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CKE NEWS

THE OFFICIAL CHINOOK PARK, KELVIN GROVE & EAGLE RIDGE COMMUNITY NEWSLETTER

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JUNE 17

12:00 TO 3:00 PM



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NEIGHBOUR DAY PARTY

FOOD | DRINKS
BATTLE BALLS AND MORE

17 June 2023
12:00 - 3:00 pm

CKE COMMUNITY HALL

CKE membership required

CKE Community Bottle Drive

Bottles piling up in your garage? We can help!

Drop off your recyclables
Bottles, cans, milk and juice containers

CKE Community Hall Parking Lot, Saturday, July 22, 2023
Between the hours of 9AM and noon
1015-73 Avenue SW

Questions? Call 403-852-1623

**Saturday,
July 22, 2023
9 AM until Noon**

Thank you for supporting our community!

You can email the board at ckecommunity@gmail.com or visit us at www.ckecommunity.com

CKE COMMUNITY ASSOCIATION BOARD

President	Daniel Kowall	ckepresident@gmail.com
Vice President	Elysse Dalla-Longa	ckevicepresident@gmail.com
Treasurer	Glen Haslhofer	treasurercke@gmail.com
Secretary	Zonita Haggis	secretarycke@gmail.com
Communication Co-Director	Leigh Gibney	communicationcke@gmail.com
Communication Co-Director	Vacant	communicationcke@gmail.com
Membership Director	Don McArthur	ckemembership@gmail.com
Community Garden Director	Harry Schaepsmeier	communitygardencke@gmail.com
Interim Planning Director	Jessica Kopitar	planningcke@gmail.com
Social Director	Suzanne Brown	socialcke@gmail.com
Recreation Director	Robyn Messer	recreationcke@gmail.com
Director of Facilities	Vacant	facilitycke@gmail.com

LOCAL CONTACTS

CKE Hall Rental		CKEhallrental@gmail.com 403-764-9614
CKE News (editorial)	Vacant	CKEcommunity@gmail.com
CKE News (ads)	Great News Media	403-720-0762
Brownies/Guides	Anne Bennett	403-255-3883
Cubs/Scouts	Crystal Botterill	403-454-9644
Heritage Community Soccer		CKEHeritageSoccer@gmail.com
Softball	Sonny Vallieres	403-238-0847
Football	Rob Perry	403-251-6556
Police Service Community Liaison	Jake Tyerman Robinson	403-253-2261 ext. 2143
Neighbourhood Partnership Coordinator	Jared Jenkins	587-572-9292
Police Service at HWW	Cst. Jake Tyerman	403-253-2261 ext. 2143
Alderman, Ward 11	Kourtney Penner	403-268-2430
MLA, Calgary Glenmore	Whitney Issik	403-216-5421

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3000 issues monthly.

Submissions: Please direct editorial inquiries to ckecommunity@gmail.com and ad inquiries to sales@greatnewsmedia.ca.

PRESIDENT'S MESSAGE



Happy June!

Wow I can't believe it is June already; we are finally getting some warm weather! Summer is so much fun in the CKE communities, as we have so much to offer in terms of parks/playgrounds, sports facilities, as well as our proximity to the Glenmore reservoir and Heritage Park. I just love biking around the Glenmore reservoir loop. It is such a great accessible pathway to our community. June is also a great time to dust off the patio furniture and spend more time outdoors.

I wanted to take this opportunity to mention the various openings we have on the CKE board. If you are looking for a way to make a difference in our communities, joining the board is a great way to do so. We currently have a few openings on the board that will allow you to collaborate with some great people and help make the CKE better for all. If you would like to find out more about the roles that are available, please email us at ckecommunity@gmail.com.

We have some great programs/events every month, from markets to social gatherings. Make sure to keep up to date by visiting our website, www.ckecommunity.com. If you would like access to the tennis courts, visit the website as well!

Also, a reminder that our CKE community hall is a fabulous place to host events! It can accommodate corporate events, birthday parties, weddings, anniversaries, social events, and more! It is available for rent at an hourly or daily rate, so please get in touch with Jen at ckehallrentals@gmail.com if this interests you.

I also wanted to remind everyone of the CKE AGM meeting which takes place on June 15 at 7:00 pm at the CKE hall.

If anyone wants to chat at any time, please feel free to reach out via email at daniel@kboutiquere.com.

Coffee and Tea Social for Seniors

Join us for an informal get together on Thursday, June 22 at 10:30 am at the CKE community hall gym.



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CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
April	23	1	1	\$1,000,000	\$995,000
March	23	1	2	\$839,500	\$821,500
February	23	0	1	\$725,000	\$697,000
January	23	1	1	\$775,000	\$700,000
December	22	0	1	\$665,000	\$650,000
November	22	0	1	\$149,990	\$141,500
October	22	2	1	\$164,900	\$157,000
September	22	2	1	\$179,900	\$160,000
August	22	3	2	\$378,950	\$402,500
July	22	1	1	\$774,800	\$750,000
June	22	3	4	\$824,950	\$833,700
May	22	3	1	\$629,000	\$610,000

To view more detailed information that comprise the above
MLS averages please visit chri.mycalgary.com

EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
April	23	0	1	\$1,990,000	\$1,905,000
March	23	1	0	\$0	\$0
February	23	0	0	\$0	\$0
January	23	1	0	\$0	\$0
December	22	0	0	\$0	\$0
November	22	0	0	\$0	\$0
October	22	0	0	\$0	\$0
September	22	0	0	\$0	\$0
August	22	0	1	\$1,250,000	\$1,400,000
July	22	1	0	\$0	\$0
June	22	0	1	\$1,859,000	\$1,846,500
May	22	1	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit eagl.mycalgary.com

CKE HALL PROGRAM CONTACTS

Hopscotch Before and After School Care, Also Offering KinderCare

Jennifer Sprau and Tammy Quast
hopscotchbasc@gmail.com
403-890-8233

Summer care is now open for registration.

RCCG Amazing Grace Assembly

Pastor Segun Shitta-Bey
info@rccgaga.ca
587-717-2521
Every Sunday

STRONG - Strength Training for All Ages

Sarah Arcuri
sarah.arcuri@shaw.ca
403-703-7751
Reach out to Sarah for more information.

Nicole Leona Yoga

Nicole Kowalchuk
nicoleleonayoga@gmail.com
Yoga all summer long.

The Dance Compound Inc.

Kelsea Fitzpatrick
thedancecompound@gmail.com
403-540-7294
Dance and fitness classes for ages nine months to adult!
All skill levels welcome.
September registration is now open.

Banzai Karate Club

Chris Walker
banzaikaratedojo@gmail.com
Registration is open year-round.

HIGH Fitness for Adults of All Ages

Amber Zenith
info@highfitness.com
Reach out for more info.

Counter Point Dance

Royal Academy of Dance certified dance educator, Emily Crebbin.
www.counterpointdance.com
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Calgary Young People's Theatre - Drama Classes

Camp and Class Manager: Zoë Arthur
admin@cypt.ca
587-392-5832
www.cypt.ca
CYPT is so excited to be offering our beloved Act 4 class at CKE for youth in grades 5 and 6, as well as our Teen Improv class for youth in grades 7 to 12. For more information about classes and registration, visit cypt.ca.

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run.jump.lead@gmail.com
403-828-0886
www.runjumplead.com
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Alberta Perinatal Wellness Centre

Anna Irving and Janelle Cohos (Registered Psychologists)
Therapy groups for pre/postpartum moms.
info@albertaperinatal.com
www.albertaperinatal.com

Ballet and Bubbles

Cori Ann Archer
Mnm4Fitfun@gmail.com
Kids Dance exploration Program Ages 4 to 6.
Please email for more info.

Power Hour Fitness

Jacqueline McKendry
powerfit22@gmail.com
Strength training for all levels.
Please email for more info.

Hiit YYC

Limor Luzon
hityyc@gmail.com
Strength training for all levels.
Please email for more info.

CKE Community Garden

Are you looking for a place to host your programs? CKE would love to have you! With our four different rooms (Studio, Lifestyle room, Bluesky Gym, and Board room), we have something for every event. Please reach out to our facility coordinator at CKEhallrental@gmail.com for more information.

In all gardens, there is work to do in spring to prepare for the upcoming growing season, and the CKE Community Garden is no different. We had a very well-attended and productive cleanup morning in mid-April. Several new gardeners were able to attend and we are excited to welcome our newest members! This is, after all, a "community" garden.

By June, the risk of frost should have passed, and it is safe to plant tender herbs and vegetables. There is the choice to either put seeds directly into the ground or to plant small transplants. Both work well, so the choice is made based on availability, cost, time to maturity, and selection.

Most herbs are grown from transplants or small potted plants. Basil, thyme, oregano, rosemary, and others can be found in garden centres, or can be started at home indoors several weeks before planting. Some herbs can be seeded directly into the garden, such as arugula and cilantro.

Tender vegetables include beans, broccoli, squash, peppers, and tomatoes. Peppers and tomatoes are best grown from small or even medium-sized plants either purchased or started at home. It is possible to find small transplants of squash, beans, and broccoli, but seeding directly will produce very similar results.

Typically, seeds are much less expensive to purchase and allow for staggered seeding which stretches out the harvest. Seeds also offers a much greater range of cultivars, including those available through mail order. On the other hand, small plants will allow for a jump start in the time needed to reach harvest, which can be an advantage in our short summers.

Consider using a mix of both direct seeding and transplants; take notes to compare the results. If you would like to see a wide variety of herbs and vegetables growing successfully in our neighbourhood, pay a visit to the CKE Community Garden.

Happy Gardening!



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2023 CKE MEMBERSHIP DRIVE

ckecommunity.com/membership



CKE Membership Form

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		Listed	Sold	Listed	Sold
April	23	2	3	\$1,049,900	\$1,030,000
March	23	0	0	\$0	\$0
February	23	1	0	\$0	\$0
January	23	0	1	\$199,900	\$187,000
December	22	1	1	\$185,000	\$187,000
November	22	1	4	\$564,450	\$548,000
October	22	1	3	\$329,900	\$325,000
September	22	2	1	\$194,999	\$183,372
August	22	2	0	\$0	\$0
July	22	2	0	\$0	\$0
June	22	2	0	\$0	\$0
May	22	2	5	\$314,900	\$312,000

To view more detailed information that comprise the above
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Seeking Treasurer for the CKE Board

Our current treasurer has reached the end of his term and we are looking for someone to step into the role. If you or someone you know is interested, contact ckecommunity@gmail.com.



Calendar Baby Names

June is one of the top three calendar baby names, along with May and April/Avril (French). From 1915 to 1941, June was a top 100 name for boys and girls, peaking at #39 in 1925. Since 2008, the name June has been making a comeback, particularly as a middle name for girls.



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GROVE**



**EAGLE
RIDGE**



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