

DECEMBER 2025

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myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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- Stay in the home they love
- Leave a living inheritance

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MEMBERSHIP NOT REQUIRED

Parkview Room

info@mycedarbrae.ca



CEDARBRAE COMMUNITY CENTRE

SENIORS CARDS
Make time for fun

MEMBERSHIP REQUIRED

Mondays: 1pm-4pm
Parkview Room

Games to Play
BRIDGE, CRIB, CANASTA

More information: 402-251-2205 or info@mycedarbrae.ca

Cedarbrae Community League Association Board of Directors

Board of Directors	
President	John Seagrave
Vice President	Vacant
Treasurer	Vacant
Secretary	Vacant
Member at Large	Joyce Wright
Member at Large	Mae Pears
Member at Large	Cathy Roczkowsky
Member at Large	Deborah Collis

Cedarbrae Community Centre Contacts	
General Inquiries	info@mycedarbrae.ca
Office Hours	Monday to Friday 10:00 am to 3:00 pm Weekends By appointment only

A big thank you goes out to all of our past Board members: Anna Aubrecht, Darrell Ogden, Belinda Halischuk, and Cathie Heys.

Your work has made a real impact and made Cedarbrae a better place to live. Well done!

Cedarbrae Community League Association News

This past month was a busy month at our Community Centre! Our Annual General Meeting, Christmas Market, learn to play Mahjong classes, a Blood Donor Clinic, a drive to gather donations for the Veteran's Food Bank, and other events. A big thank-you goes out to all of you that participated and all the dedicated volunteers who make it all happen, well done! We love to see the Centre full and busy with a variety of events and programs.

Our Annual General Meeting was sadly a bellwether for the state of resident involvement in Cedarbrae. With a population of nearly 6,000 (as of the 2021 census) only about 50 people chose to attend. We're better than that Cedarbrae! As ever, we ask that you get involved, have your voice heard, and be the change you want to see in the world!

This month will see our Family Break/Winter Break event on December 30. Weather permitting, we'd like to build some snow forts and snowmen, if the weather doesn't cooperate, we'll have games and puzzles indoors. Come join us for some family fun during the school break. The indoor season of Pickleball is now in full swing. Watch for updates as we offer Beginners classes and potentially some sessions for older children as well.

All the events happening at the Centre are only possible thanks to the hard work and dedication of our amazing volunteers. Are you looking to improve your skills? Want to add some volunteering to your resume or school applications? We welcome you to come find an opportunity to share your expertise and passion with your community! We are currently looking for volunteers to paint the Centre's main floor kitchen. We'd also love to partner with a volunteer who is experienced in website design and maintenance. Get in touch if you'd like to take on this or another exciting new challenge!

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Tuesday of every month at 6:30 pm, with the exception of July and August. If you've marked your mailbox to exclude junk mail you may not receive this newsletter, please find extra copies at the Community Centre.

To get involved or for more information, visit mycedarbrae.ca, email us at info@mycedarbrae.ca, or call 403-251-2101.

SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



December 2025

Cedarbrae Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	2 9:00 am to 5:00 pm Pickleball	3 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	4 9:00 am to 5:00 pm Pickleball 11:15 am to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	5 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong 6:00 to 8:00 pm Pickleball Beginners Training	6 9:00 am to 5:00 pm Pickleball
7 9:00 am to 5:00 pm Pickleball	8 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	9 11:00 am to 7:00 pm Host Blood Clinic 2:00 to 3:30 pm Safety Session with Rebecca No Pickleball!!	10 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	11 9:00 am to 5:00 pm Pickleball 11:15 am to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	12 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong 6:00 to 8:00 pm Pickleball Beginners Training	13 9:00 am to 5:00 pm Pickleball 6:30 to 8:00 pm Jellybean Dance
14 9:00 am to 5:00 pm Pickleball 11:00 am to 1:00 pm and 2:00 to 4:00 pm Christmas Cookie Decorating	15 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 om Evening Pickleball	16 9:00 am to 3:00 pm Pickleball	17 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	18 9:00 am to 5:00 pm Pickleball 11:15 to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	19 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Majong	20 9:00 am to 5:00 pm Pickleball
21 9:00 am to 5:00 pm Pickleball	22 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	23 9:00 am to 5:00 pm Pickleball	24 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball	25 9:00 am to 5:00 pm Pickleball 11:15 to 12:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	26 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Majong	27 9:00 am to 5:00 pm Pickleball
28 9:00 am to 5:00 pm Pickleball	29 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 5:00 to 7:00 pm Evening Pickleball	30 9:00 am to 5:00 pm Pickleball 9:30 am to 3:00 pm Winter Break - Family Break	31 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time 6:00 to 8:00 pm Evening Pickleball			

Volunteer Spotlight: Peter Berthiaume



Becoming a Better Man

Peter Berthiaume is a man who has seen and done a lot in his lifetime. Educated as an electrician, he took a left turn and spent several years as a member of the RCMP in both high-profile and day-to-day roles. Coming to Calgary in the '90s he restarted again as an electrician, self-

employed and involved in some big building projects in our downtown core. Restless still, in his middle age, Peter decided he wanted to live a life he could take greater pride in, he wanted to become a better man.

From that time until now, Peter has grown into someone others can rely on. You won't find his name on many formal lists of volunteers but lots of people in our community ended up with his phone number, and when we call, Peter answers. He considers himself a doer and has skills and experience that he shares with members of his community. Seeing the need, he's the man who

shows up to replace a light fixture, plan a project, offer a ride, do the physical work, give great advice, or even just a shoulder when its needed.

Like most of us, Peter has had low times in his life. Being self-aware, he was able to recognise and counter the dark times by giving more of himself to others. Lifting up others, being a man they can depend on, and showing up whenever there's a need has boosted Peter as well. He gives us a strong example of how to build up ourselves by lifting up others and making our neighbourhood a better place. This is how an individual grows roots in the community, recognising there's a need and showing up with the skills and experience that life has given you.

For those who want to follow Peter's example and become better people he has some great advice. Get involved, show up, and do the work you're able to do. The rewards are many, a greater social circle, personal growth, a sense of pride in a job well done among them. Peter is that guy who gets a wave as he drives down the street in Cedarbrae and someone always reaching for the best version of himself.

Thank-you Peter for all you've done and all the ways you continue to make Cedarbrae a better place!

CEDARBRAE COMMUNITY CENTRE

TOT TIME

WEDNESDAYS FROM 9:30 TO 11AM

TOYS AND ACTIVITIES PROVIDED FOR CHILDREN AGES 15 MONTHS TO 5 YEARS

MEET OTHER PARENTS, HAVE COFFEE AND MINGLE

NO FEE OR MEMBERSHIP REQUIRED. ALL WELCOME.

FREE REFRESHMENTS WHILE SUPPLIES LAST.

NO CHILDCARE PROVIDED. CHILDREN MUST BE SUPERVISED AT ALL TIMES.

11024 OAKFIELD DRIVE SW, 403-251-2101, INFO@MYCEDARBRAE.CA

LITTLE GRANDMA'S BLUE COOKIES PRESENTS

Christmas Cookie Decorating

FUN FOR THE ENTIRE FAMILY AND YUMMY TREATS TO TAKE HOME

December 14th 11-1pm or 2-4pm 11024 Oakfield Drive SW

Register:
11 am - 1 pm <https://square.link/u/V31Ec8V>
2pm- 4pm <https://square.link/u/iLue3HvH>

Cost \$25 per Person

Ages 6-12 years need to be accompanied by an Adult



Cedarbrae Community Centre

CHRISTMAS JELLYBEAN DANCE

.....
AT 6:30PM - 8PM

DECEMBER 13TH, 2025
.....

FOOD | MUSIC | DANCE
FAMILY FRIENDLY

11024 Oakfield Dr SW, Calgary, AB

To register visit

<https://www.mycedarbrae.ca/events/special-events/>

Let's Talk About It Cedarbrae: Celebrations



Our Cedarbrae seniors' group has done it again with a big Thanksgiving celebration! Meant for those who don't have an opportunity to attend or host a family celebration, the event was well attended with all the joyful hallmarks of Canadian Thanksgiving. The occasion featured a deliciously catered turkey dinner, spirited conversation, and live music kindly provided by Inga on her accordion.

Everyone pitched in at the end for tear-down and clean-up, many hands making light work and creating a real family atmosphere. It was enough of a success that we hope to do it all again this month for a Christmas dinner! Thanks to everyone who attended for making our Community Centre feel like home!



Cedarbrae Centre Rental Rates 2025

Rooms:

Room	Regular rate per hour	8+ Hours	16+ Hours	Damage deposit
Half-Gym	\$51	\$45.88	\$43.38	\$1,000
Full Gym	\$85	\$76.50	\$72.25	\$1,000
Only for sports not for events				
Parkview	\$45	\$40.50	\$38.25	\$400
Dining: 20 Seating: 35				
Gardenview	\$46	\$39.15	\$37.75	\$400
Dining: 30 Seating: 30				
Aspenview	\$42	\$35.75	\$34.45	\$400
Dining: 28 Seating: 30				
Aspen/ Gardenview Rooms	\$80	\$72	\$68	\$400
Dining: 58 Seating: 60				

Add ons:

Add On	Rate per Hour
Audio/Visual	\$20
Kitchen	\$5



ALBERTAWOOD

Hollywood isn't the only location to shoot great films; Alberta has become a popular backdrop for many beloved films over the years. Most recently *Die My Love* was filmed here but other blockbusters include *Brokeback Mountain*, *Jumanji: The Next Level*, *Cool Runnings*, *Inception*, *Interstellar*, *Legends of the Fall*, *The Revenant*, *Ghostbusters: Afterlife*, and many, many more!



Winter Break/ Family Break

Come and join us for a fun day while the kids are off school

Weather permitting we will build snowmen or forts, otherwise we are inside for games and puzzles

All school age children and families are welcome.

Child care not provided

December 30th, 2025
10.00 Am-3.00 Pm
at the Cedarbrae
Community Centre



Enjoy a Hot Chocolate or coffee and bag of Popcorn on us!!!!

Recreational Pickleball

At the Cedarbrae Community Centre

Self-Rated, Casual Pickleball

New hours starting in September

2-hour sessions from 9AM

Until 5PM on weekdays and 3PM on weekends

Membership and registration required

Find more information at
MyCedarbrae.ca or scan
this QR code:



Men's 30+

\$10 Drop-in
Ball Hockey



CEDARBRAE COMMUNITY CENTRE
THURSDAYS
8:30 - 10:30PM

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403-669-6739 OR SUART@SHAW.CA

CEDARBRAE COMMUNITY LEAGUE ASSOCIATION

WANTED NEWSLETTER PHOTO SUBMISSIONS

We are accepting submissions for our monthly newsletter. Have a photo you want to share with the community? Send them to info@mycedarbrae.ca. Thanks!

LEARN TO PLAY CANTONESE MAHJONG

STARTS JAN 2026

BEGINNER LEARN TO PLAY
1 - 3 PM

CEDARBRAE COMMUNITY CENTRE
11024 OAKFIELD DR SW, CALGARY, AB

MEMBERSHIP
REQUIRED

SCAN TO REGISTER



Upcoming Events

DEC 13 6-8:30PM <i>Jelly Bean Dance</i>	DEC 14 11AM - 1PM COOKIE DECORATING	DEC 14 2PM-4PM COOKIE DECORATING
DEC 20-31 <i>Limited Hours at the Centre</i>	JAN 1 <i>Happy New Year</i>	JAN 5 <i>Regular Programs Resume</i>
JAN TBA <i>Cooking Class</i>	JAN TBA <i>Paint Night</i>	FEB TBA <i>Cooking Class</i>

Cedarbrae Community Centre
www.mycedarbrae.ca

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold memberships to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Following the approval of the recent Cedarbrae Community League Association bylaw, we would like to inform you of an important update to the Cedarbrae Community League Association membership structure. Memberships are now issued per individual over the age of 18. This means that each adult in your household who wishes to be a member will need to hold their own membership.

Visit our website at <https://www.mycedarbrae.ca/> and buy your memberships today!

- Resident membership - \$12
- Non-resident membership - \$12

Important notice: memberships are renewed annually from the date of membership purchased.

A Bittersweet Goodbye



It's with sadness and gratitude that we must say goodbye to one of our long-term seniors' group members, Clayton Brander. Clayton had been involved at the Community Centre for the last four years. He was known for his generosity, happy smile, and storytelling. Despite his advanced age he was active and engaged, and he will be missed. Goodbye Clayton.



A Quick Thank-You

A quick thank you to all the bakers who participated in the Christmas Market Bake Sale. Thanks as well to all the volunteers who went out into the world to create a gorgeous stash of decorative tins. A lot of love and sugary treats went out into our community, thank-you all!



Cedarbrae Community Centre, 11024 Oakfield Dr. SW, T2W 5G6

SAFETY BEGINS AT HOME

FREE INFORMATION SESSION FOR SENIORS AND FAMILIES

Home safety awareness & prevention

Must-have safety supplies & where to find them



Fire, choking, & radon risks and prevention

Home insurance tips before & after incidents

Special guest-to learn about home safety

Keep your home and loved ones safe, including pets!

HOSTED BY REBECCA WINKEL - WINK SAFETY CONSULTING LTD.

RSVP

December 9, 2025

2:00-3:30 PM



BRAIN GAMES

SUDOKU

	3	2		7				
7						1	3	
	5			3				7
		9	6					3
	7		8	9	5		6	
2					3	5		
4				1			9	
		7						
				8		3	1	

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K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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BLUE ROCK PSYCHOLOGY: Located at 8500 Macleod Trail SE (Heritage Square). We offer evidence-based therapy for adults, couples, and teens in a supportive, caring environment. Take the first step toward meaningful change. Learn more by visiting <https://bluerockpsychology.ca> or call 587-436-4797 to get started!

PERFECTION PRUNING: Have you been noticing that your trees and shrubs are in need of some care and attention? We can help make your yard look beautiful again! Experienced arborist with excellent climbing, pruning and removal skills. Free quotes and 100% satisfaction guaranteed! Call or text Caleb at 403-660-7475. www.perfectionpruning.com.

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