BRAESIDE BULLETIN

THE OFFICIAL BRAESIDE COMMUNITY NEWSLETTER













Community Resident and Market Specialist 403.460.2211







DISCREET & CONVENIENT TEETH STRAIGHTENING





COMFORTABLE:



Custom-made for each individual, Invisalign aligners ensure a comfortable and snug fit, eliminating the potential for irritation or discomfort associated with traditional braces.

PREDICTABLE RESULTS:

Invisalign uses advanced digital technology to create a step-by-step plan for teeth movement, allowing individuals to visualize expected results before starting treatment for a predictable and controlled approach.



INVISIBLE APPEARANCE:

Invisalign offers a virtually invisible appearance due to its clear and transparent aligners, allowing individuals to undergo orthodontic treatment discreetlu.



SHORTER TREATMENT:

In some cases, Invisalign may offer a shorter treatment duration compared to traditional braces, thanks to precise and personalized treatment plans.



REMOVABLE:

Invisalign aligners are removable, providing flexibility in eating and facilitating easier oral hygiene practices by allowing individuals to take them out for brushing and flossing.



IMPROVED ORAL HEALTH:

Being able to remove the dear aligners when necessary makes it easier to practice good oral hygiene like brushing and flossing. This can lead to a cleaner, healthier mouth and cut down on additional issues like mouth sores, cavities, bad breath, and tooth decau.





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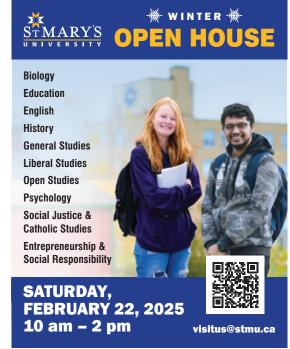
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BRAESIDE COMMUNITY ASSOCIATION

Contacting The Braeside Community Association

Telephone: 403-253-4232 | Fax: 403-253-3528

Email: operations@braesideyyc.ca

Mailing address: 11024 Braeside Dr SW, Calgary AB, T2W 6G5

We now have new office hours: Tuesday, Wednesday, and Thursday hours: 10:00 am to 3:00 pm. Monday and Friday by appointment only. Board meetings are held every fourth Wednesday each month in the Lower Hall Board Room from 6:00 to 8:00pm. Meetings are open to all Braeside community members. If you have issues or concerns you would like to raise at a board meeting, please call our office or email us to be added to the agenda.

2025 Board of Direc	torc			
President	Jennifer Smith	procident@braccidenus ca		
1 Testaette		president@braesideyyc.ca		
Vice President	Vacant	vicepresident@braesideyyc.ca		
Secretary and	Elsbeth MacPhee	secretary@braesideyyc.ca		
Community Programs				
Treasurer	Emily Hess	treasurer@braesideycc.ca		
Engagement and	Vacant			
Outreach				
Parks and	Jim Jenkins	parks@braesideyyc.ca		
Green Spaces		, , , , , , , , , , , , , , , , , , , ,		
Governance	Jennifer Burgess	jennifer@braesideyyc.ca		
Garden and	Jim Jenkins	garden@braesideyyc.ca		
Ecosanctuary		J		
Communications	Vacant			
Memberships	Catherine Seymour	Catherine@braesideyyc.ca		
Staff				
Operation Director	Gail Rawlinson	operations@braesideyyc.ca		
Hall Manager	Karen MacDonald	hallrental@braesideyyc.ca		
Child Care	Louise Whitbread	childcare@braesideyyc.ca		
Resource Team				
Community	Cst. Chad Rausch	pol3693@calgarypolice.ca		
Resource Officer		403-428-6600		
NPC (Neighbourhood	Jenna Findlater	jenna.findlater@calgary.ca		
Partner Coordinator)				
Ward 11 City Councillor	Kourtney Penner	ward11@calgary.ca		

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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The Braeside Bulletin

The *Braeside Bulletin* is published by Great News Media in partnership with the Braeside Community Association and delivered to all homes in Braeside. Articles can be submitted to operations@braesideyyc.ca. Submission deadlines are the first of every month for inclusion in the following months publication. Space limitations may prevent some material from being published. Editing may be required.

While we make every effort to ensure the information published is correct, we are not responsible for any omissions or errors.

Opinions expressed within these articles, reports, or submissions are the author's and should not be considered as reflecting those of the editor or Community Association.

To place advertising in the *Braeside Bulletin*, contact Great News Media at 403-720-0762 or sales@ greatnewsmedia.ca.

"The Braeside Community Association is committed to representing the community with honesty and integrity, working towards common values and goals."

Visit our website: braesideyyc.ca and follow us on Facebook at Braeside Community Association.





MESSAGE FROM THE BOARD

Welcome, Braeside Community, to 2025!

It's with great joy that I welcome everyone from the Braeside community into an exciting new year! This year marks an incredible milestone for us – 60 years since Braeside was officially designated as a community in the City of Calgary back in 1965. Let's celebrate this historic anniversary as we weave it into all the amazing things we'll create together in 2025!

To kick off the year, we have some wonderful opportunities to connect and grow. You're warmly invited to our Annual General Meeting on Monday, January 27 at 6:30 pm. The evening will begin with a brief formal session, followed by live entertainment, delicious snacks, and a preview of the three-year vision crafted by the Board, inspired by your feedback from the 2024 community survey. We can't wait to share it with you and hear your thoughts! Your voice matters to us! Ahead of the AGM, check out the website to share your thoughts and be part of the feedback process.

Have you explored our website yet? It's become the goto hub for everything Braeside! Visit www.braesideyyc. ca for updates on events and programs, links to City of Calgary resource, information about our Board and staff, membership details (and the awesome perks that come with joining!) and our newly updated bylaws (check the About page).

We're always looking for passionate people to help make Braeside even better. If you're interested in becoming a Board Member, leading a committee, or volunteering, we'd love to hear from you! Reach out to Jenny Mae, our BCA President, at president@braesideyyc.ca.

And if you have creative ideas or feedback for the website, send them to web@braesideyyc.ca.

Here's to a fantastic year ahead filled with community, connection, and celebration. Together, let's make 2025 a year to remember!

Warm regards,

You BCA Board







Become A Member of the BCA

WHY BECOME A MEMBER:

- membership contributions go directly toward keeping Braeside vibrant and connected
- · your support helps to maintain our ice rink and buildings
- · makes the Stampede BBQ, Halloween, Christmas and Easter celebrations possible

OTHER PERKS:

. 10% off at your first order at Hungry Thaiger

. 10% off Mini Titans camps and programs

10% off food only at Boston Pizza Oakridge location only

SCAN THE QR CODE TO BECOME A MEMBER



PREFER TO REGISTER IN PERSON OR OVER THE PHONE

Office hours: 10am-3pm Phone: 403-253-4232 Tuesday, Wednesday & Thursday Address: 11024 Braeside Dr SW







BCA ANNUAL GENERAL MEETING









STAY FOR OUR COMMUNITY SOCIAL @ 7:15PM FEATURING LIVE MUSIC AND FOOD FOR THE WHOLE FAMILY!



- In order to vote, you must have purchased a membership 30 days in advance of the AGM
- Want to join our cast of incredible 2025 board members? Email president@braesideyyc.ca

Puppet Master



What do Yoda,
Cookie Monster,
and Miss Piggy
have in common?
They were all
brought to life
by the legendary
puppeteer Frank
Oz! From a wise
Jedi Master to

a cookie-loving monster and a diva pig, Oz's incredible talent made these characters unforgettable.

GAMES & PUZZLES

Guess the Instrument!

- 1. Dating back at least 50,000 years, this is considered the oldest known musical instrument in the world.
- 2. This instrument's name comes from the Persian word meaning "three-stringed."
- 3. This instrument is made up of 88 keys that strike 230 strings.
- 4. Along with the shamrock, this instrument is the official State emblem of Ireland.
- 5. This instrument is played with a bow made up of at least 150 individual hairs.
- 6. The Fender Stratocaster is this kind of instrument.







YOUR CITY OF CALGARY

Protect Your Household Water Lines and Meter from Freezing

by the City of Calgary



Every winter, some Calgarians will experience frozen water pipes, service lines, and water meters, resulting in a water outage. The City's Frozen Pipes Prevention Program works proactively with homes considered at higher risk due to factors such as location, depth, and configuration of water pipes and a history of freezing.

Recently we have noticed an increase in frozen pipes in homes that are typically at a lower risk, where taking some of the steps below could have prevented household pipes from freezing. Ways to avoid freezing include:

- Keep your thermostat at a minimum of 15°C, even if you're away from home.
- Eliminate any cold drafts in unheated areas where water supply lines are located. This can include basements, crawl spaces, attics, garages, and under bathroom and kitchen cabinets.
- Repair broken windows, check doors, and insulate areas that allow cold exterior air to enter.
- Insulate your hot and cold-water pipes located in cold areas.
- Open interior doors and cabinets in cold areas to allow heat from the house to warm unprotected pipes.
- Turn off, disconnect, and drain the water line to outside faucets, garden hoses, pools, or decorative water features.
- If your hot water tank is in a maintenance room outside of your home, make sure the area is adequately heated.
- Regularly run water in your pipes through everyday use.

Visit calgary.ca/frozenpipes to learn more, including actions you can take if you suspect you have frozen pipes.





Order by: Jan 19th Pick up: Jan 29th

Scan QR Code to place your order



Questions?

email: gfb@braesideyyc.ca

YOGA WITH JANINE



WINTER SESSIONS:

JAN 13-MAR 3 - 5:30PM-6:15PM MONDAY'S CODE 0101

JAN 15-MAR 5 - 8:20AM-9:05AM WEDNESDAY'S

CODE: 0100

JAN 14-MAR 4 - 5:30-6:15PM

TUESDAY'S CODE 0102

REGISTER AFTER DEC 14

\$14/CLASS (\$112/8WEEK SESSION) - BCA MEMBERS \$16/CLASS (\$128/8WEEK SESSION) - NON-MEMBERS

JANINE HERMAN IS A 500-HOUR REGISTERED YOGA TEACHER OFFERING CLASSES AT AN ACCESSIBLE RATE TO BRING YOGA, HEALING AND BALANCE TO MEMBERS OF OUR COMMUNITY.

IG @JANINEHERMANYOGA

QUESTIONS OR TO REGISTER:

CALL: 403-253-4232 EMAÎL: OPERATÎONS®BRAESÎDEYYC.CA







Polar Bears' Secret Colour

Here's a cool (and surprising) fact: polar bears actually have black skin! And get this - their fur isn't white, it's transparent! The black skin helps them soak up precious heat, while their transparent fur reflects light, making it look white and blending them perfectly into the snowy Arctic.



Great Progress for BCA's Garden Ecosystem Project This Year

Thanks to generous volunteers and active committee members, a couple of community grants and a lot of fun digging holes and slinging dirt, we achieved excellent progress on our garden ecosystem project this year. Our stats included 45 youth-built bird houses, four fruit trees planted, two large flower beds built, four shade trees planted, 18 cubic yards of dirt shovelled, 100 plants of twelve different species donated and planted by residents, four oak benches built for our community gathering space, and two large truck loads of mulch consumed. The new trees are now comfortably wrapped in their burlap blankets and Jim finished securing the trees to avoid wind damage over the winter.

We can hardly wait until next spring to start our 2025 projects. If you think you want to be part of an inspiring project to create beauty in the community, or you like gardening, building things like garden boxes or planters, slinging dirt or just want to watch, check out the area behind the Braeside community building and contact Jim at garden@braesideyyc.ca. Our committee will start meeting again in January to plan the next phase.



Friendship

by Cheryl Dunkley

Is there anything better than a buddy on whom you can depend?

Always comes running when you call, "Help" When she shows up, you know trouble is soon at an end.

Confiding, sharing, laughing, crying too

Many things in our lives make us happy or blue.

We don't always agree, but that's okay...

Giving each other time to have our say.

Careful with advice... is that a request?

Knowing when to be silent,

A hug can sometimes be the best.

We have different lives, our choices miles apart

No judgments, thank you

Just a close feeling in the heart.

I'm grateful, smiling, peaceful too And remembering to thank God

For a wonderful friend like you.





403.278.3411



www.calgaryweightlossclinic.com



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SCAN THE QR CODE FOR THE SOLUTION





January Special Senior's Fitness

BCA Members get a 10% discount on the 10 time senior's fitness pass in the month of January.

Drop by the BCA today to pick up your pass.

Join Us Tuesday's & Thursday's 9:30-10:30am

BCA Office Hours Tuesday - Thursday 10am-3pm

Questions: Call - 403-253-4232



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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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		Properties		Median Price	
		Listed	Sold	Listed	Sold
November	24	7	8	\$492,444	\$483,500
October	24	12	10	\$473,900	\$463,500
September	24	17	8	\$574,900	\$577,450
August	24	10	15	\$499,888	\$490,000
July	24	10	11	\$376,763	\$384,000
June	24	16	12	\$559,950	\$581,875
May	24	16	15	\$429,900	\$445,800
April	24	13	11	\$469,900	\$480,000
March	24	7	10	\$517,500	\$610,125
February	24	15	10	\$494,900	\$488,750
January	24	8	6	\$577,450	\$582,500
December	23	3	7	\$389,900	\$399,900
May April March February January	24 24 24 24 24	16 13 7 15 8	15 11 10 10 6	\$429,900 \$469,900 \$517,500 \$494,900 \$577,450	\$445,800 \$480,000 \$610,125 \$488,750 \$582,500

To view more detailed information that comprise the above MLS averages please visit brae.mycalgary.com



Dr. Crystal Cobb is Joining the West Peaks Dental Team!

Dr. Cobb starts in January, call or scan the QR code to book an appointment with her today!

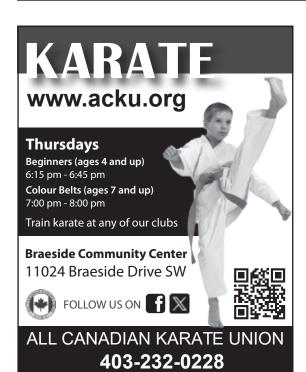
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2024 CALGARY MARKET REVIEW ANOTHER BUSY YEAR FOR REAL ESTATE

2024 saw a continuation of the busy market we've experienced over the past four years. Home prices in Calgary overall have been steadily increasing and are now stabilizing near their all-time high at an average price of \$612,000, 33% above what they were at the end of 2020. In Braeside, compared to one year ago, the average price of detached homes is up 9% to \$667,000. The higher price of detached homes has shifted many buyers toward condos and townhomes as more affordable options.

The second half of the year brought slightly higher inventory levels and fewer competing-offer scenarios, which provided an opportunity for buyers to make a purchase under more comfortable circumstances. Also, the Bank of Canada has cut their policy interest rate by 1.25% thus far in 2024, which makes borrowing more affordable. These have proven beneficial to home buyers.

Net migration continues to be a driving factor in the increase in home prices. Calgary's current population is approximately 1.5 million people which is roughly 5% higher than last year. People continue to be attracted to our city for its affordability, proximity to the mountains, strong economy, relatively low taxes and reputation for being a friendly place to live.

If you've been considering buying or selling, please drop us a line to chat about the best strategies to navigate these complex market conditions!

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