myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER





Western Bathrooms & Renovations Serving Calgary since 1989

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All Labour & Material Included

*Find our ad inside for more info.

11024 OAKFIELD DRIVE SW | INFORMATION 403-251-2101 | WWW.MYCEDARBRAE.CA



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Pi and Einstein, a Perfect Pair!

Many may know Pi Day is celebrated on March 14 - but it also marks the birthday of Albert Einstein. Born in Ulm, Germany in 1879, Einstein's birthday coincides with this mathematical celebration, making March 14 a double treat for both math and science enthusiasts!

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- · Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- · Supply & install new showerhead & diverter spout
- · Supply & install new mold-resistant board
- · Supply & install new tile to ceiling

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$15,679

- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- · Supply & install new drain system & pop-up stopper

SALE \$11.679

TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- · Supply & install one custom shower stall 60" x 30"
- · Supply & install new water resistant board
- · Tile Schluter base
- · Supply & install new tile to ceiling

- · Supply & install custom shower doors
- · Supply & install new Delta pressure balance taps
- · Supply & install new toilet with soft close seat
- · Supply & install one corner caddy with soap dish

Limited Supplies

ABSOLUTELY NO HIDDEN COSTS Some restrictions may apply. Reg: \$13,679

We Also Specialize in En Suites & Custom Bathrooms PLEASE CHECK OUT OUR REVIEWS ON HOMESTARS AND RATINGS ON BBB!!



Western Bathrooms & Renovations Serving Calgary since 1989

403-257-3222 | WWW.WESTERNBATHROOMS.CA

All Labour & Material Included

All packages pertain to standard size bathrooms

Cedarbrae Community League Association Community Association Membership

Join your neighbours in making Cedarbrae a better place to live, learn, work, and play. Become a member today!

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based, vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold either an individual or family membership to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Annual memberships run from May 1 to their expiration on April 30 the following year.

Memberships Options:

- Household Membership \$30: A maximum of two adults over the age of 18 and any children under the age of 18 living at the same residential address.
- Individual Membership \$15: A maximum of one adult over the age of 18.
- Seniors \$15: A maximum of two adults over the age of 55 living at the same address.

Please pay for your memberships online at www. mycedarbrae.ca, or you can stop by the community centre to fill out a membership form in person.

Our members have found the heart and soul of Cedarbrae. Meeting new friends, learning new skills, getting involved in community decision making, and having a real impact on the lives of others.

SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT News, Events, Crime Real Estate Statistics Statistics O O O O O O O

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Cedarbrae Community League Association Board of Directors

Board of Directors				
President	John Seagrave			
Vice President	Anna Aubrecht			
Treasurer	Darrell Ogden			
Secretary	Belinda Halischuk			
Member at Large	Frank Forte			
Member at Large	Cathie Heys			
Member at Large	Cathy Roczkowsky			
Member at Large	Joyce Wright			

Cedarbrae Community Centre Contacts		
General Manager	Ariel McDuff 403-251-2101 info@mycedarbrae.ca	
General Inquiries	info@mycedarbrae.ca	

PLUMBING & HEATING **Plumbing Services** Furnace Install & Repair **Drain Cleaning** Boiler Install & Repair Electrical Service Call Fee 403-837-4023 info@officialplumbingheating.ca official-plumbing-heating.ca

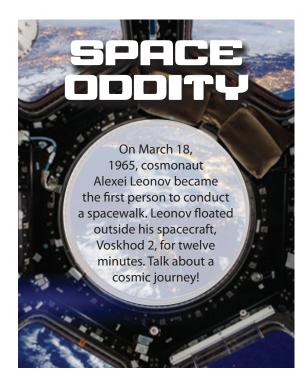
Cedarbrae Community League Association News

The Cedarbrae Community League Association (CCLA) is led by a volunteer Board of Directors, nominated by the members of our community association.

It is through the countless volunteer hours donated by the CCLA Board of Directors and the many volunteers of the CCLA that we can bring a vibrant and viable community centre that provides recreational, social, and educational opportunities for the residents of Cedarbrae and by extension, the citizens of Calgary.

The Board of Directors meet at the Cedarbrae Community Centre on the second Sunday of every month at 10:00 am with exceptions of July and August. For more information visit mycedarbrae.ca.

If you have any suggestions for a special event or program you would like to see at the centre, reach out either in person or via email at info@mycedarbrae.ca. If you would like to volunteer to organize an activity, let us know!







WEDNESDAYS 9:30-11:00

\$2 drop-in for non-members, free for members

Attention all parents, grandparents and other caregivers! Drop-in and enjoy a cup of coffee or tea while your little ones explore and play. This is an open play session geared towards toddlers under the age of 5, caregiver supervision is required at all times.







INFORMATION



403-251-2101



11024 Oakfield Dr SW, Calgary, AB



https://www.mycedarbrae.ca/





Spring Coloring Contest

Show us your coloring skills! We will draw for a prize. Bring your art into Cedarbrae Community Centre before April 15.

For ages 2 - 12

UPCOMING COMMUNITY PROGRAMS AND EVENTS

Current Programs

Tot Time

Wednesdays, 9:30 am
Open to the Public
\$2 drop-in fee, free for CCLA members

Attention all parents, grandparents, and other caregivers! Drop-in and enjoy a cup of coffee or tea while your little ones explore and play. This is an open play session geared towards toddlers under the age of 5, caregiver supervision is required at all times.

Hobby Hangout

Thursdays, 1:00 pm Open to the Public

Join us at Hobby Hangout to unwind, explore new interests, or share your passions. We will alternate each week between Yarn and Yammer, a fibre arts hangout, and Fun with Pieces, a jigsaw puzzle group. Starting with Yarn and Yammer on February 6.

Community Coffee

Mondays, 10:00 am Open to the Public

You are invited to join fellow community members of all ages for a cup of coffee and conversation. Get to know your neighbours in a relaxed and inviting setting.

Seniors' Cards and Games

Mondays, 1:00 pm Members Only

Get out and have some fun Monday afternoons, join other CCLA seniors for cards and games. Current games on offer include Crib, Canasta, and Bridge but you're always welcome to bring your own!

Yoga

Mat Yoga: Tuesdays, 9:30 am Chair Yoga: Thursdays, 9:30 am \$10 drop-in

Join experienced yoga teacher, Valerie, to improve your strength, balance, flexibility, and overall physical and mental health.

Upcoming Classes

Gardening 101

Saturdays, 9:30 to 11:30 am February 22 to April 12 \$80 non-members, \$70 for members

Join horticulturist Deborah VanDeventer for this handson beginner's series on Calgary gardening. She will guide you through everything you need to know to get started and enjoy the rewards of gardening.

For more information or to register, please contact Paige at info@mycedarbrae.ca.

Upcoming Events

Stay Tuned For

- Meet the Neighbours April 2025
- Spring Market and Craft Day April 2025
- Family Social and Kite Making May 2025

Follow us on Facebook at "Cedarbrae Community Centre", Instagram at "MyCedarbrae Community Centre" or visit our website mycedarbrae.ca for updates on events and programs.





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02144	4 Bitewing X-Rays	\$105.38	\$105.38
02113	3 PA X-Rays	\$81.35	\$81.35
02601	Panoramic X-Ray	\$106.61	\$106.61
11113	3 Units Scaling	\$250.53	\$250.53
11101	Polishing	\$74.40	\$74.40
12112	Fluoride Treatment	\$36.05	\$36.05

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1PM-3PM EVERY SECOND **THURSDAY STARTING JANUARY 9TH**

MORE INFORMATION:

403-251-2101 info@mycedarbrae.ca







FUN WITH PIECES

JOIN US BI-WEEKLY FOR A RELAXING AFTERNOON WHERE PUZZLE ENTHUSIASTS OF ALL SKILL LEVELS CAN COLLABORATE AND HAVE FUN WORKING TOGETHER ON **PUZZLES**



1-3 PM ALTERNATING THURSDAYS STARTING JANUARY 16TH





MORE INFORMATION:

403-251-2101 INFO@MYCEDARBRAE.CA

Available at the Cedarbrae Community Centre

The Cedarbrae Community Centre is excited that we are now able to resume offering space for events, activities. classes, and more.



Our community centre has spaces of varying sizes to meet the needs of your upcoming event, whether it's a birthday party, sporting event, wedding, or business meeting.

We have various rental options including hourly, daily, or long-term contracts.



Rental spaces are available to both individuals and businesses.

If you are planning an upcoming event and would like to know more about our space or schedule a viewing, please call 403-251-2101.

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Joke of the Month



Which is faster, hot or cold?

Hot, because you can catch a cold.









SENIORS CARDS

Make time for fun

Mondays: 1pm-4pm Parkview Room



Games to Play BRIDGE, CRIB, CANASTA

More information: 402-251-2101 or Info@mycedarbrae.ca

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Cedarbrae. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

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CEDARBRAE MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

AFFORDABLE DENTAL CARE MINUTES FROM CEDARBRAE! Dental care that's affordable, accessible, and essential. Minutes from Cedarbrae. Accept and follow all dental Insurances. Tax Receipts on your cash portion. Direct Billing OAC. Non-corporate independent established 1989. No fluff, no frills! Canada Dental Care Plan welcome! Call today at 403-287-6453 or 403-272-7272. Visit www.calgarydentalcenters.com.

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GAMES & PUZZLES

Guess the Toy!

- 1. This fashion doll, created by Ruth Handler, made her debut at the American Toy Fair on March 9, 1959.
- 2. This toy originates from the Swahili word "kujenga" which means "to build".
- 3. This was the first toy ever advertised on television, featuring parts that could be stuck into a fruit or vegetable.
- 4. Max Park holds the record for solving this 3D combination puzzle toy at 3.13 seconds.
- 5. This stretchy, bouncy, moldable toy was used aboard Apollo 8 to help secure tools and equipment in zero gravity.
- 6. This toy was named after Theodore Roosevelt who famously refused to shoot a captured animal during a hunting trip in 1902.





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