

JANUARY 2026

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# myCedarbrae

THE OFFICIAL CEDARBRAE COMMUNITY NEWSLETTER

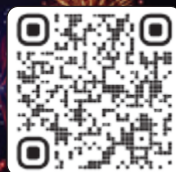


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Parkview Room

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Make time for fun

MEMBERSHIP REQUIRED

Mondays: 1pm-4pm  
Parkview Room

Games to Play  
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More information: 402-251-2205 or info@mycedarbrae.ca

# Cedarbrae Community League Association Board of Directors

Board of Directors	
President	John Seagrave
Vice President	Deborah Collis
Treasurer	Joyce Wright
Secretary	Cathy Roczkowsky
Member at Large	Deborah VanDeventer
Member at Large	Mae Pears
Member at Large	Vacant
Member at Large	Vacant

Cedarbrae Community Centre Contacts	
General Inquiries	info@mycedarbrae.ca 403-251-2101
Office Hours	<b>Monday to Friday</b> 10:00 am to 3:00 pm  <b>Weekends</b> By appointment only



SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More

Crime Statistics

Real Estate Statistics

# Cedarbrae Community League Association News

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Sunday of every month at 11:00 am, with the exception of July and August. If you’ve marked your mailbox to exclude junk mail you may not receive this newsletter, please find extra copies at the Community Centre.

The holiday season at Cedarbrae was well attended with our annual Christmas Market, Winter Break/Family Break, The Home Safety Workshop, and lots of holiday party rentals at the Centre. In January we expect to see more evening sports groups starting their new seasons in our gym, an Italian Cooking class, and registration for our always popular garden classes.

A dedicated group of volunteers has taken on the maintenance for our outdoor rink, making our winter season brighter. The rink can only function with the hard work and commitment of these volunteers and we are so thankful to all of them! Watch the weather and come join us for a great Canadian pastime, get your skates on!

Recently we’ve held beginner classes for new pickleball players which proved to be very popular. Check our website for potential new dates for pickleball classes, It’s the fastest growing sport in North America for good reasons, maybe it’s time you joined in on the fun, come see what all the fuss is about!

All the events happening at the Centre are only possible thanks to the hard work and dedication of our amazing volunteers. Are you looking to improve your skills? Want to add some volunteering to your resume or school applications? We welcome you to come find an opportunity to share your expertise and passion with your community! We are currently looking for volunteers to paint the Centre’s main floor kitchen. We’d also love to partner with a volunteer who is experienced in website design and maintenance. Get in touch if you’d like to take on this or another exciting new challenge!

To get involved or for more information, visit mycedarbrae.ca, email us at info@mycedarbrae.ca, or call 403-251-2101.

MANY OTHER PACKAGES AVAILABLE!

## BATHROOM RENOVATION SALE

### SUPREME ULTIMATE

- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

**ABSOLUTELY NO HIDDEN COSTS**

*Some restrictions may apply. Reg: \$17,679*

**SALE \$13,879**  
*Limited Supplies*

### SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

**ABSOLUTELY NO HIDDEN COSTS**

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# January 2026

## Cedarbrae Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 am to 5:00 pm Pickleball 1:00 pm to 2:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	2 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong 6:00 to 8:00 pm Pickleball Beginners Training	3 9:00 am to 5:00 pm Pickleball
4 9:00 am to 5:00 pm Pickleball	5 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	6 11:00 am to 7:00 pm Host Blood Clinic No Pickleball!	7 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time	8 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	9 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	10 9:00 am to 5:00 pm Pickleball 5:00 to 7:00 pm New Year Dinner for Seniors
11 9:00 am to 5:00 pm Pickleball	12 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	13 9:00 am to 5:00 pm Pickleball	14 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time	15 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	16 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	17 9:00 am to 5:00 pm Pickleball
18 9:00 am to 5:00 pm Pickleball	19 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	20 9:00 am to 5:00 pm Pickleball	21 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time	22 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	23 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	24 9:00 am to 5:00 pm Pickleball
25 9:00 am to 5:00 pm Pickleball	26 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	27 9:00 am to 5:00 pm Pickleball	28 9:00 am to 5:00 pm Pickleball 9:30 to 11:00 am Tot Time	29 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Digital Instructor Chair Exercise for Seniors 8:30 to 10:30 pm Ball Hockey	30 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	31 9:00 am to 5:00 pm Pickleball



## Volunteer Spotlight: Cathie Heys



### Pickleball at Cedarbrae

Pickleball at the Cedarbrae Community Centre is a big deal! Most days our gym is fully booked with pickleball for eight, sometimes ten hours, covering many levels of play, ball machine practice and ongoing lessons. There are nearly 400 registered players, lots of people with lots of ideas for how the program should run. Add to that the ever fluid nature of a volunteer board of directors, the challenge of a non-profit budget and the limits of our space and you've got a real test of skill and patience for

the brave soul willing to make it all work. Cedarbrae is lucky though, we have Cathie Heys.

Cathie is relatively new to pickleball, picking it up within the last four years, taking lessons to start and growing quickly into a competent player. She came to love the culture of fun around the game and love that it was possible to become proficient in a relatively short time. She knew that sports can be intimidating, even rough. Pickleball however is accepting, exciting, and a real pleasure to play. Hearing good things from friends who played at Cedarbrae, Cathie came in to check us out. Right away she could see the potential, a smaller facility with room to grow and improve.

Cathie made herself available to the Board of Directors, attending several special meetings to work out the best way forward. She cut the physical administrative paperwork to almost nothing and streamlined the sign-up processes. She spoke to Cedarbrae players of every level and noted their concerns, crafting a real push to make the rotation and timing of differing play levels fair and balanced. She instituted rules, best practices, and standards so that everyone was on the same page. Most of all she worked and reworked the monthly schedules to ensure they were fairer to more players. All Cathie's hard work has paid off, making Cedarbrae's pickleball program more accessible, unbiased, and a great place for new players to make their way into the game.

This is what volunteering can be, taking your passion for something and turning it into real world action.

Cathie had some volunteer Board experience previous to Cedarbrae, but she'd be the first to tell you that experience isn't necessary. What's needed is a willingness to help out. Cathie had a vision for what Cedarbrae pickleball could be and turned the program around so that everyone could share in the fun she had found. In the process like all our volunteers Cathie found many rewards, a renewed sense of purpose, friendships, and the strength found in challenges overcome.

Sometimes it feels like the same people show up to volunteer over and over again, but every now and then someone new, full of passion and drive joins our ranks. You can be that new volunteer, come join us, find your place and like Cathie you may discover you'll have so much fun doing it!



CEDARBRAE COMMUNITY LEAGUE ASSOCIATION

# WANTED NEWSLETTER PHOTO SUBMISSIONS

We are accepting submissions for our monthly newsletter. Have a photo you want to share with the community? Send them to [info@mycedarbrae.ca](mailto:info@mycedarbrae.ca). Thanks!

# Let's Talk Cedarbrae: Fundraising



immediately donated the gingerbread house to a local school so that even more funds could be raised. That's the real Cedarbrae spirit in action! Other prizes included a generous gift certificate to Compass vacations (won by Deborah) along with a HaTien gift card and Cedarbrae Dental gift basket (won by Mattias). A big thank you to the volunteers who manned the raffle table and the local businesses that made it possible! The funds we raise go directly back into our Community Centre and the programs we run.

Taking advantage of all the extra foot traffic through the Centre during the Christmas market our community Board of Directors hosted a raffle to raise funds for our community. The highlight was an exquisite homemade gingerbread house built by local creative genius Brent, a centrepiece for all the crafts and baking on display. The winner chose to remain anonymous as they

# Cedarbrae Centre Rental Rates 2026

## Rooms:

Room	Regular rate per hour	8+ Hours	16+ Hours	Damage deposit
<b>Half-Gym</b>	\$51	\$45.88	\$43.38	\$1,000
<b>Full Gym</b>	\$85	\$76.50	\$72.25	\$1,000
Only for sports not for events				
<b>Parkview</b>	\$45	\$40.50	\$38.25	\$400
Dining: 20 Seating: 35				
<b>Gardenview</b>	\$46	\$39.15	\$37.75	\$400
Dining: 30 Seating: 30				
<b>Aspenview</b>	\$42	\$35.75	\$34.45	\$400
Dining: 28 Seating: 30				
<b>Aspen/ Gardenview Rooms</b>	\$80	\$72	\$68	\$400
Dining: 58 Seating: 60				

## Add ons:

Add On	Rate per Hour
Audio/Visual	\$20
Kitchen	\$5



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**CEDARBRAE COMMUNITY CENTRE**

# TOT TIME

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# Recreational Pickleball

At the Cedarbrae Community Centre


Self-Rated, Casual Pickleball  
New hours starting in September  
2-hour sessions from 9AM  
Until 5PM on weekdays and 3PM on weekends  
Membership and registration required

Find more information at  
MyCedarbrae.ca or scan  
this QR code:




# Men's 30+

## \$10 Drop-in Ball Hockey



**CEDARBRAE COMMUNITY CENTRE**  
**THURSDAYS**  
**8:30 - 10:30PM**

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CALL OR EMAIL GLENN:  
403-669-6739 OR SUART@SHAW.CA

## Stay Safe Cedarbrae

On December 9, 2025, the Home Safety Workshop was organized by CCLA. It was facilitated by Rebecca Winkel from Wink Safety, who has over 20 years of experience on the subject. It brought together 25 participants for an engaging session on family preparedness. Rebecca began by explaining why it's important to understand common causes of emergencies and how simple steps can help prevent them.

One of the highlights was a show-and-tell of safety tools, where Rebecca demonstrated useful emergency supplies and kits. She also emphasized practicing emergency drills and involving children in safety planning. Guest speaker Gavin Fielding, a certified Master Home Inspector, shared why regular home inspections matter and showed tools and equipment used to detect potential hazards in the home.

# LEARN TO PLAY CANTONESE MAHJONG

STARTS JAN 2026

BEGINNER LEARN TO PLAY  
1 - 3 PM

CEDARBRAE COMMUNITY CENTRE  
11024 OAKFIELD DR SW, CALGARY, AB

MEMBERSHIP  
REQUIRED

SCAN TO REGISTER



## All Hands On Deck

### The Cedarbrae Christmas Market

Thank you Cedarbrae! Once again, this year our Christmas market was a huge success! From an excellent line up of vendors, the bake sale, the raffle, the kids' zone, and concession it all ran beautifully and was well attended by visitors in Cedarbrae and beyond! Events big and small at our Centre are only possible thanks to the hard work of an army of volunteers, and that army was at full readiness for the market!

A special thanks goes out to Cedarbrae's favourite veteran Skip who manned the Veterans Food Bank table for the whole weekend, bringing in over \$1,600 and hundreds of pounds of food!



The donated baked goods raised over \$1,700 for our Community Centre, what an amazing group of bakers we have! The kids' zone helped dozens of children create special homemade gifts for their parents and featured visits from Santa! The raffle featured super generous prizes, and the kitchen concession kept everyone fed and happy! Thanks to Cedarbrae Pharmacy for all the craft supplies we used to decorate. Thanks also to our Board members Joyce Wright and Cathy Roczkowsky who organise and execute it all, they're already planning for the spring market! Hope to see you all there!



## Good News Cedarbrae!

Here are a couple of great stories that recently happened in our neighbourhood! Ingrid Saunders a local octogenarian phenom scored a perfect end in curling, even making the local TV news! For all the non-curlers, the chances of scoring a perfect end are about one in 120,000, ten times rarer than a hole in one in golf, way to go Ingrid!

Linda and Terry got in touch with the Community Centre to share another great story. As the two seniors were putting up their Christmas lights a stranger pulled up, told them to come down off the ladder and proceeded to finish hanging the lights for them! They send out their warmest appreciation to the kind passerby who didn't even leave a name. Well done kind stranger, you exemplify what's best in Cedarbrae!



# Upcoming Events

**JAN  
2026**  
**1**  
*Happy New Year*

**JAN**  
**19**  
Spring Market  
Application Opens

**JAN**  
**24**  
11am - 1pm  
Italian Cooking Class

**JAN**  
**28**  
Garden Class  
Registration Opens

**FEB**  
**7/8**  
1-3pm  
Card Making Class

**FEB**  
**19**  
Spring Market Bake  
Sale and Volunteer  
applications open

**FEB**  
**28**  
10 - 11:30 am  
Garden Class Starts

**FEB**  
**29**  
11 AM - 2PM  
Soup Making Class

**MARCH**  
**29**  
10 am - 4pm  
Spring Market and  
Bake Sale

*Cedarbrae Community Centre*  
[www.mycedarbrae.ca](http://www.mycedarbrae.ca)



Cedarbrae Community  
Centre Presents

# Card Making Workshop

Saturday Feb 7<sup>th</sup> or Sunday Feb 8<sup>th</sup>  
1-4pm  
Register at  
<https://www.mycedarbrae.ca/events/special-events/>

CEDARBRAE COMMUNITY CENTRE

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REGISTRATION STARTS  
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REGISTER

Cedarbrae Community Centre  
Presents

# Italian Cooking Class



Saturday Jan 24<sup>th</sup>, 2026  
11 am - 1 pm  
Cost Per Person \$25

Click on the QR code or  
go to  
<https://www.mycedarbrae.ca/events/special-events/>



CEDARBRAE COMMUNITY CENTRE

# Spring

## MARKET AND BAKE SALE

SUNDAY MARCH 29<sup>TH</sup>, 2026  
11 AM - 4PM  
11024 OAKFIELD DR SW, CALGARY, AB T2W 5G6

Applications open  
January 19<sup>th</sup>, 2026

## Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

### Our Mission

The Cedarbrae Community League Association operates a volunteer-based vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community

centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold memberships to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Following the approval of the recent Cedarbrae Community League Association bylaw, we would like to inform you of an important update to the Cedarbrae Community League Association membership structure. Memberships are now issued per individual over the age of 18. This means that each adult in your household who wishes to be a member will need to hold their own membership.

Visit our website at <https://www.mycedarbrae.ca/> and buy your memberships today!

- Resident membership - \$12
- Non-resident membership - \$12

**Important notice:** memberships are renewed annually from the date of membership purchased.



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