

NOVEMBER 2023

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myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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PAGE 7**



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Dr. Daniel Kulevski
Dentist-DDS

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UPCOMING COMMUNITY PROGRAMS AND EVENTS

Creating Connections

Book Club – The first Tuesday of every month, from 1:00 to 2:00pm

Tuesday, November 6 – We will be discussing *Forgiveness: A Gift from My Grandparents* by Mark Sakamoto.

Tuesday, December 4 – Open Discussion.

Book Club is open to all ages! Open discussion is meant to encourage connection between fellow book lovers. Have a great book you would like to recommend for Book Club? Email us at info@mycedarbrae.ca.

Coffee & Friends – Every Monday, from 10:00 am to 12:00 pm in the Parkview Room

Please note, this program is inclusive to all age groups and is not exclusive to seniors.

55+ Programs

Cards & Games – Every Monday from 1:00 to 4:00 pm in the Parkview Room.

Seniors Yoga – Every Thursday from 9:30 am to 10:30 pm in the Parkview Room.

Family Programs

Parent & Tot Group – Every Friday, from 9:30 am to 11:30 am in the Parkview Room.

For Parents and Children six and under! There is a \$2 drop-in fee or is free with your Cedarbrae Community League Association Membership, coffee or Tea included. Please note, this is not a structured program, but rather a space for parents to gather for coffee and conversation while the kids play.

Upcoming Community Events

**Cedarbrae Annual General Meeting.
November 22, from 7:00 pm in the Gymnasium.**

Are you interested in volunteering with the Board of Directors? Please send our Executive Director a brief bio outlining your professional and volunteer background and include a picture! Please note that this information will be distributed during the meeting.

**Cedarbrae Christmas Market & Bake Sale
November 25, from 9:00 am to 4:00 pm in the Gymnasium.**

Join us for the second annual Christmas Market &

Bake Sale! Donated baking can be dropped off at the Community Centre the day before the Christmas Market from 10:00 am to 4:00 pm on Friday. Baking suggestions are cookies, squares, loaf cakes, muffins, cupcakes, and coffee cakes but we will accept any other types as well. Christmas is the theme!

Please note that all donated baking will need to include an ingredients list.

Did you know that last year's Christmas Bake Sale raised \$1,800 for the Community Centre? Let's get baking and beat this total!

**Cedarbrae Community Centre Charity Casino
Elbow River Inn Casino, December 7 and 8**

Volunteers wanted! Sign up as a casino volunteer to help support the Cedarbrae Community League Association! The annual Cedarbrae Community Centre Charity Casino keeps community centre costs affordable so that all members can stay active, meet new people, and play! Proceeds from your volunteerism will help pay for community activities such as Winterfest, seasonal markets, Stampede BBQs, seniors' groups, pickleball, sports equipment, and will keep the community ice rink free for all residents and provide a fun and safe hub for residents to gather.

**Volunteers must be 18 years or older.

**Valid picture ID is required when volunteering.

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



mybabysitterlist

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Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Cedarbrae Community League Association Board of Directors

To contact our board of directors, please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month, including summer, at 7:00 pm on the second floor of the Cedarbrae Community Centre (11024 Oakfield Drive SW). All current Cedarbrae Community League Association members are welcome to attend. If you are interested in attending a board meeting as an observational guest or to purchase your membership, please email us or stop by the centre today!

If you have community concerns you would like added to our agenda, please submit them via email and include your contact information for follow up or additional questions.

October of 2022 saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, play, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors

President	Vacant
Vice President	Morgan Harper
Treasurer	Carter Little
Secretary	Lorraine Logan
Director of Grant Writing	Vacant
Director of Events	Vacant
Director of Community Relations	Vacant
Director at Large	Vacant
Director of Communications	Maxine Sephton
Director of Memberships	Vacant
Director of Volunteers	Vacant

Cedarbrae Community Centre Contacts

Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca
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Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at www.mycedarbrae.ca, or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

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CEDARBRAE CONTENT**

**News, Events,
& More**



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

A Message to the Community

Dear Cedarbrae,

With the year drawing to a close we have a lot to be thankful for at CCLA. There have been multiple improvements within the facility, cleaning and clearing of spaces, and an abundance of rental opportunities. Furthermore, this month we welcome Jo-Llynn as our new Program Administrator - welcome to the team!

The fall pickleball program is also well underway, and it is great to see so many familiar faces back in the facility. We are looking forward to the amazing season that lies ahead!

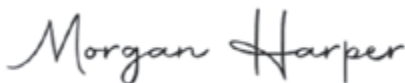
Two new programs also started last month: the Parents and Tots program, and Senior Yoga. The Parents and Tots program is starting to pick up momentum and we are hoping to reach more families in our community. The senior's yoga was well received from the members in attendance, we are so happy to be able to provide this service.

At the time of writing this, we are in the final stages of planning our first Halloween themed make-up class, geared towards teens in our community. This event will be held on October 21 and is sure to be great fun - we can't wait to see some of the scary make up creations that come from this class.

As you may have noticed, the Board and Administration team at the Centre is aiming to have a variety of programs catered to as many demographics in our community as possible. We want everyone to feel that they are welcome at the Centre to participate, meet other community members, and build the hub feeling that the Community Centre was built with.

Thank you for visiting the Centre and we look forward to more great things to come.

All the Best,



Morgan Harper, MBA

Vice President Cedarbrae Community League Association



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9 AM - 4 PM

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8			5		1			9
			6		9	7		
		4		7				5
4	8							6
		2				4		
9							1	8
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		3	1		6			
7			3		5			2

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CEDARBRAE CHARITY CASINO

Volunteers Needed

Volunteer today for the upcoming Cedarbrae Community Centre Charity Casino held at the

**ELBOW RIVER INN CASINO ON
DECEMBER 7 & 8, 2023**

Sign up for available casino shifts and help support the Cedarbrae Community League Association.

Sign up Link:
<https://www.signupgenius.com/go/60B0E4FACAC2CA0FF2-cedarbrae41#/>

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Denturist, Denture Specialist

Gabriela Alvarado-Torres, BHSc, DD
Denturist, Denture Specialist

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Thursday, November 23 - 5:30pm to 7:30pm



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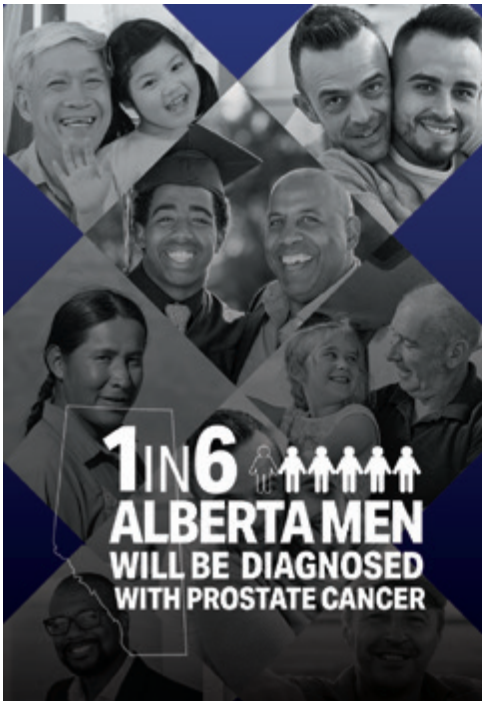
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