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The Simpsons



The Simpsons made their grand debut on Fox with the holiday episode "Simpsons Roasting on an Open Fire" on December 17, 1989. That means Homer, Marge, Bart, Lisa, and Maggie have been making us laugh for 35 years – and counting!

BRAIN GAMES				SUDOKU				
1				4	3		6	5
9		6	1		2			
		3			6	1		
5								
6				8	1		5	
	8		6				7	1
3	2						1	
	6			1	7			
				6			9	

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Cedarbrae Community League Association

Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at www.mycedarbrae.ca, or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Cedarbrae Community League Association Board of Directors

Board of Directors

President	John Seagrave
Vice President	Anna Aubrecht
Treasurer	Darrell Ogden
Secretary	Belinda Halischuk
Member at Large	Frank Forte
Member at Large	Cathie Heys
Member at Large	Cathy Roczkowsky
Member at Large	Joyce Wright

Cedarbrae Community Centre Contacts

Executive Director	Ariel McDuff 403-251-2101 info@mycedarbrae.ca
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Eye Matey!



It is common for media to portray pirates wearing eye patches, but it is likely not for the reasons you think! Eye patches were used to keep one eye adjusted to low light conditions so when the pirate went below deck, they could immediately see by swapping the eye patch to the other eye. What a bright eye-dea!

Newly Elected CCLA Board of Directors

On November 13, the members of CCLA elected a new board of directors for the 2024/2025 term. Eight people have stepped forward to steer the community centre along with a new General Manager, Ariel McDuff. A new Program Director, Paige Scalet, along with our new Recreational Assistant, Ethan Minde have joined the team. Please make them all feel welcome.

The board and our new staff will be working together to move the centre forward with regular programs. We will spend the next year enhancing the Recreational Pickleball program. Special events already in the works are Winterfest, Stampede Luncheon, Community Cleanup, and starting some teen programs. Yes, even bringing back the meet the neighbour family nights and the ever-popular Jellybean dances. We all have the best interests of Cedarbrae and its members, and community spirit in mind.

If you have any suggestions for a special event or program you would like to see at the centre, reach out either in person or via email at info@mycedarbrae.ca. If you would like to volunteer to organize an activity, let us know!

[Alfred] Nobel Prize

The very first Nobel Prize award ceremony took place on December 10, 1901. These were created due to Alfred Nobel's will and his interest in science, society, and culture, and are described as prizes given for "the greatest benefit to humankind."



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Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

UPCOMING COMMUNITY PROGRAMS AND EVENTS

Volunteers needed to host the following program: Parent and Tots. If you are interested in hosting this program, please email info@mycedarbrae.ca or call 403-251-2101 to let us know.

Parent and Tots - Started in October

Every Wednesday, from 10:00 am to 12:00 pm.

For parents and children, six and under! There is a \$2 drop-in fee or is free with your Cedarbrae Community League Association Membership. Please note, this is not a structured play time but rather a space for parents to gather while kids play.

Community Coffee

Community members of all ages are invited for coffee and conversation every Monday from 10:00 am to 12:00 pm in the Parkview Room.

Seniors' Cards and Games

CCLA seniors are invited to play games from 1:00 to 4:00 pm in the Parkview Room. Currently offering Canasta. Looking for Crib players to join the group. Let us know if there is a game you would like to play?

Chair Yoga

9:30 am in the Parkview Room

Improve your strength, balance, flexibility, overall physical and mental health with yoga. There is a \$10 drop-in fee.

Mat Yoga

9:30 am in the Parkview Room

These sessions will suit the athlete who wishes to enhance balance, strength, and flexibility. There is a \$10 drop-in fee.

Upcoming Community Events

Follow us on Facebook, Instagram, or visit our website at www.mycedarbrae.ca for updates on events, programs, and volunteer opportunities.



CEDARBRAE COMMUNITY CENTRE PRESENTS

Ugly Sweater Holiday Spirit Jelly Bean Dance

DEC 14TH 5 - 8 pm



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AGES 2 - TEEN \$5 per child (under 2 free)

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Wednesday: 12:00pm - 8:00pm

Thursday: 11:00am - 7:00pm

Friday: 9:00am - 5:00pm

Saturday: 9:00am - 4:00pm

Sunday: Closed

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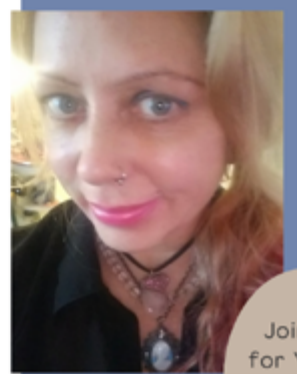
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I've been teaching yoga full time for 15 years now. It kept my dance career alive while I was performing and it helped me through an injury, teaching me the therapeutic importance of developing a dedicated practice to heal from and to prevent injury.

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Looking forward to sharing this practice with you..
Namaste... Valarie...



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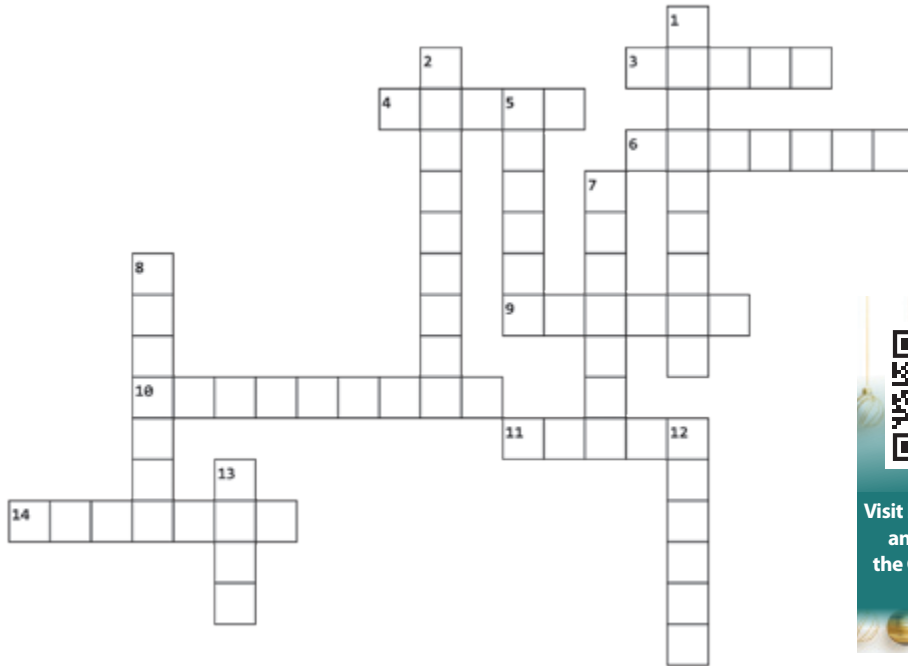


ALL I WANT FOR CHRISTMAS IS YOU

On December 21, 2019, Mariah Carey officially 'defrosted' when her song "All I Want for Christmas Is You" finally topped the Billboard Hot 100 chart for the first time since its release in 1994. Talk about a Christmas miracle - 25 years in the making!



December Crossword



Across

3. On December 5, 1991, Jostein Gaarder's novel, *Sophie's _____*, was published and tells the story of a Norwegian teenager on a journey of discovery about the history of philosophy.
4. *Driving Miss _____*, starring Morgan Freeman as a chauffeur to an elderly widow played by Jessica Tandy, was released on December 13, 1989.
6. Canadian singer, Nelly _____, was born on December 2, 1978, in Victoria, British Columbia.
9. This Christmas tree decoration, originally made from real silver that was shredded, was first invented in Germany in 1610.
10. December's official birthstone has the same name as the colour that it is.
11. Dr. Martin Luther King Jr. was awarded the Nobel _____ Prize on December 10, 1964.
14. James Cameron's _____ was first released on December 19, 1997, and is one of the highest-grossing films ever.

Down

1. International _____ Day was mandated by the UN General Assembly in 1985 and takes place every year on December 5.
2. December's birth flowers are the _____ (also known as paperwhites) and the holly.
5. On December 24, 1818, a choir in Austria first performed the popular Christmas carol "_____ Night".
7. This annual holiday celebrating African American culture is observed from December 26 to January 1.
8. On December 29, 1989, the Associated Press named hockey player Wayne Gretsky and tennis player _____ Navratilova Best Athletes of the Decade.
12. Canadian actor and comedian, _____ Levy, was born on December 17, 1946, in Hamilton, Ontario.
13. On December 1, 2003, the final film of *the Lord of the Rings* trilogy, *The Return of the _____*, premiered in New Zealand.



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