:ryan@riverbendcommunity.ca">ryan@riverbendcommunity.ca</a>
Vice President, Business Operations	Sarah Kangas	<a href="mailto:sarahk@riverbendcommunity.ca">sarahk@riverbendcommunity.ca</a>
Board Secretary	Siobhan Hutchinson	<a href="mailto:siobhan@riverbendcommunity.ca">siobhan@riverbendcommunity.ca</a>
Treasurer	Daniel Wolfe	<a href="mailto:daniel@riverbendcommunity.ca">daniel@riverbendcommunity.ca</a>
VP of Finance and Regulatory	Stephanie Albas	<a href="mailto:stephanie@riverbendcommunity.ca">stephanie@riverbendcommunity.ca</a>
Capital Projects	Ken Schultz	<a href="mailto:ken@riverbendcommunity.ca">ken@riverbendcommunity.ca</a>
Director, Technology, Infrastructure, and Facilities	Zack Hartle	<a href="mailto:zack@riverbendcommunity.ca">zack@riverbendcommunity.ca</a>
Memberships and Partnerships	Vacant	
Traffic, Safety and Crime Prevention	Vacant	
Community Beautification	Ilona Dorst	<a href="mailto:ilona@riverbendcommunity.ca">ilona@riverbendcommunity.ca</a>
Director at Large	Natalia Gonzalez	<a href="mailto:natalia@riverbendcommunity.ca">natalia@riverbendcommunity.ca</a>
Communications	Vacant	
Volunteer Resources	Vacant	

### Other

Communications/Marketing/ Community Manager/Office	Anthony Murdoch	<a href="mailto:communications@riverbendcommunity.ca">communications@riverbendcommunity.ca</a> , <a href="mailto:anthony@riverbendcommunity.ca">anthony@riverbendcommunity.ca</a>
Maintenance	Terry Martineau	<a href="mailto:terry@riverbendcommunity.ca">terry@riverbendcommunity.ca</a>
Softball League	Russ Blazeiko	<a href="mailto:rblaze@telus.net">rblaze@telus.net</a>
Volleyball League	Norman Dupuis	<a href="mailto:normantyledupuis@gmail.com">normantyledupuis@gmail.com</a>

### District Representatives

Calgary Police Community and Liaison Officer	Cst. Sue Bennett	403-266-1234
To report an emergency or crime in progress please call 911.		
To report a historical crime or if there is not an immediate need for police, please call the Calgary Police non-emergency line at 403-266-1234.		
For online reporting please visit <a href="http://calgarypolice.ca">calgarypolice.ca</a> .		
Councillor Ward 11	Kourtney Penner	<a href="mailto:Ward11@calgary.ca">Ward11@calgary.ca</a>
MLA Calgary Peigan	Tanya Fir (UCP)	<a href="mailto:Calgary.Peigan@assembly.ab.ca">Calgary.Peigan@assembly.ab.ca</a>
MP Calgary Shepard	Tom Kmiec (PC)	<a href="mailto:Tom.Kmiec@parl.gc.ca">Tom.Kmiec@parl.gc.ca</a>
School Board Trustee (Calgary Public School Board) Ward 11 and 13	Nancy Close	<a href="mailto:neclose@cbe.ab.ca">neclose@cbe.ab.ca</a>
School Board Trustee (Calgary Catholic School Board) Ward 11 and 12	Cathie Williams	<a href="mailto:cathie.williams@cssd.ab.ca">cathie.williams@cssd.ab.ca</a>
Girl Guides Riverbend	Holly Sweeney	<a href="mailto:hollysweeney6@outlook.com">hollysweeney6@outlook.com</a>
Scouts 77th East Glenmore Scout Group	Rose Martin	<a href="mailto:rose_m@shaw.ca">rose_m@shaw.ca</a>



# Key Things to Know About for July 2025

Stay connected to all things Riverbend at [www.riverbendcommunity.ca](http://www.riverbendcommunity.ca), and Facebook, X (Twitter), and Instagram @riverbendyyc

## New Office Hours

Due to staffing changes and ongoing operational changes, we have changed our office hours. Our new office hours are effective May 9, 2025. Please note these hours are subject to change without notice.

Monday to Wednesday: 11:00 am to 3:30 pm

Thursday and Friday: By appointment only (email below)

Please email [anthony@riverbendcommunity.ca](mailto:anthony@riverbendcommunity.ca) with any questions.

## Volunteer With Us!

If you are interested in volunteering, please visit our website at [www.riverbendcommunity.ca/volunteering](http://www.riverbendcommunity.ca/volunteering).

## Thank You

We would like to thank all the vendors and volunteers who helped out with the first annual Riverbend Neighbour's Day and Outdoor Market, which was held on June 21, 2025!

We had such a great event, and it was well attended by everyone!

We want to thank our event sponsors Tarryn Hamilton Real Estate, as well as the local Girl Guides for all their help, and all the vendors and volunteers as well! Thank you!

We would also like to thank everyone who took part in the Spring Parade of Garage Sales on June 7, 2025. It was a great turnout!

## Upcoming Events

**September Back to School Movie Night - Save the Date!**

**September 19**

We will be showing a special movie on September 19 to kick off the school year!

Stay tuned for the movie title!

Food trucks will arrive on site at 4:00 pm. Movie starts at 6:00 pm.

\$3 for members, \$5 for non-members. Cash concession.

Stay tuned for more details at [www.riverbendcommunity.ca](http://www.riverbendcommunity.ca).

## Fall Parade of Garage Sales

The fall 2025 garage sale will be Saturday, September 20 from 9:00 am to 2:00 pm. More details to follow!

## Membership Supports Our Community! Become an RCA Member Today!

Being a member of the Riverbend Community Association comes with great perks and is a good way to support your local community. What does an RCA membership get you? Great discounts from our partners and 15% off community centre rentals for starters.

The cost of an RCA membership is \$25 for families and individuals or \$15 for seniors, per year (plus GST). There are three ways to sign up:

- Fill out the online form at [www.riverbendcommunity.ca/membership](http://www.riverbendcommunity.ca/membership).
- Via mail by cutting out and completing the membership form in this issue of Riverbend Connects. Mail to Riverbend Community Association: 19 Rivervalley Dr SE, Calgary AB T2C 3S1.
- In person at the Riverbend Community Centre (exact cash or cheque only).

## We Love Riverbend

Show off your love of Riverbend by purchasing our community association branded spirit gear merchandise! Visit our official online shop to grab some great quality clothing and winter gear made by brand-name manufacturers.

We've got everything from quality hoodies, joggers, T-shirts, jackets, sweatshirts, and even toques, for the whole family. Best of all, you can fully customize many of our items with your name, colour, or lucky number. No minimum order quantities required. Free shipping on orders over \$75! Support the Riverbend Community Association today.

Visit [riverbendcommunity.entripyshops.com/](http://riverbendcommunity.entripyshops.com/).

## Host Your Next Event with Us!

Looking for a spot to host your next event? Look no further than your own community!

*continued on next page*

## Key Things to Know About for July - *Continued*

The perfect spot for a wedding, family celebration, birthday party, or business meeting.

- Main level with two rooms to serve your needs, 175 or 64 banquet seating capacity.
- Bluetooth, Wi-Fi, and AV capabilities.
- Fully accessible kitchen with commercial fridge, commercial dishwasher, and warming ovens.

Book your event today at [www.riverbendcommunity.ca/facility-rentals](http://www.riverbendcommunity.ca/facility-rentals)!



### Fall Dance Fitness

We will be again having Dance Fitness for the fall!

Fall 2025 sessions start on Monday, September 8<sup>th</sup>! Stay tuned for more details!

**Cost**

- \$60 for RCA Members
- \$80 for Non-Members
- \$20 Drop-In Classes

REGISTER ONLINE - [WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS](http://WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS)



## RIVERBEND

• community association •

### NEW - OFFICE HOURS

**MONDAY** 11:00am-3:30pm  
**TUESDAY** 11:00am-3:30pm  
**WEDNESDAY** 11:00am-3:30pm  
**THURSDAY** By Appointment  
**FRIDAY** By Appointment

Hours are subject to change without notice

AFTERHOURS EMAIL:  
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### Pilates with Yoga Fall 2025

**Tuesdays**  
 September 9, to December 9, 2025  
 7 PM - 8 PM  
 (Bow River Room)

**Cost**

- \$165 for RCA members
- \$185 for non members

REGISTER ONLINE - [WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS](http://WWW.RIVERBENDCOMMUNITY.CA/PROGRAMS)



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# TURKEY WEDNESDAYS



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YOUTH (11-17) \$19.95

CHILDREN (4-10) \$12.95



1000 Glenmore Court SE, Calgary, AB T2C 2E6

403-720-5288



# RCA MEMBERSHIP FORM

*Memberships are valid for one year from the date of purchase.*

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Spouse/ Partner Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Number of Children: \_\_\_\_\_

Ages of Children: \_\_\_\_\_

Please let us know what communications you would like to receive from Riverbend Community Association!

- ☐ Volunteer Opportunities
- ☐ Special Events & Community Surveys (as occurring)
- ☐ General Riverbend Community Communications (monthly)

Membership cost:

- ☐ \$25 +GST (\$26.25) - Individual/ Family or Associate
- ☐ \$15 +GST (\$15.75) - Seniors Household



*Please mail completed form with appropriate payment to Riverbend Community Centre, 19 Rivervalley Dr SE, Calgary AB T2C 3S1, or drop it off at the Riverbend Community Association's office.*



## RCA Member Benefits and Discounts

The RCA offers great member discounts at the following vendors below! More details at [www.riverbendcommunity.ca/membership](http://www.riverbendcommunity.ca/membership).

- New for 2025! Cabin Brewing Company - RCA members get 10% off your tab!
- New for 2025! SellPhone Lab - RCA members get \$10 off on all cellphone/laptop/tablet repairs and/or 10% discount on all cellphone/tablet accessories.
- 15% off Riverbend Community Centre rentals.
- Discounts on community programs and events.
- Priority registration for free community programs and events.
- 10% discount for paddle board rentals and paddle board classes from SUP&Flow.
- 25% off burglary, smoke, panic, and medical alarm monitoring fees with Stealth Alarms.
- 25% off paint and 15% off paint supplies at Cloverdale Paint.
- 10% off at Original Joe's restaurant in Quarry Park. \*Some conditions apply.
- One free materials drop off once a month at Ecco Recycling landfill.
- Free week trial and rate discount. F45 Quarry Park Riverbend.
- 10% discount on all services. Willow Park Scholars.
- 10% discount on all products using code: RIVERBEND10. Backyard Meats.
- 10% discount on any order made online using code: RIVERBEND, or via Instagram or Facebook messenger. Joy in Colours.
- 5% discount on services from Bhinder Exteriors.
- 5% discount on auto and home insurance from Toole Peet - Use code FEDYYCMEMBER.
- 10% discount at Plumbing & Heating Paramedics.
- Tooth Crew Family Dental \$100 cashback/Costco gift card with new patient exam and cleaning.
- Ears to You, 20% discount on the purchase of one or two hearing devices.
- \$100 off your first cleaning, and \$25 off cleanings after that for every customer you refer to us! Cottage Care Calgary South.
- Vivid Eye Care - 10% off glasses and sunglasses.
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- TechAbis Construction - 10% discount on labour charges for all services.

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## Fall Programs

September to December

Register online at [www.riverbendcommunity.ca/programs](http://www.riverbendcommunity.ca/programs)

### Dance Fitness Fall

We will have Dance Fitness back again in the fall! Fall session starts on Monday, September 8.

Please check out the August issue of the newsletter, or our website for registration details coming soon. Have a fabulous summer!

Cost \$165 for RCA members | \$185 for non-members  
| Drop-in price \$20

### Pilates with Yoga

We will again be holding fall Pilates with Yoga. If you are new to physical activity, please check with your physician prior to starting a new exercise routine.

Classes will be held on Tuesdays from 7:00 to 8:00 pm, at our centre, from September 9 to December 9. Stay tuned for more details!

Cost \$165 for RCA members | \$185 for non-members

### Adult Volleyball 2025/26

The league is composed of players with a variety of ages and skill levels but is generally an easy-going league. Games are mostly Wednesday nights at the Holy Angels Elementary School from September to April with a break in December/January for the holiday season. Registration fee includes a wind-up party. The league is inclusive and accepts individuals and teams as space is available.

Start Date: Wednesday, September 10 from 7:00 to 8:30 pm

Please Note: You need to purchase an RCA membership before being able to register for this program.

Registration opens this month - Stay tuned!

Cost \$185



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



# FALL PARADE

## OF GARAGE SALES

Saturday, September 20, 2025  
9 am - 2 pm

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Age-Friendly Calgary Essential Numbers for Seniors in Calgary	
<b>9-1-1 Emergency (24-Hour)</b>  For EMERGENCY medical, fire, and police response. Call the non-emergency police line at <b>403-266-1234</b> to report an incident that is not an emergency.	<b>403-SENIORS (403-736-4677)</b> The Way In  Information, advice, and help accessing programs and benefits for older adults.
<b>8-1-1 Health Link (24-Hour)</b>  Health advice (including dementia advice) from a registered nurse.	<b>403-266-HELP (403-266-4357)</b> Distress Centre and SeniorConnect (24-Hour)  Crisis support and urgent social work response (including if you are concerned about a senior at risk in the community).
<b>3-1-1 City of Calgary (24-Hour)</b>  Information on all City of Calgary services. <a href="http://www.calgary.ca">www.calgary.ca</a> .	<b>403-943-1500 Access Mental Health</b>  Non-urgent advice on navigating the addiction and mental health system.
<b>2-1-1 Community Resources (24-Hour)</b>  Information and referrals for community and social services. <a href="http://www.ab.211.ca">www.ab.211.ca</a> .	<b>403-705-3250 Elder Abuse Resource Line (24-Hour)</b>  Confidential information and support, or to report a suspected case of elder abuse.
Telephone language interpretation service available on all lines.	

## TRAFFIC & SAFETY AWARENESS

### CALGARY POLICE SERVICES TRAFFIC

The Residential Traffic Safety Unit is attached to the Traffic Section of the Calgary Police Services. Report an ongoing traffic concern related to the following:

- Speeding Issues
- School or playground zones
- Trucks / Commercial vehicles
- Pedestrian safety issues
- Intersection safety issues
- Motorcycle issues
- Illegal turns





[WWW.CALGARY.CA/CPS/TRAFFIC/TRAFFIC-SERVICE-REQUESTS.HTML](http://WWW.CALGARY.CA/CPS/TRAFFIC/TRAFFIC-SERVICE-REQUESTS.HTML)



# Riverbend

## Community Centre

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[WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS](http://WWW.RIVERBENDCOMMUNITY.CA/FACILITY-RENTALS)



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Dr. Tasha Chrbet, DDS



Dr. Megan Lawless, DDS



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# Photo Gallery



May 2025 Carburn Park by Mary Jo Manuel



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## Word of the Month

**Lugubrious: Adjective**  
(loo-GOO-bree-us)

Looking or sounding  
very gloomy and sad.

He droned on in his  
lugubrious tone.





# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Riverbend. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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**RIVERBEND MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

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