

SEPTEMBER 2023

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myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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soccerclub

We are the official youth soccer provider for: **Auburn Bay, Canyon Meadows, Cranston, Deer Ridge, Deer Run, Evergreen, Lake Chaparral, Langdon, Legacy, Mahogany, Marquis De Lorne, Queensland, and Walden.**

YOUR LOCAL SOCCER PROVIDER U4-ADULT

DEVELOPING EXCELLENT PLAYERS AND OUTSTANDING PEOPLE

- Canadian Soccer Association - Youth Club License holder.
- Only Calgary Club with 2 turf indoor training facilities. Full size 11v11 Turf Fieldhouse and Turf Training Skills Center.
- Professionally qualified Phase Area Managers at every age group (U4-Adult) (Canada and Europe Qualifications).
- In-house Sport Science program to develop athleticism and prevent injuries.
- Coaching Mentorship and Certification Programs for ALL U4-Adult Coaches.



- Verifiably Calgary's best soccer program with more resources and pathways to pro-am leagues for boys and girls.
- 8 Canadian National Youth Championships won.
- Foothills WFC is the highest level of women's soccer in Canada and 2022 UWS Western Conference Champions.
- One of two founding franchises for the Project 8 women's professional league launching in 2025.

INDOOR 2023/2024 REGISTRATION: Program details and online registration available **AUGUST 15TH TO SEPTEMBER 30TH** at www.gofoothills.ca



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at South Calgary Community Church



Our COMPLIMENTARY DINNER includes all the fixin's, drinks and dessert. Just let us know you are coming.. Register at www.southcalgary.church/dinner or call us at (403) 281-6755 during office hours.

Thursday, September 28 - 5:30pm to 7:30pm



2900 Cedarbrae Drive SW • T2W 3S9
www.southcalgary.church • (403) 281-6755

UPCOMING COMMUNITY PROGRAMS AND EVENTS

Book Club

Occurs the first Tuesday of every month, open to all ages. Open discussion is meant to encourage connection between fellow book lovers. Have a great book you would like to recommend for Book Club? Email us at info@mycedarbrae.ca.

Tuesday, October 3 from 1:00 to 2:00 pm

Open discussion.

55+ Programs

Coffee & Connect – Every Monday from 10:00 am to 12:00 pm in the Parkview Room

Cards & Games – Every Monday from 1:00 to 4:00 pm in the Parkview Room

Upcoming Community Events

Volunteer Engagement and Garden Reveal Saturday, September 23 from 10:00 am to 3:00 pm

Calling all Cedarbrae residents! Please join the board of directors and fellow residents for this special community event as we connect over volunteerism and engagement in our community. We will also be celebrating the reveal of the Cedarbrae Community Centre Garden as we prepare for summer 2024. We look forward to connecting with you!

Cedarbrae Community Centre Charity Casino Elbow River Inn Casino, December 7 and 8

Volunteers wanted! Sign up as a casino volunteer to help support the Cedarbrae Community League Association! The annual Cedarbrae Community Centre Charity Casino keeps community centre costs affordable so that all members can stay active, meet new people, and play! Proceeds from your volunteerism will help pay for community activities such as Winterfest, seasonal markets, Stampede BBQs, seniors' groups, pickleball, sports equipment, and will keep the community ice rink free for all residents and provide a fun and safe hub for residents to gather.

**Volunteers must be 18 years or older.

**Valid picture ID is required when volunteering.

Stay tuned for more information on this upcoming event: Winter Drop & Go Bottle Drive – November 2023

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



CEDARBRAE CHARITY CASINO

Volunteers Needed

Volunteer today for the upcoming Cedarbrae Community Centre Charity Casino held at the

ELBOW RIVER INN CASINO ON DECEMBER 7 & 8, 2023

Sign up for available casino shifts and help support the Cedarbrae Community League Association.

CASINO FUNDS KEEP COSTS AFFORDABLE SO ALL COMMUNITY MEMBERS CAN STAY ACTIVE, MEET NEW PEOPLE, AND PLAY!

More Information : [403-251-2101](tel:403-251-2101) info@mycedarbrae.ca www.mycedarbrae.ca

**VOLUNTEERS MUST BE 18 YEARS OR OLDER.
**VALID PICTURE ID IS REQUIRED WHEN VOLUNTEERING.



Great Photos of Cedarbrae Wanted!

Send your photos to info@mycedarbrae.ca



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Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Cedarbrae Community League Association Board of Directors

To contact our board of directors, please email info@mycedarbrae.ca.

Cedarbrae Community League Association board meetings are held on the second Wednesday of every month, including summer, at 7:00 pm on the second floor of the Cedarbrae Community Centre (11024 Oakfield Drive SW). All current Cedarbrae Community League Association members are welcome to attend. If you are interested in attending a board meeting as an observational guest or to purchase your membership, please email us or stop by the centre today!

If you have community concerns you would like added to our agenda, please submit them via email and include your contact information for follow up or additional questions.

October of 2022 saw a new team of directors that have been elected to work on behalf of the residents and community of Cedarbrae. As a diverse and dedicated group that will work together to serve our centre, we know that Cedarbrae is a great place to live, play, and raise a family. We look forward to finding new ways of benefitting the centre and the community of Cedarbrae.

Board of Directors

President	Vacant
Vice President	Morgan Harper
Treasurer	Carter Little
Secretary	Vacant
Director of Grant Writing	Vacant
Director of Events	Ashley Clifford
Director of Community Relations	Rahul Garambha
Director at Large	Vacant
Director of Communications	Maxine Sephton
Director of Memberships	Vacant
Director of Volunteers	Vacant

Cedarbrae Community Centre Contacts

Executive Director	Kathy Zabaneh 403-251-2101 info@mycedarbrae.ca
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Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at www.mycedarbrae.ca, or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

SCAN HERE TO VIEW ADDITIONAL
CEDARBRAE CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



MyCedarbrae Blog

A Place for All Things Cedarbrae

We want to share your stories and experiences of living in Cedarbrae! We will also take nominations for outstanding members of the community and highlight community centre volunteers of the month. If you would like to be interviewed or have a wonderful neighbour who you would like to nominate, please email our director of communications at maxines@mycedarbrae.ca or visit our website, www.mycedarbrae.ca, for more information.

COME VISIT OUR NEW

COMMUNITY SPACE

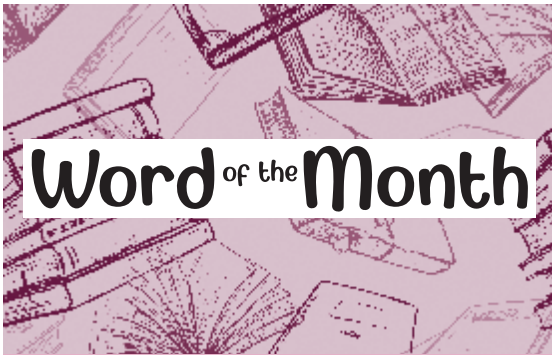
SATURDAY
SEPTEMBER 23, 2023
10:00AM - 3:00PM

Come check out our new community space on the north side of the community centre on September 23, 2023

CEDARBRAE COMMUNITY CENTRE
11024 OAKFIELD DRIVE SW



FOLLOW OUR PROGRESS HERE



Word of the Month

Metanoia: *noun*
(met-uh-noi-uh)


A transformative change of heart.

“Upon finishing her book, Alice experienced a metanoia.”

BRAIN GAMES SUDOKU

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	5	8					6	
4	3		5	8			7	

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GAMES & PUZZLES

Guess That Animal!

1. Male _____ are the only creatures in the animal kingdom to undergo pregnancy and give birth.
2. This tree-hugging marsupial's fingerprints are almost indistinguishable from humans', which has confused some forensic crime scene investigators.
3. This monogamous species mates for life and courts one another by gifting each other pebbles.
4. This large rodent is one of the friendliest in the animal kingdom and has been known to befriend crocodiles, monkeys, dogs, and even humans!
5. The _____ is the only mammal that can truly fly and not simply glide.
6. _____ are the only venomous primates; their armpits secrete venom that they lick to coat their teeth before attacking and biting.



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Dentist-DDS

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SATURDAY, SEPTEMBER 30, 2023 - 7PM

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