

JULY 2025

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THE OFFICIAL WILLOW PARK MAPLE RIDGE COMMUNITY NEWSLETTER



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General Dentist

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**ReMax First, Shirley Mikolajow**



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# WILLOW RIDGE COMMUNITY ASSOCIATION

680 Acadia Drive SE Calgary, AB T2J 0C1

Ph: 403-271-8044  
Website: mywillowridge.ca  
Email: info@mywillowridge.ca

We are available by phone Monday to Friday 8:30 am to 3:30 pm  
(Voicemail is checked daily and will be responded to by the end of day the next business day). In-person by appointment only.

**\*\*Closed Weekends and Holidays**

## Board Members

President	Jason Carling	president@mywillowridge.ca
Vice President	Dustan Byrnes	vp@mywillowridge.ca
Treasurer	Kody Shiels	treasurer@mywillowridge.ca
Secretary	Jecielle Alonso	secretary@mywillowridge.ca
Membership Coordinator	Vacant	
Facilities	David Hughes	facilities@mywillowridge.ca
Sports and Recreation	Vacant	
Funding	Don Boykiw	dboykiw@mywillowridge.ca
Social	Vacant	
Casino	Marshall Horne	mhorne@mywillowridge.ca
Communications	Karin Holmgren	kholmgren@mywillowridge.ca
Volunteer Coordinator	Vacant	
Civic Affairs	Gord Rouse	grouse@mywillowridge.ca
HR Director	Michael Krisa	mkrisa@mywillowridge.ca
Urban Forestry	Gordon Paynter	gpaynter@mywillowridge.ca
Strategy Director	Andres Galindo	agalindo@mywillowridge.ca

## Directors At Large

Director-at-Large	Tom Firth	tfirth@mywillowridge.ca
Director-at-Large	Peter Gibson	pgibson@mywillowridge.ca
Director-at-Large	Roger Lohrey	rlohrey@mywillowridge.ca
Director-at-Large	Katie Bradbury	kbradbury@mywillowridge.ca
Director-at-Large	Gordon Palmer	gpalmer@mywillowridge.ca

## Other Contacts

Soccer Administration	Rich Cree	soccer@mywillowridge.ca
Garden Liaison	Rob Kettle Leslie Smith	wrveggiesandherbs@gmail.com

## WRCA Staff

General Inquiries		info@mywillowridge.ca
Community Services Manager	Anna Glickman	gm@mywillowridge.ca
Office Administrator		info@mywillowridge.ca
Bookkeeper	Jenna Burns	jburns@mywillowridge.ca

## Community Resources

City of Calgary Liaison	Christa Zaharychuk	christa.zaharychuk@calgary.ca
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## Community Resources

### Councillor - Ward 11

Kourtney Penner	403-268-2430	ward11@calgary.ca
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### MLA - Calgary Acadia

Diana Batten	403-640-1363	calgary.acadia@assembly.ca
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### MP - Calgary Midnapore

Stephanie Kusie	403-225-3480	stephanie.kusie.c1@parl.gc.ca
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### CPS Community Resource Office

Cst. Matt Forest	mforest@calgarypolice.ca
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### Girl Guides of Canada Calgary Area

403-283-8348	ggcinfo@calgarygirlguides.com
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### Scouts Canada Chinook Council

403-283-4993	www.scouts.ca
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## The Willow Ridge Community Association (WRCA) Vision



To be an integrated community connecting partners, family, neighbours, and nature.

## The WRCA Mission

To foster an integrated community by providing meaningful and inclusive programs and experiences, safe gathering spaces, and advocacy for the needs and interests of our residents.

**GET WRCA NEWS IN YOUR INBOX** – With your membership, receive e-newsletters to share up-to-the minute news and events. We think you'll find the information valuable, but you can unsubscribe at any time.

## SOCIAL MEDIA

	@willowridgecommunity
	@mywillowridge

**WRCA website**  
mywillowridge.ca

The myWILLOWRIDGE.ca is the official newsletter of the Willow Park and Maple Ridge communities. It is generously published by Great News Media and distributed monthly for free to all residents of Willow Ridge (approximately 3,900 households).

Monthly Board of Directors Meetings are normally held on the third Wednesday of each month, but please check with the office as these meeting dates may change. They commence at 7:00 pm in our WRCA Boardroom. If you would like to make a brief presentation to the WRCA Board, please notify the WRCA office at least three (3) days prior to the meeting date and state the topic you wish to address.



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## Pet of the Month



### Meet Piper: Willow Park's Resident Fox (Well... Almost)

Hello, humans of Willow Park. Piper here. Yes, I know what you're thinking—"Is that a fox lounging in my neighbour's living room?" Nope. I'm a Shiba Inu, though I won't deny I've used my foxy red good looks to score extra treats over the years.

At 13 and a half, and I'm what you might call a local legend. I've been patrolling these streets since before some of you even moved in. My hobbies include supervising magpies (they never listen), quality-control of sunny patches, and offering judgmental side-eye to passing puppies who just don't know the rules yet.

I take my role as neighbourhood dignitary very seriously. I expect respectful head nods from fellow canines, and humans are welcome to admire me from a distance—unless you're holding snacks. Then, I'll allow you to approach.

Though my zoomies days are behind me (knees, you know), I still enjoy the occasional strut to show the young pups how it's done. I may be seasoned, but I'm still sharp, sassy, and a little bit grouchy.

So next time you see me, feel free to say hello—but let's keep it classy. I have a reputation to maintain.

Stay pawsome,

*Piper*

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## Activities at the Willow Ridge Community Centre

### Sundays

- Unity of Calgary Spiritual Community

### Mondays

- Expand Yoga
- Sparks

### Tuesdays

- Devotion Danceworks
- National Sports Academy

### Wednesdays

- Devotion Danceworks
- Expand Yoga
- Girl Guides
- Zumba with Maan, Marian, and MJ

### Thursdays

- Because You Can Fitness
- Embers
- Expand Yoga
- National Sports Academy
- Natyam Dance Academy

### Mondays to Fridays

- FLC Brushstrokes
- FLC Line Dancers
- Creations Child Care Inc.
- Willow Park Preschool
- Willow Ridge Community Kids Club

### Saturdays

- Devotion Danceworks

## READY TO INCREASE YOUR CURB APPEAL?

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## Why Is Our Building Closed?

On September 4, a City of Calgary building inspection found that some parts of the Willow Ridge Community Association (WRCA) did not meet the building code and needed to be closed immediately for safety reasons. The affected areas are limited to the original building structure built in 1970, which include the main entrance, office, kitchen area, front hallway, upstairs washrooms, and Maple Hall. The WRCA immediately complied with the inspection report and closed the affected areas.

Over the past nine months, we have been very busy behind the scenes. We completed a full engineering report with the assistance of Stantec and the City of Calgary. We went through a formal RFP bid process to select a contractor, we applied for Building Permits, and we created a detailed construction schedule that would give our renters the best possible re-entry plan and minimize interruption during the school year.

### **The building was recently renovated. How did this happen?**

While the building was renovated in 2019, the areas that have been closed were not part of the scope during that expansion. The renovation was focused on making additions to the building, such as the Willow Room. As is common with renovations, areas of the building that were not part of the renovation were not included in the building review in 2019.

### **When will the building reopen?**

Our last renter is June 26, and on June 27 our staff and volunteers will be moving everything from the office, storage room, mechanical room, and Maple room up to the Willow Hall for storage over the summer. Construction is expected to begin on June 28, 2025, and take approximately two months. During construction, the entire building will be closed, except for the Willow Ridge Kids Club Daycare.

### **Why is the Willow Ridge Kids Club Daycare allowed to remain open during construction?**

The Daycare is located on the lower level, on the North side of the building in an area that was part of our 2019 expansion. This area meets the building code and will not require any further upgrades. The daycare was built in the summer of 2023, and includes a separate HVAC system, separate washrooms, and a separate outside entrance. They can safely operate while the rest of the building remains closed for construction.

## Who will cover the costs to repair the building?

The total expected cost for this upgrade is approximately \$535,000, which includes a 15% contingency. The design phase (not included in this cost) has been paid for by the City of Calgary Engineering Consulting Program (ECP), which is a grant available to all Community Associations. The construction costs will be shared between the City of Calgary Lifecycle Capital Grant (LCG) and the Willow Ridge Community Association. We have confirmed \$300,000 in funding from the LCG. We have also applied for Provincial funding to cover the remaining costs, however at this time, WRCA is responsible for the additional \$235,000.

Updates and photos will be shared on our socials throughout the summer. If you are curious to see what's happening inside and want to follow along with us on this journey, please follow us on Instagram @mywillowridge and Facebook @willowridgecommunity.



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## Rent Our Space!

The Willow Ridge Community Association can accommodate a wide range of guests for activities or functions like wedding receptions, birthday parties, baby showers, workshops/seminars, art shows, fitness classes, and more!

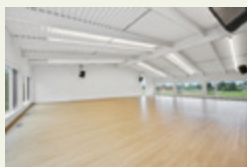
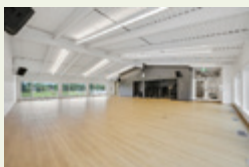
Located outside are two private parking lots, crock curl (in the winter), gaga ball pit, pickleball/tennis courts, lacrosse box/hockey rink, baseball diamond, 50-plot community garden, and a large green space which we use for our WRCA Soccer league in the summer and a pleasure skating rink in the winter.

Our newly renovated, air-conditioned building has the following spaces available for rent!

- The Willow – 1,924 sq. ft. North Hall (135 dining/200 standing) with large windows, built-in audio/speakers, vaulted ceilings, wood sprung floor. Perfect for high-impact activities!
- The Maple (Closed until fall 2025) – 1,200 sq. ft. South Hall (60 dining/135 standing) with large windows, separate sink/washing area, additional storage, vaulted ceilings, and a sound system.
- The Herard Room – 540 sq. ft. Board Room (25 dining/50 standing) with large windows, available projector, and mounted whiteboard, conveniently situated off the Ridge Lounge. Perfect for small group yoga, art classes, meetings, catering set-up, etc.

The community centre has the following additional features:

- The Ridge Lounge, an upstairs gathering area for members with a view of the rinks/fields.
- Large floor-to-ceiling windows to allow for more natural light.
- Internal stairs and elevator access to lower level.
- Four individual gender-neutral washrooms, two of which are wheelchair accessible.
- Wi-Fi throughout building.
- Large change area/washrooms with rubber flooring, accessible to rink users in the winter.





# Memberships Available Online



**Family  
Membership**  
\$35



**Seniors 60+  
Membership**  
\$20



**Individual  
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\$25



**Business  
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**WILLOW RIDGE  
COMMUNITY  
ASSOCIATION**

Visit [mywillowridge.ca](http://mywillowridge.ca) for more info

**RENTAL RATES:** Minimum 3-hour rental on weekends.

Facility	Weekday Hourly 6:00 am Monday to 5:00 pm Friday	*Weekend Hourly 5:00 pm Friday to 1:30 am Monday	Weekend 6 Hours (consecutive) 6:00 am-1:30am	Weekend 13 Hours (consecutive) 6:00 am –1:30 am	Deposit
Willow (North Hall)	\$65/hr.	\$98/hr.	\$ 550	\$1,175	\$ 550
Maple (South Hall) <small>Closed until fall 2025</small>	\$54/hr.	\$81/hr.	\$ 450	\$ 975	\$ 450
Herard	\$33/hr.	\$49/hr.	\$ 275	\$ 575	\$ 275
<b>PARTY PACKAGE</b> <small>(all 3 rooms) Not available until fall 2025</small>	N/A	N/A	N/A	N/A	N/A

WRCA Members receive a 5% discount for one-time rentals.

Contact: [info@mywillowridge.ca](mailto:info@mywillowridge.ca) or 403-271-8044



# Downtown Summer Festivals and Events

by The City of Calgary



Calgary's Summer Festival Season is in full-swing and downtown is where you'll find the electric energy as people come to experience the ultimate celebration of community, creativity, and culture. With over 100 festivals and events happening downtown this summer, the heart of our city will be bursting with fun and entertainment for everyone.

Whether you are a resident or a visitor, this is your invitation to immerse yourself in the vibrant spirit of our Downtown Summer Festival Season. Downtown is home to some of our proudest landmarks and our biggest celebrations, like Canada Day, Stampede, Carifest, and the Calgary Folk Music Festival. The best of our city is reflected in these festivals and events, as people come together to have fun, celebrate, and enjoy life's moments.

With a wide variety of entertainment, the Downtown Summer Festival Season has something for everyone and this year, we want to make sure you're just a click away from staying connected. That's why we've created the Downtown Summer Festival Itinerary; a guide to keep you informed about the festivals and events happening downtown from now until the end of September.

Mark your calendars, gather your friends and family, and get ready for an unforgettable Downtown Summer Festival Season. Ready, set, explore! To learn more about the exciting festivals and events happening downtown, visit [calgary.ca/exploredowntown](http://calgary.ca/exploredowntown).



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# Heat Related Illness

by Alberta Health Services

EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

### Heat Exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

### Heat Stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g., perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

### First Aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess, or tight-fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as water, juice, or a sports drink.
- If you are concerned, seek medical attention.

### Prevention

- Stay well-hydrated by drinking plenty of water at all times.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11:00 am and 3:00 pm, even on cloudy days.

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### WILLOW PARK



### MAPLE RIDGE





**MP Calgary Midnapore  
Stephanie Kusie**  
204 – 279 Midpark Way SE  
Calgary, AB T2X 1M2  
📞 403-225-3480 📠 403-255-3504  
✉️ stephanie.kusie.c1@parl.gc.ca  
🌐 stephaniekusiemp.ca

Yahoo, Calgary Midnapore!

I hope all constituents had a happy and safe Canada Day and that you'll now be heading to the grounds to take in the Greatest Outdoor Show on Earth! Whether it's trying out new and exciting midway food and rides, filling up on pancakes at countless Stampede breakfasts, or enjoying a night at the rodeo, this is a time of year that brings our community together and I hope it will be a memorable Stampede for you.

As this is my first update since the Federal Election, I'd like to thank all those who participated in the democratic process and for the trust you have placed in me to represent you once again in Ottawa. Whether I earned your vote or not, I will always be there to represent you and bring your voice to the floor of the House of Commons.

Across the country, over eight million Canadians voted for change – and for hope. My Conservative colleagues and I will continue to take every opportunity to work with the government to deliver this change and will do our job as His Majesty's Loyal Opposition to hold this government to account.

You can learn more about my work in Ottawa and in the community this summer by following me on my social media @StephanieKusie (Instagram/X) and StephanieKusiePolitician (Facebook).

It remains the honour of my life to serve the good people of Calgary Midnapore in Parliament.

Sincerely,

*Stephanie Kusie*

MP Calgary Midnapore



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## GAMES & PUZZLES

### Guess the Canadian Legend!

1. This famous hockey player holds or shares 61 NHL records.
2. This inventor's mom and wife were both deaf.
3. This inspirational man ran for 143 days, beginning in St. John's, Newfoundland.
4. The first band this incredible musician was ever in was called "The Jades".
5. This popular scientist and media personality is best known for hosting *The Nature of Things*.
6. This *Matrix* star is an avid motorcyclist and even co-founded a motorcycle manufacturing company.



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## DISCREET & CONVENIENT TEETH STRAIGHTENING



*"Your Oral Health  
Is Our Priority"*



### COMFORTABLE:

Custom-made for each individual, Invisalign aligners ensure a comfortable and snug fit, eliminating the potential for irritation or discomfort associated with traditional braces.



### PREDICTABLE RESULTS:

Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.



### INVISIBLE APPEARANCE:

Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetly.



### SHORTER TREATMENT:

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.



### REMOVABLE:

Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



### IMPROVED ORAL HEALTH:

Being able to remove the clear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decay.



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## Willow Park

Detached Home Stats - Last 45 Days



**15**

# New Properties



**8**

# Sold Properties



**30**

Average Days on Market



**\$1,004,250**

Median Sold Price

## Maple Ridge

Detached Home Stats - Last 45 Days



**5**

# New Properties



**0**

# Sold Properties

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