

OCTOBER 2023

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CKE NEWS

THE OFFICIAL CHINOOK PARK, KELVIN GROVE & EAGLE RIDGE COMMUNITY NEWSLETTER



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*Guarantee is being offered by Greater Property Group.
Terms and Conditions Apply.

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	23	3	2	\$229,950	\$250,000
July	23	5	6	\$327,400	\$322,450
June	23	5	4	\$1,086,950	\$1,062,500
May	23	7	4	\$533,000	\$540,750
April	23	2	3	\$1,049,900	\$1,030,000
March	23	0	0	\$0	\$0
February	23	1	0	\$0	\$0
January	23	0	1	\$199,900	\$187,000
December	22	1	1	\$185,000	\$187,000
November	22	1	4	\$564,450	\$548,000
October	22	1	3	\$329,900	\$325,000
September	22	2	1	\$194,999	\$183,372

To view more detailed information that comprise the above
MLS averages please visit kevg.mycalgary.com

CKE COMMUNITY DIRECTORY

You can email the board at ckecommunity@gmail.com or visit us at www.ckecommunity.com

CKE COMMUNITY ASSOCIATION BOARD

President	Daniel Kowall	ckepresident@gmail.com
Vice President	Glen Haslhofer	ckevicepresident@gmail.com
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Recreation Director	Robyn Messer	recreationcke@gmail.com
Director at Large	Lance Titchkosky	
Director at Large	Jim MacLean	

LOCAL CONTACTS

CKE Hall Rental	Jennifer Sherstabetoff	CKEhallrental@gmail.com 403-764-9614
CKE News (editorial)	Vacant	CKEcommunity@gmail.com
CKE News (ads)	Great News Media	403-720-0762
Brownies/Guides	Anne Bennett	403-255-3883
Cubs/Scouts	Crystal Botterill	403-454-9644
Heritage Community Soccer	Robyn Messer	CKEHeritageSoccer@gmail.com
Softball	Sonny Vallieres	403-238-0847
Football	Rob Perry	403-251-6556
Police Service Community Liaison	Jake Tyerman Robinson	403-253-2261 ext. 2143
Neighbourhood Partnership Coordinator	Christa Zaharychuk	587-572-9292
Police Service at HWW	Cst. Jake Tyerman	403-253-2261 ext. 2143
Alderman, Ward 11	Kourtney Penner	403-268-2430
MLA, Calgary Glenmore	Nagwan Al-Guneid	

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3000 issues monthly.

Submissions: Please direct editorial inquiries to ckecommunity@gmail.com and ad inquiries to sales@greatnewsmedia.ca.

BRAIN GAMES

SUDOKU

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3		2			9			4
					1	8		
		8	7	6				

SCAN THE QR CODE FOR THE SOLUTION



SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

CHINOOK PARK



KELVIN GROVE



EAGLE RIDGE



Coffee and Tea Social for Seniors

Join us for an informal get together on Thursday, October 26 at 10:30 am in the CKE community hall gym.



GAMES & PUZZLES

Halloween Edition

1. In the 1800s, these immigrants brought the tradition of Halloween to the US.
2. Based on Stephen King's novel, this 2017 film is the highest grossing horror movie of all time.
3. The two Ms in M&M's candy-coated chocolates stand for _____ and _____.
4. In the *Halloween* film series, a mask of this *Star Trek* character was spraypainted and worn by serial killer Michael Myers.
5. Jack-o'-lanterns were originally carved out of _____.
6. Stephen Clarke holds the Guinness World Record for fastest carved pumpkin, completing it in _____ seconds.



It's time to clean out your closet

Friday, Nov 3
(4 PM - 8 PM)

Exchange your gently used women's items for shopping tickets at the CKE hall.

Saturday, Nov 4
(10 AM - 1 PM)

Shop for new closet treasures. Additional tickets are available for purchase.

Sweaters | Jeans | Work Wear | Handbags
Dresses | Coats | Shoes

CKE
CLOTHING
SWAP

REFRESH YOUR FALL WARDROBE

Bring your women's consignment quality clothing items to the hall and trade them for "new to you" items

CLOTHING DROP OFF: **FRIDAY NOV 3**
SHOPPING DAY: **SATURDAY NOV 4**

CKE
CLOTHING
SWAP



CKE HALL PROGRAM CONTACTS

Hopscotch Before and After School Care, Also Offering KinderCare

Jennifer Sprau and Tammy Quast

hopscotchbasc@gmail.com

403-890-8233

Summer care is now open for registration.

RCCG Amazing Grace Assembly

Pastor Segun Shitta-Bey

info@rccgaga.ca

587-717-2521

Every Sunday

STRONG - Strength Training for All Ages

Sarah Arcuri

sarah.arcuri@shaw.ca

403-703-7751

Reach out to Sarah for more information.

Nicole Leona Yoga

Nicole Kowalchuk

nicoleleonayoga@gmail.com

Yoga all summer long.

The Dance Compound Inc.

Kelsea Fitzpatrick

thedancecompound@gmail.com

403-540-7294

Dance and fitness classes for ages nine months to adult!

All skill levels welcome.

September registration is now open.

Banzai Karate Club

Chris Walker

banzaikaratedojo@gmail.com

Registration is open year-round.

HIGH Fitness for Adults of All Ages

Amber Zenith

info@highfitness.com

Reach out for more info.

Counter Point Dance

Royal Academy of Dance certified dance educator, Emily Crebbin.

www.counterpointdance.com

Counterpoint is pleased to offer an intense and vibrant array of dance classes designed to develop and challenge every young artist. We train our students with passion, love, and support!

Calgary Young People's Theatre - Drama Classes

Camp and Class Manager: Zoë Arthur

admin@cypt.ca

587-392-5832

www.cypt.ca

CYPT is so excited to be offering our beloved Act 4 class at CKE for youth in grades 5 and 6, as well as our Teen Improv class for youth in grades 7 to 12. For more information about classes and registration, visit cypt.ca.

Run. Jump. LEAD

Natalie Swanson

run.jump.lead@gmail.com

403-828-0886

www.runjumplead.com

Calling all girls ages 7 to 12. Combining components of leadership and physical activity, we get girls moving with multi-sport activities in a fun, inclusive environment.

Run. Jump. LEAD Yoga Mommy and Me

Classes are designed for self-identified girls ages 7 to 12 and moms/other significant female role models. All levels are welcome.

Alberta Perinatal Wellness Centre

Anna Irving and Janelle Cohos (Registered Psychologists)

Therapy groups for pre/postpartum moms.

info@albertaperinatal.com

www.albertaperinatal.com

Ballet and Bubbles

Cori Ann Archer

Mnm4Fitfun@gmail.com

Kids Dance exploration Program Ages 4 to 6.

Please email for more info.

Power Hour Fitness

Jacqueline McKendry

powerfit22@gmail.com

Strength training for all levels.

Please email for more info.

Hiit YYC

Limor Luzon

hityyc@gmail.com

Strength training for all levels.

Please email for more info.

Are you looking for a place to host your programs? CKE would love to have you! With our four different rooms (Studio, Lifestyle room, Bluesky Gym, and Board room), we have something for every event. Please reach out to our facility coordinator at CKEhallrental@gmail.com for more information.

YOU WON'T UNDERSTAND THE POWER OF A COMMUNITY ...UNTIL YOU'RE A PART OF ONE!

Please purchase your membership online or mail in the enclosed form.

2023 CKE MEMBERSHIP DRIVE

ckecommunity.com/membership



CKE Membership Form

Family Name _____

Street Address _____

Postal Code _____

Email Address _____

Family (\$40)

Senior 60+ (\$25)

Please check this box if you would like to receive our CKE E-Newsletter



Make Cheque Payable to:

CKE Community Association and drop in mailbox at:

1015 – 73 Ave SW, Calgary, AB, T2V 0R9



CKE Casino Fundraiser

The CKE Community Association upcoming casino fundraiser needs your help! The annual casino is a major fundraiser for the CKE Community Association and we need our precious volunteers to help with this event.

Dates: October 12 and 13 at Elbow River Casino
Shift Times and Position:

- 11:15 am to 7:30 pm: General Manager (1), Banker (1), Cashier (2), Chip Runner (2)
- 7:00 pm to 3:30 am: General Manager (1), Banker (1), Cashier (2), Chip Runner (2)
- 11:15 pm to 3:30 am: Count Room Supervisor (1), Count Room Staff (5)

If you are able to work any shift on these two days, please reach out to ckecasino@gmail.com with the following information:

1. Name
2. Phone number
3. Email address
4. Top three preferred positions and shift times

If you are unsure of your availability but think that you may be able to be on-call, please reach out as we need extra on-call volunteers for both days.

Slots will be filled on a first come first serve basis. Volunteers can work more than one shift but cannot change positions.

Word of the Month

Arcane: adjective (aar-kayn)

Mysterious, obscure, or understood by few.

"He had an arcane knowledge of Vedic astrology."

A Halloween-themed flyer with a black background. At the top, a large orange full moon is partially obscured by a black bat silhouette. The scene is framed by a web of white spider webs and several black spider silhouettes. Below the moon, the text 'HALLOWEEN PARTY' and 'OCT 27 @ CKE HALL' is written in a brown, serif font. A horizontal line separates the title from the event schedule. The schedule lists three activities: '5:00 - 5:30 pm Magic Show', '5:30 - 6:15 pm Costume Parade', and '6:15 - 7:00 pm Video Dance Party'. At the bottom, a black silhouette of a haunted house with glowing orange windows is visible, along with more spider webs and spiders.

HALLOWEEN PARTY
OCT 27 @ CKE HALL

5:00 - 5:30 pm Magic Show
5:30 - 6:15 pm Costume Parade
6:15 - 7:00 pm Video Dance Party

BUSINESS CLASSIFIEDS

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CHINOOK PARK | EAGLE RIDGE | KELVIN GROVE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

CALGARY MAT & LINEN: Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

GUTTER DOCTOR: Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 50,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

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SOYBEANS

Soybeans are one of the few legumes with all nine essential amino acids, meaning that they're a 'complete' source of protein. In the body, amino acids build muscle, carry nutrients, boost our immune system, and fuel chemical reactions. With uses within and outside the food industry, it's no surprise that this crop is gaining popularity!

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

SHARE your favorite recipes with us!

Submit your recipe to be shared on the CKE Newsletter and Social Media!



"You can learn a lot about someone when you share a meal together" - Anthony Bourdain

CKECOMMUNITY@GMAIL.COM

Deck the Hall Christmas Market

Saturday, December 2 from 10:00 am to 4:00 pm

Get ready to "Deck the Hall" again at the second annual CKE Community Christmas Market!

Plans are well underway for this year's edition of the market, including the kids only market and the kids' craft and cookie area. A small army of volunteers is needed to run every exciting part! Please reach out to ckecommunity@gmail.com or visit ckecommunity.com to see how you can help.

Your favourite vendors are already preparing but we are still accepting applications. The link is on our website.

Follow @ckemarket on Instagram for details about market day!



BOTTLE DRIVE
→ AT 9 AM - NOON

SATURDAY
NOVEMBER 4
2023

CKE COMMUNITY ASSOCIATION



CKE CHRISTMAS MARKET
10 am - 4 pm Sat, Dec 2, 2023

Deck the Hall

CKE Community Hall
1015 - 73 Ave SW



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CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	23	1	3	\$188,000	\$201,000
July	23	7	3	\$635,000	\$600,000
June	23	1	1	\$934,500	\$965,500
May	23	3	3	\$789,000	\$770,000
April	23	1	1	\$1,000,000	\$995,000
March	23	1	2	\$839,500	\$821,500
February	23	0	1	\$725,000	\$697,000
January	23	1	1	\$775,000	\$700,000
December	22	0	1	\$665,000	\$650,000
November	22	0	1	\$149,990	\$141,500
October	22	2	1	\$164,900	\$157,000
September	22	2	1	\$179,900	\$160,000

EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
August	23	0	0	\$0	\$0
July	23	2	0	\$0	\$0
June	23	1	1	\$1,799,900	\$1,800,000
May	23	0	0	\$0	\$0
April	23	0	1	\$1,990,000	\$1,905,000
March	23	1	0	\$0	\$0
February	23	0	0	\$0	\$0
January	23	1	0	\$0	\$0
December	22	0	0	\$0	\$0
November	22	0	0	\$0	\$0
October	22	0	0	\$0	\$0
September	22	0	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit chri.mycalgary.com

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