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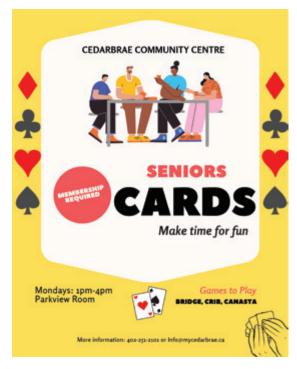
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## **Cedarbrae Community League Association Board of Directors**

Board of Directors			
President	John Seagrave		
Vice President	Vacant		
Treasurer	Vacant		
Secretary	Vacant		
Member at Large	Joyce Wright		
Member at Large	Mae Pears		
Member at Large	Cathy Roczkowsky		
Member at Large	Deborah Collis		
Cedarbrae Community Centre Contacts			

General Inquiries info@mycedarbrae.ca

Office Hours

Monday to Friday
10:00 am to 3:00 pm

Weekends
By appointment only

A big thank you goes out to all of our past Board members: Anna Aubrecht, Darrell Ogden, Belinda Halischuk, and Cathie Heys.

Your work has made a real impact and made Cedarbare a better place to live. Well done!

#### SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT







# Cedarbrae Community League Association News

This past month was a busy month at our Community Centre! Our Annual General Meeting, Christmas Market, learn to play Mahjong classes, a Blood Donor Clinic, a drive to gather donations for the Veteran's Food Bank, and other events. A big thank-you goes out to all of you that participated and all the dedicated volunteers who make it all happen, well done! We love to see the Centre full and busy with a variety of events and programs.

Our Annual General Meeting was sadly a bellwether for the state of resident involvement in Cedarbrae. With a population of nearly 6,000 (as of the 2021 census) only about 50 people chose to attend. We're better than that Cedarbrae! As ever, we ask that you get involved, have your voice heard, and be the change you want to see in the world!

This month will see our Family Break/Winter Break event on December 30. Weather permitting, we'd like to build some snow forts and snowmen, if the weather doesn't cooperate, we'll have games and puzzles indoors. Come join us for some family fun during the school break. The indoor season of Pickleball is now in full swing. Watch for updates as we offer Beginners classes and potentially some sessions for older children as well.

All the events happening at the Centre are only possible thanks to the hard work and dedication of our amazing volunteers. Are you looking to improve your skills? Want to add some volunteering to your resume or school applications? We welcome you to come find an opportunity to share your expertise and passion with your community! We are currently looking for volunteers to paint the Centre's main floor kitchen. We'd also love to partner with a volunteer who is experienced in website design and maintenance. Get in touch if you'd like to take on this or another exciting new challenge!

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Tuesday of every month at 6:30 pm, with the exception of July and August. If you've marked your mailbox to exclude junk mail you may not receive this newsletter, please find extra copies at the Community Centre.

To get involved or for more information, visit mycedarbrae. ca, email us at info@mycedarbrae.ca, or call 403-251-2101.

#### December 2025 **Cedarbrae Community Centre**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee	9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time	9:00 am to 5:00 pm Pickleball 11:15 am to 12:00 pm Digital Instructor Chair	9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	9:00 am to 5:00 pm Pickleball
	1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball		6:00 to 8:00 pm Evening Pickleball	Exercise for Seniors  8:30 to 10:30 pm  Ball Hockey	6:00 to 8:00 pm Pickleball Beginners Training	
9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	9 11:00 am to 7:00 pm Host Blood Clinic 2:00 to 3:30 pm Safety Session with Rebecca No Pickleball!	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	9:00 am to 5:00 pm Pickleball 11:15 am to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong 6:00 to 8:00 pm Pickleball Beginners Training	9:00 am to 5:00 pm Pickleball 6:30 to 8:00 pm Jellybean Dance
9:00 am to 5:00 pm Pickleball 11:00 am to 1:00 pm and 2:00 to 4:00 pm Christmas Cookie Decorating	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 om Evening Pickleball	16 9:00 am to 3:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	9:00 am to 5:00 pm Pickleball 11:15 to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Majong	9:00 am to 5:00 pm Pickleball
9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	23 9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	9:00 am to 5:00 pm Pickleball 11:15 to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	26 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Majong	9:00 am to 5:00 pm Pickleball
28 9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	30 9:00 am to 5:00 pm Pickleball 9:30 am to 3:00 pm Winter Break - Family Break	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball			

# Volunteer Spotlight: Peter Berthiaume



#### **Becoming a Better Man**

Peter Berthiaume is a man who has seen and done a lot in his lifetime. Educated as an electrician, he took a left turn and spent several years as a member of the RCMP in both high-profile and day-to-day roles. Coming to Calgary in the '90s he restarted again as an electrician, self-

employed and involved in some big building projects in our downtown core. Restless still, in his middle age, Peter decided he wanted to live a life he could take greater pride in, he wanted to become a better man.

From that time until now, Peter has grown into someone others can rely on. You won't find his name on many formal lists of volunteers but lots of people in our community ended up with his phone number, and when we call, Peter answers. He considers himself a doer and has skills and experience that he shares with members of his community. Seeing the need, he's the man who

shows up to replace a light fixture, plan a project, offer a ride, do the physical work, give great advice, or even just a shoulder when its needed.

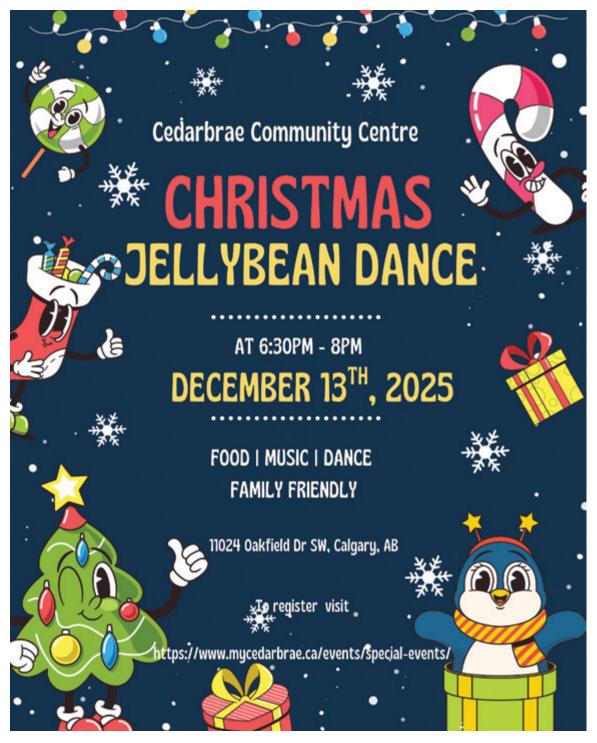
Like most of us, Peter has had low times in his life. Being self-aware, he was able to recognise and counter the dark times by giving more of himself to others. Lifting up others, being a man they can depend on, and showing up whenever there's a need has boosted Peter as well. He gives us a strong example of how to build up ourselves by lifting up others and making our neighbourhood a better place. This is how an individual grows roots in the community, recognising there's a need and showing up with the skills and experience that life has given you.

For those who want to follow Peter's example and become better people he has some great advice. Get involved, show up, and do the work you're able to do. The rewards are many, a greater social circle, personal growth, a sense of pride in a job well done among them. Peter is that guy who gets a wave as he drives down the street in Cedarbrae and someone always reaching for the best version of himself.

Thank-you Peter for all you've done and all the ways you continue to make Cedarbrae a better place!







# **Let's Talk About It Cedarbrae: Celebrations**





Our Cedarbrae seniors' group has done it again with a big Thanksgiving celebration! Meant for those who don't have an opportunity to attend or host a family celebration, the event was well attended with all the joyful hallmarks of Canadian Thanksgiving. The occasion featured a deliciously catered turkey dinner, spirited conversation, and live music kindly provided by Inga on her accordion.

Everyone pitched in at the end for tear-down and clean-up, many hands making light work and creating a real family atmosphere. It was enough of a success that we hope to do it all again this month for a Christmas dinner! Thanks to everyone who attended for making our Community Centre feel like home!



# **Cedarbrae Centre Rental Rates** 2025

#### Rooms:

Room	Regular rate	8+ Hours	16+ Hours	Damage	
	per hour			deposit	
Half-Gym	\$51	\$45.88	\$43.38	\$1,000	
Full Gym	\$85	\$76.50	\$72.25	\$1,000	
Only for sports					
not for events					
Parkview	\$45	\$40.50	\$38.25	\$400	
Dining: 20					
Seating: 35					
Gardenview	\$46	\$39.15	\$37.75	\$400	
Dining: 30					
Seating: 30					
Aspenview	\$42	\$35.75	\$34.45	\$400	
Dining: 28					
Seating: 30					
Aspen/	\$80	\$72	\$68	\$400	
Gardenview					
Rooms					
Dining: 58					
Seating: 60					

#### Add ons:

Add On	Rate per Hour
Audio/Visual	\$20
Kitchen	\$5



## ALBERTAWOOD

Hollywood isn't the only location to shoot great films; Alberta has become a popular backdrop for many beloved films over the years. Most recently *Die My Love* was filmed here but other blockbusters include *Brokeback Mountain*, *Jumanji: The Next Level*, *Cool Runnings*, *Inception*, *Interstellar*, *Legends of the Fall*, *The Revenant*. *Ghostbusters: Afterlife*, and many, many more!



#### Winter Break/ Family Break

Come and join us for a fun day while the kids are off school

Weather permitting we will build snowmen or forts, otherwise we are inside for games and puzzles

All school age children and (amilies are welcome.

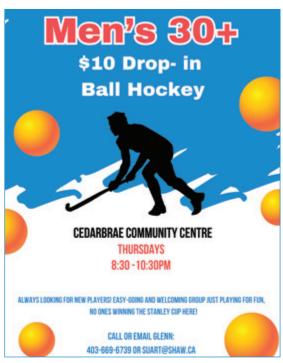
Child care not provided

December 30th, 2025 10.00 Am-3.00 Pm at the Cedarbrae Community Centre



Enjoy a Hot Chocolate or coffee and bag of Popcorn on us!!!!!







# CANTONESE MAHJONESE

STARTS JAN 2026.

BEGINNER LEARN TO PLAY

1- 3PM

CEDARBRAE COMMUNITY CENTRE
11024 OAKFIELD DR SW, CALGARY, AB



# Upcoming, Events



DEC

6-8:30PM Jelly Bean Dance DEC

COOKIE DECORATING DEC

2PM-4PM COOKIE DECORATING

DEC

20-31

Limited Hours at the Centre

JAN

Happy New Year

JAN

Regular Programs Resume

JAN

Cooking Class

TBA

MAC

Paint Night

FEB

TBA

Cooking Class

Cedarbrae Community Centre www.mycedarbare.ca

#### **Membership and Renewal**

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

#### **Our Mission**

The Cedarbrae Community League Association operates a volunteer-based vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold memberships to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Following the approval of the recent Cedarbrae Community League Association bylaw, we would like to inform you of an important update to the Cedarbrae Community League Association membership structure. Memberships are now issued per individual over the age of 18. This means that each adult in your household who wishes to be a member will need to hold their own membership.

Visit our website at https://www.mycedarbrae.ca/and buy your memberships today!

- Resident membership \$12
- Non-resident membership \$12

**Important notice:** memberships are renewed annually from the date of membership purchased.

#### **A Bittersweet Goodbye**



It's with sadness and gratitude that must say goodbye to one of our longterm seniors' group members. Clayton Brander. Clayton had been involved at the Community Centre for the last four years. He was known for his generosity, happy

smile, and storytelling. Despite his advanced age he was active and engaged, and he will be missed. Goodbye Clayton.







#### A Quick Thank-You

A quick thank you to all the bakers who participated in the Christmas Market Bake Sale. Thanks as well to all the volunteers who went out into the world to create a gorgeous stash of decorative tins. A lot of love and sugary treats went out into our community, thank-you all!





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