

OCTOBER 2025

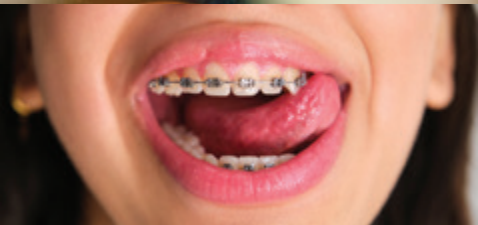
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SCAN ME





Devin Elkin

— WARD 14 —

Rooted in Community

Hello Ward 14 residents, Devin Elkin here.

With this being the last opportunity before we head to the polls on October 20th, I wanted to just take a moment to thank you. For the past 10 years, it has been my joy to serve the residents of Ward 14 as your Ward 14 community assistant. When I reflect on what we have accomplished together it's hard to believe we did this all in that time frame.

To the countless community volunteers that have served on their community association boards, thank you. It was a pleasure working together to make each of your communities the best version of themselves. To those that I have disappointed, know that I tried and sometimes you just can't deliver on the ask. "Your Ward, Your Way" is not as easy as it sounds. In my time serving the ward, I have learned that you will find yourself having to deal with issues that will make some people happy and some will want to tar and feather you in the town square, but know that I wear these failures on my sleeve as reminders to never take this job for granted.

In closing, all I ask is that you have a look at what I have done, and what I will continue to do for those that call Ward 14 home. If you are undecided just make sure you ask one question of all candidates, "How?" How do you plan to accomplish your vision? It's easy to reuse what you hear from residents as policy but truly understanding how to execute vision into reality is so important. Lastly some important dates, advance polls are open October 6th – 11th and election day is the 20th.

Please visit www.electionscalgary.ca to find your voting location and all other related info. If you need a ride to the polling station closest to you, please let my team know at delkin@telus.net and we will make sure you get there and back. Thank you again and here's to getting back to simple civic governance.

Devin Elkin

Rooted in Community

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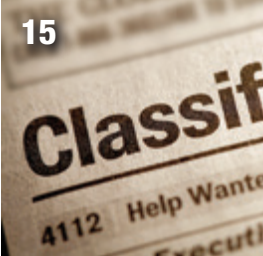
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		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	25	33	28	\$424,500	\$411,250
July	25	39	27	\$619,000	\$605,000
June	25	29	22	\$609,400	\$590,250
May	25	32	33	\$559,000	\$570,000
April	25	30	20	\$699,900	\$701,950
March	25	30	22	\$547,395	\$536,000
February	25	25	19	\$599,000	\$595,000
January	25	26	11	\$499,000	\$495,000
December	24	8	13	\$470,000	\$460,000
November	24	13	20	\$509,900	\$502,500
October	24	21	17	\$614,900	\$607,000
September	24	24	15	\$619,000	\$615,000

To view more detailed information that comprise the above
MLS averages please visit wald.mycalgary.com

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VOLUNTEERS NEEDED

**If you would like to revive the Walden
Community Association, please
contact the City of Calgary by calling
3-1-1.**



Red Deer Lake United Church

Join us at Red Deer Lake United Church where we come and explore God together onsite and online (YouTube - @RedDeerLakeUnitedChurch) every Sunday morning at 10:30 am. We are an affirming, safe space for all. Don't let our name fool you, we are closer than you think and are located only minutes from most communities in the South and 20 minutes from the Northwest via Stoney Trail.

UPCOMING EVENTS

Make sure to check out all of the upcoming events and services!



CONCERT SERIES

On the Edge Concert Series - Love live music? Different artists and genres are played throughout the year at Red Deer Lake United Church. Check out our upcoming concerts at <https://reddeerlakeuc.com/concerts>.

COUNTRY MARKET begins November 15, 10 am – 4 pm

We are expanding the market this year!

In addition to our great crafts/ beautiful handwork, homemade goodies and Gift Baskets, we are adding some outside vendors to the market.

The tables will be available to people who have services or items to sell which are unique and non-competing with each other and our own items. The tables will be rented for \$50 each. Interested in renting a table?

Contact rdlucfundraisers@gmail.com to book your spot today.

RENTALS

We are excited to launch Meadow Green, Wedding and Events Centre at Red Deer Lake United Church. Meadow Green is a 45,000 square foot facility that provides a variety of affordable spaces for weddings, workshops, art shows, performances and much more. For more information visit us at www.meadowgreenevents.ca or contact the office (403) 256-3181 to book your tour today!

Stay up to date on all our events at www.reddeerlakeuc.com.



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Sulphur Mountain Sasquatch

by Garth Paul Ukrainetz

Where hot springs flow from long ago
Where mountain trees did younger grow
A Sasquatch soaked in water hot
And all his problems there forgot

But then one day his world would change
His dear ol' Rocky Mountain range
Banff National Park, the first to be
Now tourists flocked for all to see

Up Sulphur Mountain Sasquatch climbed
His favourite hot pool left behind
He at the top made cave of snow
And cried alone in moonlight's glow

From high above he got to scheming
He'll go back down while Banff was dreaming
So, down below he'd go at night
And back up top by morning light

Where hot springs flow from long ago
Where mountain trees now older grow
A Sasquatch soaks in water hot
With one eye open, lest he be caught



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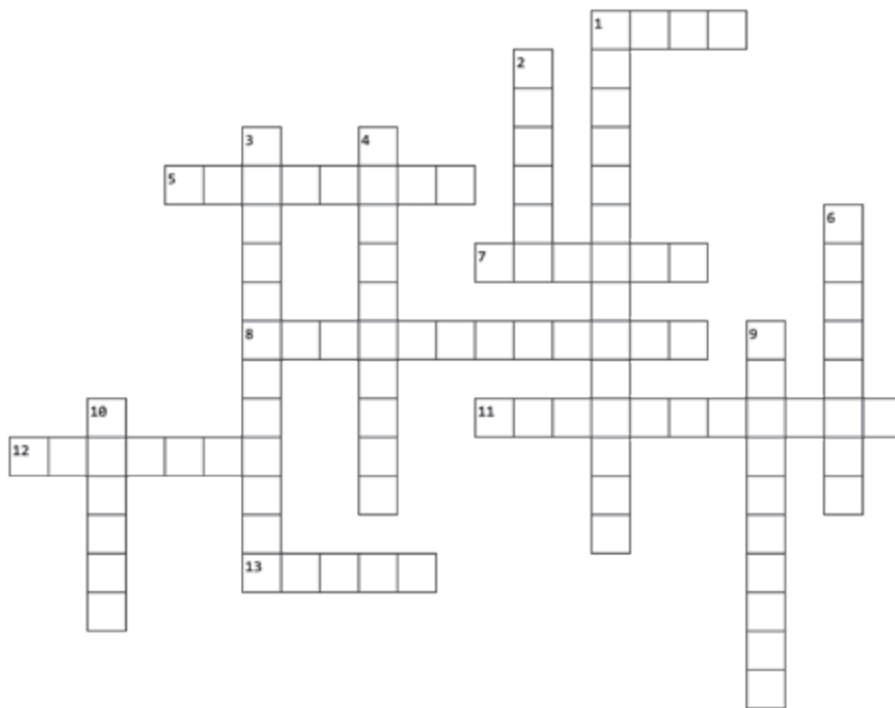
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October Crossword



Visit bit.ly/mycalgary
answers or
scan the QR
code for the
answers

Across

1. This Andrew Lloyd Webber musical debuted on Broadway at the Winter Garden Theatre in October 1982.
5. On October 5 World _____' Day is celebrated to honour those who educate us.
7. Queen Elizabeth II officially opened this iconic Opera House on October 20, 1973.
8. Canadians celebrate this holiday on the second Monday of October.
11. The vibrant hues of autumn leaves are due to a lack of what pigment.
12. This iconic single by John Lennon was released on October 11, 1971, in the United States.
13. On October 8, 2004, Wangari Maathai was awarded the _____ Peace Prize, making her the first African woman ever to receive the award.

Down

1. The Orient Express departed on its first journey from Paris on October 4, 1883, to this city now known as Istanbul.
2. Stock markets crashed worldwide on October 19, 1987, and became known as Black _____.
3. NHL star Glenn Hall, nicknamed Mr. Goalie, was born on October 3, 1981, in Humboldt, _____.
4. Canadian filmmaker James Cameron released the sci-fi action hit, *The _____* in October 1984.
6. This beloved Canadian Ryan was born on October 23, 1976, in Vancouver, B.C.
9. The dystopian novel where books are banned and burned, _____ 451 by Ray Bradbury, was published on October 19, 1953.
10. The "Thrilla in _____" on October 1, 1975, saw Muhammad Ali beat Joe Frazier after 14 rounds.

Salmon and Broccoli Rice Bowl

by Jennifer Puri

Raw or cooked, broccoli is a nutrient-rich vegetable packed with vitamins, minerals, and fibre.

Steaming or roasting tends to preserve the most nutrients and flavour, but raw broccoli is also a great option when paired with dips or in salads.

Cooking broccoli can soften the tough fibres making it easier to chew and digest. Nutrient-rich and low in fat, broccoli can be a healthy, low-calorie snack.

When purchasing broccoli, choose bright green broccoli with crisp, dark green leaves and tightly closed buds. Store in the refrigerator and wash only when you plan to use it.

Create your own stir-fry sauce or use a store-bought one as shown in this simple and easy to prepare salmon and broccoli rice bowl recipe below.

Prep Time: 15 minutes

Cook Time: 20 minutes

Servings: 2

Ingredients:

- 2 fillets of Salmon (4 oz. each)
- ¼ tsp. pepper
- ½ tsp. salt
- 1 tbsp. olive oil
- 2 tsp. black sesame seeds
- 1 crown of broccoli sliced
- ½ cup store-bought stir-fry sauce
- ½ tsp. crushed garlic
- ½ tsp. crushed ginger
- 1 tbsp. sesame seed oil
- 2 cups cooked white, brown, or black rice
- ½ avocado sliced

Directions:

1. Preheat oven to 400 degrees Fahrenheit.
2. Place salmon fillets on a foil lined baking sheet. Drizzle the olive oil on the fillets, sprinkle the salt and pepper, and then bake on the middle rack of the oven for 18 minutes or until salmon is cooked through. Remove salmon from oven, sprinkle with black sesame seeds,



and cut into small chunks.

3. Heat 1 tbsp. of sesame seed oil in a skillet, add the broccoli florets, and sauté on medium heat for 3 to 4 minutes.
4. Next add the garlic, ginger, and stir-fry sauce and continue to sauté until broccoli is tender.
5. To serve, divide the rice into two bowls and top with salmon pieces, broccoli, sliced avocado, and lemon wedges. Spoon additional stir-fry sauce on the broccoli if desired.

Bon Appétit!



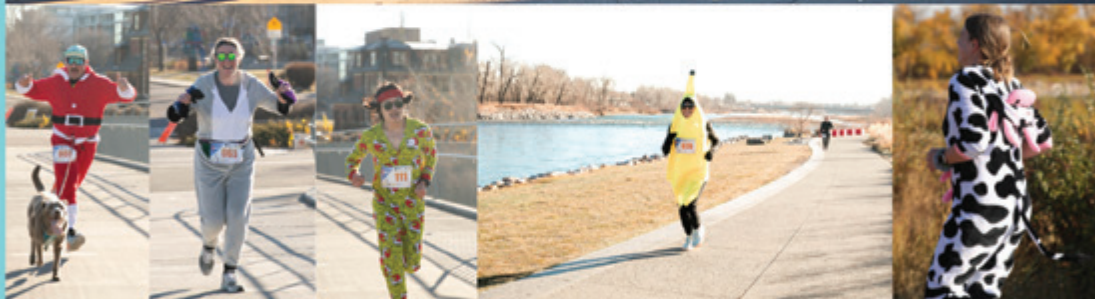
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The State of Public Education in Alberta

by Brit Hart, Public School Board Trustee Candidate

Students in public schools across Alberta, including the CBE, face a potential teacher strike and here's what you need to know:

The vast majority of teachers in Alberta (95%) have set forward a motion to strike in the fall. The Alberta Teachers Association has requested wage increases and support to address overcrowded classrooms.

If a strike happens the Alberta Teacher's Association must provide 72 hours notice before initiating job action.

The government's education budget released this year saw an overall spending increase of 4.5% while within this, private school funding increased by 13%.

Alberta spends nearly \$1 billion of public funds on private education each year, the highest in Canada.

Alberta public schools have the highest enrollment rate in the country, expecting to see 33,000 new students this year. 66.3% of these students are in public school, 23.1% separate, 5.3% private, 1.4% charter.

Alberta public school students receive the lowest funding in Canada, \$11,464 compared to the national average of \$13,692 according to Stats Canada.

Despite providing the lowest per student funding in the country, Alberta students rank second globally for science and literacy and seventh in math according to the Programme for International Student Assessment (PISA).

Our teachers continue to do more with less each year. In 2012 Alberta was ranked third for student funding in Canada and in the last 12 years we have dropped to the bottom. While we continue to see the overall rate in which we invest in education decrease, our public school teachers continue to deliver students that rank among the highest globally in academics.

What our educators are asking for is a fair wage increase, more classroom supports, and a plan to reduce classroom sizes. The initial offer from the province included a 12 percent general wage increase and improved benefits



and \$405 million in classroom improvements. Note that there are 1,576 public schools currently in Alberta and this number does not account for projected builds. Classroom improvements can include items like salaries for custodians, building repairs and maintenance, and capital infrastructure costs.

While Alberta teachers are recognized to have some of the highest salaries in the country, their compensation (based on number of students per classroom) is ranked tenth, \$1,600 per student below the national average.

Below is a table outlining recommended classroom sizes vs actual classroom sizes in Alberta, provided by the Alberta Commission on Learning.

	Recommended	Actual 2023/24	Max Size 2023/34
K-3	17	22.5	37
4-6	23	23.4	42
7-9	25	26.3	46
High School	27	28.3	56

If you want more information, the CBE has a Labour Action page to help parents navigate the 2025/26 school year. If you have questions or want to support public education in Alberta it is encouraged that you write to your local MLA as well as the Minister of Education, Demitrios Nicolaides and the Shadow Minister for Education, Amanda Chapman.



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