

AUGUST 2024

DELIVERED MONTHLY TO 3,025 HOUSEHOLDS



# myWILLOWRIDGE.ca

THE OFFICIAL WILLOW PARK MAPLE RIDGE COMMUNITY NEWSLETTER

**COMMUNITY APPRECIATION PARTY**  
PAGE 9



**We are participating in the new Canadian Dental Care Plan!**

CALL TODAY AND BOOK YOUR FREE TEETH WHITENING OR ELECTRIC TOOTH BRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS AND CLEANING



**WILLOWSIDE**  
*dental*



**Dr. Lucas Curran**  
General Dentist

- OPEN ON ALTERNATE SATURDAYS
  - EMERGENCIES WELCOME
  - WE DIRECT BILL YOUR INSURANCE
- 580 Acadia Dr SE | 403.455.3220 | [www.willowsidedentist.ca](http://www.willowsidedentist.ca) | Wheelchair accessible

[mywillowridge.ca](http://mywillowridge.ca)

# Shirley & Jeff Mikolajow

Your **Willow Ridge** Specialists

Dedicated Service with Integrity, Always!

Proven Top Sales Knowledge.

Exceptional Marketing and Negotiating.

Consistently Selling for You.



**CALL SHIRLEY & JEFF MIKOLAJOW  
TODAY TO BUY OR SELL.**



Selling homes in Willow Ridge for almost thirty-five years has been exciting for Shirley. Receiving the "Volunteer Award 2024" for Service & Dedication to the Willow Ridge Community was an amazing surprise! Jeff and I love to give out popcorn at many events in this wonderful community and find it exhilarating to see familiar faces and to know that many people love popcorn.

Calgary and Alberta have been our home for approximately forty years. It is a great place for my husband Bill and myself to have raised our two children Jeff and Nadine and to see our four grandchildren growing up in this progressive, beautiful city.

Call us today to receive exceptional service with integrity and smiles. We will be honoured to serve you, ensuring that you maximize the value of your home as well as purchase with top negotiating skills.

**Shirley & Jeff  
Mikolajow**



shirley@mikolajow.com  
jeff@mikolajow.com  
www.mikolajow.com

**403-804-3990**



# WILLOWSIDE *dental*

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WELCOMING NEW PATIENTS



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General Dentist



- Open on alternate Saturdays
- Emergencies welcome
- We direct bill your insurance

**403.455.3220**

[www.willowsidedentist.ca](http://www.willowsidedentist.ca)

580 Acadia Dr SE

Second level

Entrance located on west facing side of building

 Wheelchair accessible

**CALL TODAY AND BOOK YOUR FREE TEETH WHITENING OR ELECTRIC TOOTH BRUSH INCLUDED WITH YOUR COMPLETE EXAM, X-RAYS, AND CLEANING. WE BILL IN ACCORDANCE WITH THE ADA FEE GUIDE.**





# WILLOW RIDGE COMMUNITY ASSOCIATION

## 680 Acadia Drive SE Calgary, AB T2J 0C1

Ph: 403-271-8044  
Website: [mywillowridge.ca](http://mywillowridge.ca)  
Email: [info@mywillowridge.ca](mailto:info@mywillowridge.ca)

We are available by phone Monday to Friday 8:30 am to 3:30 pm  
(Voicemail is checked daily and will be responded to by the end of day the next business day). In-person by appointment only.  
\*\*Closed Weekends and Holidays

### Board Members

President	Jason Carling	<a href="mailto:president@mywillowridge.ca">president@mywillowridge.ca</a>
Vice President	Chris Nyberg	<a href="mailto:vp@mywillowridge.ca">vp@mywillowridge.ca</a>
Treasurer	Kody Shiels	<a href="mailto:treasurer@mywillowridge.ca">treasurer@mywillowridge.ca</a>
Secretary	Dustan Byrnes	<a href="mailto:secretary@mywillowridge.ca">secretary@mywillowridge.ca</a>
Membership Coordinator	Vacant	
Facilities	David Hughes	<a href="mailto:facilities@mywillowridge.ca">facilities@mywillowridge.ca</a>
Sports and Recreation	Vacant	
Funding	Don Boykiw	<a href="mailto:dboykiw@mywillowridge.ca">dboykiw@mywillowridge.ca</a>
Social	Vacant	
Casino	Vacant	
Communications Director	Vacant	<a href="mailto:comm@mywillowridge.ca">comm@mywillowridge.ca</a>
Volunteer Coordinator	Vacant	
Civic Affairs	Gord Rouse	<a href="mailto:grouse@mywillowridge.ca">grouse@mywillowridge.ca</a>
HR Director	Mike Krisa	<a href="mailto:mkrisa@mywillowridge.ca">mkrisa@mywillowridge.ca</a>
Urban Forestry	Gordon Paynter	<a href="mailto:gpaynter@mywillowridge.ca">gpaynter@mywillowridge.ca</a>

### Directors At Large

Director-at-Large	Marshall Horne	<a href="mailto:mhorne@mywillowridge.ca">mhorne@mywillowridge.ca</a>
Director-at-Large	Peter Gibson	<a href="mailto:pgibson@mywillowridge.ca">pgibson@mywillowridge.ca</a>
Director-at-Large	Roger Lohrey	<a href="mailto:rlohrey@mywillowridge.ca">rlohrey@mywillowridge.ca</a>
Director-at-Large	Tom Firth	<a href="mailto:tfirth@mywillowridge.ca">tfirth@mywillowridge.ca</a>
Director-at-Large	Jecielle Alonso	<a href="mailto:jalonso@mywillowridge.ca">jalonso@mywillowridge.ca</a>
Director-at-Large	Katie Bradbury	<a href="mailto:kbradbury@mywillowridge.ca">kbradbury@mywillowridge.ca</a>
Director-at-Large	Susie McQuaid	<a href="mailto:smcquaid@mywillowridge.ca">smcquaid@mywillowridge.ca</a>

### Other Contacts

Soccer Administration	Rich Cree	<a href="mailto:soccer@mywillowridge.ca">soccer@mywillowridge.ca</a>
Garden Liaison	Rob Kettle Leslie Smith	<a href="mailto:wrveggiesandherbs@gmail.com">wrveggiesandherbs@gmail.com</a>

### WRCA Staff

General Inquiries		<a href="mailto:info@mywillowridge.ca">info@mywillowridge.ca</a>
Community Services Manager	Anna Glickman	<a href="mailto:gm@mywillowridge.ca">gm@mywillowridge.ca</a>
Office Administrator		<a href="mailto:info@mywillowridge.ca">info@mywillowridge.ca</a>
Bookkeeper	Jenna Burns	<a href="mailto:jburns@mywillowridge.ca">jburns@mywillowridge.ca</a>

### Community Resources

City of Calgary Liaison	Christa Zaharychuk	<a href="mailto:christa.zaharychuk@calgary.ca">christa.zaharychuk@calgary.ca</a>
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### Community Resources

#### Councillor - Ward 11

Kourtney Penner 403-268-2430 [ward11@calgary.ca](mailto:ward11@calgary.ca)

#### MLA - Calgary Acadia

Diana Batten 403-640-1363 [calgary.acadia@assembly.ca](mailto:calgary.acadia@assembly.ca)

#### MP - Calgary Midnapore

Stephanie Kusie 403-225-3480 [stephanie.kusie.c1@parl.gc.ca](mailto:stephanie.kusie.c1@parl.gc.ca)

#### CPS Community Resource Office

Pavel Adaikin [PAdaikin@calgarypolice.ca](mailto:PAdaikin@calgarypolice.ca)

#### Girl Guides of Canada Calgary Area

403-283-8348 [ggcinfo@calgarygirlguides.com](mailto:ggcinfo@calgarygirlguides.com)

#### Scouts Canada Chinook Council

403-283-4993 [www.scouts.ca](http://www.scouts.ca)

### The Willow Ridge Community Association (WRCA) Vision


To be an integrated community connecting partners, family, neighbours, and nature.

### The WRCA Mission

To foster an integrated community by providing meaningful and inclusive programs and experiences, safe gathering spaces, and advocacy for the needs and interests of our residents.

**GET WRCA NEWS IN YOUR INBOX** – With your membership, receive e-newsletters to share up-to-the minute news and events. We think you'll find the information valuable, but you can unsubscribe at any time.

### SOCIAL MEDIA

 [@willowridgecommunity](https://www.facebook.com/willowridgecommunity)  
 [@willowridge](https://www.instagram.com/willowridge)

**WRCA website**  
[mywillowridge.ca](http://mywillowridge.ca)

The *My Willowridge.ca* is the official newsletter of the Willow Ridge Community Association and is distributed monthly for free to all residents of Willow Ridge (approximately 3,050 households).

**Monthly Board of Directors Meetings are normally held on the third Wednesday of each month, but please check with the office as these meeting dates may change. They commence at 7:00 pm in our WRCA Boardroom. If you would like to make a brief presentation to the WRCA Board, please notify the WRCA office at least three (3) days prior to the meeting date and state the topic you wish to address.**

# OFFICIAL

PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

\$50

Service Call Fee



403-837-4023

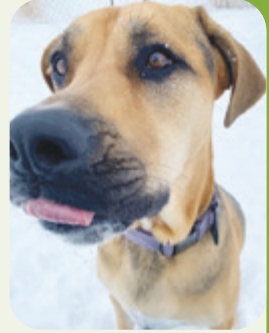
info@officialplumbingheating.ca

official-plumbing-heating.ca

## Pet of the Month

Hi Neighbours,

My name is Daisy, and I am two years old! I love cruising down the street to see all my neighbour friends. You know it's true because I have the biggest puppy wiggle on the block when I see you. I love sleeping in, playing with my toys, eating sticks (even though my parents don't let me), shopping, and relaxing in the sunshine when I am not at the park playing with my friends or out and about with my parents. I hope to see you out on a walk soon.



## ACADEMY

[www.academydenture.com](http://www.academydenture.com)

### DENTURE CLINIC

*Modern Solutions for Missing Teeth*

#### STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

#### WE OFFER:

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- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary initial consultations

**NEW! Suction-Enhanced BPS® Dentures**

Accepting CDCP.  
Coverage starting  
May 1<sup>st</sup>, 2024.  
Ask about our  
digital scans and  
printed dentures.



Southcentre Mall  
Suite 126A, 100 Anderson Rd SE

Book an Appointment  
(403) 269-8308

Tues, Wed, Thur: 8:30 am - 4:30 pm  
Monday by appointment only.

# Rent Our Space!

The Willow Ridge Community Association can accommodate a wide range of guests for activities or functions like wedding receptions, birthday parties, baby showers, workshops/seminars, art shows, fitness classes, and more!

Located outside are two private parking lots, crock curl (in the winter), gaga ball pit, pickleball/tennis courts, lacrosse box/hockey rink, baseball diamond, 50-plot community garden, and a large green space which we use for our WRCA Soccer league in the summer and a pleasure skating rink in the winter.

Our newly renovated, air-conditioned building has the following spaces available for rent!

- The Willow – 1,924 sq. ft. North Hall (135 dining/200 standing) with large windows, built-in audio/speakers, vaulted ceilings, wood sprung floor. Perfect for high-impact activities!
- The Maple – 1,200 sq. ft. South Hall (60 dining/135 standing) with large windows, separate sink/washing area, additional storage, vaulted ceilings, and a sound system.
- The Herard Room – 540 sq. ft. Board Room (25 dining/50 standing) with large windows, available projector, and mounted whiteboard, conveniently situated off the Ridge Lounge. Perfect for small group yoga, art classes, meetings, catering set-up, etc.

The community centre has the following additional features:

- The Ridge Lounge, an upstairs gathering area for members with a view of the rinks/fields.
- Large floor-to-ceiling windows to allow for more natural light.
- Internal stairs and elevator access to lower level.
- Four individual gender-neutral washrooms, two of which are wheelchair accessible.
- Wi-Fi throughout building.
- Large change area/washrooms with rubber flooring, accessible to rink users in the winter.



# Memberships Available Online



**Family  
Membership**  
\$35



**Seniors 60+  
Membership**  
\$20



**Individual  
Membership**  
\$25



**Business  
Membership**  
\$40

*Support your  
Community*



**WILLOW RIDGE  
COMMUNITY  
ASSOCIATION**

Visit [mywillowridge.ca](http://mywillowridge.ca) for more info

## RENTAL RATES: Minimum 3-hour rental on weekends.

Facility	Weekday Hourly 6:00 am Monday to 5:00 pm Friday	*Weekend Hourly 5:00 pm Friday to 1:30 am Monday	Weekend 6 Hours (consecutive) 6:00 am-1:30am	Weekend 13 Hours (consecutive) 6:00 am –1:30 am	Deposit
Willow (North Hall)	\$65/hr.	\$98/hr.	\$ 550	\$1,175	\$ 550
Maple (South Hall)	\$54/hr.	\$81/hr.	\$ 450	\$ 975	\$ 450
Herard	\$33/hr.	\$49/hr.	\$ 275	\$ 575	\$ 275
<b>PARTY PACKAGE (all 3 rooms)</b>	N/A	N/A	N/A	\$2,500	\$1,000

WRCA Members receive a 5% discount for one-time rentals.

Contact: [info@mywillowridge.ca](mailto:info@mywillowridge.ca) or 403-271-8044



# Activities at the Willow Ridge Community Centre

For the most up-to-date information check our website at [www.mywillowridge.ca/activities/events-calendar](http://www.mywillowridge.ca/activities/events-calendar).

## Sundays

- Unity of Calgary Spiritual Community
- Church of Christ
- Dance with Maya
- YYC Drum Circles

## Mondays

- Expand Yoga
- Pathfinders
- Sparks

## Tuesdays

- Devotion Danceworks
- National Sports Academy

## Wednesdays

- Devotion Danceworks
- Expand Yoga
- Girl Guides
- Zumba with Maan, Marian, and MJ

## Thursdays

- Because You Can Fitness
- Embers
- Expand Yoga
- National Sports Academy
- Calgary Karate

## Mondays to Fridays

- FLC Brushstrokes
- FLC Line Dancers
- Queens & Jacks Square Dancing (Monday and Friday)
- Creations Child Care Inc.
- Willow Park Preschool
- Willow Kids Club (Daycare)

## Saturdays

- Devotion Danceworks

## 55+ Coffee and Games

Join us at the Willow Ridge Community Association every second and fourth Monday from 1:00 to 3:00 pm. Meet other community members, play cards, and enjoy cookies courtesy of Canyon Meadows Retirement Residence. Free for WRCA members, \$2 for non-members. Staff will be on site to teach the "game of the month" if you are interested.



### Upcoming Coffee Dates:

- September 9 – Scoop (card game)
- September 23 – Scoop (card game)
- October 14 – 10,000 (aka Moose Farkle)
- October 28 – 10,000 (aka Moose Farkle)

# PLUMBER



## *PLUMBOB Father and Son*

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- ✓ Low Overhead, Great Rates
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- ✓ Free Estimates & Advice
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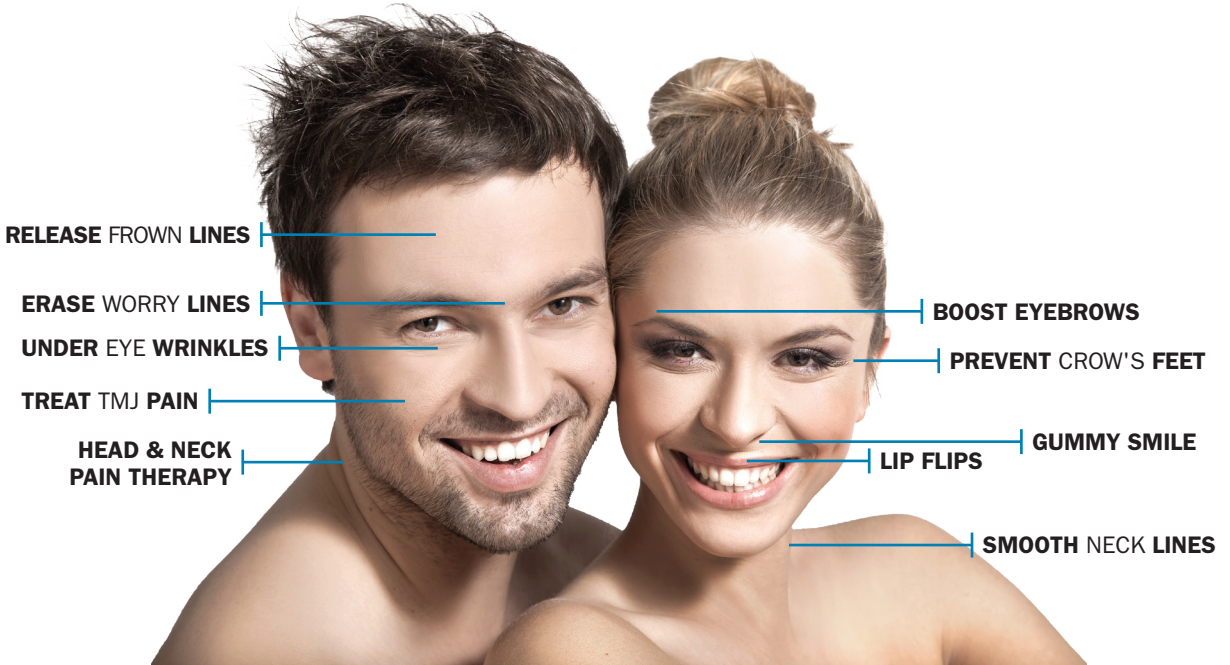
# BOTOX<sup>®</sup>

## COSMETIC

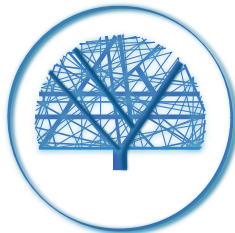
onabotulinumtoxinA  
injection

**STARTING AT**  
**\$8 PER UNIT\***

\*For Therapeutic Treatments Using Dysport.  
Cosmetic Treatments Starting at \$10 Per Unit.



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Complete Exam, Cleaning  
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(Valued up to \$70.00)



## We Follow the ADA&C Fee Guide!

			SAME FEE
Code	Treatment Description	ADA&C Fee Guide Pricing	Willow Park Dental's Pricing
01103	New Patient Exam	\$116.66	<b>\$116.66</b>
02144	4 X-Ray Bite Wings	\$100.36	<b>\$100.36</b>
11113	3 Units Scaling	\$240.90	<b>\$240.90</b>
11101	Polishing	\$71.54	<b>\$71.54</b>
12112	Fluoride Treatment	\$34.66	<b>\$34.66</b>

# Family and Cosmetic Dentistry

Whether you're looking for a simple cleaning and check-up for your family or more advanced Cosmetic work, we can help. We offer a full range of services, from Dental Cleanings and Fillings to Cosmetic Procedures such as Dental Implants, Veneers, Crowns & Bridges, Tooth Coloured Fillings, Teeth Whitening, and more. Oh, and did we mention we're great with kids?



Get the smile you've always wanted with the clear alternative to braces for as little as \$70/week. Book a FREE consultation today and find out if you're a candidate.



**STARTING AT**  
**\$8 PER UNIT**

Want to look like you've turned back the hands of time? Need relief from TMJ or tension headaches? Book a FREE consultation and see how Botox can help!



## We are a digital impression practice.

**Visualize a better smile.**

Do you have a strong gag reflex? Hate the mess of gooey impression materials? The iTero 3D Oral Scanner comfortably captures the intricate contours of your teeth with high levels of precision for crowns, bridges, Invisalign, and much more without the goop or gag.

## Flexible In-Office Financing options available at 0%!





# services



**TEETH WHITENING**



**DENTAL IMPLANTS**



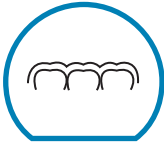
**CERAMIC RESTORATION**



**BOTOX TREATMENTS**



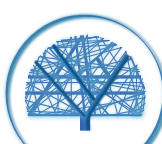
**PORCELAIN VENEERS**



**INVISALIGN**



**SMILE MAKEOVER**



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## CONTACT US

**P 403.768.3227**

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**W www.willowparkdental.com**



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- 14K White Gold
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ACTIVITIES • BEER GARDEN • AND  
MORE TO COME!

**Free Entry**

pre-purchase dinner tickets online at  
[wrca.getcommunal.com](http://wrca.getcommunal.com)

**September 6**  
5-10:30pm

# GOOD FOOD BOX

## Order Online

The Good Food Box Program is part of the Community Kitchen Program of Calgary, where anyone can purchase boxes of fresh fruit & vegetables at an affordable price.

SMALL	MEDIUM	LARGE
\$30	\$35	\$40

Step 1. Order online at [wrca.getcommunal.com](http://wrca.getcommunal.com)  
Step 2. Pick up on delivery day between 3-7pm at the WRCA



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## GAMES & PUZZLES

### Guess The Drink!

1. On August 28, 1898, Caleb Bradham invented this sweet, carbonated drink originally called "Brad's Drink" which was used to relieve dyspepsia (indigestion).
2. In 1969, Walter Chell invented this drink in Calgary which is typically made from Clamato juice, Worcestershire sauce, spices, and vodka.
3. This non-alcoholic drink is named after an iconic 1930s Hollywood child actress.
4. This drink has been around for thousands of years. Legend has it that in 2737 BC, Chinese emperor Shen Nung discovered it while sitting underneath a tree with boiling water.
5. This sparkling wine is named after the region from which it is produced.
6. This caffeinated energy drink from Austria "gives you wings".



SCAN THE QR CODE FOR THE ANSWERS!

AGES 4-12

# WRCA SUMMER Kids Club

JUL 2 - AUG 28

CLOSED STAT HOLIDAYS

\$10.00  
Drop In  
Fee

Mon/Wed

12:30-3:30pm

Tue/Thurs/Fri

9:30-12:30pm

ACTIVITIES:

MUSIC & DANCE	ARTS & CRAFTS
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**WILLOW PARK | MAPLE RIDGE MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | [anita@anitamortgage.ca](mailto:anita@anitamortgage.ca) | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

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