

SEPTEMBER 2025

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# CANYON MEADOWS

## CHRONICLE

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**STAMPEDE IN SEPTEMBER**  
**PAGE 15**

**HIP HOP CLASSES**  
**PAGE 17**

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- Change The Culture at City Hall
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- Address Public Safety
- Overturn Blanket Rezoning
- Tax Freeze
- Get Back To Basics

For more details or to donate to my campaign, please visit [www.danmclean.ca](http://www.danmclean.ca) or scan the QR code



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BRAIN GAMES

## SUDOKU

	7		4	5	9			
5			7			4	6	
		2						3
	9							5
		4			8		9	1
							4	
				1			7	
	2				4			8
				2	6			

SCAN THE QR CODE FOR THE SOLUTION



## CMCA Office Hours

Monday to Friday: 9:00 am to 4:00 pm  
Closed on holidays

Board Meeting Times: September to June  
The second Wednesday of the month  
7:00 to 9:00 pm  
Lower level boardroom  
Phone: 403-251-1715  
Website: [www.cmca.ca](http://www.cmca.ca)

## Mailing Address:

844 Cantabrian Drive SW  
Calgary, AB  
T2W 6G4

**Facility 1** (Canterbury Hall)  
844 Cantabrian Drive SW

**Facility 2** (Lloyd Hand Hall)  
848 Cantabrian Drive SW

# Community Association Contacts

President	Michael Richmond	<a href="mailto:president@cmca.ca">president@cmca.ca</a>
Vice President	Anna Glickman	<a href="mailto:vicepresident@cmca.ca">vicepresident@cmca.ca</a>
Treasurer	Eugene Otsuka	<a href="mailto:treasurer@cmca.ca">treasurer@cmca.ca</a>
Secretary	Emma Paton	<a href="mailto:secretary@cmca.ca">secretary@cmca.ca</a>
Bingo Director	Johanne Smith	<a href="mailto:bingo@cmca.ca">bingo@cmca.ca</a>
Events Director	Michael Ingham	<a href="mailto:events@cmca.ca">events@cmca.ca</a>
IT and Funding Director	Ryan Hogan	<a href="mailto:funding@cmca.ca">funding@cmca.ca</a>
Director at Large	Frank Anderson	
Director at Large	Kyle Jones	
Director at Large	Lindy Bowler	
Director at Large	Monica Fassnidge	

## Office Staff

Facility Manager / Hall Rentals	Bonnie Treavor	<a href="mailto:info@cmca.ca">info@cmca.ca</a>
General Manager	Colleen Griffin	<a href="mailto:gm@cmca.ca">gm@cmca.ca</a>
Bookkeeper	Sherry Klimow	<a href="mailto:accounting@cmca.ca">accounting@cmca.ca</a>

## Programs and Events at the Canyon Meadows Community Centre

The groups listed here are all users of the Canyon Meadows facilities. If you have an interest in joining, please get in touch with the group directly.

Group/Program	Day/Time	Contact
Dancing Heals	Saturday mornings	<a href="mailto:dancingheals@hotmail.com">dancingheals@hotmail.com</a>
Faithway Bible Baptist Church	Wednesday evenings at 6:30 pm, Sunday mornings at 10:45 am, Sunday evenings at 6:30 pm	<a href="http://www.fwbcc.ca">www.fwbcc.ca</a> <a href="mailto:info@fwbcc.ca">info@fwbcc.ca</a>
Girl Guides – CGG TallTrees Dist.	Monday, Tuesday, Thursday	<a href="mailto:any-calgarytalltrees@girlguides.ca">any-calgarytalltrees@girlguides.ca</a>
Gospel Meetings	Sundays, 4:00 to 5:00 pm	<a href="mailto:dmaestewart@hotmail.com">dmaestewart@hotmail.com</a>
Hopscotch Before and After School Care	Monday to Friday	<a href="mailto:hopscotchbasc@gmail.com">hopscotchbasc@gmail.com</a> Jenn or Tammy: 403-890-8233
Little Kickers	Tuesday evenings	<a href="mailto:aboffice@littlekickers.ca">aboffice@littlekickers.ca</a>
Queens & Jacks	Monday evenings. Try a free intro class to modern square-dancing on September 8 and 15 from 7:00 to 8:30 pm!	<a href="mailto:info@queensandjacks.com">info@queensandjacks.com</a>
Quilted Mouse	Every first and third Tuesday	Group currently closed for registrations
Rock the Diploma	January and June diploma prep classes	<a href="mailto:marc@rtdacademy.com">marc@rtdacademy.com</a>
Tai Chi	Thursday mornings, September to June. Beginner and Advanced levels. Try a free class in September!	<a href="mailto:janesponiar@gmail.com">janesponiar@gmail.com</a>



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SCAN HERE TO VIEW ADDITIONAL CANYON MEADOWS CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



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		Properties		Median Price	
		Listed	Sold	Listed	Sold
July	25	26	8	\$614,900	\$602,500
June	25	14	7	\$650,000	\$672,000
May	25	14	18	\$614,900	\$607,000
April	25	16	7	\$825,000	\$807,500
March	25	11	14	\$392,450	\$396,250
February	25	14	12	\$497,000	\$520,000
January	25	14	13	\$750,000	\$740,000
December	24	3	7	\$599,900	\$575,000
November	24	13	9	\$489,900	\$445,000
October	24	22	15	\$388,000	\$374,000
September	24	11	17	\$450,000	\$435,000
August	24	17	9	\$649,900	\$625,000

To view more detailed information that comprise the above  
MLS averages please visit [cany.mycalgary.com](http://cany.mycalgary.com)

## Let's Keep Canyon Meadows Alleys Clean This Summer

With the warm weather returning, it's the perfect time to tidy up our back alleys and keep Canyon Meadows looking its best. A clutter-free alley not only improves curb appeal but also prevents safety hazards, discourages pests, and strengthens community pride.

Got unwanted items? Here are some easy, low-cost ways to clean up without heading straight to the landfill:

### Post It Online

Before tossing it, try giving it away! Use platforms like Facebook Marketplace, Kijiji, or your local Buy Nothing group to post gently used items. You'd be surprised how quickly things like old furniture, tools, or bikes get picked up.

### Leave It Out (With a Sign)

Sometimes, all it takes is a "Free—please take" sign. Place items neatly at the edge of your property or near your garage (not in the alley) and give neighbours the chance to take what they can use.

### Recycle and Compost Right

Your blue and green carts are your best friends when it comes to everyday clutter. Cardboard boxes, old papers, and even yard waste should go in the proper bin—just be sure to check what's accepted first at [calgary.ca/waste](http://calgary.ca/waste).

### Donate It

Many donation centres in Calgary accept gently used household goods—and some will even unload your vehicle for you. Organizations like Women In Need Society (WINS), Goodwill, and others make it easy to give your items a second life.

### Use the Community Cleanup Events

Save a trip to the dump—and the fees! The City of Calgary hosts free Community Cleanup events through spring and summer, where you can drop off household waste, yard clippings, and more. Find dates and locations at [calgary.ca/communities/community-cleanups.html](http://calgary.ca/communities/community-cleanups.html).

By taking a few small steps, we can all help keep our alleys clean, safe, and welcoming. Let's work together to make Canyon Meadows shine this season!

## Canyon Meadows Community Association Notice of Annual General Meeting of Members to Be Held on Thursday, September 11, 2025, at 7:00 pm

Notice is hereby given that the Annual General Meeting (the "Meeting") of the members of Canyon Meadows Community Association of Calgary (the "Association") will be held on Thursday, September 11, 2025, at 7:00 pm (Calgary time) at the Canyon Meadows Community Association (848 Cantabrian Dr SW, Calgary, AB).

The purpose of the Meeting is to:

1. Place before the members the audited financial statements of the Association for the financial period ended April 30, 2025, together with the auditors' report thereon;
2. Appoint the auditors of the Association for the ensuing fiscal year;
3. Elect the President and directors of the Association for the ensuing year;
4. Transact such other business as may properly be brought before the Meeting or any adjournments thereof.

Only Members recorded on the Association's register on the date of the Meeting are entitled to vote at the meeting, or any adjournment thereof. If you would like to purchase a membership, you can do so by visiting [www.cmca.ca](http://www.cmca.ca). You must be a member in good standing of CMCA for a period of 30 days prior to the meeting.

If you would like a copy of the agenda or the Association's financial statements prior to the meeting, please contact our staff at [info@cmca.ca](mailto:info@cmca.ca) or at 403-251-1715 and a copy will be provided to you.

By Order Of The Board of Directors



## Cats, Canines, & Critters of Calgary



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Lulu, Signal Hill



Mika, Richmond Knob Hill



Mr. Fuggs, Christie Park



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CMCA BUSINESS PARTNERSHIP PROGRAM

AllKind Appliance Service Ltd.

Aquality Plumbing & Heating Inc.

Beitel Brothers Liquor

Canyon Creek Liquor Store

Canyon Meadows Auto Service

Chamberlain Real Estate Group – Lindy Bowler

CottageCare Calgary South

Electronic Innovation

Evans Resource Management Ltd.

Green Door Preschool

Isle Love Travel – Tasha Walsh

KC Service – Mobile Small Engine Mechanic

Living Tai Chi

Making Copacetic Happen – Professional Organizer  
Mauri Loyer

Mathew Theriault – Realtor

My Mortgage Line – Michael Richmond

Paragon Designs – Joshua Huot

Parkview Massage + Wellness

Smith Pezzente Real Estate Team Remax

Sylvan Learning of Mid-South Calgary

Ukrainian Bakery and Cafe

[WWW.CMCA.CA/BPP](http://WWW.CMCA.CA/BPP)

## FUNambulist



Philippe Petit is famous for walking a high wire between the two twin towers of the World Trade Center in 1974. Did you know that a tightrope walker is actually called a funambulist? I'm not sure how fun that sounds, but it sure is impressive!



## Upcoming Programs and Events at CMCA

Learn more and register at [cmca.ca](http://cmca.ca) or call the office at 403-251-1715



### Good Food Box

**Order deadline: September 8**

**Pick up date: September 17**

Monthly order of seasonal fruits and veggies. \$1.20 to \$1.50 per lb.

- \$30 Small Box (20 to 25lbs)
- \$35 Medium Box (30 to 35lbs)
- \$40 Large Box (40 to 45lbs)

Order at [cmca.getcommunal.com](http://cmca.getcommunal.com)

### Senior's Coffee

**Every other week from September to June, Tuesdays, September 9 and 23 at 10:30 am**

**Lloyd Hand Hall**

Free gathering for members to come catchup with neighbours for a chat.

### AGM

**September 11 from 7:00 to 9:00 pm**

**Lloyd Hand Hall**

Join us for drinks, snacks, and good company! Meet neighbours and current/past board members, hear about what we've accomplished and what's ahead, and share your ideas. We're always looking for new board members—bring your skills! Enjoy charcuterie, beverages, and door prizes. All residents welcome; voting requires a current membership before September 1.

### Stampede in September

**September 7, 4:00 to 7:00 pm**

**Outside the Community Hall**

Live music on the Stampede stage, BBQ, carnival games, inflatables, petting zoo, face painting, cotton candy, mini donuts, special guests, and more!

### Hip Hop Dance Classes

**October 2 to November 6**

**2:55 to 3:40 pm, 3:45 to 4:30 pm**

**Lloyd Hand Hall**

Pulse Studios will be back for a six-session dance class for elementary and middle/high school age kids. \$70 for members, \$85 for non-members. Limited spaces; don't wait to register!

## The David

As a symbol of the strength and independence of the Florentines, the statue of David was commissioned to be placed at the entrance of Palazzo Vecchio. On September 8, 1504, this marvellous piece was revealed to the city. Unsurprisingly, everyone loved it!



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## CMCA Facility Rentals

Weekday rates are for 6:00 am Monday to 6:00 pm Friday.  
Weekend rates are for 6:00 pm Friday to end of day Sunday.  
Minimum two-hour rental on weekends.  
Set up and clean up must be included in your rental time.  
CMCA members receive 10% off all bookings!



Rinks



Kitchen



Boardroom



CMCA Community Hall Aerial



Canterbury Hall



Lloyd Hand Hall



Playground



CMCA Community Hall



Gazebo

Facility	Description	Weekday rate	Weekend & stat holiday rates	Security Deposit
<b>Canterbury Hall (F1) Main Hall</b> 27x48' (1300 sq ft)	Includes bathrooms, spacious entryway, coat racks, small prep kitchen for reheating only, full size fridge, large East & West facing windows, tables & chairs, Wi-Fi	\$50/hr Mon 6:00 am to Fri 6:00 pm	\$70/hr Fri 6:00 pm to Sun (end of day)	\$1,200
<b>Lloyd Hand Hall (F2) Main Hall</b> 39x48' (1872 sq ft)	Includes bathrooms, outdoor gazebo, spacious entryway, generous coat room, portable bar, large windows, tables & chairs, podium, highchairs & Wi-Fi <i>*Commercial kitchen is available for an additional fee*</i>	\$60/hr Mon 6:00 am to Fri 6:00 pm	\$80/hr Fri 6:00 pm to Sun (end of day)  Wedding Special Sat 8:00 to 2:00 am \$1,260	\$1,200
<b>Lloyd Hand Hall (F2) Commercial Kitchen</b>	Full rental – Includes use of all appliances; walk-in cooler, freezer, dishwashers, industrial double oven with 10 burner stovetop, & pizza ovens. Dishes, glassware, cutlery & serving dishes.  Limited rental – Includes use of walk-in cooler, freezer, counter tops, sink	\$450 with hall rental  \$165 with hall rental	\$450 with hall rental  \$165 with hall rental	Equal to kitchen rental
<b>Lower Boardroom</b> Approx. 500 sq ft	Includes counter area, sink, bathrooms, microwave, fridge	\$35/hr Mon 6:00 am to Fri 5:00 pm	\$45/hr Fri 5:00 pm to Sun (end of day)	\$500

## Plan Your Summer Party at CMCA!

Our Xbox Gaming Room is a hit for kids' parties, team windups, and company socials. Whether you're celebrating a birthday or bonding with your hockey team, soccer crew, or colleagues, it's the perfect place for fun and connection.

Learn more at [cmca.ca/xbox-games-room](http://cmca.ca/xbox-games-room) and plan your next team adventure!



**With Flexible Weekday and Weekend Availability, We're Ready to Accommodate Your Needs!**

For details, see page 10, then contact us at [info@cmca.ca](mailto:info@cmca.ca) or call 403-251-1715 to book today!

## Versatile Spaces for Every Occasion

Looking for an affordable and versatile space for your program or event? Our two spacious halls, boardroom, and fully equipped commercial kitchen are perfect for life's special milestones and activities—birthdays, weddings, celebrations of life, church services, creative and exercise classes and events, AGMs, and more.



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## READY FOR ZUMBA® CLASS?

**Thursdays at 7:00PM**

11 Sackville Drive SE  
 Southwood Community Centre

**403-630-5756**

## Join the CMCA Board – Make a Difference!



We're looking for passionate, community-minded residents to join the Canyon Meadows Community Association Board. No experience needed—just a desire to get involved and help shape our neighbourhood.

- Meet neighbours
- Support local events
- Build new skills

Interested? Email [vicepresident@cmca.ca](mailto:vicepresident@cmca.ca) to learn more.

## Membership Sign Up



Your Canyon Meadows Community Association membership helps support our vibrant community and provides funds that enrich community life for all residents of Canyon Meadows.

### Benefits

- Take part in programs at the hall, such as our Kids Summer Drop-In, Tot Time (hopefully returning soon), or Girl Guides (Membership funds help subsidize rent for this group).
- Support community initiatives such as our free skate lending library.
- Get access to ice rinks and rink room (Membership funds help support maintenance of the rinks).
- Join our free monthly events, such as Seniors' Coffee.
- Entry to membership exclusive draws and contests. Subscribe to the eScoop, our monthly community email.
- Get a voice on local issues and the right to vote at our AGM.

### Discounts

- On hall rentals, CMCA events, and services such as skate sharpening.
- At Cloverdale Paint: 25% off paint and 15% off paint accessories. Contact Bonnie in the office for details.

### Three Ways to Purchase or Renew a CMCA Membership

1. Scan the QR code to purchase a membership online. Easy, fast, and convenient; please choose auto renew to keep our budget consistent.
2. Stop in the office any Monday to Friday between 9:00 am and 4:00 pm to pay by cash, debit, or cheque.
3. Drop a cheque with a note including your contact information in the secure drop box on the west wall of the main hall.

### Membership Fees

- Seniors (60+): \$20 + GST
- Individual: \$25 + GST
- Family: \$35 + GST
- Business: \$50 + GST



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## Planning Corner - Did You Know?

There have been two interesting development permit applications in Canyon Meadows recently. An eight-plex house on a single-family lot on Elbow Drive and a McDonald's location proposed for the corner of Elbow and Canterbury Drive SW. You can submit your comments on these proposals on the City of Calgary website or by contacting the File Manager:

### Eight-Plex



Simrat Bains  
368-889-9396  
Simrat.bains@calgary.ca

### McDonald's



Martin Siddles  
368-887-1534  
martin.siddles@calgary.ca

## Free Classes in September

Try a free intro class to modern square dancing on September 8 and 15 from 7:00 to 8:30 pm! Contact [info@queensandjacks.com](mailto:info@queensandjacks.com).

Try a free class for Beginner or Advanced Tai Chi on Thursday mornings in September! Contact [janesponiar@gmail.com](mailto:janesponiar@gmail.com).

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## Monthly Bingo Events for CMCA Fundraising



*by a Current CMCA Bingo Volunteer*

**Where:** Grey Eagle Bingo Hall

**Volunteer Time frame:** 10:00 am to 4:00 pm

**Upcoming Bingo Dates:** Fridays, September 12, October 17, November 14, December 12, January 9, February 13, March 13, April 10, May 8, June 26

### What is it like to volunteer at bingo for the community?

Our community provides volunteers one Friday afternoon a month at Grey Eagle Bingo, which is in the same building as the casino. Volunteers don't have to know how to play bingo.

There are several positions volunteers can fill. We need four volunteers each time to sell game tickets out on the floor to the patrons. Another position for two volunteers is to verify the winning bingo cards; or volunteers can work in the office at three different positions, which all involve handling cash.

Training for all these roles would be provided. Lunch and a beverage from the concession is also provided for volunteers.

If a person has asthma that would be aggravated by cigarette smoke, you probably don't want to be working out on the floor because Grey Eagle does allow smoking (the land is not within City of Calgary).

If you work in the office, you will not be bothered by the smoke. I have asthma myself, so I can attest to this.

We can always use new volunteers or people who can occasionally substitute when regulars are away.

To ask a question, or to volunteer, please contact the CMCA Bingo Director Johanne at 403-819-9416.

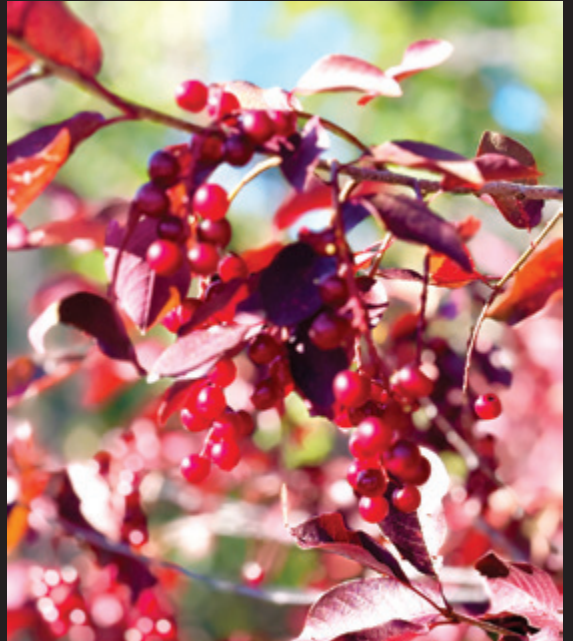
## La La La...

In September 2001, Kylie Minogue released "Can't Get You Out of My Head" - and the world couldn't! The hypnotic pop song topped charts in over 40 countries and became the biggest smash hit of her career. La la la... you'll be humming it all day now.



# PHOTO GALLERY

Photos by  
Kim Chulsky







SINCE 2021

# STAMPEDE IN SEPTEMBER



7TH SEPT, 2025  
4-7PM



OUTSIDE CMCA HALL  
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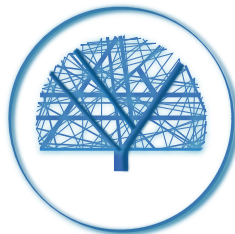
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02113	3 PA X-Rays	\$81.35	<b>\$81.35</b>
02601	Panoramic X-Ray	\$106.61	<b>\$106.61</b>
11113	3 Units Scaling	\$250.53	<b>\$250.53</b>
11101	Polishing	\$74.40	<b>\$74.40</b>
12112	Fluoride Treatment	\$36.05	<b>\$36.05</b>

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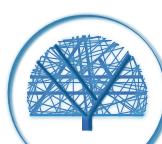
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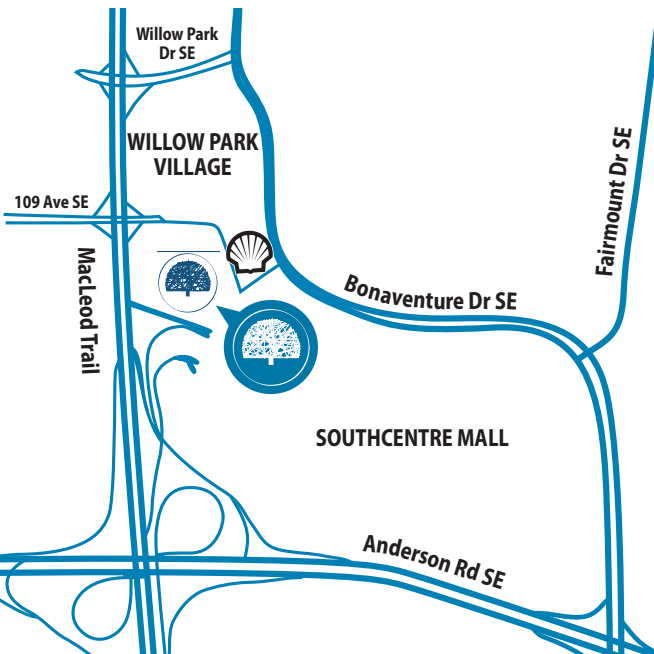
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## Back to School Safety

by Alberta Health Services



Alberta Health Services EMS would like to remind parents and students of some basic safety tips as the school year begins again this fall. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

### Motorists

- Distracted driving carries a \$300 fine and three demerit points in Alberta. Avoid the use of mobile devices or engaging in any other behavior that diverts your attention away from driving.
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner.
- Other than parked cars, it is illegal to pass another vehicle in a school or playground zone during posted hours.

### Around School Buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise.
- No matter which direction you are coming from, stop when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you.

- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

### Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street and keep distractions to a minimum.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines.
- Obey pedestrian lights at intersections. Cross the street only when you see the 'walk' sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: Children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.



## News from the Friends of Fish Creek

### Watershed Management in Fish Creek Provincial Park

*by the Friends of Fish Creek Provincial Park Society*

If you're reading this, you're probably located somewhere within one of the watersheds that make up the Bow River Basin. A watershed is made up of all the land that drains into a specific river, lake, marsh, creek, or other body of water. "Our" watershed, Fish Creek, is one of the twenty sub-watersheds that makes up the Bow River Basin, and all these watersheds drain into—you guessed it—the Bow River.

"People need water and rely on water. You need water for everything—farming, food, living—anything, so it's important to care about watersheds" – Ross Anderson, Watershed Field Coordinator.

Water is essential for life, and clean water is especially vital. That's why it's so important to collect and share data on watershed health. Historically, data collection in Fish Creek Provincial Park has been sparse, but we at the Friends are changing that! Together with a team of

dedicated volunteers, our ecology team is examining the watershed from multiple angles, including:

- Creek health (water temperature, quality, and flow)
- Beaver activity mapping and management
- Cataloguing areas of bank erosion
- Invasive plant monitoring and removal
- And much more

By collecting data and performing large studies like the current fish inventory, we're creating baseline measurements for our watershed. We'll use this data to get a better understanding of the creek's health and manage and protect the critical ecosystem that is Fish Creek for generations to come.

"Once you have all that data, and you have a better idea of what's going on in the creek, you can manage things differently. If you find areas [that are] struggling or unhealthy, then you can focus on those to improve them" - Ross Anderson.

To learn more about the Friends of Fish Creek, or to volunteer, please visit us at [www.friendsoffishcreek.org](http://www.friendsoffishcreek.org) or follow us on social media: @fishcreekpp (Facebook, Instagram).





## Curious About 4-H? Calgary's Intro Clubs Offer a Fresh Start This Fall

by Lori Nielsen, Senior Program Coordinator for 4-H Intro Clubs

If you've ever wondered what 4-H is all about, or if you've never heard of it, this fall offers the perfect chance to find out.

Last year, more than 100 kids across Calgary discovered 4-H through Intro Clubs, designed to give newcomers a fun, low-commitment introduction to everything 4-H has to offer. From science and agriculture to leadership and life skills, members explore a little bit of everything in a hands-on, supportive setting.

This fall, five Intro Clubs are open for registration across NW and SW Calgary, including daytime options for homeschoolers and evening programs for busy families. Whether your child is curious about animals, the environment, public speaking, or just wants to make new friends, there's something here for them. Our fall workshops include food science, horsemanship, chocolate, and more!

To kick things off, everyone's invited to a free park party at Bowness Park on Sunday, September 14 from 1:00 to 2:30 pm. There'll be games, gelato, and a chance to meet

4-H leaders and families—perfect for anyone thinking about joining. Bring a friend and come find out what all the fun is about! Free registration at <https://4hab.com/member-programs>.



Participants will also have the opportunity to attend a special field trip to U7 Ranch's Ultimate Bullfighting and Equine Experience on September 27—a memorable day exploring ranch life and animals up close.



### Try This at Home: DIY Bird Feeder

Want a taste of the hands-on learning 4-H encourages? Make a simple bird feeder with a toilet paper roll, peanut butter, and birdseed. Hang it outside and keep a journal of visiting birds. It's a fun way to build observation skills and connect with nature—just like a real 4-H project!

For more information, contact [introclubs@4hab.com](mailto:introclubs@4hab.com).




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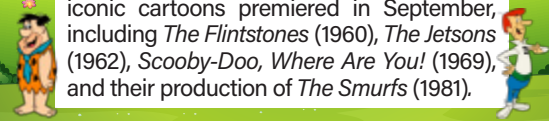
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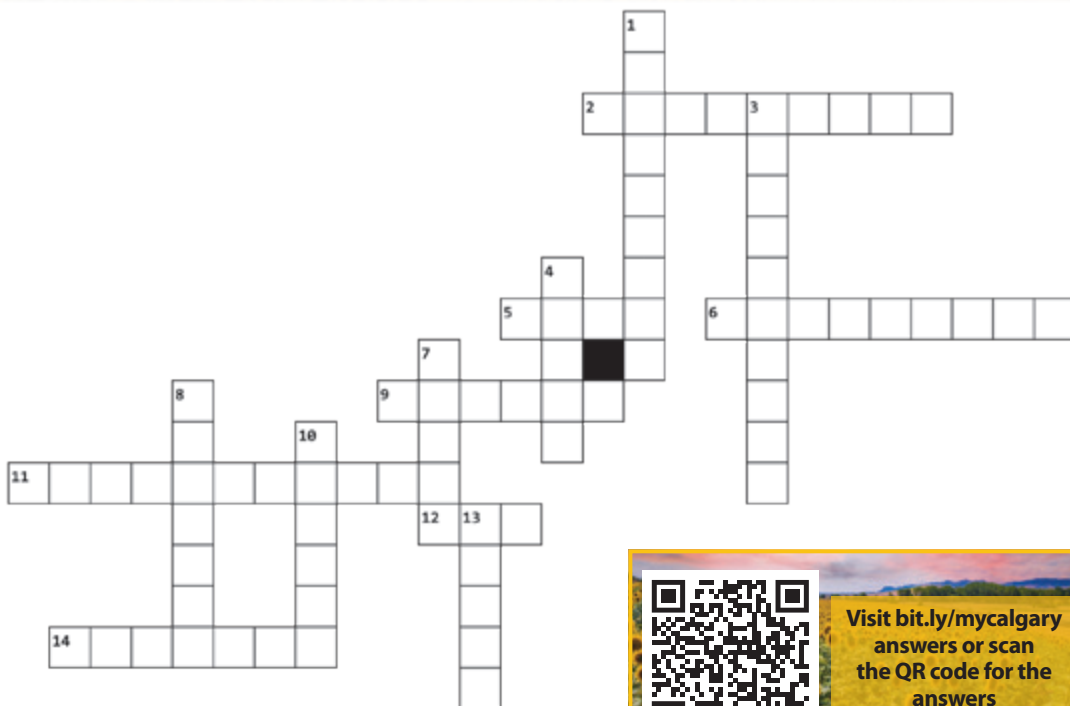
## Cartoon Month



Yabba Dabba Doo! September seems to have been a lucky month for the animation studio Hanna-Barbera. Many of their iconic cartoons premiered in September, including *The Flintstones* (1960), *The Jetsons* (1962), *Scooby-Doo, Where Are You!* (1969), and their production of *The Smurfs* (1981).



# September Crossword



## Across

2. Ernest \_\_\_\_\_'s *The Old Man and the Sea* was first published on September 1, 1952.
5. September's full moon is named after a plant also known as maize.
6. In September 1835, Charles Darwin, aboard the *HMS Beagle* arrived at the \_\_\_\_\_ Islands.
9. *The \_\_\_\_\_ Girls*, a sitcom about four older women living together in Miami, premiered on September 14, 1985.
11. Ice hockey forward, John Tavares, was born on September 20, 1990, in \_\_\_\_\_, Ontario.
12. This "Finger Lickin' Good" fast food restaurant opened its first franchise on September 24, 1952.
14. Starring Canadian actor, William \_\_\_\_\_, *Star Trek* premiered on September 8, 1966.

## Down

1. The Rock and Roll Hall of Fame opened to the public on September 2, 1995, in \_\_\_\_\_, Ohio.
3. On September 19, 1893, this country became the first to grant all women the right to vote.
4. Canadian singer-songwriter Leonard \_\_\_\_\_ was born on September 21, 1934.
7. On September 4, 1888, George Eastman patented a roll-film camera and introduced this now-iconic brand name.
8. Canada beat the USA by 23 runs on September 25, 1844, in the first international \_\_\_\_\_ match.
10. On the first Monday of September, \_\_\_\_\_ Day is observed in Alberta.
13. Stars of *Bridget Jones's Diary*, Colin \_\_\_\_\_ and Hugh Grant, were both born in September 1960, just one day apart.



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## Creamy Beef Enchiladas

by Jennifer Puri

The idea of rolling tortillas around food originated in Aztec times but it was the Spanish Conquistadors who adopted the dish and added new ingredients like cheese, pork, and chicken.

Enchiladas, meaning “to season with chilies”, refers to stuffed corn tortillas that have been dipped in a chilli sauce. A traditional Mexican dish, Enchiladas have a unique flavour and are a perfect combination of tortilla, meat, cheese, and sauce.

Smothered in sauce and baked, creamy beef enchiladas are filling and rich, so they are best paired with a simple bean salad or Mexican rice.

**Prep Time:** 20 minutes

**Cook Time:** 30 minutes

**Bake Time:** 30 minutes

**Servings:** 5 to 6

### Ingredients:

- 1 ½ lbs lean ground beef
- 1 tbsp. canola oil
- ½ cup yellow onion, sliced
- 1 cup cooked and rinsed black beans
- 2 packets (24 gm each) hot and spicy taco seasoning
- 6 large flour tortillas
- 1 ½ tsp. powdered cumin
- ¼ cup all purpose flour
- 1 can diced green chili peppers
- 1 cup milk
- 2 cups light sour cream
- ½ cup low fat Greek yoghurt
- 2 cups Mexican shredded cheese

### Directions:

1. Heat oil in a medium size pan, add onion and sauté until it turns a light brown. Then add the ground beef and brown about 3 to 4 minutes. Next add the taco seasoning and the black beans and continue to stir for 2 to 3 minutes.
2. Add the water and simmer the beef and bean mixture for about 20 minutes or until the liquid has dried up. Remove from heat and allow to cool.



3. Preheat oven to 350 degrees Fahrenheit.
4. Grease a large, rectangular oven-proof dish with butter. Place the tortillas on a flat surface and divide the cooled meat mixture between the tortillas. Fold tortillas and place them in the baking dish seams side down.
5. Prepare the cream sauce by combining the flour, cumin, sour cream, milk, yoghurt, and chilies in a bowl. Then spoon the sauce over the tortillas and sprinkle the cheese over it. Cover with non-stick foil and bake in the oven for 30 to 40 minutes.
6. Garnish with chopped tomato, avocado, and coriander leaves, and serve with a salad, salsa, and sour cream if desired.

Bon Appétit!





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# Get the Lowdown on Slow Downs: How We Keep Calgarians Moving

by The City of Calgary

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## GAMES & PUZZLES

### Guess the School Tool!

1. In the early 1960s, the first one of these was created to assist with number manipulation.
2. Before rubber, tablets of wax and crustless bread were both used at one point to do the job of this school tool.
3. A semi-circular measurement tool that deals with angles.
4. An organizer typically characterized by its circular or D-shaped retainers.
5. The first of these vibrant, attention-drawing school tools was invented by Dr. Frank Hon in 1963.
6. Alphabetical reference books that are always being updated, named after the Latin word for "the act of speaking".



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Happy Autumn, Calgary-Acadia!

As summer winds down and we trade in sandals for sweaters, I wanted to take a moment to reflect on what a truly special season it's been here in the riding of Calgary Acadia.

From the excitement of Stampede to the warmth of local events, this summer has been packed with energy, laughter, and good old Calgary-Acadia spirit. Whether it was chatting over pancakes or karaoke, we felt the heartbeat of our communities.

Our team had the joy of attending many Stampede breakfasts across the riding—early mornings made brighter by stacks of pancakes, sizzling sausages, and lively conversations with all of you. A special shoutout to everyone who joined us for our Caucus Stampede Breakfast in Haysboro—it was a highlight filled with music, laughter, and the kind of community connection that makes Calgary-Acadia feel like family. But it wasn't just about syrup—we've also been out on your doorsteps, connecting with neighbours, hearing your stories, and listening to what matters most to you. Whether you greeted us with gardening gloves on or a curious kid in tow, we're so thankful for the conversations and insight you've shared.

As September approaches, we want to wish students, teachers, and school staff all the best for the new school year. Whether it's a first day of kindergarten, a leap into middle school, or the last lap of high school, we're cheering you on! (And to the parents out there—you've got this. May your coffee be strong and your lunch-packing stress-free!)

Come October, we'll be back in the Legislature, ready to bring your voices to Edmonton and advocate for the issues that matter to you.

Thank you for making this summer one to remember. Let's carry that spirit into the fall—pumpkin spice and all.

With gratitude,

Diana



## The Library Ship

by Garth Paul Ukrainetz

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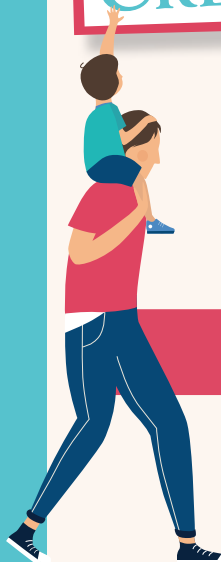
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**PRODUCER**  
**RE/MAX**  
LANDAN REAL ESTATE



## Homes for Sale in Canyon Meadows, Calgary



#81, 330 CANTERBURY DRIVE SW



164 CANTER PLACE SW



### **IMPORTANT UPDATE** ON OUR YEARLY **CALENDAR DISTRIBUTION**



As we continue to enhance our services and ensure we meet your needs, we are refining our annual calendar distribution process.

We invite you to let us know if you would like to receive a calendar for the following year. If you would like to continue receiving our calendars, please email or call us by October 1, 2025 to be added to our order list. This way, we can ensure that everyone receives the calendars they value, while also being mindful of resources.

**EMAIL: INFO@SMITHPEZZENTE.COM | PHONE: 403.251.2900**

Sincerely, *The Smith Pezzente Team*

NOT INTENDED TO SOLICIT PROPERTIES ALREADY LISTED FOR SALE