

APRIL 2025

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# myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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**403-251-1522**

**Charles Gulley, DD, F.C.A.D.**  
Denturist, Denture Specialist



MANY OTHER PACKAGES AVAILABLE!

# BATHROOM RENOVATION SALE

## SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$15,679*

**SALE \$11,679**

*Limited Supplies*

## SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,789*

**SALE \$13,879**

*Limited Supplies*

**We Also Specialize in En Suites & Custom Bathrooms**

**PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!**



**WESTERN BATHROOMS & RENOVATIONS**

*Serving Calgary since 1989*

**403-257-3222 | WWW.WESTERNBATHROOMS.CA**

**All Labour & Material Included**

All packages pertain to standard size bathrooms

# Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

## Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

## Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

## Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at [www.mycedarbrae.ca](http://www.mycedarbrae.ca), or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

## SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

### News, Events, & More



### Crime Statistics



### Real Estate Statistics



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



# Cedarbrae Community League Association Board of Directors

## Board of Directors

President	John Seagrave
Vice President	Anna Aubrecht
Treasurer	Darrell Ogden
Secretary	Belinda Halischuk
Member at Large	Frank Forte
Member at Large	Cathie Heys
Member at Large	Cathy Roczkowsky
Member at Large	Joyce Wright

## Cedarbrae Community Centre Contacts

General Inquiries	info@mycedarbrae.ca 403-251-2101
Office Hours	Monday to Friday 9:30 am to 3:00 pm

# Cedarbrae Community League Association News

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Tuesday of every month at 6:30 pm, with the exception of July and August.

Thanks to the countless volunteer hours contributed by the CCLA Board and many other volunteers, we are able to offer a vibrant and thriving community centre. Our centre provides recreational, social, and educational opportunities to the residents of Cedarbrae, and by extension, to all citizens of Calgary.

Looking ahead, the Board of Directors is already planning exciting programs for the upcoming summer, fall, and winter seasons! We are seeking fresh ideas and talented individuals who are eager to share their time and expertise to help bring these initiatives to life. If you have a passion for making a difference or possess skills that could enhance our programs, we would love to hear from you. Together, we can create lasting, memorable experiences for everyone.

To get involved or for more information, visit [mycedarbrae.ca](http://mycedarbrae.ca), email us at [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca), or call 403-251-2101.



# OFFICIAL

## PLUMBING & HEATING

Plumbing Services  
Furnace Install & Repair  
Drain Cleaning  
Boiler Install & Repair  
Electrical

\$50

Service Call Fee



403-837-4023

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

## Say Cheese! It's Grilled Cheese Month!



April is celebrated as Grilled Cheese Month, a perfect time to indulge in a gooey and perfectly toasted sandwich. Why not honour this tasty tradition with your favourite cheesy creation all month long?

CEDARBRAE COMMUNITY  
CENTRE

# Spring MARKET

SUNDAY APRIL 13TH  
11 AM - 4PM

**VOLUNTEERS NEEDED**

USE THE QR CODE BELOW OR VISIT OUR  
WEBSITE TO SEE THE VOLUNTEER  
OPPORTUNITIES AVAILABLE DURING  
THE SPRING MARKET

[WWW.MYCEDARBRAE.CA](http://WWW.MYCEDARBRAE.CA)



## GAMES & PUZZLES

### Guess the Flower!

1. This flower's colour depends on the acidity of the soil.
2. Named after the Greek messenger of the gods, this flower comes in nearly all colours of the rainbow except red.
3. Despite misconceptions, this spring-blooming bulbous plant is not officially the Dutch national flower.
4. This prickly pink plant became Alberta's floral emblem in 1930.
5. The national flower of South Africa belongs to one of the oldest families of flowering plants on Earth – approximately 300 million years!
6. This flower's Greek name, Galanthus, translates to "milk flower".



SCAN THE QR  
CODE FOR THE  
ANSWERS!

**Kite Day and  
Box Lunch  
Community  
Social**

**Upcoming Event  
Saturday May 31st  
11am - 2pm  
Cedarbrae Community  
Centre**

Keep watching  
[www.mycedarbrae.ca](http://www.mycedarbrae.ca)

[www.kilbco.com](http://www.kilbco.com)

## CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

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**8:30 - 10:30PM**

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NO ONES WINNING THE STANLEY CUP HERE!

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403-669-6739 OR [SUART@SHAW.CA](mailto:SUART@SHAW.CA)



**CEDARBRAE COMMUNITY CENTRE**

**Spring**

**MARKET AND BAKE SALE**

**SUNDAY APRIL 13TH  
11 AM - 4PM**

**11024 OAKFIELD DR SW, CALGARY, AB T2W 5G6**

<https://www.mycedarbrae.ca/>



## Using 3-1-1 in Calgary

There is some confusion regarding citizens using 3-1-1. So, when should we call 3-1-1 and what happens when we do.

Calling 3-1-1 should be for bylaw related issues, these include potholes, waste removal, street cleaning, weeds out of control, even your city tax questions. When 3-1-1 is called a case file is opened on their system. The case file is then handed over to the proper department to deal with your issue. At that time the 3-1-1 system shows it as closed, and you received notification of it being closed. This does not mean your case is closed it means that it has been transferred to the correct people.

The City is working on this misconception to make the process more transparent. When we appear not to get action on our issue because of a closed file we should not call the Councillor's office. This is for policy issues and bylaws. Policies and procedures.

### Policing Summit March 2025

Recently several community members were invited to attend a policing summit. The police and the commission are working on the 28 recommendations on the downtown core.

They are working hard to get to the root of peoples' addiction to break the cycle of treatment, and re-abusing drugs or alcohol and getting people off the streets. They have seen a 15% reduction in violent crime, 12% decrease in mental health calls, and 80% less drug poisonings.

One thing that we can do is to report prowling's, destruction of property etc. Cedarbrae is considered a low crime area therefore we see a lower police presence. If we do not report we will not see police and our crimes will not get into the statistics, therefore, we will not get the policing. So, if you see a prowling, vandalism, or a break-in please go online or pick-up the phone and report it!



## Joke of the Month



**Dressed Up**

**What does a house wear?  
Address.**

## PLUMBER



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Cedarbrae Community Centre

# COMMUNITY GARDEN

Garden plot rentals open March 15th

- Each plot measures 4ft x 10ft
- Cost is \$40 for the season
- Limit 1 per household

Visit [mycedarbrae.ca](http://mycedarbrae.ca) to request a plot

or

Contact [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)  
for more information





CEDARBRAE  
COMMUNITY  
CENTRE

# Yoga With Val

Join our wonderful instructor  
Val for a relaxing and  
rejuvenating class.  
Participants of all ages and levels  
welcome



9:30am - 10:30am



Tuesdays and Thursdays



Cedarbrae Community Centre  
11024 Oakfield Dr SW



Tuesdays: Floor Yoga

Thursdays: Chair Yoga

\$10 Drop-in



403-251-2101



mycedarbrae.ca



Dr. Crystal Cobb is now accepting patients

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Scan the QR code below to book an appointment with our doctors.

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**HELP KEEP LOVE IN THE HOME**

ELDERDOG CANADA

ElderDog Canada is a national registered charity whose mission is to assist and support older adults in the care and wellbeing of their dogs.

We have a vibrant presence here in Calgary! Reach out to us if you are a senior in need of dog care support (dog walking, transportation to a groomer/ vet clinic), to volunteer with us, or for more information at [calgaryldr@elderdog.ca](mailto:calgaryldr@elderdog.ca).

*Help us provide assistance to people and dogs in need.*

**Learn more:**

[facebook.com/elderdogyc](https://facebook.com/elderdogyc)
[@elderdogyc](https://instagram.com/elderdogyc)
[elderdog.ca](https://elderdog.ca)

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## Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.



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#### Call us now

(403) 256-9282

#### Email us

info@jacksonjackson.ca

contact@jacksonjackson.ca



[www.jacksonjackson.ca](http://www.jacksonjackson.ca)



**COMMUNITY  
COFFEE**

MONDAYS 10AM-12PM  
MEMBERSHIP NOT REQUIRED

Parkview Room

[info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)

CEDARBRAE COMMUNITY CENTRE

**SENIORS  
CARDS**

MEMBERSHIP REQUIRED

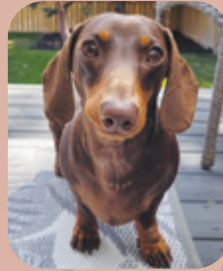
Make time for fun

Mondays: 1pm-4pm  
Parkview Room

Games to Play  
**BRIDGE, CRIB, CANASTA**

More information: 402-231-2305 or [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)

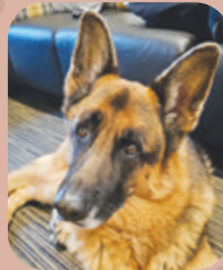
## Cats, Canines, & Critters of Calgary



Chestnut,  
Canyon Meadows



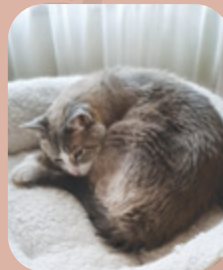
Clifford, Patterson



Essex, Bridlewood



Harry, Rosscarrock



Max, Woodlands



Peanut, Signal Hill



Roxy, Woodlands



Tony, Quarry Park

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# BUSINESS CLASSIFIEDS

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**J'S LAWNS - RELIABLE, PROFESSIONAL LAWN CARE:** Enjoy a beautiful, well-maintained lawn without the hassle. Every cut includes precision mowing, trimming, and edging for a clean, polished look. Our expert team provides dependable, high-quality service at a fair price. Call 403-993-7680 or visit [www.jslawnsandtrees.ca](http://www.jslawnsandtrees.ca) today for easy, worry-free lawn care!



**the Gutter Doctor** 403-714-0711  
[gutterdoctor.ca](http://gutterdoctor.ca)

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## Word of the Month



**Ebullient: adjective**  
**(ih-buhl-yuhnt)**

**Liveliness, enthusiasm,**  
**overflowing with excitement.**

**He was in quite**  
**an ebullient mood.**

# GET NOTICED

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