

MAY 2023

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# WALDEN LIFE

THE OFFICIAL WALDEN COMMUNITY NEWSLETTER



walden



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		Properties		Median Price	
		Listed	Sold	Listed	Sold
March	23	28	28	\$439,393	\$444,250
February	23	24	17	\$510,000	\$505,000
January	23	13	9	\$445,000	\$461,088
December	22	8	5	\$529,900	\$520,000
November	22	11	11	\$395,000	\$390,000
October	22	14	24	\$419,950	\$416,500
September	22	23	20	\$387,400	\$387,000
August	22	21	19	\$359,900	\$355,000
July	22	26	22	\$406,444	\$402,500
June	22	37	33	\$484,000	\$475,000
May	22	42	33	\$477,000	\$497,500
April	22	41	32	\$439,500	\$444,000

To view more detailed information that comprise the above  
MLS averages please visit [wald.mycalgary.com](http://wald.mycalgary.com)

## GAMES & PUZZLES

### Guess That Movie!

1. On Amity Island, beachgoers are harassed by a bloodthirsty sea beast.
2. An unlikely chef fulfills his dream of working in a famous Parisian restaurant.
3. A visit to a theme park full of genetically modified creatures goes very wrong.
4. The anti-social protagonist embarks on a journey to rescue a princess and save his home.
5. An overwhelmed princess escapes her duties and explores Rome with a stranger.



**SCAN THE QR CODE  
FOR THE ANSWERS!**



### Joke of the Month

What do you call a little  
bear with no teeth?

A gummy bear.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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To contact the board, please email [board@waldenca.ca](mailto:board@waldenca.ca).

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- EMAIL US: [info@waldenyyc.ca](mailto:info@waldenyyc.ca)

## WALDEN REWARDS

Walden has established its very first partnership! Present your Walden Community membership card at Green Chili\* and receive 10% off your order!

*\*Walden location only. Dine in or take out. Food items only.*



SCAN HERE TO VIEW ADDITIONAL WALDEN CONTENT

News, Events, & More

Crime Statistics

Real Estate Statistics



## VOLUNTEERS NEEDED

If you would like to volunteer on committees or other community related activities, please contact us at [info@waldenyyc.ca](mailto:info@waldenyyc.ca), we would love to have you!

Visit Our Website:  
[www.waldenyyc.ca](http://www.waldenyyc.ca)

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Walden Block Watch Page:  
[www.facebook.com/groups/waldenblockwatch](https://www.facebook.com/groups/waldenblockwatch)  
\*\* Proof of residency required to join the block watch page\*\*

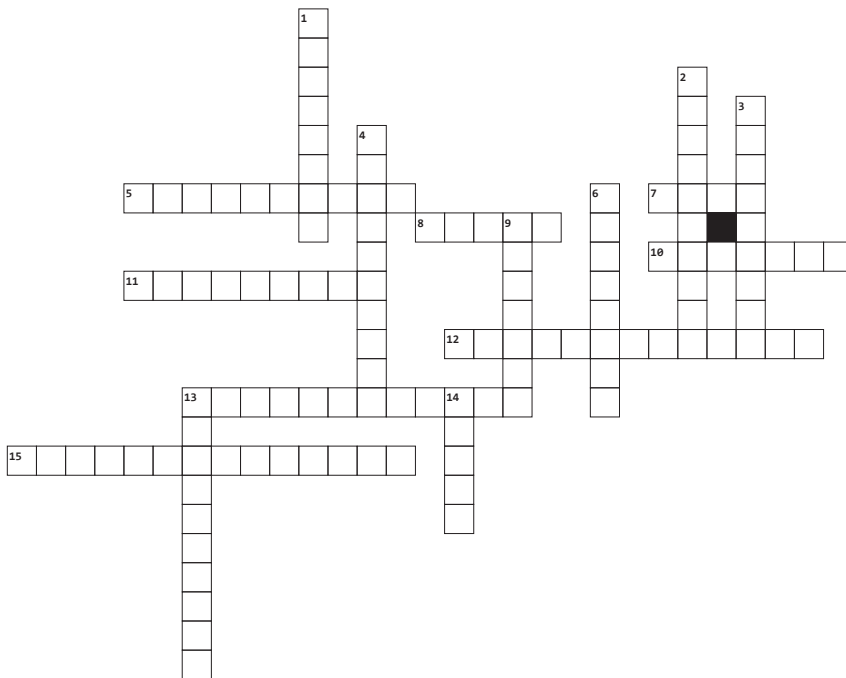
New members asking to join must either live in or run a local business in the Calgary community of Walden. Along with your request to join, please PM proof of residency to Julia Wiencki. Proof of residency will be permanently deleted upon verification. Please allow up to a week for processing.

- Acceptable forms of proof of residency:
- low-res photograph of a utility bill confirming address
  - photograph of valid Walden Community Association membership
  - low-res photograph of photo ID (please black out any identification numbers)

**Calling All BABYSITTERS**  
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**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

# May Crossword Puzzle



## Across

5. Originally from Nunavut, this artist has won both a Polaris Music Prize and a JUNO for her unique blend of throat singing with Western music genres.
7. In May of 1918, some women were given the ability to do this.
8. World \_\_\_\_\_ Day celebrates and raises awareness for this endangered water dwelling mammal.
10. On May 15, this band, hailing from Hamilton, Ontario won Group of the Year at the 2022 JUNO awards.
11. A *Star Wars* pun becomes very popular on this day.
12. This actor and ex-wrestler has both their American and Canadian citizenship, only getting the latter at the age of 37.
13. This classic children's toy was introduced on May 1, 1952, and was the first toy ever advertised on television.
15. On May 11, 2019, this novel by Eden Robinson won the Ethel Wilson Fiction Prize.

## Down

1. On May 17, 1642, this Canadian city was founded by Paul de Chomedey, Sieur de Maisonneuve.
2. At San Francisco's Grand Opera House, this was played for the first time on May 4, 1878.
3. This clothing item was patented 150 years ago.
4. Released 28 years ago, this film increased tourism in Scotland.
6. A solar eclipse on May 29, 1919, proved \_\_\_\_\_'s theory of general relativity.
9. Canada's first \_\_\_\_\_ was found in 1998 in Yukon Territory.
13. In the United States, the most phone calls are made on this holiday.
14. On May 30, 1966, the first full-disk image of \_\_\_\_\_ was taken.

**SCAN THE QR CODE FOR  
THE ANSWER KEY**



### Data Privacy

from the Better Business Bureau

The possibility of a cyberattack by a foreign country has gone from being the stuff of science fiction to a common threat that is often reported in the news.



While it may seem like there is nothing an individual can do to stop a cyberattack, there are some best practices that consumers and businesses can do to help guard against losing important personal information to cyber thieves. When online, safeguard your information to help avoid scam fraud, and identity theft. Periodically, it is a good idea to review who has your information. The Better Business Bureau and the National Security Alliance offer the following tips to help secure the privacy of critical information.

- **Share with care.** Posts on social media last a long time. Consider who will see the post, how readers might perceive it, and what information it might reveal about the individual posting it.

- **Manage privacy settings.** Check the privacy and security settings on web services and apps and set them to your comfort level for information sharing. Each device, application, or browser used will have different features to limit how and with whom you share information.
- **Personal info is like money. Value it. Protect it.** Personal information, such as purchase history, IP address, or location, has tremendous value to businesses – just like money. Make informed decisions about whether or not to share data with certain businesses by considering the amount of personal information they are asking for and weighing it against the benefits you may receive in return.
- **Make your passwords long and strong.** Use long passwords with a combination of upper- and lower-case letters, numbers, and symbols – eight characters for most accounts and twelve characters for email and financial accounts. Don't use the same password for multiple accounts, especially email and financial. Keep a paper list of your passwords in a safe place, not on or near your computer. Consider using a password vault application. See BBB's tips for creating a strong password.

For more information go to [BBB.org](http://BBB.org).



### NEWSLETTER INFORMATION

**Content Deadline:** Content for the newsletter is due by the first of the month, this includes pictures and content. See guidelines below.

Email: [newsletter@waldenyyc.ca](mailto:newsletter@waldenyyc.ca)

**Articles:** you try to keep the word count to 300 words maximum. (The longer the article the less chance it will be picked up and published).

**Pictures:** Cover photos need to be 1MB and 300 dpi.



**Councillor, Ward 14**  
**Peter Demong**

📞 403-268-1653

✉️ eaward14@calgary.ca

🌐 www.calgary.ca/ward14

Greetings Ward 14!

When seeking the honour of standing for Calgarians, community associations become part of your life. Constant contact with them has been a critical part of the job. That has been my policy, and I believe it has served me well.

The importance of community associations to a Councillor is obvious, but I hope others see this value too. In Calgary, there are 152 community associations that stand for almost 200 neighbourhoods. More than 20,000 community association volunteers contribute approximately 2.4 million hours (about 274 years) of public service every year to organize and host social, recreational, and educational programs. They manage important neighbourhood facilities and are also often points of contact for local land use changes—providing engagement with the community beyond what is required by the City. Perhaps most importantly, they give a sense of community.

There are many ways to support these important organizations. Becoming a member of your local community association is a good start. You can also volunteer varying amounts of your time. There are all sorts of ways to help.

If you believe that strong community bonds are critical (like I do), consider getting involved with your community association. At the very least you will get to meet some of your neighbours, but you might also make your community a better place.

In the full version of this column at [calgary.ca/ward14newsletter](http://calgary.ca/ward14newsletter), you can read about Neighbour Day, Community Cleanups, Calgary’s River Valley’s Plan, and other topics.

Feel free to contact me any time. The best way to contact me is by visiting [calgary.ca/contactward14](http://calgary.ca/contactward14) or calling 403-268-1653.

*Councillor Peter Demong*



**MP Calgary Midnapore**  
**Stephanie Kusie**

204 – 279 Midpark Way SE  
Calgary, AB T2X 1M2

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✉️ stephanie.kusie.c1@parl.gc.ca

🌐 stephaniekusiemp.ca

Dear Constituents,

As the seasons change, the temperature isn’t the only thing rising.

Last month, Justin Trudeau embarked on his plans to triple the carbon tax, and with it, triple the cost of everything - the cost of food, fuel, and even home heating. But he didn’t stop there, his government also increased the tax up on beer, wine, and spirits meaning that since 2017 the taxes on alcoholic beverages have increased by a staggering 14.1%!

What’s worse is that Justin Trudeau has had countless opportunities in the House of Commons to stop the increase altogether. My CPC colleagues and I have been clear in our opposition to raising taxes on Canadians and have urged the government at every step to listen to Canadians and stop making life more expensive.

In early April, I had the opportunity to speak with students in grades five and six at Sundance School for CIVIX Canada’s annual Rep Day program. I enjoyed speaking to students about my role as an MP, Canada’s democracy, and the importance of protecting it.

My team and I are planning for more Virtual or In-Person Town Halls – like my last Virtual Town Hall with the Deputy Leader of the Conservative Party and MP for Thornhill, Melissa Lantsman – in the coming months. To stay up to date on any upcoming Town Halls and my ongoing work in Ottawa on your behalf, please sign up for my monthly e-newsletter and participate in my monthly survey question at [StephanieKusieMP.ca](http://StephanieKusieMP.ca).

Sincerely,

*Stephanie Kusie*

MP Calgary Midnapore





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## BRAIN GAMES SUDOKU

		8			1			
	5							1
9			5		2			7
				3				
			1		5	9		
						2	3	6
			8			7		
2	7	5			6			1
	3						5	

SCAN THE QR CODE FOR THE SOLUTION





## Carolyn's Corner: Fantasy Makes a Fantastic Garden

Imagine your dream landscape, one made of memories of gorgeous gardens seen in travels, stunning photos in magazines, and a good dose of imagination. Our fantasy gardens can say a lot about our personalities.

Practical types with well-organized minds may dream up orderly rows of vegetables with potatoes, fringed lettuces, and delicate french beans tied up neatly on bamboo tripods. A fringe of red stemmed Swiss chard adds a colourful element while maintaining the practicality of being consumed. Mulched pathways dividing groups of berry-bearing shrubs and the cascading stems of raspberries are the main theme in this dream.

Those with an engineering mind may fantasize about rows of apple trees neatly espaliered against garages, ensuring their fruit are in precisely ordered ranks for no muss no fuss harvesting. Simple, clean spaces with functionality are highly prized to create a peaceful feeling in any season.... including a winter dip into the hot tub! This gardener is likely to prefer uncomplicated flowers like tulips and well-behaved evergreens that fall into line... just like the ones they draw at work.

The meditative mind will be drawn to the serenity of a Japanese garden, where every stone and each plant are placed with much forethought. White sand raked into sweeping patterns, a wooden bench under a pergola, and the soft sound of a fountain allow quiet, contemplative moments that are critical to calming a busy mind. Picture yourself under the shade of a tree nestled within the delicate texture of ferns and the floral scent of lily of the valley all around you. A crisply clipped Bonsai on a small table completes this restful scene. Rich in trees, flowering shrubs, draping vines, and flourishing vegetables within a framework of iron, stone, and wood components, your dream garden awaits!



## Window and Balcony Safety

*from Alberta Health Services*

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

### Windows and Screens

- Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.
- Keep drapery cords out of children's' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard.
- Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

### Balconies

- Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.
- Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.


### Further Prevention Tips

- Toddlers and preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.
- Direct supervision of children is the single most effective way to prevent falls from windows and balconies.
- Install safety devices which limit the distance in which a window can open to a maximum of 10cm (4 inches).
- Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.
- Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.
- EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

# How to BEE a Community Scientist

## Help us document the different pollinators in Calgary!

- 1 Go to **iNaturalist.ca** or download the app. 
- 2 Look around your favourite park or backyard for any **insects visiting a flower**. 
- 3 Take at least **2 clear photos of an insect**, preferably from multiple angles. 
- 4 Take at least **1-2 photos of the plant** where you can see (1) the flower, and (2) the leaves/whole plant. 
- 5 Upload your photos to iNaturalist.  **Tip:** Create a separate observation for the insect and plant.
- 6 Add your insect observations to the Calgary Pollinators Project.  **Tip:** Link your insect and plant observations together. 

 Alberta is home to hundreds of different pollinators – more than 330 kinds of bees, as well as flies, beetles, wasps, and other insects that are critical to our local food supply. We want to get to know the pollinators that call Calgary home and what plants best support them, and you can help! **Community science** involves the collaboration between scientists and the general public to collect and analyze data. The data you uploaded to iNaturalist can be used in research around the world, and close to home!



    
 ✉ [sustain@ucalgary.ca](mailto:sustain@ucalgary.ca)  [@dollecology](https://twitter.com/dollecology)

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