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THE CITY OF CALGARY

Presents This Certificate To:

Cedarbrae Community League Association

For collecting the following weight in waste

22,420 KG

Congratulations on your successful cleanup on Sunday, September 07, 2025.

A big thank you to the Community Association and residents for your commitment to keeping our communities healthy, safe and vibrant.







Oakridge Professional Centre Suite 245, 125 Oakmoor Plaza SW Beside the Oakridge Co-op Grocery Store

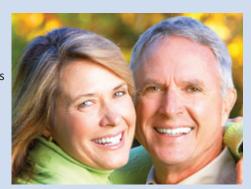
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Cedarbrae Community League Association Board of Directors

Board of Directors

President John Seagrave

Vice President Anna Aubrecht

Treasurer Darrell Ogden

Secretary Belinda Halischuk

Member at Large Joyce Wright

Member at Large Cathie Heys

Member at Large Cathy Roczkowsky

Member at Large Vacant

Cedarbrae Community Centre Contacts

General Inquiries info@mycedarbrae.ca

403-251-2101

Office Hours Monday to Friday

10:00 am to 3:00 pm

Weekends

By appointment only



SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More



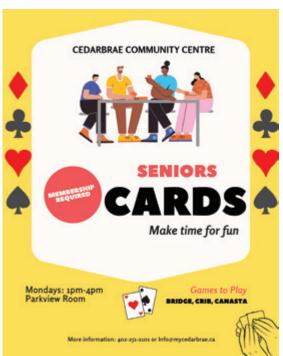
Crime Statistics



Real Estate Statistics







Cedarbrae Community League Association News

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Tuesday of every month at 6:30 pm, with the exception of July and August.

As it is November, we'd like to acknowledge and honour all those who have served and sacrificed for the peace and prosperity we enjoy today. Please take moments this month to recognise all those who have. and continue to serve us: active service members, veterans, peace officers, and their families. Watch for donation boxes and wear a poppy as a way of showing your thanks.

Now that the weather has cooled, our Tuesday night hangouts at the Centre will most often be held indoors. The consensus for an indoor activity thus far is board games. We hope to gather a library of games so we can host all ages and skill levels. Any complete, good condition board games you're not using? Consider donating them to the Centre. Better yet, come join us as we build a group of neighbours having some weeknight fun!

We recently hosted the advance voting for the municipal election. It was amazing to see so many new faces come through the Centre. To all of you who came in, please know that we welcome your involvement in our community activities. Check out our upcoming events, come to the evening hangouts, or find an opportunity to volunteer.



All the events happening at the Centre are only possible thanks to the hard work and dedication of our amazing volunteers. Are you looking to improve your skills? Want to add some volunteering to your resume or school applications? We welcome you to come find an opportunity to share your expertise and passion with your community! We are currently looking for grant writers for a variety of potential projects to upgrade our Community Centre and make it accessible to everyone in our neighbourhood. We'd also love to partner with a volunteer who is experienced in website design and maintenance. Get in touch if you'd like to take on this or another exciting new challenge!

To get involved or for more information, visit mycedarbrae.ca, email us at info@mycedarbrae.ca, or call 403-251-2101.





November 2025 **Cedarbrae Community Centre**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00 am to 5:00 pm Pickleball
9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	9:00 am to 5:00 pm Pickleball 6:30 to 8:00 pm Bring your board game, casual hangout	5 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot time	6 9:00 am to 5:00 pm Pickleball 8:30 to 10:30 pm Ball Hockey	7 9:00 am to 5:00 pm Pickleball	8 9:00 am to 5:00 pm Pickleball
9 9:00 am to 3:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	11 11:00 am to 7:00 pm Host Blood Clinic 6:30 to 8:00 pm Bring your board game, casual hangout No Pickleball!	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot time	9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Learn to Play Canasta 8:30 to 10:30 pm Ball Hockey	14 9:00 am to 5:00 pm Pickleball	15 9:00 am to 5:00 pm Pickleball
16 9:00 am to 3:00 pm Pickleball	9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	18 9:00 am to 5:00 pm Pickleball 6:30 to 8:00 pm Bring your board game, casual hangout	9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot time	20 9:00 am to 5:00 pm Pickleball 8:30 to 10:30 pm Ball Hockey	21 9:00 am to 5:00 pm Pickleball	9:00 am to 5:00 pm Pickleball
23 9:00 am to 3:00 pm Pickleball	24 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	25 9:00 am to 5:00 pm Pickleball 6:30 to 8:00 pm Bring your board game, casual hangout	26 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot time	27 9:00 am to 5:00 pm Pickleball 8:30 to 10:30 pm Ball Hockey	28 9:00 am to 5:00 pm Pickleball	29 10:00 am to 4:00 pm Christmas Market No Pickleball!
30 10:00 am to 4:00 pm Christmas Market No Pickleball!						

MANY OTHER PACKAGES AVAILABLE!

BATHROOM RENOVATION SALE

SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- · Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

- · Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- · Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

SALE \$13,879 Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and iob site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- · Supply & install custom shower doors
- · Supply & install new Delta pressure balance taps

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$20,679

- · Supply & install new toilet with soft close seat
- · Supply & install new corner caddy with soap dish
- · Supply & install new subfloor
- · Installation of new tile flooring
- Supply & install new vanity
- · Supply & install new granite or quartz countertops with undermount sink

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Volunteer Spotlight, Joyce Wright: Making Things Happen

If you've attended any one of the major events hosted by our Community Centre in the last several years, you've seen what Joyce Wright can get done. Known for getting the ball rolling on big projects and events, Joyce has become indispensable to our Community Centre's operations. From our biggest occasions to dayto-day volunteering, all the way to her past service as Community President, Joyce is among the most relied on volunteers Cedarbrae has.

A second generation Calgarian, Joyce took the example of those that served her and the community during her youth and expanded it. Coaches, teachers, neighbours, and volunteers, Joyce took the lessons learned and chose to not only pay it back but pay it forward too! She knew that to create the kind of community she wanted to be a part of she'd need to participate fully and lead by example.

Using her years of experience in business, Joyce has been able to bring together disparate voices and ideas to produce a cohesive team of volunteers, bringing big ideas to life. She continues to encourage more of us to volunteer our time, skills and hands, to make lighter work of all the many projects happening at our Community Centre.

Beyond the work itself Joyce sees the bigger value that can come from showing up and giving of our time. Joyce witnessed many friendships and partnerships that have grown from individuals participating in a shared cause. She is strong advocate of volunteering not only as a way to give, but as a way to discover new people and build new relationships. Looking to make new friends or find someone interesting to talk to, a common cause is an excellent place to start!

Joyce reminds us that the more people that get involved the more that can be done. She encourages potential volunteers to take the leap, find the project, program, or cause that interests them and jump in. You, like Joyce will discover the rewards, a sense of purpose, fulfilment, and the possibility of new meaningful human connections.

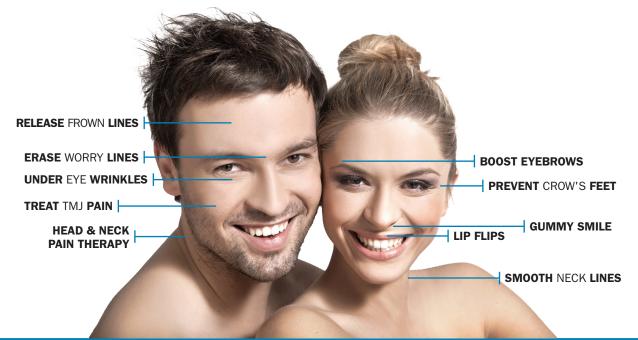
Thank-you Joyce for all you have done, and all you continue to do!







*For Therapeutic Treatments Using Dysport. Cosmetic Treatments Starting at \$10 Per Unit.



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02144	4 Bitewing X-Rays	\$105.38	\$105.38
02113	3 PA X-Rays	\$81.35	\$81.35
02601	Panoramic X-Ray	\$106.61	\$106.61
11113	3 Units Scaling	\$250.53	\$250.53
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12112	Fluoride Treatment	\$36.05	\$36.05

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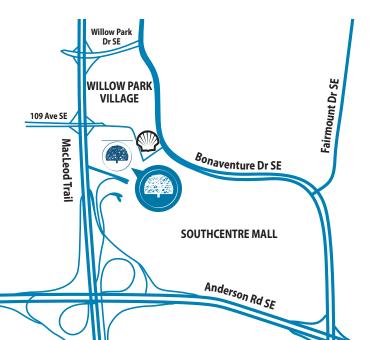


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Cedarbrae Centre Rental Rates 2025

Rooms:

Room	Regular rate	8+ Hours	16+ Hours	Damage
	per hour			deposit
Half-Gym	\$51	\$45.88	\$43.38	\$1,000
Full Gym	\$85	\$76.50	\$72.25	\$1,000
Only for sports				
not for events				
Parkview	\$45	\$40.50	\$38.25	\$400
Dining: 20				
Seating: 35				
Gardenview	\$46	\$39.15	\$37.75	\$400
Dining: 30				
Seating: 30				
Aspenview	\$42	\$35.75	\$34.45	\$400
Dining: 28				
Seating: 30				
Aspen/	\$80	\$72	\$68	\$400
Gardenview				
Rooms				
Dining: 58				
Seating: 60				

Add ons:

Add On	Rate per Hour		
Audio/Visual	\$20		
Kitchen	\$5		



A Ouick Thank-You!

Our heartfelt thanks have to go out once again to Debbie Van Deventer our resident garden guru as she continues to spread joy and greenery! Debbie took the last of the season's flowers and shared them with our seniors' group. Everyone loves getting flowers, and we're once again touched by Debbie's generosity.

Thank-you so much!



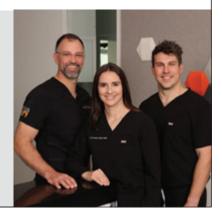
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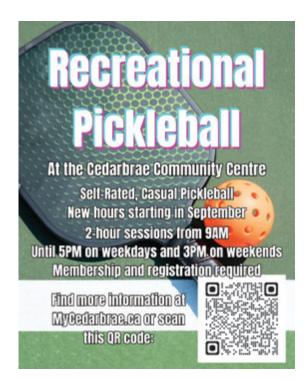
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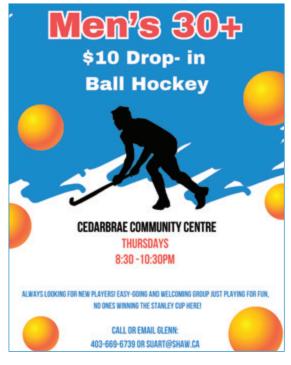
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Let's Talk About It Cedarbrae: **Celebrations**

Two of our favourite gentlemen from the Centre's seniors group shared a birthday celebration recently, Clayton Brander turned 94, while Dez Peplinski turned 92! Both men are core members of our community, and great friends to many in Cedarbrae. Nonagenarians still active, engaged, and contributing are an inspiration and an example we'd all be lucky to match! A big thank you and congratulations to both Clayton and Dez! Well done!











Magic Carpet Ride

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famlit@canlearnsociety.ca (403) 686-9300 ext. 128



www.canlearnsociety.ca/magic-carpet-ride

Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold memberships to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Following the approval of the recent Cedarbrae Community League Association bylaw, we would like to inform you of an important update to the Cedarbrae Community League Association membership structure. Memberships are now issued per individual over the age of 18. This means that each adult in your household who wishes to be a member will need to hold their own membership.

Visit our website at https://www.mycedarbrae.ca/and buy your memberships today!

- Resident membership \$12
- Non-resident membership \$12

Important notice: memberships are renewed annually from the date of membership purchased.





YOUR CITY OF CALGARY

Green Cart Collection Update

by the City of Calgary

Starting in November, green cart collection will shift to an every-other-week schedule. This seasonal change helps match service to the lower volumes of yard waste we typically see once colder weather arrives.

Weekly green cart collection will return in April 2026, just in time for spring clean-up season when yard waste begins to pick up again.

We understand Calgary's weather can be unpredictable, and to keep the Green Cart program reliable and cost-effective, we set the schedule using long-term trends. This means collection times are based on when green cart volumes usually decline and when snowier conditions are more likely. By planning well in advance, the City ensures the right number of trucks, drivers, and resources are in place to keep the program running smoothly.

There are a few easy ways to stay on top of your collection days and keep things simple:

- Visit calgary.ca/cartschedule to check your cart pickup schedule or sign up for free reminders.
- Download the Calgary Garbage Day app to get automatic notifications about collection days and seasonal changes.

Thank you for helping keep Calgary clean and green, no matter the season!



GAMES & PUZZLES

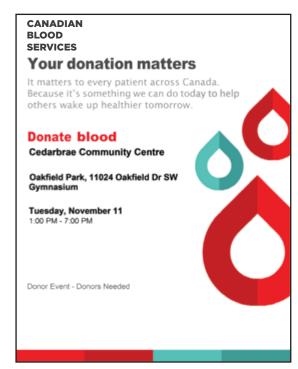
Guess the 2000s Movie!

- 1. This parody pokes fun at films like *Scream, I Know What You Did Last Summer*, and *The Sixth Sense*.
- In this crime thriller, Guy Pearce plays Leonard who suffers from an untreatable form of memory loss that makes finding his wife's killer nearly impossible.
- 3. This legal drama involves Julia Roberts, a car accident, and a devastating legal cover-up.
- Two cheerleading squads duel it out and uncover some shady practices going on during the national championship.
- Bruce Willis and Samuel L. Jackson star in this sci-fi thriller that takes "survival of the fittest" to a whole new mysterious realm.
- A handsome, young professional living in America lives two separate lives: one an urban businessman, the other a knife wielding killer.



SCAN THE QR CODE FOR THE ANSWERS!





Yielding to Emergency Vehicles

by Alberta Health Services

For everyone's safety, it is important motorists understand how to correctly yield right-of-way to emergency vehicles when their lights and sirens are activated. You can help all first responders navigate roads quickly and safely by following these basic rules.

When an emergency vehicle approaches with lights and siren activated:

- If you're in the middle of an intersection when an emergency vehicle approaches with lights and siren activated, safely clear the intersection; be prepared to pull over.
- On a one- or two-lane road, motorists should move to the right side of the road, slow down, and then stop, remaining parallel with the road. Remember to signal.
- On one-way streets move to the nearest curb, either the right or left.
- On a road with three or more lanes, motorists should move to the nearest side of the road and stop. If driving in the centre lane, move to the right side of the road and stop. Remember to signal.
- Come to a complete stop and wait for the emergency vehicle to pass. Shoulder check for more emergency vehicles before re-entering traffic flow. Remember to signal.
- Emergency vehicles might use any available road space to maneuver. This could include shoulders or turning lanes, etc., in order to safely pass other traffic.

When operating a vehicle:

- Reduce speed to 60 km/h or the posted speed, whichever is lower, when passing any stopped roadside vehicle with flashing lights activated (emergency vehicles, tow trucks, maintenance trucks, etc.). This law applies to the lane immediately next to the stopped vehicles. If you're not in the lane next to the stopped vehicles, it is recommended to reduce speed and leave lots of space between yourself and emergency personnel.
- Do not break the rules of the road in order to give right of way to an emergency vehicle. This could include proceeding through a red light or making an illegal turn. Actions such as these jeopardize all motorists in the area.



- Drivers must place their full attention on the road and the safe operation of their vehicle at all times. The fine for distracted driving in Alberta is \$300 and three demerit points.
- Do not drive within 150 meters of an emergency vehicle with its siren and/or flashing lights on. For reference, 150 m is nearly 1.5 times the length of a football field.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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