# yLedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER





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#### **Cedarbrae Community League Association Board of Directors**

To contact our board of directors, please email info@ mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month, including summer, at 7:00 pm on the second floor of the Cedarbrae Community Centre (11024 Oakfield Drive SW). All current Cedarbrae Community League Association members are welcome to attend. If you are interested in attending a board meeting as an observational quest or to purchase your membership, please email us or stop by the centre today!

If you have community concerns you would like added to our agenda, please submit them via email and include your contact information for follow up or additional guestions.

October of 2022 saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, play, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors		
President	Vacant	
Vice President	Morgan Harper	
Treasurer	Carter Little	
Secretary	Vacant	
Director of Grant Writing	Vacant	
Director of Events	Ashley Clifford	
Director of Community Relations	Rahul Garambha	
Director at Large	Carole Oliver	
Director of Communications	Maxine Sephton	
Director of Memberships	Vacant	
Director of Volunteers	Vacant	
Cedarbrae Community Centre Contacts		
Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca	

#### **Available at the Cedarbrae Community Centre**

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

# Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work and play. Become a member today!

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our Community Centre, fundraising events and our yearly membership.

All those funds are put right back into our Community, maintaining the Centre, low cost programming, hosting events and Community Outreach.

Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary!

#### **Community Vision:**

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

#### Mission:

MyCedarbrae operates a vibrant, viable Community Centre that provides recreational, social and educational opportunities for residents of Cedarbrae and by extension, citizens of Calgary.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

#### Become a member today! What's the easiest way?

- Check out our website: www.mycedarbrae.ca, click on the membership tab to go to our secure membership site – a few easy steps and you're a member!
- Stop by the Community Centre and fill out a membership form. Anytime during office hours the Centre staff is ready to help.
- Come check out one of our Community Events. Memberships are available during all of our Events.

Cedarbrae Community Memberships are always a great value!

- \$30 per household
- \$15 for seniors (55+)

Yearly memberships run from May 1 to April 30.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

Membership dollars go towards running your local Community Centre, Community Events, and programs offered at low cost so that everyone can join in.

#### **Membership Application Form**



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\$30 – Family Membership \$15 – Senior 55+ Me	mbership Single: \$15/year Date _	
Main Contact	Spouse/Partner – if applicable	2
Last Name	Last Name	
First Name	First Name	
Address	Postal Code	
Home Phone Please send cheque or money order to Cedarbrae C		
Email		
I would like to volunteer for the following:	☐ Newsletter ☐ Special Events	☐ Garden ☐ Sports Programming
☐ Stampede BBQ ☐ Casino	☐ Board of Directors ☐ Community Clean-up	Other:





We have moved and changed our name! Our new address is Suite 245 – 125 Oakmoor Plaza SW which is in the new Co-op Professional Centre on the southwest side of the shopping centre. The location has two elevators and ample free parking close to the building for your convenience.

Along with the new location, we are now operating under the name of Oakridge Denture & Implant Centre, which reflects our many professional services.

Charles and the staff look forward to seeing you in our new clinic. Please give us a call to set up an appointment and ensure we are in our new location. Our phone number is still 403-251-1522.

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403-251-1522

Charles Gulley, DD, F.C.A.D. Denturist, Denture Specialist





#### **UPCOMING COMMUNITY PROGRAMS AND EVENTS**

### **Upcoming Community Programs** 55+ Programs

Please note that there will be a one-off schedule change on May 1. Seniors' Coffee is scheduled from 10:00 to 11:30 am and Cards & Games is scheduled for 1:00 to 4:00 pm – both will occur upstairs in the Aspen/Evergreen Room on the second floor. The gymnasium will not be open for Senior Member Gym Walking on May 1 due to a private event.

**Coffee & Connect** – Every Monday from 10:00 am to 12:00 pm in the Parkview Room.

**Senior Member Gym Walking** – Every Monday from 10:00 am to 11:00 am in the gymnasium. Bring your indoor running shoes, a water bottle, and get moving with seniors in our community.

**Cards & Games** – Every Monday from 1:00 pm to 4:00 pm in the Parkview Room.

#### **Book Club**

Occurs the first Tuesday of every month, open to all ages. Open discussion is meant to encourage connection between fellow book lovers. Have a great book you would like to recommend for Book Club? Email us at info@mycedarbrae.ca.

#### Tuesday, May 2 from 1:00 to 2:00 pm

The pre-read is *Rough* by Calgary's very own Robin van Eck. The story is set in Calgary during the 2013 flood and revolves around Shermeto, who ends up in the hospital after intervening in a bar attack. Meanwhile, the city falls into chaos as the Bow River's water level rises. Although Shermeto distances himself away from the swelling river, he is forced to face the part of his past that he tries to hide from: his daughter, Kendra.

Tuesday, June 6 from 1:00 to 2:00 pm Open discussion.

#### Tuesday, July 4 from 1:00 to 2:00 pm

The pre-read is *Sweetland* by Canadian author, Michael Crummey.

**Tuesday, August 1 from 1:00 to 2:00 pm** Open discussion.

#### **Upcoming Community Events**

Community Carnival: Cedarbrae Celebrates Chloe Saturday, June 3 from 12:00 to 4:00 pm

Join us for this special summer event as we fundraise for

Chloe and her family! This free admission, family-friendly event will feature face painting, carnival games and prizes, a petting zoo, snow cones, concession food, and more. In March of 2021, eight-year-old Chloe (born and raised in Cedarbrae) was diagnosed with Philadelphia chromosome positive acute leukemia, a rare form of white blood cell cancer. The aggressive treatment plan required a long-term hospital stay with constant tests and administering of medication, which meant that both of Chloe's parents were unable to work. The Cedarbrae Community Centre is proud to announce that all net profits from the Community Carnival will go towards Chloe and her family for the costs associated with her treatment and recovery. For more information on Chloe's story, visit the Facebook page titled, "Chloe's Fight with PH+ Leukemia."

Don't forget to cut out your free Community Carnival popcorn voucher!

#### Neighbours Day and Summer Night Market Saturday, June 17 from 3:00 to 8:00 pm

Our first outdoor event of the year featuring familyfriendly entertainment and a variety of local vendors! Interested in becoming a vendor? Contact our director of events at ashleyc@mycedarbrae.ca for more information.

#### Stay Tuned for More Information on These Upcoming Events:

- Summer Drop and Go Bottle Drive Saturday, July 22
- Community Garden Space Tear Down July 2023
- Community Garden Space Rebuild August 2023
- Annual Community Cleanup Sunday, September 10
- Winter Drop and Go Bottle Drive November 2023

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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#### **Message from the Board**

The temperatures are starting to warm up and spring is right around the corner. We are looking forward to spending time outside in our gardens, soaking up some sunshine on patios, and exploring our surrounding communities! This feeling of hope and anticipation is something that we all feel when reflecting on the Cedarbrae Community Centre.

The board of directors agreed in March that it was important to take a step back and gather perspective on our individual and shared goals and realized that a new mission statement was needed. We are feeling energized with a renewed sense of shared focus and drive as we implement our new mission statement:

"The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community."

The centre is excited to have Robert Walker, our newest renter and yoga teacher, who will be leading classes on Wednesday and Friday mornings from 9:15 to 10:30 am! Robert has owned two yoga studios, taught more than 500 yoga teachers, and studied three times in India with BKS Iyengar, one of the greatest yoga teachers of all time. We are fortunate to have him teach at our centre and look forward to growing the program.

We also would like to share that we received a letter from one of our renters who expressed their gratitude towards Kathy and Darrell for the high level of service they have received while renting from us. We are so grateful for our wonderful staff and are thankful for their dedication to our community.



#### SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More





**Real Estate Statistics** 







#### COMMUNITY CARNIVAL CEDARBRAE CELEBRATES CHLOE

**SATURDAY, JUNE 3** 

12-4 PM

**CEDARBRAE COMMUNITY CENTRE | 11024 OAKFIELD DR SW** 











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**EXPERT LAWN FORCE YARD MAINTENANCE:** Lawn cuts and trims starting at \$25. Spring clean-ups starting at \$120. Power raking, aerating, hedge trimming, shrub and tree pruning, fertilizing, tree planting, and more. Senior discounts. For quality and dependable care, call Rick at 587-284-9423.

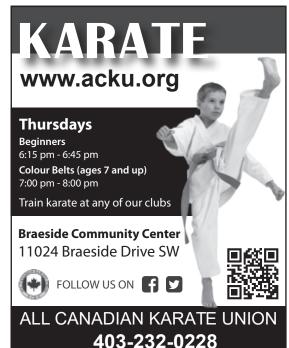
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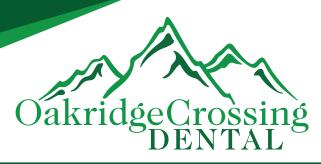
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