

FEBRUARY 2025

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# myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER



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# BATHROOM RENOVATION SALE

## SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$15,679*

SALE **\$11,679**  
*Limited Supplies*

## TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install one corner caddy with soap dish

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$13,679*

SALE **\$9,879**  
*Limited Supplies*

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# Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

## Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

## Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

## Memberships Options:

- **Household Membership - \$30:** A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- **Individual Membership - \$15:** A maximum of one adult over the age of 18.
- **Seniors - \$15:** A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at [www.mycedarbrae.ca](http://www.mycedarbrae.ca), or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

**SCAN HERE TO VIEW ADDITIONAL  
CEDARBRAE CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

# Cedarbrae Community League Association Board of Directors

## Board of Directors

|                 |                   |
|-----------------|-------------------|
| President       | John Seagrave     |
| Vice President  | Anna Aubrecht     |
| Treasurer       | Darrell Ogden     |
| Secretary       | Belinda Halischuk |
| Member at Large | Frank Forte       |
| Member at Large | Cathie Heys       |
| Member at Large | Cathy Roczkowsky  |
| Member at Large | Joyce Wright      |

## Cedarbrae Community Centre Contacts

|                    |   |
|--------------------|---|
| Executive Director | Ariel McDuff<br>403-251-2101<br>info@mycedarbrae.ca |
| General Inquiries  | info@mycedarbrae.ca                                 |


# Cedarbrae Community League Association News


The Cedarbrae Community League Association (CCLA) is led by a volunteer Board of Directors, nominated by the members of our community association.

It is through the countless volunteer hours donated by the CCLA Board of Directors and the many volunteers of the CCLA that we can bring a vibrant and viable community centre that provides recreational, social, and educational opportunities for the residents of Cedarbrae and by extension, the citizens of Calgary.


The Board of Directors meet at the Cedarbrae Community Centre on the second Sunday of every month at 10:00 am with exceptions of July and August. For more information visit [mycedarbrae.ca](http://mycedarbrae.ca).

If you have any suggestions for a special event or program you would like to see at the centre, reach out either in person or via email at [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca). If you would like to volunteer to organize an activity, let us know!



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[official-plumbing-heating.ca](http://official-plumbing-heating.ca)

**Word of the Month**

**Eudaemonia: noun (yoo-di-moh-nee-uh)**

Happiness, well-being, good spirit.

*We are all trying to experience Eudaemonia.*



**CEDARBRAE  
COMMUNITY  
CENTER**



# TOT TIME

**WEDNESDAYS  
9:30-11:00**

***\$2 drop-in for non-members,  
free for members***

Attention all parents, grandparents and other caregivers! Drop-in and enjoy a cup of coffee or tea while your little ones explore and play. This is an open play session geared towards toddlers under the age of 5, caregiver supervision is required at all times.



## INFORMATION



403-251-2101



11024 Oakfield Dr SW,  
Calgary, AB



<https://www.mycedarbrae.ca/>



# COMMUNITY COFFEE



MONDAYS 10AM-12PM  
MEMBERSHIP NOT REQUIRED

Parkview Room

[info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)

# UPCOMING COMMUNITY PROGRAMS AND EVENTS

## Current Programs

### Tot Time

Wednesdays, 9:30 am

Open to the Public

\$2 drop-in fee, free for CCLA members

Attention all parents, grandparents, and other caregivers! Drop-in and enjoy a cup of coffee or tea while your little ones explore and play. This is an open play session geared towards toddlers under the age of 5, caregiver supervision is required at all times.

### Hobby Hangout

Thursdays, 1:00 pm

Open to the Public

Join us at Hobby Hangout to unwind, explore new interests, or share your passions. We will alternate each week between Yarn and Yammer, a fibre arts hangout, and Fun with Pieces, a jigsaw puzzle group. Starting with Yarn and Yammer on February 6.

### Community Coffee

Mondays, 10:00 am

Open to the Public

You are invited to join fellow community members of all ages for a cup of coffee and conversation. Get to know your neighbours in a relaxed and inviting setting.

### Seniors' Cards and Games

Mondays, 1:00 pm

Members Only

Get out and have some fun Monday afternoons, join other CCLA seniors for cards and games. Current games on offer include Crib, Canasta, and Bridge but you're always welcome to bring your own!

### Yoga

Mat Yoga: Tuesdays, 9:30 am

Chair Yoga: Thursdays, 9:30 am

\$10 drop-in

Join experienced yoga teacher, Valerie, to improve your strength, balance, flexibility, and overall physical and mental health.

## Upcoming Classes

### Gardening 101

Saturdays, 9:30 to 11:30 am

February 22 to April 12

\$80 non-members, \$70 for members

Join horticulturist Deborah VanDeventer for this hands-on beginner's series on Calgary gardening. She will guide you through everything you need to know to get started and enjoy the rewards of gardening.

For more information or to register, please contact Paige at [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca).

## Upcoming Events

### Winter Festival

February 17, 11:00 am to 3:00 pm

Join us for a free family event to celebrate a beautiful winter. Enjoy games and crafts, ice skating, music, a concession, and warming firepits. Winter equipment available to borrow.

### Stay Tuned For

- Meet the Neighbours - April 2025
- Spring Market and Craft Day - April 2025
- Family Social and Kite Making - May 2025

Follow us on Facebook at "Cedarbrae Community Centre", Instagram at "MyCedarbrae Community Centre" or visit our website [mycedarbrae.ca](http://mycedarbrae.ca) for updates on events and programs.



## PLUMBER



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# YARN AND YAMMER



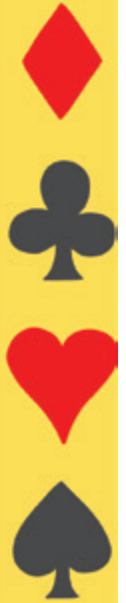
Meet bi-weekly  
to share your  
passion,  
exchange ideas,  
and connect with  
fellow yarn lovers  
in a fun, relaxed  
setting.

**1PM- 3PM  
EVERY  
SECOND  
THURSDAY  
STARTING  
JANUARY 9TH**

## **MORE INFORMATION:**

403-251-2101  
info@mycedarbrae.ca

CEDARBRAE COMMUNITY CENTRE



MEMBERSHIP  
REQUIRED

# SENIORS CARDS

*Make time for fun*

Mondays: 1pm-4pm  
Parkview Room



*Games to Play*  
**BRIDGE, CRIB, CANASTA**

More information: 402-251-2101 or [Info@mycedarbrae.ca](mailto:Info@mycedarbrae.ca)



# FUN WITH PIECES

JOIN US BI-WEEKLY FOR A RELAXING AFTERNOON WHERE  
PUZZLE ENTHUSIASTS OF ALL SKILL LEVELS CAN  
COLLABORATE AND HAVE FUN WORKING TOGETHER ON  
PUZZLES

1-3 PM  
ALTERNATING THURSDAYS  
STARTING JANUARY 16TH



**MORE INFORMATION:**

403-251-2101

[INFO@MYCEDARBRAE.CA](mailto:INFO@MYCEDARBRAE.CA)

## Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities, classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.



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**Email us**  
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**www.jacksonjackson.ca**

*Cedarbrae Community Centre*  
*presents*

**FEB 17th 11-3pm**

# Winter Festival

**ICE SKATING**

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loaner snow shoes skates sleds  
available)

11024 Oakfield Dr SW  
403 251 2101 [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)

**FREE FAMILY FUN EVENT**



# Gardening 101

## 8 Class Series

Saturdays 9:30-11:30

February 22- April 19

\$80 non-members,

\$70 Members



Join horticulturist Deborah VanDeventer for this beginners series on Calgary gardening. She will guide you through everything you need to know to get started and enjoy the rewards of gardening.

For more information and to register please contact [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca)

## Cats, Canines, & Critters of Calgary



Basha and Molly, Elbow Scene



Daisy Nulo and Nulo Pickles, McKenzie Towne



Howie and Pepper, Crestmont



Tucker and Bentley, McKenzie Towne

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**AFFORDABLE DENTAL CARE MINUTES FROM CEDARBRAE!** Dental care that's affordable, accessible, and essential. Minutes from Cedarbrae. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit [www.calgarydentalcenters.com](http://www.calgarydentalcenters.com).

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# WEST PEAKS DENTAL SUITE

Dr. Crystal Cobb is Joining the West Peaks Dental Team!

Dr. Cobb starts in January, call or scan the QR code to book an appointment with her today!

Book Now



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