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CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
February	24	1	2	\$774,900	\$810,055
January	24	1	4	\$674,900	\$694,750
December	23	2	0	\$0	\$0
November	23	1	1	\$149,900	\$155,000
October	23	1	2	\$201,000	\$207,000
September	23	4	2	\$749,900	\$765,000
August	23	1	3	\$188,000	\$201,000
July	23	7	3	\$635,000	\$600,000
June	23	1	1	\$934,500	\$965,500
May	23	3	3	\$789,000	\$770,000
April	23	1	1	\$1,000,000	\$995,000
March	23	1	2	\$839,500	\$821,500

EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
February	24	0	0	\$0	\$0
January	24	0	1	\$1,698,000	\$1,665,000
December	23	0	1	\$1,595,000	\$1,500,000
November	23	0	0	\$0	\$0
October	23	1	0	\$0	\$0
September	23	1	0	\$0	\$0
August	23	0	0	\$0	\$0
July	23	2	0	\$0	\$0
June	23	1	1	\$1,799,900	\$1,800,000
May	23	0	0	\$0	\$0
April	23	0	1	\$1,990,000	\$1,905,000
March	23	1	0	\$0	\$0

To view more detailed information that comprise the above
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You can email the board at ckecommunity@gmail.com or visit us at www.ckecommunity.com

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LOCAL CONTACTS

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CKE News (editorial)	Vacant	CKEcommunity@gmail.com
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Neighbourhood Partnership Coordinator	Christa Zaharychuk	587-572-9292
Police Service at HWW	Cst. Jake Tyerman	403-253-2261 ext. 2143
Councillor, Ward 11	Kourtney Penner	403-268-2430
MLA, Calgary Glenmore	Nagwan Al-Guneid	

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3000 issues monthly.

Submissions: Please direct editorial inquiries to ckecommunity@gmail.com and ad inquiries to sales@greatnewsmedia.ca.

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It is no surprise that Calgary is anticipating another dry growing season, with water restrictions being likely. As gardeners there are several things, we can do to minimize our water use while still achieving a strong vegetable (and flower) crop.

It all starts with the soil. Good textured garden soil (not too sandy, not too much clay) that is rich in organic matter (compost) will hold moisture and keep it available for our plants' roots. Covering the soil with some kind of mulch – even between rows of vegetable plants – will help to avoid moisture loss from the soil surface. Consider using materials such as compost, grass clippings, straw, shredded leaves, or shredded newspaper. Avoid plastic mulches that prevent rain from penetrating and tend to heat up.

Watering techniques become very important when trying to reduce water usage. Target plant root zones directly and avoid watering open areas. Water less often, and more deeply, taking the time to probe the soil and see how deep the moisture has penetrated. Avoid watering in the middle of the day when wind and heat can cause evaporation. All of these can be achieved most easily through hand-watering whether it's with a hose and watering wand, or with a watering can. Automatic watering through irrigation systems can also be done, but careful scheduling and the use of drip or point irrigation is recommended.

Containers tend to dry out rapidly and require more water, while raised beds drain quickly and may require more water than in-ground beds.

Lastly, our choice of plant material becomes important. In the veggie garden, root crops will always need less water as they are naturally drought tolerant. Perennial plants like rhubarb and asparagus can also survive with less water. All crops when they are new require enough water to keep them moist for germinating and for developing strong young plants.

If possible, install rain barrels so that you can take advantage of any rain fall that we do get. Drop by the CKE Community Garden this summer and see how we manage on less water.

Happy Gardening!

Bicycle Helmet Safety

by Alberta Health Services EMS

Head injuries are the leading cause of serious injury and death to kids on wheels*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.

Getting Informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life
- Brain injuries can cause permanent disability or death
- Reduce your risk by always wearing your helmet
- Replace any helmet that has been involved in a crash, even if it appears undamaged

Getting Started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them
- Start the habit early. Young children learning to ride tricycles need to wear helmets
- Parents must lead by example – always wear a helmet when cycling

Getting the Right Fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash
- When worn properly, helmets should fit level, not tilted up, or down over the forehead
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened
- Adjust the chin straps to form a "Y" below and slightly forward from the ears
- Only one finger should be able to fit under the chin strap when it is fastened
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort, and safety.

* Parachute Canada: <http://www.parachutecanada.org/injury-topics/item/wheeled-activities1>.

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Guess the Invention!

1. This delicious, chocolatey treat was created by mistake by Ruth Graves Wakefield in 1930.
2. This Canadian-born technological invention gave the public a more immersive film experience in theatres.
3. James Naismith, a Canadian-born P.E. instructor invented this indoor team sport in 1891.
4. Hollywood actress Hedy Lamarr famously created a frequency-hopping technology, which would eventually lead to this modern wireless network technology.
5. Canadian artist Joe Shuster co-created this iconic comic book character in 1938.
6. In 1940, Norman Breakey of Toronto created this tool which would save time applying paint.



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by The City of Calgary

The Partners in Planning program offers an in-person opportunity to meet planners and learn how policies converge to guide The City's decisions and prepare for growth. Learn what planning and development policies and plans drive change in Calgary. Register for your spot at calgarycommunities.com/events.



Word of the Month

Portmanteau: noun (port-man-toe)

A literary device wherein two words are merged to form a novel word with a distinct meaning.

John was surprised to learn that the word 'motel' is a portmanteau of 'motor' and 'hotel'.

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Coffee and Tea Social for Seniors

Thursday, April 25 at 10:30 am

Whether you are a "senior" or can't admit to being a senior or love to hang with seniors...

Come spend an hour with us over a warm beverage getting to know your neighbours.

Fourth Thursday of every month, 10:30 am at the CKE Community Hall Gym.

It is true seniors include men and women. Also true, a social is a place to feel welcome and have fun. Please join us and bring a friend.

Join us at the CKE Hall

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SOCIAL FOR SENIORS

April 25th at 10:30

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		Listed	Sold	Listed	Sold
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October	23	1	1	\$320,000	\$315,000
September	23	2	1	\$219,000	\$205,000
August	23	2	2	\$229,950	\$250,000
July	23	5	6	\$327,400	\$322,450
June	23	5	4	\$1,086,950	\$1,062,500
May	23	7	4	\$533,000	\$540,750
April	23	2	3	\$1,049,900	\$1,030,000
March	23	0	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit kevg.mycalgary.com

Squirrels In Our Neighbourhoods

by Chewbacca Jones



National Squirrel Appreciation Day was celebrated in Calgary on January 21, 2024, as it is on that day every year, in the U.S. Who knew?

The smaller, more aggressive American red squirrels were the first to live here. We see them chasing each other, scolding us, and trying to find a way into our attics. They are eaten by hawks, bobcats, and other predators. Only about 25% live to reproductive age but they can live as long as seven years in the wild.

All of the grey and black tree squirrels that we see here are Eastern Grey Squirrels, whose ancestors made their way from Eastern North America. Here, we see their gymnastic ability, as they run on power lines or figure out how to get at our bird feeders. They have always played an important role in our forests because of their



practice of burying pinecones and other tree seeds to eat during winter. Many are forgotten and germinate. In the wild, they have a 25% chance of surviving a year and then a 50% chance of living each additional year. While an average life span may be six to eight years, some have lived twice that long or longer.

A squirrel's front teeth (incisors) grow throughout its life, so they always stay sharp and never get worn down from all the chewing on hard food.

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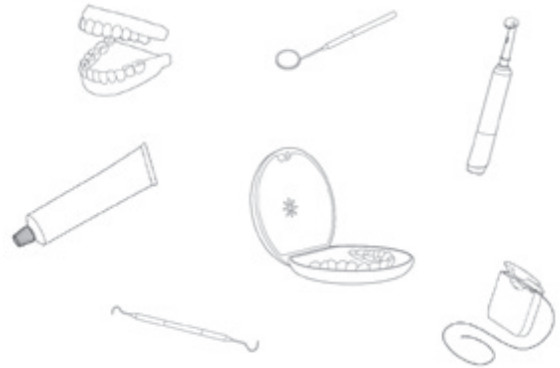
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Father & Daughter



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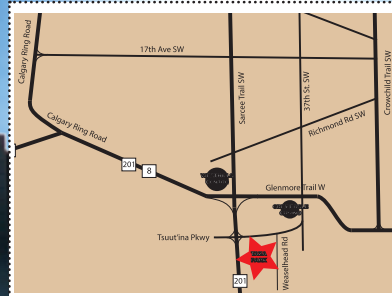
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