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**SUMMER MOVIE**  
PAGE 3

**STAMPEDE IN SEPTEMBER**  
PAGE 5



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		Properties		Median Price	
		Listed	Sold	Listed	Sold
June	25	13	7	\$650,000	\$672,000
May	25	17	18	\$614,900	\$607,000
April	25	17	7	\$825,000	\$807,500
March	25	11	14	\$392,450	\$396,250
February	25	14	12	\$497,000	\$520,000
January	25	14	13	\$750,000	\$740,000
December	24	3	7	\$599,900	\$575,000
November	24	13	9	\$489,900	\$445,000
October	24	22	15	\$388,000	\$374,000
September	24	11	17	\$450,000	\$435,000
August	24	17	9	\$649,900	\$625,000
July	24	21	21	\$390,000	\$415,000

To view more detailed information that comprise the above  
MLS averages please visit [cany.mycalgary.com](http://cany.mycalgary.com)

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403-251-1715 [www.cmca.ca](http://www.cmca.ca)

## CMCA Office Hours

Monday to Friday: 9:00 am to 4:00 pm  
Closed on holidays

Board Meeting Times: September to June  
The second Wednesday of the month  
7:00 to 9:00 pm  
Lower level boardroom  
Phone: 403-251-1715  
Website: [www.cmca.ca](http://www.cmca.ca)

## Mailing Address:

844 Cantabrian Drive SW  
Calgary, AB  
T2W 6G4

**Facility 1** (Canterbury Hall)  
844 Cantabrian Drive SW

**Facility 2** (Lloyd Hand Hall)  
848 Cantabrian Drive SW

# Community Association Contacts

President	Michael Richmond	<a href="mailto:president@cmca.ca">president@cmca.ca</a>
Vice President	Anna Glickman	<a href="mailto:vicepresident@cmca.ca">vicepresident@cmca.ca</a>
Treasurer	Eugene Otsuka	<a href="mailto:treasurer@cmca.ca">treasurer@cmca.ca</a>
Secretary	Emma Paton	<a href="mailto:secretary@cmca.ca">secretary@cmca.ca</a>
Bingo Director	Johanne Smith	<a href="mailto:bingo@cmca.ca">bingo@cmca.ca</a>
Events Director	Michael Ingham	<a href="mailto:events@cmca.ca">events@cmca.ca</a>
IT and Funding Director	Ryan Hogan	<a href="mailto:funding@cmca.ca">funding@cmca.ca</a>
Director at Large	Frank Anderson	
Director at Large	Kyle Jones	
Director at Large	Lindy Bowler	
Director at Large	Monica Fassnidge	

## Office Staff

Facility Manager / Hall Rentals	Bonnie Treavor	<a href="mailto:info@cmca.ca">info@cmca.ca</a>
General Manager	Colleen Griffin	<a href="mailto:gm@cmca.ca">gm@cmca.ca</a>
Bookkeeper	Sherry Klimow	<a href="mailto:accounting@cmca.ca">accounting@cmca.ca</a>

## Programs and Events at the Canyon Meadows Community Centre

The groups listed here are all users of the Canyon Meadows facilities. If you have an interest in joining, please get in touch with the group directly.

Group/Program	Day/Time	Contact
Dancing Heals	Saturday mornings	<a href="mailto:dancingheals@hotmail.com">dancingheals@hotmail.com</a>
Faithway BB Church	Wednesday evenings and Sunday afternoons	<a href="http://www.fwbcc.ca">www.fwbcc.ca</a> <a href="mailto:info@fwbcc.ca">info@fwbcc.ca</a>
Girl Guides – CGG TallTrees Dist.	Monday, Tuesday, Thursday	<a href="mailto:any-calgarytalltrees@girlguides.ca">any-calgarytalltrees@girlguides.ca</a>
Gospel Meetings	Sundays, 4:00 to 5:00 pm	<a href="mailto:dmaestewart@hotmail.com">dmaestewart@hotmail.com</a>
Hopscotch Before and After School Care	Monday to Friday	<a href="mailto:hopscotchbasc@gmail.com">hopscotchbasc@gmail.com</a> Jenn or Tammy: 403-890-8233
Little Kickers	Tuesday evenings	<a href="mailto:aboffice@littlekickers.ca">aboffice@littlekickers.ca</a>
Queens & Jacks	Monday evenings. Try a free intro class to modern square-dancing on September 8 and 15 from 7:00 to 8:30 pm!	<a href="mailto:info@queensandjacks.com">info@queensandjacks.com</a>
Quilted Mouse	Every first and third Tuesday	Group currently closed for registrations
Rock the Diploma	January and June diploma prep classes	<a href="mailto:marc@rtdacademy.com">marc@rtdacademy.com</a>
Tai Chi	Thursday mornings, September to June. Beginner and Advanced levels. Try a free class in September!	<a href="mailto:janesponiar@gmail.com">janesponiar@gmail.com</a>



## Let's Keep Canyon Meadows Alleys Clean This Summer

With the warm weather returning, it's the perfect time to tidy up our back alleys and keep Canyon Meadows looking its best. A clutter-free alley not only improves curb appeal but also prevents safety hazards, discourages pests, and strengthens community pride.

Got unwanted items? Here are some easy, low-cost ways to clean up without heading straight to the landfill:

### Post It Online

Before tossing it, try giving it away! Use platforms like Facebook Marketplace, Kijiji, or your local Buy Nothing group to post gently used items. You'd be surprised how quickly things like old furniture, tools, or bikes get picked up.

### Leave It Out (With a Sign)

Sometimes, all it takes is a "Free—please take" sign. Place items neatly at the edge of your property or near your garage (not in the alley) and give neighbours the chance to take what they can use.

### Recycle and Compost Right

Your blue and green carts are your best friends when it comes to everyday clutter. Cardboard boxes, old papers, and even yard waste should go in the proper bin—just be sure to check what's accepted first at [calgary.ca/waste](http://calgary.ca/waste).

### Donate It

Many donation centres in Calgary accept gently used household goods—and some will even unload your vehicle for you. Organizations like Women In Need Society (WINS), Goodwill, and others make it easy to give your items a second life.

### Use the Community Cleanup Events

Save a trip to the dump—and the fees! The City of Calgary hosts free Community Cleanup events through spring and summer, where you can drop off household waste, yard clippings, and more. Find dates and locations at [calgary.ca/communities/community-cleanups.html](http://calgary.ca/communities/community-cleanups.html).

By taking a few small steps, we can all help keep our alleys clean, safe, and welcoming. Let's work together to make Canyon Meadows shine this season!



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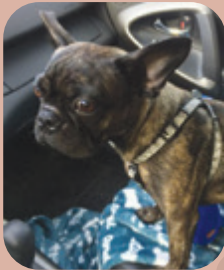
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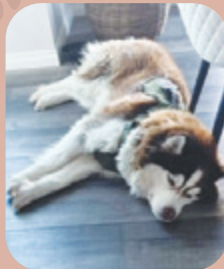
Mac, Evanston



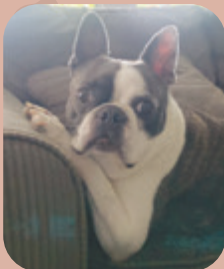
Mango, Evanston



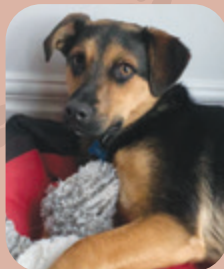
Mick and Turd,  
Hidden Creek



Mishka, Evanston



Moseley, Strathcona



Winston, Sunnyside

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## Upcoming Programs and Events at CMCA

Learn more and register at [cmca.ca](http://cmca.ca) or call the office at 403-251-1715



### Good Food Box

**Order deadline: August 11**

**Pick up date: August 20**

Monthly order of seasonal fruits and veggies. \$1.20 to \$1.50 per lb.

- \$30 Small Box (20 to 25lbs)
- \$35 Medium Box (30 to 35lbs)
- \$40 Large Box (40 to 45lbs)

Order at [cmca.getcommunal.com](http://cmca.getcommunal.com)

### Senior's Coffee

**Every other week from September to June, Tuesdays, September 9 and 23 at 10:30 am**

**Lloyd Hand Hall**

Free gathering for members to come catchup with neighbours for a chat.

### Yard and Garden Club

**Spring to Fall**

New in 2025! We're pursuing grant funding to install rain barrels and raised garden beds behind the hall—stay tuned! In the meantime, here's what's going on:

- A successful Seed and Perennial Swap kicked off the season on May 10
- We're collecting donations and planting around the hall
- Supporting Canyon Meadows residents with their gardens (membership encouraged!)
- Canning Work Bee is planned for late summer
- Canning and Plant Swap returns this fall
- Plus, a social gathering is in the works!

Got plants to donate? Need a hand in your yard? Interested in joining the club? Get in touch!

### Kids Summer Drop-In

**July 7 to August 29**

**Monday, Wednesday, Friday from 9:30 am to 12:30 pm and Tuesday, Thursday from 12:30 to 3:30 pm**

In the Rink Room and Outside the Community Hall Our drop-in camp (no registration required) for CMCA members ages 4 to 12 provides much-needed outdoor activities, sports, games, crafts, and rainy day activities at an affordable rate of is \$10 per child per day. Cash or card accepted.



### Movie in the Park

**August 16 from 8:30 to 11:00 pm**

**Outside the Community Hall**

Bring out your camping chairs and cozy blankets and snuggle up to a family movie. A concession, crafts, and the playground are also available for those busy bodies who need to move.

### Stampede in September

**September 7, 4:00 to 7:00 pm**

**Outside the Community Hall**

Live music on the Stampede stage, BBQ, carnival games, inflatables, petting zoo, face painting, cotton candy, mini donuts, special guests, and more!

### Hip Hop Dance Classes

**October 2 to November 6**

**2:55 to 3:40 pm, 3:45 to 4:30 pm**

**Lloyd Hand Hall**

Pulse Studios will be back for a six-session dance class for elementary and middle/high school age kids. \$70 for members, \$85 for non-members. Limited spaces; don't wait to register!





## CMCA Facility Rentals

Weekday rates are for 6:00 am Monday to 6:00 pm Friday.  
Weekend rates are for 6:00 pm Friday to end of day Sunday.  
Minimum two-hour rental on weekends.  
Set up and clean up must be included in your rental time.  
CMCA members receive 10% off all bookings!



Rinks



Kitchen



Boardroom



CMCA Community Hall Aerial



Canterbury Hall



Lloyd Hand Hall



Playground



CMCA Community Hall



Gazebo

Facility	Description	Weekday rate	Weekend & stat holiday rates	Security Deposit
<b>Canterbury Hall (F1) Main Hall</b> 27x48' (1300 sq ft)	Includes bathrooms, spacious entryway, coat racks, small prep kitchen for reheating only, full size fridge, large East & West facing windows, tables & chairs, Wi-Fi	\$50/hr Mon 6:00 am to Fri 6:00 pm	\$70/hr Fri 6:00 pm to Sun (end of day)	\$1,200
<b>Lloyd Hand Hall (F2) Main Hall</b> 39x48' (1872 sq ft)	Includes bathrooms, outdoor gazebo, spacious entryway, generous coat room, portable bar, large windows, tables & chairs, podium, highchairs & Wi-Fi <i>*Commercial kitchen is available for an additional fee*</i>	\$60/hr Mon 6:00 am to Fri 6:00 pm	\$80/hr Fri 6:00 pm to Sun (end of day)  Wedding Special Sat 8:00 to 2:00 am \$1,260	\$1,200
<b>Lloyd Hand Hall (F2) Commercial Kitchen</b>	Full rental – Includes use of all appliances; walk-in cooler, freezer, dishwashers, industrial double oven with 10 burner stovetop, & pizza ovens. Dishes, glassware, cutlery & serving dishes.  Limited rental – Includes use of walk-in cooler, freezer, counter tops, sink	\$450 with hall rental  \$165 with hall rental	\$450 with hall rental  \$165 with hall rental	Equal to kitchen rental
<b>Lower Boardroom</b> Approx. 500 sq ft	Includes counter area, sink, bathrooms, microwave, fridge	\$35/hr Mon 6:00 am to Fri 5:00 pm	\$45/hr Fri 5:00 pm to Sun (end of day)	\$500



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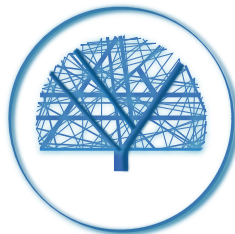
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02113	3 PA X-Rays	\$81.35	<b>\$81.35</b>
02601	Panoramic X-Ray	\$106.61	<b>\$106.61</b>
11113	3 Units Scaling	\$250.53	<b>\$250.53</b>
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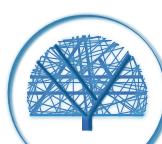
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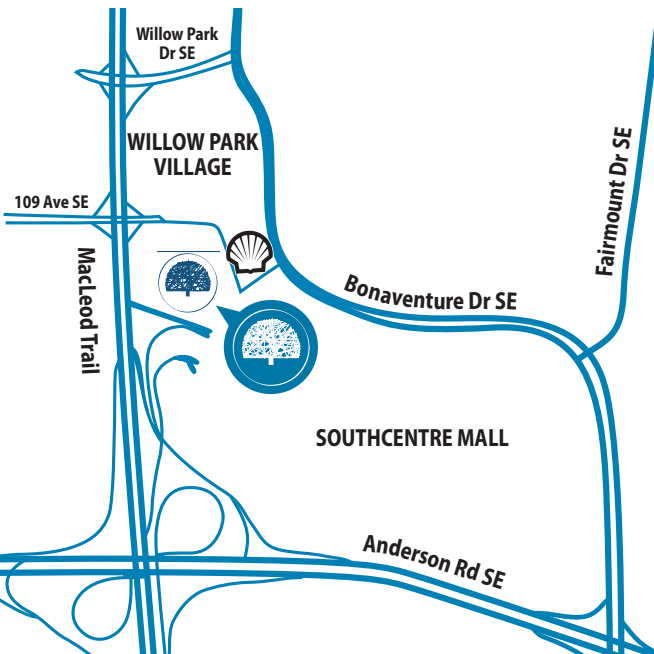


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**With Flexible Weekday and Weekend Availability, We're Ready to Accommodate Your Needs!**

For details, see page 8, then contact us at [info@cmca.ca](mailto:info@cmca.ca) or call 403-251-1715 to book today!

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## Membership Sign Up



Your Canyon Meadows Community Association membership helps support our vibrant community and provides funds that enrich community life for all residents of Canyon Meadows.

### Benefits

- Take part in programs at the hall, such as our Kids Summer Drop-In, Tot Time (hopefully returning soon), or Girl Guides (Membership funds help subsidize rent for this group).
- Support community initiatives such as our free skate lending library.
- Get access to ice rinks and rink room (Membership funds help support maintenance of the rinks).
- Join our free monthly events, such as Seniors' Coffee.
- Entry to membership exclusive draws and contests. Subscribe to the eScoop, our monthly community email.
- Get a voice on local issues and the right to vote at our AGM.

### Discounts

- On hall rentals, CMCA events, and services such as skate sharpening.
- At Cloverdale Paint: 25% off paint and 15% off paint accessories. Contact Bonnie in the office for details.

### Three Ways to Purchase or Renew a CMCA Membership

1. Scan the QR code to purchase a membership online. Easy, fast, and convenient; please choose auto renew to keep our budget consistent.
2. Stop in the office any Monday to Friday between 9:00 am and 4:00 pm to pay by cash, debit, or cheque.
3. Drop a cheque with a note including your contact information in the secure drop box on the west wall of the main hall.

### Membership Fees

- Seniors (60+): \$20 + GST
- Individual: \$25 + GST
- Family: \$35 + GST
- Business: \$50 + GST



## Join the CMCA Board – Make a Difference!



We're looking for passionate, community-minded residents to join the Canyon Meadows Community Association Board. No experience needed—just a desire to get involved and help shape our neighbourhood.

- Meet neighbours
- Support local events
- Build new skills

Interested? Email [vicepresident@cmca.ca](mailto:vicepresident@cmca.ca) to learn more.

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# Organizing Your Outdoor Space in Canyon Meadows: Creating a Copacetic Space

by Mauri Loyer, retired professional organizer

In Canyon Meadows, summer is the perfect time to turn your yard into a welcoming retreat—an outdoor extension of your home that's just as comfortable and well-planned. The goal? A copacetic space: one that feels "just right," where everything works together in harmony.

## What Does "Copacetic" Mean Outdoors?

"Copacetic" describes something orderly and harmonious. Applied to your yard, it means creating a space that's both functional and beautiful. The key is to divide your outdoor area into zones—like your kitchen, living room, and dining room indoors—so each part has a clear purpose and feels just right.

## Start with a Purposeful Layout

Organize your yard with intention. Think of how you use indoor rooms, and mirror that flow outdoors. By creating zones for cooking, relaxing, and dining, you can encourage outdoor living while keeping your space organized and enjoyable.

### 1. Outdoor Kitchen Area

Just like the kitchen is the heart of your home, your outdoor kitchen can become the hub of your backyard. Whether it's a simple BBQ setup or a full kitchen with a pizza oven, choose equipment that suits your lifestyle. If you love entertaining, consider an outdoor bar or prep station. Before purchasing, think carefully about how you'll use each item—prioritize function and convenience.

### 2. Living Room Area

Design a space for relaxing, socializing, or reading a book. Comfortable outdoor furniture—like sofas, chairs, and a coffee table—sets the tone. Use throw pillows and durable fabrics to bring warmth and personality. Arrange furniture in a way that encourages conversation and mirrors your indoor setup. Adding a fire pit or outdoor fireplace creates a cozy focal point, while ambient lighting (like string lights or lanterns) enhances the mood as the sun goes down.

### 3. Dining Area

An outdoor dining zone makes mealtimes feel special. Whether it's a large table for family feasts or a bistro set for two, this area should feel like an extension of your indoor dining room. Shade is essential: a pergola, umbrella, or canopy to stay cool on sunny days. Small details like outdoor tableware, candles, or fairy lights can transform a meal into a memorable experience.

## Bringing It All Together: Flow and Function

To maintain a copacetic flow, consider how people will move between zones. Pathways—made of stone, wood, or gravel—can guide guests from one area to the next. Use plants and landscaping to subtly define spaces without making them feel closed off. A line of shrubs or a small garden bed can create gentle boundaries, adding structure and greenery at the same time.

By organizing your outdoor space with clear zones for cooking, relaxing, and dining, you'll create a backyard that feels balanced, cozy, and completely in tune with your lifestyle. With thoughtful planning and a focus on harmony, your Canyon Meadows yard can become your favourite place to relax, entertain, and enjoy the beauty of summer.





# Monthly Bingo Events for CMCA Fundraising



by a Current CMCA Bingo Volunteer

**Where:** Grey Eagle Bingo Hall

**Volunteer Time frame:** 10:00 am to 4:00 pm

**Upcoming Bingo Dates:** Fridays, September 12, October 17, November 14, December 12, January 9, February 13, March 13, April 10, May 8, June 26

## What is it like to volunteer at bingo for the community?

Our community provides volunteers one Friday afternoon a month at Grey Eagle Bingo, which is in the same building as the casino. Volunteers don't have to know how to play bingo.

There are several positions volunteers can fill. We need four volunteers each time to sell game tickets out on the floor to the patrons. Another position for two volunteers is to verify the winning bingo cards; or volunteers can work in the office at three different positions, which all involve handling cash.

Training for all these roles would be provided. Lunch and a beverage from the concession is also provided for volunteers.

If a person has asthma that would be aggravated by cigarette smoke, you probably don't want to be working out on the floor because Grey Eagle does allow smoking (the land is not within City of Calgary).

If you work in the office, you will not be bothered by the smoke. I have asthma myself, so I can attest to this.

We can always use new volunteers or people who can occasionally substitute when regulars are away.

To ask a question, or to volunteer, please contact the CMCA Bingo Director Johanne at 403-819-9416.

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