

OCTOBER 2026

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- Remove all old materials from bathroom and job site
- Supply & install new acrylic soaker tub
- Supply & install new toilet with soft close seat
- Supply & install new Delta pressure balance taps
- Supply & install new showerhead & diverter spout
- Supply & install new mold-resistant board
- Supply & install new tile to ceiling
- Supply & install one corner caddy & soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink
- Supply & install new Delta vanity tops
- Supply & install new drain system & pop-up stopper

ABSOLUTELY NO HIDDEN COSTS

Some restrictions may apply. Reg: \$17,679

SALE \$13,879

Limited Supplies

SUPREME TUB TO SHOWER CONVERSION

- Remove all old materials from bathroom and job site
- Supply & install one custom shower stall 60" x 30"
- Supply & install new water resistant board
- Tile Schluter base
- Supply & install new tile to ceiling
- Supply & install custom shower doors
- Supply & install new Delta pressure balance taps
- Supply & install new toilet with soft close seat
- Supply & install new corner caddy with soap dish
- Supply & install new subfloor
- Installation of new tile flooring
- Supply & install new vanity
- Supply & install new granite or quartz countertops with undermount sink

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Cedarbrae Community League Association Board of Directors

Board of Directors	
President	John Seagrave
Vice President	Deborah Collis
Treasurer	Joyce Wright
Secretary	Cathy Roczkowsky
Member at Large	Deborah VanDeventer
Member at Large	Robert Miller
Member at Large	Vacant

Cedarbrae Community Centre Contacts	
General Inquiries	info@mycedarbrae.ca 403-251-2101
Office Hours	Monday to Friday 10:00 am to 3:00 pm Weekends By appointment only



SCAN HERE TO VIEW ADDITIONAL CEDARBRAE CONTENT

News, Events, & More

Crime Statistics

Real Estate Statistics

Recreational Pickleball

At the Cedarbrae Community Centre

Self-Rated, Casual Pickleball

New hours starting in September

2-hour sessions from 9AM

Until 5PM on weekdays and 3PM on weekends

Membership and registration required

Find more information at MyCedarbrae.ca or scan this QR code:

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October 2026

Cedarbrae Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Senior Chari Exercise (Digital Instructor) 8:30 to 10:30 pm Ball Hockey	2 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	3 9:00 am to 5:00 pm Pickleball
4 9:00 am to 5:00 pm Pickleball	5 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	6 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	7 9:00 am to 5:00 pm Pickleball	8 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Senior Chari Exercise (Digital Instructor) 8:30 to 10:30 pm Ball Hockey	9 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	10 9:00 am to 5:00 pm Pickleball
11 9:00 am to 5:00 pm Pickleball	12 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	13 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	14 9:00 am to 5:00 pm Pickleball	15 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Senior Chari Exercise (Digital Instructor) 8:30 to 10:30 pm Ball Hockey	16 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	17 9:00 am to 5:00 pm Pickleball
18 9:00 am to 5:00 pm Pickleball	19 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	20 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	21 9:00 am to 5:00 pm Pickleball	22 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Senior Chari Exercise (Digital Instructor) 8:30 to 10:30 pm Ball Hockey	23 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	24 9:00 am to 5:00 pm Pickleball
25 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards	26 9:00 am to 5:00 pm Pickleball 10:00 am to 12:00 pm Community Coffee 1:00 to 4:00 pm Seniors Cards 4:30 to 5:30 pm Youth Financial Literacy Series	27 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	28 9:00 am to 5:00 pm Pickleball	29 9:00 am to 5:00 pm Pickleball 1:00 to 2:00 pm Senior Chari Exercise (Digital Instructor) 8:30 to 10:30 pm Ball Hockey	30 9:00 am to 5:00 pm Pickleball 1:00 to 3:00 pm Weekly Mahjong	31 9:00 am to 5:00 pm Pickleball



Starting **June 1, 2026**, Cedarbrae Community Center will introduce a **\$20 annual participation fee** for all programs **excluding pickleball**

This includes Mahjong, Seniors Cards, Senior's Chair Exercise and other future programing

Membership required

Thank you for your continued support and participation!



Cedarbrae Community Center
11024 Oakfield Dr. SW



CANTONESE MAHJONG
Tuesdays and Fridays
from 1.00-3.00 PM



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10AM-12PM
EVERY MONDAY



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No Membership needed
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CEDARBRAE COMMUNITY CENTRE

CHRISTMAS MARKET

SATURDAY 21 NOVEMBER
10 AM - 4 PM

SUNDAY 22 NOVEMBER
10 AM - 4 PM



NEW VENDOR REGISTRATION
SCAN QR CODE OR VISIT THE LINK BELOW
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**11024 OAKFIELD DR SW
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Cedarbrae News

October marks a full return to regular activities at our Community Centre. Pickleball is back in full swing; our athletic groups are filling the gym and before and after school care is back for the new school year. We will also be hosting the early, and day of voting for the provincial referendum. Come say hello while you're at the Centre, we love to meet with our neighbours and show off all the new art in our lobby! Watch for our upcoming fall events as well, our annual AGM (date TBD) and our ever-popular Christmas Market on November 21 and 22.

Our card playing groups have grown enough that we've now extended into Wednesday afternoons with cribbage. We're still planning for the new Wednesday slot, looking for donations of cribbage boards and experienced players to get us started, please contact the Centre office if you can help out. For anyone who'd like to join us, please make sure you have an up-to-date membership and programming fee, we keep these fees very low, and they ensure we can continue to keep the lights on and the doors open!

We'd like to extend a huge thank you to the more than 40 volunteers who made our September Community Cleanup such a huge success. The official weight numbers aren't in yet, but we filled five packer trucks, four scrap metal trucks and ten bins full of electronics! Thanks too to the more than 400 vehicles that came through with their drop offs, you have made your lives and our community a little better! The Community Cleanup is a huge event every year that shows what a big, positive change we can create in our neighbourhood when volunteers get involved.



There are currently specific opportunities open for anyone looking to help out in our community. We would love to have a volunteer who could help us with promotions and communication through social media. We also need an accounting professional to help out on a part time, but regular basis. For an experienced and serious applicant to that accounting position we would consider a fair payment plan. Our neighbourhood is made better by each volunteer who joins us at the Centre, please consider sharing your talents, skills and enthusiasm by joining us. Let's make Cedarbrae an even better place to live!

The Cedarbrae Community League Association (CCLA) is guided by a dedicated volunteer Board of Directors, elected by the members of our community. The Board meets at the Cedarbrae Community Centre on the second Sunday of every month at 11:00 am, with the exception of July and August.

To get involved or for more information, visit mycedarbrae.ca, email us at info@mycedarbrae.ca, or call 403-251-2101.



DROP-OFF BOTTLE DRIVE

OCTOBER 24, 2026 | 10:00 AM TO 2:00 PM

Braeside Community Centre

Get Growing Cedarbrae

Here we are! The 2026 garden season is nearly behind us. Many of us have already cleared out our gardens by removing all plant material including roots and raked the soil surface to level the rich dark soil. That's the traditional way past generations dealt with exhausted plant debris. The satisfaction that comes from seeing a clean bare plot of soil says the job is done. Season is over. Time to sit back and enjoy the rest that autumn offers.

Today garden experts have changed their view about that end of season task. There's a better way to complete the cleanup process while preserving and rebuilding tired garden soil for next year. Instead of hauling the plant debris away to your compost bin, dig trenches in the garden, chop up the roots and stems into smaller bits, and fully cover the debris with four to six inches of soil. The soil is still warm enough and we are still getting adequate moisture to break down those stems and leaves into valuable sources of vital nutrients for future crops. Not only that, but the carbon in the plant debris also acts as a sponge that helps retain moisture. It also improves the soil structure by providing air pockets for perfect drainage. As a bonus, your earthworms and beneficial soil insects will thank you for the banquet!

Our landscapes are likely starting to collect fallen leaves as our temperatures dip. Those leaves when collected and disposed of can no longer provide winter protection for beneficial insects. If you lack the tolerance for leaving the fallen leaves till spring to collect, consider relocating them to a less visible place in your yard that can still be accessible to such creatures as ladybugs to snuggle in for the cold weather ahead. Some varieties of pollinators such as bumblebees and wasps seek such shelter as well. Next spring you will be delighted by the surprise of early sightings of bees and ladybugs when the weather warms enough to awaken them.

This year we are embarking on a provincial experimental journey of not changing our clocks back to standard time so our days may seem darker or brighter at unexpected times. Our dormant plants won't know the difference, and if "El Nino" decides to spring a few surprises on us, pace yourself and prioritize your cleanup tasks with a cup of water or warm beverage nearby next to a stool or chair. If you are lucky enough to have young helpers available, get them involved and make it a family



project. Smiling faces and rosy cheeks are all part of this time of year, so embrace it and consider chewy cookies and hot cocoa to celebrate.

I would like to add a few words to acknowledge all who are currently involved in renovating our garden beds behind the Community Centre. Plans for new beds with optimum planting soil will also include taller beds to accommodate gardeners with movement disabilities. We should enjoy new beds coming in spring 2027 along with a native flower bed and food forest in early stages of growth: something we as a community can visit, enjoy, and proudly embrace as part of our outdoors community living. Also, many thanks to volunteers from Fresh Start Recovery Centre for their enthusiastic and vigorous help in dismantling the current beds, leaving us a blank canvas for our project.

Deborah VanDeventer

Garden Coordinator



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02601	Panoramic X-Ray	\$111.40	\$111.40
11113	3 Units Scaling	\$261.75	\$261.75
11101	Polishing	\$77.75	\$77.75
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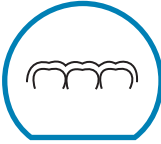
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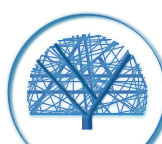
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Membership and Renewal

The Cedarbrae Community League Association is a volunteer non-profit organization run by and for the residents of Cedarbrae. Funds are raised through rentals at our community centre, fundraising events, and our yearly membership. All those funds are put right back into our community; through maintaining the centre, low-cost programming, hosting events, and community outreach. Join us in ensuring our neighbourhood remains the beating heart of southwest Calgary.

Our Mission

The Cedarbrae Community League Association operates a volunteer-based vibrant, inclusive hub that fosters engagement and provides a wide variety of activities and programs for the community.

Want to make the world a better place? Why not start in your own backyard? Become a member, get active, and join in, attend an event, or volunteer. Your neighbours are amazing, come meet them!

Your Cedarbrae Community League Association membership helps to maintain a viable community centre from which we can provide recreational and social opportunities for you and your family. Some programs and activities provided by the community centre will require you to hold memberships to participate, or in some cases you will receive special pricing for being a member of the Cedarbrae Community League Association in good standing.

Following the approval of the recent Cedarbrae Community League Association bylaw, we would like to inform you of an important update to the Cedarbrae Community League Association membership structure. Memberships are now issued per individual over the age of 18. This means that each adult in your household who wishes to be a member will need to hold their own membership.

Visit our website at www.mycedarbrae.ca/ and buy your memberships today!

- Resident membership - \$12
- Non-resident membership - \$12

Important Notice: Memberships are renewed annually from the date of membership purchased.

Cedarbrae Centre Rental Rates 2026

Room	Regular rate per hour	8+ Hours	16+ Hours	Damage deposit
Half-Gym	\$51	\$45.88	\$43.38	\$1,000
Full Gym	\$85	\$76.50	\$72.25	\$1,000
Parkview Dining: 20 Seating: 35	\$45	\$40.50	\$38.25	\$400
Gardenview Dining: 30 Seating: 30	\$46	\$39.15	\$37.75	\$400
Aspenview Dining: 26 Seating: 26	\$42	\$35.75	\$34.45	\$400
Aspen/ Gardenview Rooms Dining: 76 Seating: 76	\$80	\$72	\$68	\$400
Office Space With Patio and Storage	\$1500/ Month (Long term rental)			

Add On	Rate per Hour
Audio/Visual	\$20
Kitchen	\$5



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Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Cedarbrae's Magic Garden



This month's newsletter cover is a photo of the free little library outside the home of the Graham family. Most Cedarbrae residents will have already noted the Graham's front

yard with its homemade bench, custom made pathway and incredible spread of sunflower varieties. What most don't know is that the unique, and truly one-of-a-kind garden creations grow into something really magical in their backyard!

Dad, now Grandpa, Cameron Graham has spent years designing and crafting a multi-purpose, one of a kind oasis and garden in his long narrow back yard. Varieties of fruits and vegetable plots line the edges and corners, chickens happily roost, and different seating areas provide peaceful spots to literally stop, breathe, and smell the flowers. The calming sounds are of trickling waters, cooing birds and the buzz of very happy bees! The grandkids have their own treehouse



complete with all the mod-cons (yes, even wi-fi) and a 2-storey slide as an exit.

These descriptions only scratch the surface of the Cameron's yard. The true magic is the welcome and hospitality you're likely to receive if you ever get the invite to come see for yourself. The Grahams are generous hosts and happy to share ideas and inspiration with their neighbours. Here's hoping their example will spur you on to create something magical in your own yard!

Joke of the Month

*How do you repair a broken
jack-o'-lantern?*

Use a pumpkin patch!



Cedarbrae Community Centre

Chair Exercise for Seniors

Every Thursday

Starting October 1, 2026

1.00 Pm to 1.40 Pm



Membership (\$12) and annual programs fee (\$20) required

Annual program fee covers Chair Exercise, Mahjong, Canasta and Cribbage

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• MONDAY, OCTOBER 5TH | 4:30PM – 5:30PM
EARNINGS & SAVINGS PART II:
Interest, Credit & Investment Accounts



• MONDAY, OCTOBER 19TH | 4:30PM – 5:30PM
WEALTH PLANNING PART I:
Planning Benefits & Wealth Stages



• MONDAY, OCTOBER 26TH | 4:30PM – 5:30PM
WEALTH PLANNING PART II:
Financial Documentation



FOR YOUTH AGES 12+
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LIGHT REFRESHMENTS TO BE SERVED

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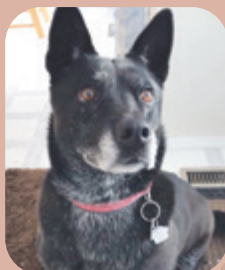
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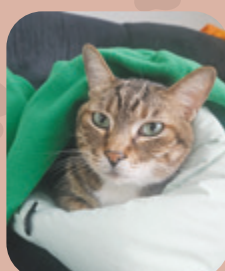
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Bog Method

Did you know? The process of flooding a cranberry field to gather the fruits that float to the top is called the "bog method." With cranberries in season farmers are hard at work harvesting those delicious berries.



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