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CKE NEWS

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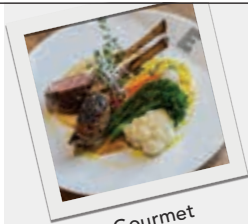
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THE EDWARD

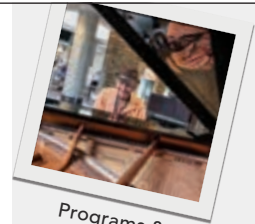
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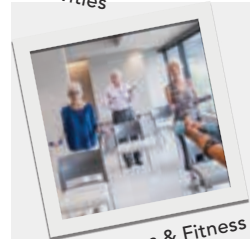
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You can email the board at ckecommunity@gmail.com or visit us at www.ckecommunity.com

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LOCAL CONTACTS

CKE Hall Rental	Jennifer Sherstabetoff	CKEhallrental@gmail.com 403-764-9614
CKE News (editorial)	Vacant	CKEcommunity@gmail.com
CKE News (ads)	Great News Media	403-720-0762
Brownies/Guides	Anne Bennett	403-255-3883
Cubs/Scouts	Crystal Botterill	403-454-9644
Heritage Community Soccer	Vacant	CKEHeritageSoccer@gmail.com
Softball	Sonny Vallieres	403-238-0847
Football	Rob Perry	403-251-6556
Police Service Community Liaison	Jake Tyerman Robinson	403-253-2261 ext. 2143
Neighbourhood Partnership Coordinator	Christa Zaharychuk	587-572-9292
Police Service at HWW	Cst. Jake Tyerman	403-253-2261 ext. 2143
Councillor, Ward 11	Kourtney Penner	403-268-2430
MLA, Calgary Glenmore	Nagwan Al-Guneid	

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3000 issues monthly.

Submissions: Please direct editorial inquiries to ckecommunity@gmail.com and ad inquiries to sales@greatnewsmedia.ca.

YOU WON'T UNDERSTAND THE POWER OF A COMMUNITY ...UNTIL YOU'RE A PART OF ONE!

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Please check this box if you would like to receive our CKE E-Newsletter



Make Cheque Payable to:

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Coffee and Tea Social for Seniors

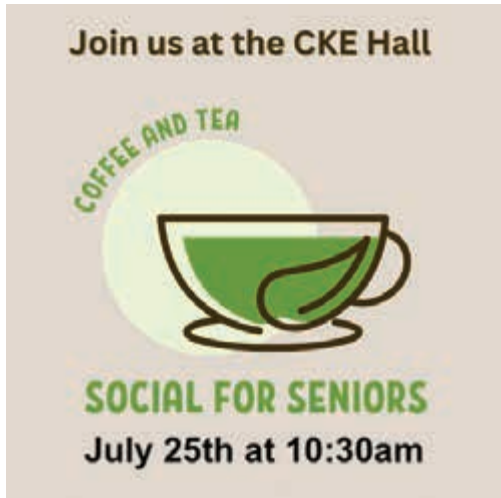
Thursday, July 25 at 10:30 am

Whether you are a “senior” or can’t admit to being a senior or love to hang with seniors...

Come spend an hour with us over a warm beverage getting to know your neighbours.

Fourth Thursday of every month, 10:30 am at the CKE Community Hall Gym.

It is true, seniors include men and women. Also true, a social is a place to feel welcome and have fun. Please join us and bring a friend.



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Howdy! I'm Carolyn

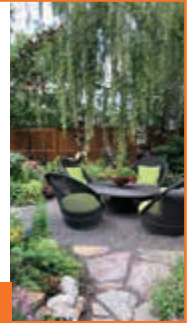
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F **Face**
is it drooping?

A **Arms**
can you raise both?

S **Speech**
is it slurred or jumbled?

T **Time**
to call 9-1-1

Beat stroke
Call 9-1-1 FAST

heartandstroke.ca/FAST

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Jennifer Sprau and Tammy Quast
hopscotchbasc@gmail.com | 403-890-8233
Summer care is now open for registration.

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info@rccgaga.ca | 587-717-2521
Every Sunday

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Sarah Arcuri
sarah.arcuri@shaw.ca | 403-703-7751
Reach out to Sarah for more information.

Nicole Leona Yoga

Nicole Kowalchuk
nicoleleonayoga@gmail.com

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thedancecompound@gmail.com | 403-540-7294
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CKE Community Garden July Update

In June the CKE Community Garden hosted a tour of the Urban Farm School for 17 garden and community members. This large residential lot in Palliser has been lovingly tended for over 30 years and now illustrates a multitude of strategies for sustainable gardening – for food production, pollinator support, medicine, aesthetics, and family living. Those that attended were suitably impressed and had many questions about their water capture system, approach to composting, plant choices, and general gardening practices. One key strategy is to keep the ground covered to reduce weeds and conserve soil moisture. The Urban Farm makes use of plants that cover the ground, mulch and relies heavily on debris from plants that either naturally falls to the ground or is placed after cutting back or pruning. The catastrophic water main break experienced at the beginning of June is a stark reminder of how fragile our water supply system is, and how important it is to harvest rainwater, and protect soil moisture.

Each plant in the garden has multiple functions and serves more than one purpose. Spaces within the garden are highly productive but also provide the functions necessary for enjoyment of the garden. Ornamental plants, quiet seating spots, shade, shelter, a large outdoor covered lounge area, and a family-sized table all encourage the ability to spend as much time as possible out of doors.

The sense of community in this place is strong and reminds us that gardening is about more than the end result. It allows us to connect with like-minded people, share in our successes, and learn from each other. These principles are what we try to foster in the CKE Community Garden, and we invite you to visit us in our garden and join us for any of the events that we strive to offer.

Happy Gardening!

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

<p>CHINOOK PARK</p> 	<p>KELVIN GROVE</p> 	<p>EAGLE RIDGE</p> 
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JOKE OF THE MONTH



WHY DID THE GOLFER BRING TWO PAIRS OF PANTS?

IN CASE HE GOT A HOLE IN ONE.

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		9					4	
		1		5				
				1		4		2
		6			4	1		
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2								3
	7			8				

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FOR THE SOLUTION



Oxymoron is an Oxymoron!

The word "oxymoron" is an oxymoron itself. It's true! It combines two Greek words: "oxy" meaning sharp and "moron" meaning dull. So, the next time you hear "bittersweet", or "open secret" remember, the word describing these contradictions is also a delightful contradiction!



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		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	24	9	4	\$729,950	\$742,500
April	24	2	2	\$744,350	\$746,900
March	24	3	3	\$1,325,000	\$1,200,000
February	24	2	1	\$1,400,000	\$1,355,000
January	24	0	0	\$0	\$0
December	23	1	0	\$0	\$0
November	23	2	4	\$564,450	\$561,000
October	23	1	1	\$320,000	\$315,000
September	23	2	1	\$219,000	\$205,000
August	23	2	2	\$229,950	\$250,000
July	23	5	6	\$327,400	\$322,450
June	23	5	4	\$1,086,950	\$1,062,500

To view more detailed information that comprise the above
MLS averages please visit kevg.mycalgary.com

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CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	24	5	4	\$749,500	\$765,000
April	24	3	2	\$874,950	\$950,000
March	24	2	2	\$1,197,500	\$1,190,500
February	24	1	2	\$774,900	\$810,055
January	24	1	4	\$674,900	\$694,750
December	23	2	0	\$0	\$0
November	23	1	1	\$149,900	\$155,000
October	23	1	2	\$201,000	\$207,000
September	23	4	2	\$749,900	\$765,000
August	23	1	3	\$188,000	\$201,000
July	23	7	3	\$635,000	\$600,000
June	23	1	1	\$934,500	\$965,500

EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
May	24	0	0	\$0	\$0
April	24	0	0	\$0	\$0
March	24	0	0	\$0	\$0
February	24	0	0	\$0	\$0
January	24	0	1	\$1,698,000	\$1,665,000
December	23	0	1	\$1,595,000	\$1,500,000
November	23	0	0	\$0	\$0
October	23	1	0	\$0	\$0
September	23	1	0	\$0	\$0
August	23	0	0	\$0	\$0
July	23	2	0	\$0	\$0
June	23	1	1	\$1,799,900	\$1,800,000

To view more detailed information that comprise the above
MLS averages please visit chri.mycalgary.com

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