# SETON HOMEOWNERS



### THE OFFICIAL SETON COMMUNITY NEWSLETTER



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### **CONNECTING TO CREATE** A VIBRANT COMMUNITY

Waste services

Transportation

· Animal services

Homes Division

Construction

Planning

Leasing

Construction

Customer care

Commercial Division

Sales



With such a large team committed to working together and making Seton the best place to call home, it can be confusing to navigate who to connect with and how. See below on how to best connect with your community.

#### CITY OF CALGARY

- Maintenance of public spaces, (pathways, parks, ponds, streets, etc.)
- Tree care & replacement in public green spaces
- · Snow removal on City streets
- · Building, planning, and business
- · Parks and recreation
- Taxes and property assessment
- · Social programs and services
- Bylaws and public safety
- Calgary Fire Department
- Calgary Police Services

311 | calgary.ca

· Operations of the future HOA facility & park

**SETON HOA** 

- · Community programming & events
- Future maintenance of HOA owned land/ amenities in community
- Future seasonal lights
- · Community engagement
- Future enhanced landscape maintenance & snow removal in key public (City of Calgary) green spaces & pathways
- Automatic Membership encumbrance registered on Seton Homeowner's title
- Not for profit organization

info@setonhoa.ca | seton-connect.com

f @setonyyc | @seton\_yyc

### **BROOKFIELD RESIDENTIAL**

#### Communities Division

- Planning
- Underground services
- · Road & sidewalk construction
- Park & green space construction & maintenance until turned over to City of Calgary (see map)
- Tree Planting
- · Architectural controls
- HOA support

info.calgary@brookfieldrp.com | (403) 231-8900

#### **FUTURE SETON CA**

- · Celebrating community
- · Community advocacy for
  - Schools
- Safety
- Urban planning
- · Community issues
- Civic issues
- · Recreational sports leagues
- Community programming (minor sports) & events
- Future development of allocated CA land
- Optional membership
- Not for profit organization

If you are interested in being involved with setting up the Seton Community Association, email info@setonhoa.ca

Community by Brookfield Residentia



### N Seton Homeowners Association

BOARD OF DIRECTORS				
Deb Glover	President - Brookfield Director			
Karen Shopland	Secretary - Brookfield Director			
Kristine Aghajanova	Treasurer - Brookfield Director			
Steven Phan	Returning Director			
Temi Bolaji	Returning Director			
Christopher Williams	Returning Director			
Andrew Picklyk	Returning Director			
Esther Adeoye	Returning Director			
Adeniyi Ogunwusi	Returning Director			
Dana Kulchyski	New Director			

### **Annual General Meeting**

Thank you to all residents that joined us at the Seton HOA Annual General Meeting on Wednesday, November 6. Meet your new Resident Directors and read the meeting minutes on our website - www.seton-connect.com.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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### **SETON HOA**

### **Contact Info**

**Email:** info@setonhoa.ca

**Website:** www.seton-connect.com **Facebook:** www.facebook.com/setonyyc **Instagram:** www.instagram.com/seton\_yyc/





### **Key Highlights**

### **Construction of the Seton Homeowners Association Facility Commences**

Construction is set to begin on the facility and park. Spanning approximately 14,000 square feet and nestled on a strategically placed six-acre site, the facility promises to be a hub for resident interaction, recreation, and relaxation. From versatile multiuse rooms to outdoor amenities like a splash park, skating area, and playground, the facility and park aim to cater to diverse interests and ages within the community.

#### About the SHOA

The Seton Homeowners Association (SHOA) is professionally operated to oversee the operations, care, and maintenance of community assets. These include entry features, amenities, and the highly anticipated Seton HOA facility.

#### **Board of Directors**

At the helm of the SHOA stands a dedicated Board of Directors, currently comprising seven members from the community and three representatives of Brookfield Residential, the developer of the Seton neighbourhood. This collaborative board structure ensures that residents have a strong voice, community interests are upheld, and policies are implemented for the collective benefit.

#### **Community Facility and Recreational Programming**

The SHOA is planning a range of lifestyle and recreational programs, events, and drop-in activities to be offered when the HOA opens. Residents will have the opportunity to participate in these activities and even rent spaces and packages for their private events at member exclusive rates.

#### **Looking Ahead**

As Seton and Seton Ridge communities continue to flourish, SHOA remains committed to its mission of enhancing quality of life, fostering connections, and supporting the evolving needs of its residents. With the support of Brookfield Residential, SHOA is poised to navigate initial operational challenges and thrive as a cornerstone of community cohesion and enrichment.

For further information and updates, visit the SHOA website at www.seton-connect.com or contact info@setonhoa.ca.



Park layout



Seton Building (1)





### **SAFE AND SOUND**

### **Cold Weather Safety**

by Alberta Health Services

Emergency Medical Services (EMS) paramedics respond to a number of cold weather-related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

#### Frostnip

- · Frost-nipped skin is extremely cold, but not vet frozen skin:
- It commonly affects the ears, nose, cheeks, fingers and toes:
- The skin may look red and possibly feel numb to the touch;
- · When treated promptly, frostnip usually heals without complication;
- · Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

#### **Frostbite**

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- · Affected skin may look white and waxy and will feel hard to the touch;
- · Move to a warm environment immediately and place the affected area in warm, not hot, water until fully re-warmed:
- Call 9-1-1 or seek further medical attention as required.

### Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- · Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- · Left untreated, severe hypothermia may progress to unconsciousness or death:



- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.







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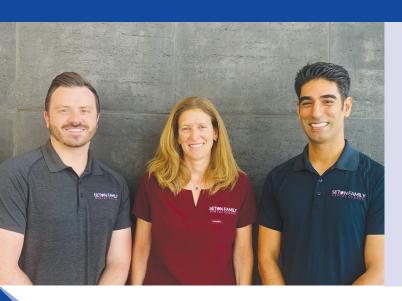
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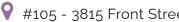


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### **Easy Turkey Chili**

by Jennifer Puri

Turkey is a large bird which is rich in protein and other nutrients such as iron, zinc, and selenium. It provides many of the same calories as chicken and most people are easily able to digest it.

Ground turkey is an inexpensive way to consume turkey and over the years has grown in popularity as a substitute for ground chicken. Rich in vitamins and minerals it can contribute to a healthy diet as it is low in fat. Dark meat is more flavourful but has more calories than white meat without the skin.

Turkey can be added to soups, salads, sandwiches, burgers, or Chili as shown in this Easy Turkey Chili recipe below.

Prep Time: 15 minutes

Cook Time: 1 hour

Servings: 6
Ingredients:

- 1 lb lean ground turkey
- 2 tbsps. olive or vegetable oil
- 3 garlic cloves finely chopped
- 1 medium yellow onion chopped
- 1 red bell pepper finely chopped
- 1 900 ml carton (low sodium) chicken broth
- 1 28 oz can diced tomatoes
- 1 small can corn niblets drained and rinsed
- 1 540 ml can black beans drained and rinsed
- 1 540 ml can red kidney beans drained and rinsed
- ½ tsp Chili powder
- 2 tsps. ground cumin
- 1 tsp dried oregano
- 1 tsp salt
- ½ tsp ground black pepper

#### **Directions:**

- In a large pot add olive or vegetable oil, chopped onion, garlic, and red pepper. Sauté the vegetables for 3 to 4 minutes until onions are softened and then add the ground turkey. Sauté the turkey for 4 to 5 minutes until cooked through.
- Add the Chili powder, ground cumin, oregano, salt and black pepper and continue to cook for a couple of minutes.

- Add the black beans, kidney beans, corn, and diced tomatoes and blend in with the turkey.
- Add the chicken stock and bring to a boil and then reduce heat and allow the Chili to simmer for approximately 45 minutes, stirring occasionally.
- Garnish the Turkey Chili with sour cream, shredded cheddar cheese and chopped coriander leaves or taco chips and sliced avocado if preferred.

Bon Appétit!





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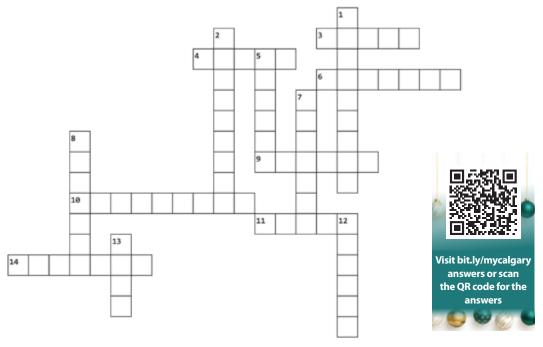
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#### Across

- 3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's* \_\_\_\_\_\_, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
- 4. *Driving Miss* \_\_\_\_\_\_, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
- 6. Canadian singer, Nelly \_\_\_\_\_, was born on December 2, 1978, in Victoria, British Columbia.
- 9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
- 10. December's official birthstone has the same name as the colour that it is.
- 11. Dr. Martin Luther King Jr. was awarded the Nobel \_\_\_\_\_\_ Prize on December 10, 1964.
- 14. James Cameron's \_\_\_\_\_\_ was first released on December 19, 1997, and is one of the highest-grossing films ever.

#### Down

- 1. International \_\_\_\_\_\_ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
- 2. December's birth flowers are the \_\_\_\_\_ (also known as paperwhites) and the holly.
- 5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "\_\_\_\_\_\_Night".
- 7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
- 8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player \_\_\_\_\_\_\_ Navratilova Best Athletes of the Decade.
- 12. Canadian actor and comedian, \_\_\_\_\_ Levy, was born on December 17, 1946, in Hamilton, Ontario.
- 13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the* \_\_\_\_\_\_, premiered in New Zealand.

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		Properties		Median Price	
		Listed	Sold	Listed	Sold
October 2	4	43	25	\$399,900	\$395,000
September 2	4	33	20	\$484,950	\$471,750
August 2	4	34	19	\$445,000	\$440,000
July 2	4	32	11	\$426,000	\$422,972
June 2	4	20	23	\$437,700	\$432,500
May 2	4	20	24	\$434,894	\$433,944
April 2	4	21	19	\$430,000	\$430,000
March 2	4	22	31	\$434,900	\$432,500
February 2	4	37	32	\$404,944	\$404,013
January 2	4	21	28	\$412,339	\$418,500
December 2	3	22	21	\$429,900	\$427,500
November 2	3	25	18	\$397,400	\$394,900

To view more detailed information that comprise the above MLS averages please visit seto.mycalgary.com

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