

OCTOBER 2026

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|-----------|----|------------|------|--------------|-------------|
|           |    | Listed     | Sold | Listed       | Sold        |
| August    | 26 | 4          | 0    | \$0          | \$0         |
| July      | 26 | 6          | 4    | \$402,000    | \$394,275   |
| June      | 26 | 3          | 1    | \$1,199,900  | \$1,200,000 |
| May       | 26 | 7          | 5    | \$1,399,900  | \$1,385,200 |
| April     | 26 | 0          | 3    | \$255,000    | \$245,000   |
| March     | 26 | 2          | 1    | \$1,289,000  | \$1,284,000 |
| February  | 26 | 2          | 2    | \$964,900    | \$942,500   |
| January   | 26 | 3          | 1    | \$1,299,900  | \$1,260,000 |
| December  | 25 | 0          | 0    | \$0          | \$0         |
| November  | 25 | 0          | 0    | \$0          | \$0         |
| October   | 25 | 1          | 1    | \$2,780,000  | \$2,490,000 |
| September | 25 | 0          | 4    | \$824,450    | \$810,000   |

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## CKE COMMUNITY ASSOCIATION BOARD

|                           |                    |                                                                                |
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| Director at Large         | Claudia Woolner    |                                                                                |
| Director at Large         | Sherri Balm        |                                                                                |

## LOCAL CONTACTS

|                                       |                        |                                                                                            |
|---------------------------------------|------------------------|--------------------------------------------------------------------------------------------|
| CKE Hall Rental                       | Jennifer Sherstabetoff | <a href="mailto:CKEhallrental@gmail.com">CKEhallrental@gmail.com</a><br>403-764-9614       |
| CKE News (editorial)                  | Vacant                 | <a href="mailto:CKEcommunity@gmail.com">CKEcommunity@gmail.com</a>                         |
| CKE News (ads)                        | Great News Media       | 403-720-0762                                                                               |
| Girl Guides                           | Guider                 | <a href="mailto:any-calgarytalltrees@girlguides.ca">any-calgarytalltrees@girlguides.ca</a> |
| Cubs/Scouts                           | Andrea Hall            | <a href="mailto:scouterandrea@118scouts.ca">scouterandrea@118scouts.ca</a><br>403-837-7103 |
| Heritage Community Soccer             | Vacant                 | <a href="mailto:CKEHeritageSoccer@gmail.com">CKEHeritageSoccer@gmail.com</a>               |
| Softball                              | Sonny Vallieres        | 403-238-0847                                                                               |
| Football                              | Rob Perry              | 403-251-6556                                                                               |
| Police Service Community Liaison      | Cst. Michael Colbert   | 403-428-6641                                                                               |
| Neighbourhood Partnership Coordinator | Christa Zaharychuk     | 587-572-9292                                                                               |
| Police Service at HWW                 | Cst. Michael Colbert   | 403-428-6641                                                                               |
| Councillor, Ward 11                   | Rob Ward               |                                                                                            |
| MLA, Calgary Glenmore                 | Nagwan Al-Guneid       |                                                                                            |

CKE News is the official newsletter of Chinook Park, Kelvin Grove, Eagle Ridge community association and distributed free to all residents and businesses 12 issues per year. Circulation is approximately 3,000 issues monthly.

**Submissions:** Please direct editorial inquiries to [ckecommunity@gmail.com](mailto:ckecommunity@gmail.com) and ad inquiries to [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca).

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### Keeping Bus Zones Clear Near Schools

by The City of Calgary



School and transit buses rely on clear bus zones to safely load and unload passengers. When vehicles stop or park in bus zones, buses may be forced to stop in traffic, putting children and passengers at risk. Bus zones are designated safety areas that must remain clear at all times. Respecting these zones helps protect children, supports accessible transit, and keeps traffic moving predictably. Parking legally and avoiding bus zones—even for short stops—helps create safer school environments for everyone. Learn more: [calgaryparking.com/safeschools](https://calgaryparking.com/safeschools).

The School Patrol Program helps improve safety in school zones by focusing on education first.

School zones are designed to protect children. Parking rules help:

- Keep crosswalks and corners visible.
- Reduce congestion and sudden stops.
- Support safer crossings for kids and families.

Parking safety and compliance officers attend schools during busy dropoff and pickup times to:

- Remind drivers about safe and legal parking.
- Explain why certain rules exist.
- Answer questions from parents, caregivers, and school communities.

With over 150 elementary schools across the city, patrols can't be everywhere every day. Unsafe parking, like blocking crosswalks, doubleparking or stopping in noparking zones makes it harder for drivers to see children and for children to see cars.

### Urban Forest Strategic Plan Update

by The City of Calgary



The City of Calgary held engagement for a new Urban Forest Strategic Plan (The Plan) this spring and a What We Heard Report summarizing findings is now available at [calgary.ca/UrbanForestPlan](https://calgary.ca/UrbanForestPlan).

The Plan's project team is currently reviewing and considering all feedback as they develop the new Plan. A status update, including the approach to finalizing a new Plan, will be provided by the end of 2026. This will include information about the timing of the What We Did Report, which will explain how public feedback helped shape the Plan. For all the latest information, please check back at [calgary.ca/UrbanForestPlan](https://calgary.ca/UrbanForestPlan).



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## CHINOOK PARK COMMUNITY REAL ESTATE ACTIVITY

|           |    | Properties |      | Median Price |             |
|-----------|----|------------|------|--------------|-------------|
|           |    | Listed     | Sold | Listed       | Sold        |
| August    | 26 | 3          | 2    | \$1,237,000  | \$1,216,500 |
| July      | 26 | 5          | 3    | \$929,900    | \$898,500   |
| June      | 26 | 1          | 0    | \$0          | \$0         |
| May       | 26 | 0          | 0    | \$0          | \$0         |
| April     | 26 | 2          | 0    | \$0          | \$0         |
| March     | 26 | 2          | 0    | \$0          | \$0         |
| February  | 26 | 1          | 1    | \$734,900    | \$713,000   |
| January   | 26 | 1          | 1    | \$949,900    | \$930,000   |
| December  | 25 | 1          | 3    | \$1,490,000  | \$1,425,000 |
| November  | 25 | 0          | 0    | \$0          | \$0         |
| October   | 25 | 4          | 4    | \$1,089,500  | \$1,080,000 |
| September | 25 | 3          | 2    | \$1,083,950  | \$1,072,500 |

To view more detailed information that comprise the above  
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## EAGLE RIDGE COMMUNITY REAL ESTATE ACTIVITY

|           |    | Properties |      | Median Price |             |
|-----------|----|------------|------|--------------|-------------|
|           |    | Listed     | Sold | Listed       | Sold        |
| August    | 26 | 1          | 0    | \$0          | \$0         |
| July      | 26 | 0          | 0    | \$0          | \$0         |
| June      | 26 | 1          | 2    | \$6,090,000  | \$5,933,000 |
| May       | 26 | 0          | 1    | \$1,248,000  | \$1,235,000 |
| April     | 26 | 0          | 0    | \$0          | \$0         |
| March     | 26 | 1          | 0    | \$0          | \$0         |
| February  | 26 | 0          | 0    | \$0          | \$0         |
| January   | 26 | 1          | 0    | \$0          | \$0         |
| December  | 25 | 0          | 0    | \$0          | \$0         |
| November  | 25 | 0          | 0    | \$0          | \$0         |
| October   | 25 | 1          | 0    | \$0          | \$0         |
| September | 25 | 1          | 0    | \$0          | \$0         |

To view more detailed information that comprise the above  
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## CKE HALL PROGRAM CONTACTS

### **Hopscotch Before and After School Care, Also Offering KinderCare**

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hopscotchbasc@gmail.com | 403-890-8233  
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### **RCCG Amazing Grace Assembly**

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info@rccgaga.ca | 587-717-2521  
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### **Strong - Strength Training for All Ages**

Sarah Arcuri  
sarah.arcuri@shaw.ca | 403-703-7751  
Reach out to Sarah for more information.

### **The Dance Compound Inc.**

Kelsea Fitzpatrick  
thedancecompound@gmail.com | 403-540-7294  
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### **Banzaï Karate Club**

Chris Walker  
banzaikaratedojo@gmail.com  
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### **Counter Point Dance**

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### **Power Hour Fitness**

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### **Rebound Fitness**

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### **Girls That Math**

erin@numbersinbloom.com  
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### **Rise Up Fitness**

Marlo Brousse  
For more information, email [info@marlobrousse.com](mailto:info@marlobrousse.com).

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more information.



# Halloween Safety

by Alberta Health Services



As a supporter of Calgary's Child Magazine's Partners for Safety initiative, Emergency Health Services (EHS) Alberta would like to remind parents and trick-or-treaters of important Halloween safety tips as October 31 approaches.

Partners for Safety vehicles will be out patrolling communities on Halloween night to provide a visible safety resource for parents and trick-or-treaters.

### Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks or at well-lit corners. It is safest to work your way up one side of the street and then cross once to the other side.
- You may choose to avoid houses that are not well lit. Do not accept rides from strangers or enter any home where you feel unsafe.
- Let your parents know where you are going and what route you plan to take. Let them know if you will be late returning home.

### Parents

- Be certain that an adult accompanies young trick-or-treaters. Older children should stay in groups.
- Predetermine the boundaries for trick-or-treating and

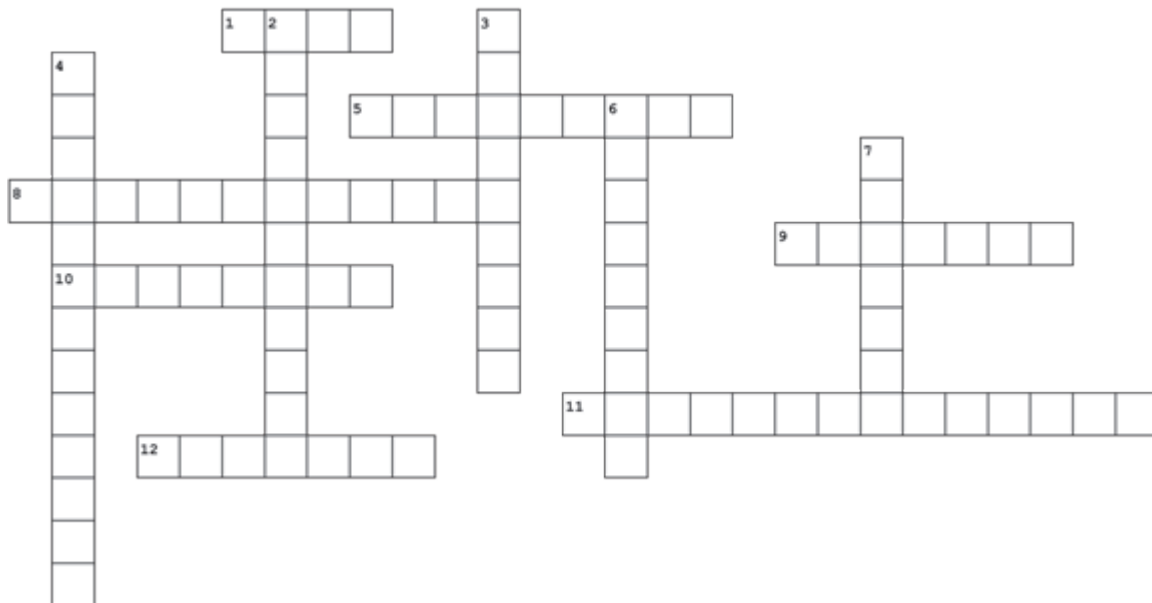
establish a time for children to return home.

- Advise children not to eat anything until they return home. Dispose of any items that have been tampered with or are not properly wrapped.

### Costumes

- Choose brightly coloured costumes that are highly visible. Adding reflective tape to costumes can further increase visibility.
- Consider sending your children with a flashlight for additional safety and visibility.
- When purchasing or making costumes, look for materials and accessories labelled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic makeup instead of masks that may impair breathing or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not extend below your child's ankles.
- Ensure your child is wearing adequate footwear that takes the weather conditions and walking into consideration.

# October Crossword



## Across

1. Known as October's birth stone, this iridescent gem is sometimes worn by artists to inspire creativity.
5. These tall, friendly faces are full of straw and often seen in the middle of corn fields.
8. Celebrated this year on October 12, this holiday encourages generosity, connection, and the consumption of a delicious meal.
9. This large orange squash is traditionally carved the night before Halloween
10. Twists and turns; this fall activity is generally held in large fields of a certain tall grain.
11. This Oscar-winning actress was the "final girl" in the classic horror movie series, *Halloween*.
12. Known as the Greek Goddess of harvest, she is the mother to Persephone.

## Down

2. Bright red and sour, the seeds of this fruit were consumed by Persephone in Greek mythos.
3. These bright yellow and red flowers are the birth flowers of October, representing joy, warmth, and remembrance.
4. Horace Walpole's *The Castle of Otranto*, published in 1764, is most famously known as the first novel of this literary genre.
6. "In Rainbows" an album released October 10, 2007, was the seventh studio album for this alternative rock band.
7. This monster has a variety of features but is most often depicted with long fangs and red eyes.



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Beyond the Impression: Van Gogh and Post-Impressionism

by Kristina Quapp

Van Gogh is an artist that needs no introduction, but the style of his work is a different story. Vincent's style is commonly mislabelled as impressionist, where the more accurate classification would be post-impressionist. Impressionism is a 19th-century art movement that featured a strong focus on lighting, thick brush strokes, unblended colours, and everyday modern subjects painted outdoors (*en plein air*). As most art movements do, impressionism built upon the foundations of the realist movement which took place about 20 to 30 years prior. Realist painters preferred working *en plein air* as it allowed them to capture natural light and unvarnished everyday life, while pushing back on traditional academy standards that forced what some considered artificial compositions. While both art styles feature an emphasis on lighting and capturing the environment, impressionists did not focus as heavily on the realistic details.



Though Van Gogh's work certainly captures elements of impressionism such as thick brush strokes and vivid colours, his work often pushed the boundaries of impressionism. For example, Claude Monet, the founder of the impressionist movement, features large brush strokes, but the lighting

remains grounded. As can be seen in Monet's 1875 oil painting, *Woman with a Parasol*, the piece is heavily stylized. Brush strokes are visible and the hues are vibrant, but the edge light and shadow in front of the



woman tells the viewer that Monet focused on realism when capturing the atmosphere. In contrast, Vincent's *The Starry Night*—while it maintains *impasto* as Monet did—exhibits

even more vibrant colour contrast and his sentiment at the time, represented in weighty brush strokes. It's often conferred that *The Starry Night* is symbolic of Van Gogh's inner turmoil, given the swirling and turbulent skies, thick *impasto* brush strokes, and the large looming cypress tree outlined in red.

Vincent's *The Garden of Saint Paul's Hospital*, often referred to as *Leaf-Fall*, features inspired aspects from traditional Japanese woodblock prints. Van Gogh implements an elevated perspective and tree trunks that are abruptly cut off by the lower and upper edges of the canvas, eliminating the horizon line. These artistic choices create a compressed sense of space similar to the arrangements found in Japanese print designs.



Like the changing landscape around him, Van Gogh's work had moved beyond simply capturing a fleeting impression of the world. His colours became bolder, his brushwork more expressive, and his paintings increasingly shaped by emotion and personal interpretation. This October, as the leaves begin to fall, perhaps take a moment to look at the world around you—not only as it appears, but through the impression it leaves on you.

### October's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

Write about a goal you achieved. What did you learn on the road toward the destination?

Dear reader,

I've learned that achieving a small goal can sometimes be a big deal. I'm the type of person who likes to set attainable goals. This way, after proving what I am capable of, I feel more motivated because it reminds me of my ability to grow. Achieving the first goal motivates me toward a new, more challenging goal. It makes me think, "Hey, since I hit that goal, why not go a bit further?"

My health and fitness journey has followed this path.

If you had asked me ten years ago if I'd be as committed to my fitness as I am now, I would not have believed it. Ten years ago, I had a five-year-old and a three-year-old. In other words, I was in the throes of parental exhaustion with no desire, time, or energy to commit to new fitness habits.

Once my kids were a more manageable age, life settled down, and I had both the desire and breathing room to work toward a fitness goal. I started small: two days a week of lifting weights at home. My goal at the beginning was to show up; not to lose weight, not to get jacked, it was simply to form the habit. This was motivating for me because I learned that I could feel a sense of accomplishment just from checking a box.

What happened next was quite interesting. After a while, I liked it and slowly built my routine to exercise three days a week, then four, and so on. Not only did I begin to look forward to working out, but I also felt more energetic, slept better, and had more self-confidence. I realized the previous bias I held that exercise was a chore was incorrect. I came to realize that it is a wonderful treat I need to feel whole.

This experience taught me to be open to new challenges and reinforced the importance of noticing how I perceive them. Sometimes my negativity or fear isn't justified, and it holds me back. I also learned that when I start small and build on goals, it helps lock them in on autopilot.

Your turn! Write in your journal or to your pen pal about a goal you achieved and what you learned.

Happy writing,

Michelle

*Write It Forward*



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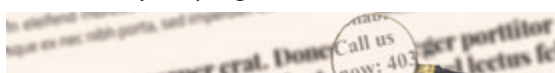
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## Hooting Season

Who's That Calling?

Did you know that autumn is a great time to hear owls? Known as hooting season, owls hoot more frequently to claim and defend territory and find mating partners. The cooler, quieter nights of fall also helps the sound of their hoots carry farther!



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# Support Victoria Fortuna and Her Family After a Tragic Highway Accident



In the early evening of February 8, 2026, the Fortuna family's life was forever altered by a devastating and senseless accident.

Victoria, a 21-year-old student at MacEwan University, and her father, Paul Fortuna, 53 years old, were the innocent victims of a horrific and tragic vehicle accident that occurred in Edmonton, Alberta. Sadly, her father, Paul, succumbed to his injuries at the scene, and Victoria has been left with catastrophic, life-threatening, and life-altering injuries. She is currently fighting for her life and receiving critical medical care at the University Hospital in Edmonton.

This GoFundMe, created in partnership with her family, is being established to help ease the inconceivable financial hardship they are facing.

The initial \$100,000 fundraising target will help cover immediate expenses, including lodging in Edmonton for Victoria's mother, Colleen (Cousens) Fortuna, and 16-year-old sister, Ariana, both from Calgary. This will also allow Colleen to take necessary time away from work during this period of immense hardship and profound change to focus on Victoria's medical journey and to help her daughters through the unimaginable grief of the sudden, tragic loss of their father.

In the days, months, and years ahead, Victoria will require additional surgeries, extensive rehabilitation, specialized leg prosthetics, intensive mental health support, and enduring general medical care. The financial impact will be significant and ongoing, with future fundraising goals evolving as a result of these needs.

The family is deeply grateful for the kindness, prayers, and support they have already received. Your generosity, through a donation or by sharing this GoFundMe, will allow them to focus on supporting their beloved Victoria through her long recovery journey. It takes a village and every donation counts.

Thank you for standing with them during this unimaginably difficult time.



**Scan to donate or visit [gofund.me/31fdeef6f](https://gofund.me/31fdeef6f)**

**Any help is appreciated ♥**



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