

OCTOBER 2023

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myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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CENTRE



Oakridge Professional Centre
Suite 245, 125 Oakmoor Plaza SW
Beside the Oakridge Co-op Grocery Store

We are pleased to announce that **Ms. Gabriela Alvarado-Torres**
will be joining our team in October!

Gabriela is a Denturist who brings with her a diverse experience gained from practicing in several clinics in Alberta, where she provided a variety of treatment options to her patients. Her caring personality and attention to detail fits into our practice philosophy, and she can provide services in both English and Spanish! Call our office at 403-251-1522 to schedule an appointment with Gabriela or Chuck.

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403-251-1522

Charles Gulley, DD, F.C.A.D.
Denturist, Denture Specialist

Gabriela Alvarado-Torres, BHSc, DD
Denturist, Denture Specialist

FOOD & CLOTHING IN CEDARBRAE.



Every week we offer food, clothing, and household items to those in need at no charge. Come and shop with us, or consider volunteering as a way to give back to the neighbourhood.

Thursdays 8am – 11am

11263 Oakfield Drive

Visit oakpark.ca for more information

COMMUNITY SERVICES FACILITY EXPANSION



FUNDED IN PART BY



UPCOMING COMMUNITY PROGRAMS AND EVENTS

Book Club

Occurs the first Tuesday of every month, open to all ages. Open discussion is meant to encourage connection between fellow book lovers. Have a great book you would like to recommend for Book Club? Email us at info@mycedarbrae.ca.

Tuesday, October 3 from 1:00 to 2:00 pm

Open discussion.

55+ Programs

Coffee & Friends – Every Monday from 10:00 am to 12:00 pm in the Parkview Room

Please note that this program is inclusive to all age groups and is not exclusive to seniors.

Cards & Games – Every Monday from 1:00 to 4:00 pm in the Parkview Room

Family Programs

Parent & Tot Group – Every Friday from 9:30 to 11:30 am in the Parkview Room

For children 6 and under. \$2 drop-in fee or free with your Cedarbrae Community League Association Membership. Coffee or tea included. Please note that this is not a structured program, but rather a space for parents to gather for coffee and conversation while the kids play.

Upcoming Community Events

Fall Drop & Go Bottle Drive

October 14 from 10:00 am to 2:00 pm

Location: The Community Centre parking lot

Donate your empties! All proceeds go towards the Cedarbrae Community Centre for future events and programs.

Cedarbrae Christmas Market & Bake Sale

November 25 from 9:00 am to 4:00 pm

Location: The Gymnasium

Returning for Winter 2023! Contact us today to become a vendor or if you would like to donate baked goods.

**Cedarbrae Community Centre Charity Casino
Elbow River Inn Casino, December 7 and 8**

Volunteers wanted! Sign up as a casino volunteer to help support the Cedarbrae Community League Association!

The annual Cedarbrae Community Centre Charity Casino keeps community centre costs affordable so that all members can stay active, meet new people, and play! Proceeds from your volunteerism will help pay for community activities such as Winterfest, seasonal markets, Stampede BBQs, seniors' groups, pickleball, sports equipment, and will keep the community ice rink free for all residents and provide a fun and safe hub for residents to gather.

**Volunteers must be 18 years or older.

**Valid picture ID is required when volunteering.

Stay tuned for more information on this upcoming event: Fall Annual General Meeting

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



CEDARBRAE CHARITY CASINO

Volunteers Needed

Volunteer today for the upcoming Cedarbrae Community Centre Charity Casino held at the

ELBOW RIVER INN CASINO ON DECEMBER 7 & 8, 2023

Sign up for available casino shifts and help support the Cedarbrae Community League Association.

CASINO FUNDS KEEP COSTS AFFORDABLE SO ALL COMMUNITY MEMBERS CAN STAY ACTIVE, MEET NEW PEOPLE, AND PLAY!

More information: 403-251-2101 | info@mycedarbrae.ca | www.mycedarbrae.ca

****VOLUNTEERS MUST BE 18 YEARS OR OLDER.
VALID PICTURE ID IS REQUIRED WHEN VOLUNTEERING.

Cedarbrae Community League Association Board of Directors

To contact our board of directors, please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month, including summer, at 7:00 pm on the second floor of the Cedarbrae Community Centre (11024 Oakfield Drive SW). All current Cedarbrae Community League Association members are welcome to attend. If you are interested in attending a board meeting as an observational guest or to purchase your membership, please email us or stop by the centre today!

If you have community concerns you would like added to our agenda, please submit them via email and include your contact information for follow up or additional questions.

October of 2022 saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, play, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors

President	Vacant
Vice President	Morgan Harper
Treasurer	Carter Little
Secretary	Lorraine Logan
Director of Grant Writing	Vacant
Director of Events	Ashley Clifford
Director of Community Relations	Vacant
Director at Large	Vacant
Director of Communications	Maxine Sephton
Director of Memberships	Vacant
Director of Volunteers	Vacant

Cedarbrae Community Centre Contacts

Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca
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Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at www.mycedarbrae.ca, or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

A Message to the Community

Dear Cedarbrae,


As we cozy up in our homes, put away the summer clothes, and pull out the fall decorations, I can't help but be a little excited for the fall season. So many things have happened at the centre over the summer and our amazing staff have pulled off quite the feat to welcome us back!

During the summer, we worked with the City to have the crack in the downstairs office and mold abatement fixed. This was our top priority as we need to make sure that we are operating a safe facility for the community.

Through several grants, we have also been able to achieve so much progress, including renovating the upstairs kitchen and downstairs kitchen, and even some paint upgrades (which are continuing) throughout the facility. We are also excited to unveil new, more inclusive programming to our members – see our upcoming events page for more information.

All of these things were no small feat, and these remarkable improvements were accomplished with our amazing Executive Director Kathy at the helm. We have appointed Kathy to direct all day-to-day operations and decisions at the facility. We could not be prouder of all that she has accomplished. Kathy's hard work and dedication echoes our mission statement, "CCLA operates a volunteer-based, vibrant and inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community," as she is constantly working to improve the facility and serve multiple demographics in our community. Thank you, Kathy!

Looking forward to more great things to come and hope to see you soon at the centre.



Morgan Harper, MBA


Vice-President, Cedarbrae Community League Association

BRAIN GAMES

SUDOKU

6	5	9		1		2	8	
1				5			3	
2			8				1	
			1	3	5		7	
8			9					2
		3		7	8	6	4	
3		2			9			4
					1	8		
		8	7	6				

SCAN THE QR CODE FOR THE SOLUTION



Cleanup Thank-You

Thank you to all of our amazing volunteers. You made the Fall Community Cleanup event an absolute hit – again! We couldn't have done it without your hard work. And a special thank-you to our event organizers, Shelley Pears and John Seagrave; you give back to the community every year through your leadership and dedication to this event. Our community and residents are thankful for all that you do!



mybabysitterlist

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

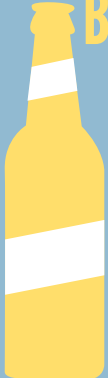
Visit mybabysitter.ca and find available babysitters in and around your community.



FALL DROP & GO BOTTLE DRIVE

Saturday, October 14
10 AM - 2 PM

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NOVEMBER 25th
9 AM - 4 PM

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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GAMES & PUZZLES

Halloween Edition

1. In the 1800s, these immigrants brought the tradition of Halloween to the US.
2. Based on Stephen King's novel, this 2017 film is the highest grossing horror movie of all time.
3. The two Ms in M&M's candy-coated chocolates stand for _____ and _____.
4. In the *Halloween* film series, a mask of this *Star Trek* character was spraypainted and worn by serial killer Michael Myers.
5. Jack-o'-lanterns were originally carved out of _____.
6. Stephen Clarke holds the Guinness World Record for fastest carved pumpkin, completing it in _____ seconds.



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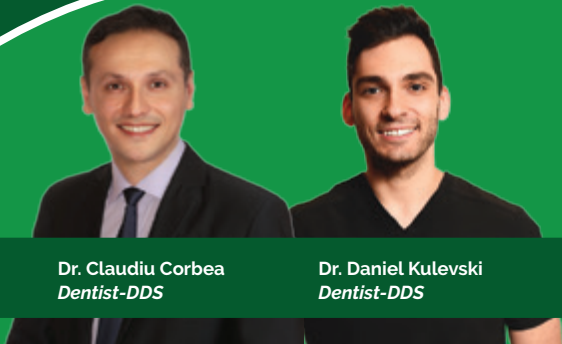
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www.oakridgecrossingdental.ca**



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Dr. Claudiu Corbea
Dentist-DDS

Dr. Daniel Kulevski
Dentist-DDS

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Thursday 7:30 AM to 3:30 PM
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Saturday* 9 AM to 3 PM
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