DECEMBER 2026 DELIVERED MONTHLY TO 3,800 HOUSEHOLDS

CANYON MEADOWS CHRONICLE

BRINGING CANYON MEADOWS RESIDENTS TOGETHER



SANTA'S MAILBOX
PAGE 5

CHILDREN'S CHRISTMAS PARTY
PAGE 5

ELBOW DRIVE
MEDICAL CLINIC
11650 Elbow Drive SW, Calgary, AB, T2W 1G8
Tel: 403-214-2626
Caring for you, like family matters.
Trusted care. Close to home. Here for you.
New in CANYON MEADOWS
Family Care
Walk-in Care
Your community.



LTW

LEN T WONG + ASSOCIATES

RE/MAX COMPLETE REALTY

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our Innovative Consumer Programs

Virtual Tours

Guaranteed Sale Program*

Trade Up Program*

Blanket Home Warranty Program*

Accepting Crypto Currency

Call us to help you navigate through the changing real estate world

Call or Text 403-606-8888

Email len@lentwong.com

*Terms and Conditions Apply.



CANYON MEADOWS COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
October	26	19	20	$537,400	$515,000
September	26	24	9	$765,000	$745,000
August	26	22	14	$678,950	$669,000
July	26	19	18	$634,950	$623,500
June	26	31	17	$599,900	$585,000
May	26	33	16	$689,950	$695,500
April	26	12	7	$399,000	$390,000
March	26	13	13	$510,000	$501,000
February	26	5	8	$665,000	$650,000
January	26	9	7	$529,000	$505,000
December	25	4	3	$195,000	$185,000
November	25	11	11	$639,900	$625,000

To view more detailed information that comprise the above MLS averages please visit **cany.mycalgary.com**

Jackson & Jackson Landscaping

CUSTOMER SATISFACTION GUARANTEED

Residential Landscaping

Landscape Construction

Year-Round Maintenance

Spring and Fall Cleanup

Commercial and Condo Property Management

Snow and Ice Removal

Address
20 Sunvale Place SE, Calgary, AB T2X 2R8

Call us now
(403) 256-9282

Email us
info@jacksonjackson.ca
contact@jacksonjackson.ca

www.jacksonjackson.ca

ASV CLEANING SOLUTIONS

WE'RE YOUR NEIGHBOURS

Proud to serve our community!



OUR CLEANING SERVICES

- Carpet & Upholstery
- Commercial
- Monthly/Bi-Weekly Residential
- Deep Cleaning
- Move In/Out

403-708-1301

asvclean.com

INSURED | LICENSED | BBB ACCREDITED BUSINESS

What will you *discover?*

Coffee with Beethoven!
Enjoy an unforgettable evening of Beethoven's legendary Piano Sonatas, performed live by acclaimed pianist Roman Rabinovich.
Tuesday, December 1 at 2:00pm

Christmas in the Village
Enjoy festive decorations, fun activities, sweet treats and warm drinks! Keep an eye out for a very special guest!
Saturday, December 12 from 1:30-3:30pm



Lake Bonavista VILLAGE

Call to reserve your spot today or book your personal tour: 403-258-1849

11800 Lake Fraser Drive SE Calgary
LakeBonavistaVillageRetirement.com

A UNITED ACTIVE LIVING COMMUNITY

OFFICIAL PLUMBING & HEATING

$75 Service Call Fee

- Furnace and A/C Install & Repair
- Plumbing Services
- Drain Cleaning
- Boiler Install & Repair



403-837-4023
info@officialplumbingheating.ca
official-plumbing-heating.ca

CMCA Office Hours

Monday to Friday: 10:00 am to 4:00 pm
Closed on holidays

Board Meeting Times: September to June
The second Wednesday of the month
7:00 to 9:00 pm
Lower level boardroom

Phone: 403-251-1715

Website: www.cmca.ca

Mailing Address:

844 Cantabrian Drive SW
Calgary, AB
T2W 6G4

Facility 1 (Canterbury Hall)
844 Cantabrian Drive SW
Facility 2 (Lloyd Hand Hall)
848 Cantabrian Drive SW

Community Association Contacts

President	Michael Richmond	president@cmca.ca
Vice President	Anna Glickman	vicepresident@cmca.ca
Treasurer	Eugene Otsuka	treasurer@cmca.ca
Secretary	Nancy Scott	secretary@cmca.ca
Bingo Director	Johanne Smith	bingo@cmca.ca
Director at Large	Ryan Hogan	funding@cmca.ca
Director at Large	Consuelo Osuna Milan	
Director at Large	Frank Anderson	
Director at Large	Kyle Jones	

Office Staff

Facility Manager / Hall Rentals	Bonnie Treavor	info@cmca.ca
General Manager	Colleen Griffin	gm@cmca.ca
Bookkeeper	Sherry Klimow	accounting@cmca.ca

Programs at the Canyon Meadows Community Centre

The groups listed here are all users of the Canyon Meadows facilities. If you have an interest in joining, please get in touch with the group directly.

Group/Program	Day/Time	Contact
Dancing Heals	Saturday mornings	dancingheals@hotmail.com
Faithway Bible Baptist Church	Newcomers are welcome to join us for either Sunday School or the Morning Worship Service. Sunday School at 9:45 AM | Morning Worship Service at 10:45 AM Sunday Evening Service at 5:00 PM Wednesday Evening Service at 6:00 PM	www.fwbbc.ca info@fwbbc.ca
Girl Guides – CGG TallTrees Dist.	Monday, Tuesday, Thursday | September to June	any-calgarytalltrees@girlguides.ca
Hopscotch Before and After School Care	Monday to Friday | September to June	hopscotchbasc@gmail.com Jenn or Tammy: 403-890-8233
Little Kickers	Tuesday Evenings | October to April	aboffice@littlekickers.ca
Queens & Jacks Square Dance Club	Monday evenings | September to June	info@queensandjacks.com
Quilted Mouse	Every first and third Tuesday | September to June	Group currently closed for registrations
Rock the Diploma	January and June diploma prep classes	marc@rtdacademy.com
Tai Chi	Thursday mornings | September to June. Beginner and Advanced levels.	janesponiar@gmail.com
Yoga with Kayla	Thursdays at 6:30 pm | Starting in September	yuzdepskikayla@gmail.com


Santa's Mailbox is back!
Mail
DON'T FORGET YOUR RETURN ADDRESS AND TO INCLUDE UNIQUE DETAILS!
MAILBOX ADDRESS:
128 CANNINGTON PLACE SW
Address your letters to:
Santa Claus
North Pole
HOH OHO, CANADA
Santa will reply to letters before Christmas if they're delivered to Santa's mailbox by Dec 12th.
cmca.ca/events/santas-mailbox


ALL ARE WELCOME
SENIORS
Christmas LUNCH
DECEMBER 22 AT 10:30 AM
CANYON MEADOWS LLOYD HAND HALL
$20 EACH OR 2 FOR $30
ORDER ONLINE CMCA.GETCOMMUNAL.COM OR STOP BY THE OFFICE BEFORE DEC 15TH
ROLLIN' SMOKE BBQ CO.
MENU DEVELOPED BY ROLLIN' SMOKE BBQ
LETS CELEBRATE!


JOIN US FOR A
Children's
CHRISTMAS PARTY
Christmas Crafts, Activity Stations, Photo Station
Adopt-a-Family (Entry by donation for a family or school in need)
Treats, Hot Chocolate, Coffee & More
New! Professional family portraits available from
The Calgary Photographers for $20 for a print or digital file
December 12
11:00AM -1:00 PM
Canyon Meadows Hall
www.cmca.ca


Hire A Handy Guy
"Your one call specialist for all your home maintenance needs"
Maintenance
Fences & Decks
Repairs
Carpentry
Renos
Bathrooms
Odd Jobs
Floorings
Drywall
Junk Hauling
11 Years' Experience
Why call several companies when we can do it all for you!
FREE ESTIMATES
403-861-0179
hireahandyguy@gmail.com

CMCA Facility Rentals

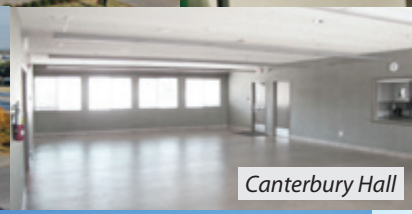
Weekday rates are for 6:00 am Monday to 6:00 pm Friday.
Weekend rates are for 6:00 pm Friday to end of day Sunday.
Minimum two-hour rental on weekends.
Set up and clean up must be included in your rental time.
CMCA members receive 10% off all bookings!

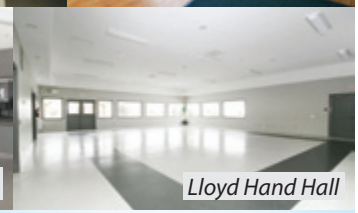

Rinks


Kitchen


Boardroom


CMCA Community Hall Aerial


Canterbury Hall


Lloyd Hand Hall


Playground


CMCA Community Hall


Gazebo

Facility	Description	Weekday Rate	Weekend and Stat Holiday Rates	Security Deposit
Canterbury Hall (F1) Main Hall 27x48' (1300 sq ft)	Includes bathrooms, spacious entryway, coat racks, small prep kitchen for reheating only, full size fridge, large East & West facing windows, tables & chairs, Wi-Fi.	$50/hr Mon 6:00 am to Fri 6:00 pm	$70/hr Fri 6:00 am to Sun (end of day)	$1,200
Lloyd Hand Hall (F2) Main Hall 39x48' (1872 sq ft)	Includes bathrooms, outdoor gazebo, spacious entryway, generous coat room, portable bar, large windows, tables & chairs, podium, highchairs & Wi-Fi. **Commercial kitchen is available for an additional fee**	$60/hr Mon 6:00 am to Fri 6:00 pm	$80/hr Fri 6:00 pm to Sun (end of day) Wedding Special Sat 8:00 to 2:00 am $1,260	$1,200
Lloyd Hand Hall (F2) Kitchen	Full rental – Includes use of all appliances: walk-in cooler, freezer, dishwashers, industrial double oven with 10 burner stovetop, & pizza ovens. Dishes, glassware, cutlery & serving dishes. Various rental levels avaliable.	$450 plus hall rental	$450 plus hall rental	Equal to kitchen rental
Lower Boardroom Approx. 500 sq ft	Includes counter area, sink, bathrooms, microwave, fridge.	$35/hr Mon 6:00 am to Fri 5:00 pm	$45/hr Fri 5:00 pm to Sun (end of day)	$500





Plan Your Party at CMCA!

Our Xbox Gaming Room is a hit for kids' parties, team windups, and company socials. Whether you're celebrating a birthday or bonding with your hockey team, soccer crew, or colleagues, it's the perfect place for fun and connection.

Learn more at cmca.ca/xbox-games-room and plan your next team adventure!



Versatile Spaces for Every Occasion

Looking for an affordable and versatile space for your program or event? Our two spacious halls, boardroom, and fully equipped commercial kitchen are perfect for life's special milestones and activities—birthdays, weddings, celebrations of life, church services, creative and exercise classes and events, AGMs, and more.



With Flexible Weekday and Weekend Availability, We're Ready to Accommodate Your Needs!
For details contact us at info@cmca.ca or call 403-251-1715 to book today!

Upcoming Programs and Events at CMCA
Learn more and register at cmca.ca, call the office 403-251-1715 or email gm@cmca.ca.

Good Food Box
Order deadline: January 18 | Pick up date: January 27
Monthly order of seasonal fruits and veggies. $1.00 to $1.75/lb!

- $35 Small Box (20 to 25lbs)
- $40 Medium Box (30 to 35lbs)
- $45 Large Box (40 to 45lbs)

Order at cmca.getcommunal.com.

Seniors' Chair Yoga and Coffee
Every second and fourth Tuesday from September to June (hall schedule permitting). 10:00 am Chair Yoga | 10:30 am Coffee on December 8.

Free gathering for members to come catch up with neighbours.

Seniors' Christmas Lunch
December 22 at Lloyd Hand Hall, starting at 10:30 am.

Brisket, ham, potatoes, and vegetables smoked by local company Rollin Smoke. Invite your family, friends, and grandkids. $20 each, 2 for $30. Place your order on cmca.getcommunal.com or come by the office by December 15.

Santa's Mailbox
November 20 to December 21 at 128 Cannington Place SW.

Canyon Meadows is lucky to have a mailbox that delivers our letters directly to Santa. Don't forget to include your return address on your letter! Letters mailed by December 21 will receive a reply before Christmas!

Children's Christmas Party
December 12 from 11:00 am to 1:00 pm at Lloyd Hand Hall.

Free for members with gift or monetary donation to our Adopt-a-Family or lunch program in support of the Canyon Meadows designated CBE school Ethel M. Johnson Elementary in Southwood. Christmas crafts, cookie decorating, colouring and activity stations, treats, hot chocolate, coffee, and drinks. New this year! Professional family portraits available from The Calgary Photographers for only $20 for a print or digital file. Great for including with your Christmas cards to friends and family.

Ice Skating Lessons
Check website for December and January dates.

Six 30-minute sessions on the outdoor rink at the hall with beginner and intermediate levels available. Register at cmca.getcommunal.com!

February Fun Hockey Day
Saturday, February 13, 2027, at 12:00 pm on the Outdoor Rinks

We are looking for hockey players, goalies, and refs! We are excited to announce this new event, hosted by Board Member Frank Anderson. Plans are in the works to bring together first responders, local youth, and community members for a few friendly games of hockey, all in support of the Veterans Food Bank. Concession with hot chocolate, hamburgers, fire pit, and bleachers. Want to make or join a team? Visit the website to view the sign up!





Membership Sign Up

Your Canyon Meadows Community Association membership helps support our vibrant community and provides funds that enrich community life for all residents of Canyon Meadows.

Benefits

- Take part in programs at the hall, such as our Kids Summer Drop-In, Tot Time (hopefully returning soon), or Girl Guides (Membership funds help subsidize rent for this group).
- Support community initiatives such as our free skate lending library.
- Get access to ice rinks and rink room (Membership funds help support maintenance of the rinks).
- Join our free monthly events, such as Seniors' Coffee.
- Entry to membership exclusive draws and contests.
- Subscribe to the eScoop, our monthly community email.
- Get a voice on local issues and the right to vote at our AGM.

Discounts

- On hall rentals, CMCA events, and services such as skate sharpening.
- At Cloverdale Paint: 25% off paint and 15% off paint accessories. Contact Bonnie in the office for details.

Three Ways to Purchase or Renew a CMCA Membership

1. Scan the QR code to purchase a membership online. Easy, fast, and convenient; please choose auto renew to keep our budget consistent.
2. Stop in the office any Monday to Friday between 9:00 am and 4:00 pm to pay by cash, debit, or cheque.
3. Drop a cheque with a note including your contact information in the secure drop box on the west wall of the main hall.

Membership Fees

- Seniors (60+): $20 plus GST
- Individual: $25 plus GST
- Family: $35 plus GST
- Business: $50 plus GST

Business Partner Program

- $50 plus GST
- Visit the website for more details: cmca.ca/memberships/bpp/

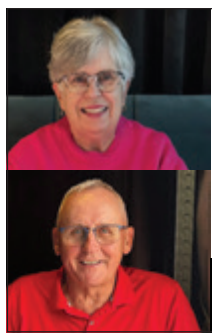
***Community membership required to vote at AGM**

Support your business Support your community

CMCA BUSINESS PARTNERSHIP PROGRAM

- AllKind Appliance Service Ltd.
- Anna's Home Check Services
- Aquality Plumbing & Heating Inc.
- Beitel Brothers Liquor
- Bricks 4 Kids
- Brightside Kids Inc.
- Canyon Creek Liquor Store
- Canyon Meadows by Atria Retirement Living
- Canyon Meadows Auto Service
- Code Ninjas Willow Park
- CottageCare Calgary South
- Destinations Await – Tasha Walsh
- Electronic Innovation
- Evans Resource Management Ltd.
- Green Door Preschool
- Golden Years Dog Care
- HOTWORX Calgary Canyon Meadows
- KC Service – Small Engine Repair
- Living Tai Chi
- Longevity Care
- Mathew Theriault – Realtor
- Meagan Skiboff
- My Mortgage Line – Michael Richmond
- Prestige Medispa
- Smith Pezzente Real Estate Team Remax
- Sylvan Learning of Mid-South Calgary
- Ukrainian Bakery and Cafe
- Vanessa Church

WWW.CMCA.CA/BPP



PSS PATS' SERVICES FOR SENIORS

Professional and experienced caregiver available to provide services for seniors, such as:

- ☑ Driving to Appointments
- ☑ Companionship
- ☑ Meal Preparation
- ☑ Shopping
- ☑ Computer and Internet Guidance

For more information please call:
Patricia at 403-831-4647 | Patrick at 403-404-8650

November Thank You: Celebrating the People Who Make Canyon Meadows Special

The Canyon Meadows Community Association is fortunate to have an incredible group of volunteers, partners, sponsors, and supporters who help bring our programs, projects, and events to life. November was a perfect time to pause and say thank you to everyone who continues to give their time, energy, and talents to our community.



Community Garden Update

Our Community Garden continues to take shape, and this month we're especially grateful to community volunteers Pete, Erin, Dave, Elliot and paid, local youth labour who helped build and level our raised garden beds.

A special thank you to my husband for the backbreaking work of cleaning up the sod piles so we could tuck the beds neatly into place. Next, we are working on laying the many layers of landscape fabric, poly, and wicking-bed piping, followed by the daunting task of filling all those beds with rock and soil!

Any help would be greatly appreciated! Sign up through our website at cmca.ca/community-garden-and-landscape-project or email gm@cmca.ca to find out how you can lend a hand.



Halloween Dance

A huge thank you to the volunteers who stepped up when a few of our regular helpers were down with the flu: Stephanie, Tim, Debbie, Randy, Rayann, and Alexis. Extra big thanks to Randy and Tim for staying behind to tackle the cleanup after the event!

I think the kids had a pretty great time with the music and digital photo booth from Little Something Beautiful, along with the games orchestrated by yours truly, (your friendly neighbourhood General Manager). And if you haven't seen our wrapped mummies yet, check them out!





Remembrance Day Gathering

Thank you to Michael I. for instigating our Remembrance Day Gathering for the third year. Special thanks to Yvonne, who stopped by the office to help tweak the itinerary and offered to do readings, and to Kim, who helped kick off the sharing during the event.

Thank you to our community for your incredible generosity. Together, you donated more than 20 bags of food and $125 to the Veterans Food Bank.

Ice Crew

The ice is coming! Thank you to Ryan, Kyle, Dan, and Thomas, who have been caring for our ice resurfacer and getting her ready for another season. This included replacing the muffler and tackling the seemingly never-ending supply of hydraulic hoses that need replacing!

Thank you to Anna for taking down the Gaga Ball pit to make room for the leisure rink, and to Kyle and Frank for adjusting the bleacher positioning for Frank's new event venture, February Fun Hockey Day. Check out

the ad and event description in the Upcoming Events section for more details.

Christmas Craft Market
Please see the article below for Bonnie's special thank you to the wonderful group of vendors and volunteers who helped make our Christmas Craft Market possible.

2026 Christmas Craft Market Appreciation

On Saturday, November 7, CMCA hosted its 9th Annual Christmas Craft Market. This year's market was our best-attended to date. Whether it was the exceptionally warm weather or the excitement of the first weekend of Christmas markets, the day was a wonderful success.

My sincere thanks to the 26 vendors who participated and shared their beautiful handmade creations. Your contributions are at the heart of this market, and I am grateful for your support. Of course, a market cannot be successful if nobody comes to shop, and Canyon Meadows residents are such a big part of our success, so thank you all for supporting this annual event. I am also especially grateful to the dedicated volunteer ladies who help run the CMCA Craft Market. A heartfelt thank-you to Debbie, Sam, Grace, and Stephanie. This event would not be possible without you. Thank you for generously giving your time and energy, year after year.

A big shout out to Alexis, owner of Plantbased Footprint for donating her delicious Nacho Average Queso, which we smothered over tortilla chips and sold at the market concession! It was a very popular and wonderful addition to our concession offerings.

Until next time…

Bonnie



Caring for Dogs in Their Golden Years

by Carlie McDonald | Operator of an insured, pet first aid-certified dog care service specializing in personalized walking for mature and senior dogs

As dogs grow older, their needs can change. They may slow down, sleep more or become less comfortable with the pace and distance of their younger years, while still enjoying many of the things that make getting outside special.

For Canyon Meadows resident Carlie, life with her 13-year-old Golden Retriever, Bowie, has provided a firsthand look at those changes.

Older Dogs May Need a Different Kind of Outing
Senior dogs can continue to benefit from regular outdoor time, enrichment and opportunities to explore their surroundings. However, a traditional dog walk may not always be the best fit.

Depending on the individual dog, a senior-friendly outing might include:

- A slower walking pace
- Shorter distances
- Plenty of time to stop and sniff
- Opportunities for mental stimulation and enrichment
- Adjustments based on the dog's energy and mobility that day
- Shorter outdoor visits when a full walk isn't appropriate

The goal isn't necessarily to cover a certain distance or tire a dog out. For some older dogs, simply getting outside, exploring familiar surroundings and having some companionship can be a valuable part of their day.

Paying Attention to Changing Needs
As dogs age, owners may notice gradual changes in mobility, energy or behaviour. Paying attention to these changes can help families adjust their routines and provide activities that are appropriate for their individual dog.

What works well one day may need to be modified the next. Factors such as weather, energy level, mobility and overall comfort can all affect how much activity a senior dog wants or can manage.

Have an article you'd like to submit? Email gm@cmca.ca. We'd love to hear more Canyon Meadows voices!

Making Copacetic Happen: Getting Ready for Winter

by Canyon Meadows Resident, Mauri Loyer, a retired professional organizer

Getting ready for winter doesn't have to feel like a chore. In fact, it can be oddly satisfying, almost copacetic, even, when you approach it with a bit of humour, a dash of practicality, and a willingness to face the mysterious depths of your winter coat pockets.

The Great Pocket Expedition: You Never Know What You'll Find!

Gather every winter coat in the house and begin the grand pocket expedition.

Look for:
- Masks, tissues, and old receipts.
- Forgotten lip balm and random bits of who-knows-what.
- The occasional surprise, like a $20 bill thoughtfully tucked away by past-you!

Consider that last one a small seasonal bonus. Clear out the clutter so your winter gear is ready for action.

The Great Gear Sort: Does It Still Fit?
Collect all the coats, gloves, scarves, hats, and other winter accoutrements. Spread everything out on a bed or large table and invite the household to sort their belongings.

This is where reality sets in. Kids grow taller, adults sometimes grow sideways, and zippers that once zipped suddenly refuse to cooperate!

Check each item for:
- Proper fit and comfort.
- Working zippers and fasteners.
- Wear and tear.
- Missing buttons or glove partners.
- Whether anyone actually uses it.

There's no point keeping a jacket that requires contortions to close!

Make Winter Gear Easy to Grab: A Little Organization Goes a Long Way
Once you've identified the pieces that still work, store them in a closet or mudroom where they're easy to grab on the way outside.

Keep things simple:
- Store everyday coats near the exit.
- Give everyone a designated spot for hats and gloves.
- Use baskets or bins for smaller items.
- Keep frequently used gear within easy reach.

Calgary winters don't wait for anyone. A little organization makes frosty mornings easier for everyone.

The Great Glove Debate: Must They Match?
Sometimes yes, sometimes absolutely not! A warm glove on the non-dominant hand and a lighter glove on the dominant hand can be surprisingly functional.

Remember:
- Warmth and comfort come first.
- Different gloves can serve different purposes.
- Matching pairs are lovely, but not mandatory.
- Practicality often wins over aesthetics.

Winter fashion is flexible. Your fingers, however, appreciate a little consideration.

Pass Along What You No Longer Need: Your Clutter Could Be Someone Else's Winter Essential
Coats that no longer fit, scarves no one reaches for, and mittens missing their partners may still have plenty of life left in them.

Before donating, make sure items are:
- Clean and in good condition.
- Functional and suitable for winter.
- Ready for someone else to use.

Donate usable items to a local organization supporting individuals and families in need. Calgary winters are cold, and proper winter gear can make a real difference for someone facing the season without adequate protection.

A Little Preparation, A Lot of Community Care
Preparing for winter is more than a household task; it's a small act of community care. By clearing clutter, rediscovering what you already own, and sharing what you no longer need, you help make the season more manageable for everyone.

Your winter-ready checklist:
- ☐ Empty coat pockets.
- ☐ Sort coats, hats, scarves, and gloves.
- ☐ Check fit and condition.
- ☐ Create an accessible gear station.
- ☐ Set aside usable items to donate.

And who knows? You might even find another forgotten twenty-dollar bill along the way. Now that's a copacetic start to winter!

Joke of the Month

Who is the snowman's favourite relative?

Aunt Artica!



Photo Corner

Image by Kim Chulsky



SUMMIT PLUMBING & HEATING INC.

403-281-2008
info@summitplumbing.ca
www.summitplumbing.ca

OVER
18 YEARS
IN BUSINESS



Specializing in Residential Services

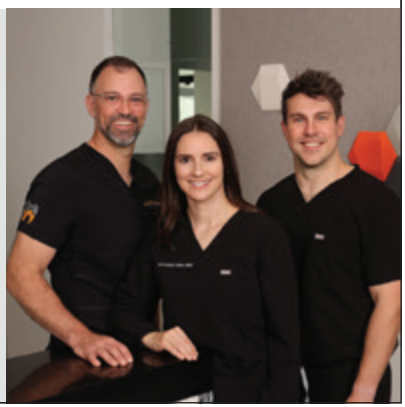
WEST PEAKS
DENTAL SUITE

Now Accepting New Patients

Offering family, cosmetic and general dentistry. Same day emergencies welcome. Scan the QR code to book your appointment.

Book Now

Suite 205, 125 Oakmoor Pl SW
Calgary, AB T2V 4A3
(403) 281-4264
westpeaksdentalsuite.ca



STRONG PILATES
NOW OPEN IN WILLOW PARK



CHECK OUT OUR PRICES OR BOOK NOW

Contact Us
willowpark@strongpilates.ca
(403) 483-3210
@strong_willowpark

Real Housemaids YYC
We use Eco-Friendly Products.
Residential and Commercial Cleaning
Reliable. Bonded. Insured.
Book Here
or text 587-225-7995
COME HOME TO CLEAN

READY FOR ZUMBA® CLASS?
Thursdays at 7:00PM
11 Sackville Drive SE
Southwood Community Centre
403-630-5756

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Canyon Meadows. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

CANYON MEADOWS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbours navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING: Snow removal starting at $160 per month. Christmas light installation starting at $150. Early season discounts! Window and gutter cleaning starting at $99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

JUNK TO THE DUMP / ODD JOBS: Safety starts with a clean and clutter-free environment. Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

BUSINESS CLASSIFIEDS

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years' experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

STAMPEDE PLUMBING AND HEATING: 5-star Google rating, Senior and Veteran discounts. Highly trained plumbers, gasfitters, refrigeration & HVAC technicians. Water heaters, furnaces, boilers, air conditioning/heat pumps, drain cleaning, leaks, POLY-B replacement, new construction and renovations! Competitive prices with quality, 24-hour service! Established 1998. Call 403-225-1037. www.stampedeplumbingandheating.com.

MATH, CHEMISTRY & PHYSICS TUTORING: One-on-one in-person tutoring including homework help, exam preparation, and review of concepts as needed. Subjects include Math 10C, 20-1, 20-2, 30-1, 30-2, and 31, Chemistry 20 and 30, Physics 20 and 30. Please reach out to Anna at annafeddematutoring@gmail.com to inquire.

CALGARY'S DENTAL CARE, ESTABLISHED 1989: Providing gentle dental care with no judgement, no shame, no fluff, no frills. Accepts all dental insurance plans OAC. Easy drive, free store front parking, handicap accessible. Two locations. Tax deductible receipts for patient portion. Save money, live better! Call today 403-287-6453 or 403-272-7272 or visit online www.calgarydentalcenters.com.

CAROL'S HOME SUPPORT AND COMPANION CARE: Specializing in Older Adult and Developmentally Disabled Adult Care. Services offered: Companionship, Personal Care (Bathing assist/dressing/grooming), Light Housekeeping, Meal Prep, Respite and Community Outings. Call Carol 403-815-7783 or email caroljlindsay@hotmail.com.

PAINTER SERVICING CANYON MEADOWS: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

JOHN'S HOME REPAIR AND MAINTENANCE LTD.: A long-term community member and Journeyman Tile Setter/Carpenter who specializes in handyman services. I also do fencing, decking, gazebos and interlocking stone, yard cleanup, dump-runs, and pressure washing services. Licensed, insured BBB member. I offer seniors' discounts and below industry rates. Call 587-437-9446 or email johnyungblut@me.com.

RESIDENTIAL CLEANING: Need help with your cleaning? R&N can help you. We have an affordable rate and well experienced cleaners. Available weekly, bi-weekly, monthly and one time clean. Call Rachell at 403-708-3119 to book.



SCAN HERE TO VIEW ADDITIONAL CANYON MEADOWS CONTENT

News, Events, & More	Crime Statistics	Real Estate Statistics

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

#1
YEARLY TOP
PRODUCER

RE/MAX
LANDAN REAL ESTATE

SMITH PEZZENTE

INFO@SMITHPEZZENTE.COM

Homes for Sale in Canyon Meadows, Calgary

COMING SOON!
TO CANYON MEADOWS





- Two Storey Home
- Located in Canyon Meadows
- On a quiet Cul-de-sac
- Completely Renovated Throughout
- Close to 2000 sq. ft. of Living Space
- Oversized Attached Garage

There's No Place
Like Home for the
Holidays



Wishing You a Joyful
Holiday Season
AND A BRIGHT YEAR AHEAD

NOT INTENDED TO SOLICIT PROPERTIES ALREADY LISTED FOR SALE