

MARCH 2024

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CKE NEWS

THE OFFICIAL CHINOOK PARK, KELVIN GROVE & EAGLE RIDGE COMMUNITY NEWSLETTER

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		Properties		Median Price	
		Listed	Sold	Listed	Sold
January	24	0	0	\$0	\$0
December	23	2	0	\$0	\$0
November	23	3	4	\$564,450	\$561,000
October	23	1	1	\$320,000	\$315,000
September	23	2	1	\$219,000	\$205,000
August	23	2	2	\$229,950	\$250,000
July	23	5	6	\$327,400	\$322,450
June	23	5	4	\$1,086,950	\$1,062,500
May	23	7	4	\$533,000	\$540,750
April	23	2	3	\$1,049,900	\$1,030,000
March	23	0	0	\$0	\$0
February	23	1	0	\$0	\$0

To view more detailed information that comprise the above
MLS averages please visit kevg.mycalgary.com

CKE COMMUNITY DIRECTORY

You can email the board at
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www.ckecommunity.com

CKE COMMUNITY ASSOCIATION BOARD

President	Daniel Kowall	ckepresident@gmail.com
Vice President	Glen Haslhofer	ckevicepresident@gmail.com
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Recreation Director	Vacant	recreationcke@gmail.com
Director at Large	Lance Titchkosky	
Director at Large	Jim MacLean	jamac01@telus.net
Director at Large	Rodney Smith	rodney.andrew.smith@gmail.com

LOCAL CONTACTS

CKE Hall Rental	Jennifer Sherstabetoff	CKEhallrental@gmail.com 403-764-9614
CKE News (editorial)	Vacant	CKEcommunity@gmail.com
CKE News (ads)	Great News Media	403-720-0762
Brownies/Guides	Anne Bennett	403-255-3883
Cubs/Scouts	Crystal Botterill	403-454-9644
Heritage Community Soccer	Vacant	CKEHeritageSoccer@gmail.com
Softball	Sonny Vallieres	403-238-0847
Football	Rob Perry	403-251-6556
Police Service	Jake Tyerman	403-253-2261
Community Liaison	Robinson	ext. 2143
Neighbourhood Partnership Coordinator	Christa Zaharychuk	587-572-9292
Police Service at HWW	Cst. Jake Tyerman	403-253-2261 ext. 2143
Councillor, Ward 11	Kourtney Penner	403-268-2430
MLA, Calgary Glenmore	Nagwan Al-Guneid	

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3000 issues monthly.

Submissions: Please direct editorial inquiries to ckecommunity@gmail.com.
 and ad inquiries to sales@greatnewsmedia.ca.

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info@rccgaga.ca | 587-717-2521
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Sarah Arcuri
sarah.arcuri@shaw.ca | 403-703-7751
Reach out to Sarah for more information.

Nicole Leona Yoga

Nicole Kowalchuk
nicoleleonayoga@gmail.com

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Kelsea Fitzpatrick
thedancecompound@gmail.com | 403-540-7294
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Chris Walker
banzaikaratedojo@gmail.com
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Michelle Holmes
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Rebound Fitness

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Elisa Choi
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Richard Kaechele
program.director@prostaidd.org
www.prostaidd.org/

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Coffee and Tea Social for Seniors

Whether you are a “senior” or can’t admit to being a senior or love to hang with seniors...

Come spend an hour with us over a warm beverage getting to know your neighbours.

Fourth Thursday of every month, 10:30 am at the CKE Community Hall Gym.

It is true seniors include men and women. Also true, a social is a place to feel welcome and have fun. Please join us and bring a friend.

Join us at the CKE Hall

COFFEE AND TEA



SOCIAL FOR SENIORS

March 28th at 10:30

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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CKE Community Garden Update

March can be a frustrating month for gardeners. It can be mild enough that it seems like spring is just around the corner when it is likely still weeks away. March can also be snowy enough that it seems like winter will never end! But March will always be the perfect time for two things - planning and starting seeds indoors.

Spring always feels rushed, with so many tasks needing to be done at the same time. Having your garden plots mapped out with selections of varieties and cultivars identified, locations and quantities of plants done ahead of time, makes execution when the ground warms up much easier. Decide if you need to amend your soil ahead of time, to allow for delivery and spreading of materials well ahead of planting.

Seed starting indoors requires planning as well, to ensure you have plants of the right size ready for when they should be planted in the ground. Look for the number of weeks needed to reach maturity (usually found on seed packages) and work backwards from our last frost-free day - usually marked as the Victoria Day long weekend. Most of the vegetables and flowers we want to grow require anywhere from four to twelve weeks. Keep in mind that some plants can be planted before the last frost (cauliflower and cabbage), while others (basil and tomatoes) must be kept indoors until the temperatures are consistently warmer. If you have limited space for starting seeds indoors, remember that many of the more popular vegetables are best grown by seeding directly into the ground - crops such as beets, peas, lettuce, kale, spinach, and carrots.

The CKE Community Garden will start to spring into life in April, a great time to drop by and see what your neighbours are growing this season. If you would like to be on our e-mail list, or add your name to our wait list, please contact Sonja at sonja_johnson20@hotmail.com.

Happy gardening!



SHARE your favorite recipes with us!

Submit your recipe to be shared on the CKE Newsletter and Social Media!



"You can learn a lot about someone when you share a meal together" - Anthony Bourdain

CKECOMMUNITY@GMAIL.COM

Epilepsy Awareness Month

Shine a Light on Epilepsy

MARCH 26
Purple Day



Light up the Night in Violet Vibes! Light up your homes, offices, and public spaces in purple to show your solidarity.

Dress in Grape Glory! Show your support by wearing purple clothing or accessories on March 26th.

Spark a Purple Revolution! Be a part of the change! Donate or start a fundraiser.




Share your purple moments using **#postyourpurple**



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PAINTER SERVICING CHINOOK PARK | EAGLE RIDGE | KELVIN GROVE: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

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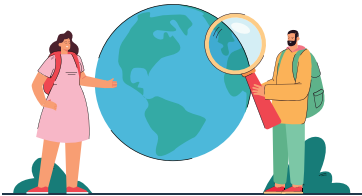
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GAMES & PUZZLES

Guess the Country!

1. Over 80% of this Asian country is mountainous.
2. This European country is also known as The Emerald Isle.
3. Asmara is the capital of this African country.
4. It is mandatory in this South American country to play the national anthem twice on television and radio every day.
5. This Central American country's capital has a rain forest within its city limits, making it the only known one in the world.
6. This Oceanic country, known for its 7s rugby team, is composed of over 300 islands.



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CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
January	24	1	4	\$674,900	\$694,750
December	23	2	0	\$0	\$0
November	23	1	1	\$149,900	\$155,000
October	23	1	2	\$201,000	\$207,000
September	23	4	2	\$749,900	\$765,000
August	23	1	3	\$188,000	\$201,000
July	23	6	3	\$635,000	\$600,000
June	23	1	1	\$934,500	\$965,500
May	23	3	3	\$789,000	\$770,000
April	23	1	1	\$1,000,000	\$995,000
March	23	1	2	\$839,500	\$821,500
February	23	0	1	\$725,000	\$697,000

To view more detailed information that comprise the above
MLS averages please visit chri.mycalgary.com

EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
January	24	0	1	\$1,698,000	\$1,665,000
December	23	0	1	\$1,595,000	\$1,500,000
November	23	0	0	\$0	\$0
October	23	1	0	\$0	\$0
September	23	1	0	\$0	\$0
August	23	0	0	\$0	\$0
July	23	2	0	\$0	\$0
June	23	1	1	\$1,799,900	\$1,800,000
May	23	0	0	\$0	\$0
April	23	0	1	\$1,990,000	\$1,905,000
March	23	1	0	\$0	\$0
February	23	0	0	\$0	\$0

To view more detailed information that comprise the above
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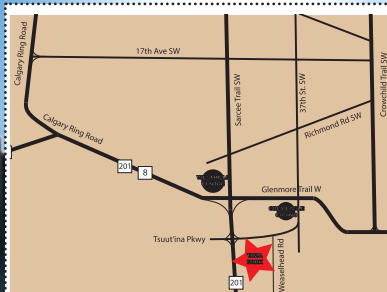
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