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SCAN ME



CHPHCA

Stay Up to Date

Our community association has several channels to communicate to you, and for you to communicate with us!

Member Emails: Get a membership and provide your email for "what's new" updates. Sign up to be included.

The Broadcaster Newsletter: 12 publications/year

Social Media: Stay in the loop by liking CHPHcommunity on Facebook and following @chph.ca on Instagram

General Inquiries: admin@chph.ca

Mail: Box 74132, 148-555 Strathcona Blvd SW Calgary, Alberta T3H 3B6

Email Us: See board listing for a full list of emails

Website: www.chph.ca

CALLING LOCAL PHOTOGRAPHERS!

We invite you to send in photos that highlight community events or day-to-day living in CHPH. We will publish the best photos in our next editions of the newsletter. Please make sure that photos are 300 DPI and file sizes are a minimum of 1MB in order to ensure print quality.

CALLING LOCAL WRITERS

Do you have something that you like to share with the CHPH community? If so, we welcome your input. Please email your articles and/or photos to the newsletter coordinator at communications@chph.ca and we will consider your submission for our next newsletter.

We've partnered with SkipTheDepot!

Looking for a way to help your Community Association that's quick and easy? Give us your empty bottles!

Its easy! Download the app and schedule a pickup using the link: <https://app.skipthedepot.com/coachhillassociation>.

That's it! On the appointed day, place your bags outside, and they will get picked up for you! No hauling bags into your trunk or waiting in line at the depot. SkipTheDepot will allow everyone to donate directly to our organization with ease.



COACH HILL PATTERSON HEIGHTS COMMUNITY ASSOCIATION (CHPHCA) BOARD OF DIRECTORS

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President Talena Klypak Borbely
president@chph.ca

Vice President Dexter Makin
vicepresident@chph.ca

Treasurer Smita Sharma
treasurer@chph.ca

Secretary Voula Martin
secretary@chph.ca

MEMBERS AT LARGE

Communications Aisha Zaman
communications@chph.ca

Community Liaison Vacant
admin@chph.ca

Events Committee Vacant
events@chph.ca

Expansion and Development Dylon Shaw
development@chph.ca

Membership Leanne Albertson
membership@chph.ca

Recycling Ross Hart
recycling@chph.ca

Traffic Safety Coordinator Marcie Miranda
traffic@chph.ca

Fundraising and Sponsorship Vacant

Rink / Hub Director Derek Parker
rink@chph.ca

Programming Director Vacant

SPONSORSHIP



Community Sponsors Needed!

The Coach Hill Patterson Heights Community Association is a volunteer-based group that is all about bringing people together. From family-friendly events to learn to skate programs and outdoor wellness classes, we create opportunities for neighbours to connect, learn, and grow. But we can't do it alone – we need your support! By becoming a sponsor, you'll play a key role in making these initiatives possible.

Whether you're an individual who loves our community or a small business looking to give back, your contribution will directly support:

- Free or low-cost events that unite neighbours
- Programs that enrich our community
- The Outdoor Community Hub, breaking ground this spring!

In return we'll proudly recognize your support through event promotions, social media shoutouts, and more. You can check out our website for all the perks! Ready to make a difference? Reach out to us at president@chph.ca or visit chph.ca/sponsorship to learn more about sponsorship opportunities. Together, we can build a stronger and more connected community.

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Hub Update

The Hub is going through a final review process! Since last month we have completed Geotech and Civil Engineering work. We recently met with Calgary Parks to discuss our plan, and they are excited for our project. We have also added a new volunteer board position "Hub Director" to be prepared when the Hub is open!

We are feeling exciting! We hoped to be starting construction by June, but we are getting very close, and everything is feeling very promising.

Are you able to help us get to the finish line? We are continuously applying for grants and seeking sponsorship for the Hub. We are now raising money for seating and hoops. Sponsoring a bench or hoop will keep the space accessible, available all year long, and is a meaningful way to give back to the community. Depending on your donation, you will also get a plaque to honour your support. Check out our website for information and to donate to The Hub!

<https://www.chph.ca/sponsorship>

*Make a lasting impact on your
neighbourhood!*



**Sponsor a Bench or
Hoop for The Hub!**

We are inviting residents, families, and local businesses to consider a meaningful sponsorship opportunity:

Donate \$4,000 to sponsor a bench and receive a personalized plaque recognizing your contribution for 10 years.

Donate \$3,800 to help us install a basketball hoop and receive a dedication sign on or near the hoop.

email: president@chph.ca



Community Resources

Sports and Recreation Facilities:

- Winsport Canada (Canada Olympic Park)
- Winsport Public Skating
- Calgary Gymnastics Centre
- Westside Recreation Centre
- Killarney Aquatic & Recreation Centre
- Shouldice Aquatic Centre
- Olympic Oval Ice Skating Rink

Parks:

- Strathcona Ravines
- Edworthy Park
- Lawrey Gardens
- Battalion Park
- Bowness Park
- Shouldice Park

Groups:

- Girl Guides and Scouts Canada
- Calgary West Basketball
- Gladiators Fencing Club

Soccer:

- Signal Hill
- Southwest Calgary Soccer
- Villains
- Chinooks
- Elbow Valley
- Glamorgan
- Scarboro
- Triwest

- Rangers
- Grassroots Soccer Club

Hockey:

- Springbank Minor Hockey Association
- Trails West Hockey
- Little League Hardball & Softball
- Paddle Association of Canada
- West Hills Softball
- Badminton Alberta

Designated Schools

Calgary Board of Education:

- Olympic Heights School
- Westgate Elementary (Fr. Immersion)
- Glenmeadows Elementary (Sp. Bilingual)
- Vincent Massey Jr. High
- Bishop Pinkham Jr. High (Fr. Immersion)
- A.E. Cross Jr. High (Sp. Bilingual)
- Western Canada High School
- William Aberhart High School (Sp. Bilingual)
- Bowness High School

Calgary Catholic School District:

- John Costello
- Holy Name (French Immersion)
- St. Gregory (Middle School)
- St. Monica

- St. Michael Elementary/Jr. High (Fr. Immersion)
- Bishop Carroll High School
- St. Mary's High School (Ext. French)

Private Schools:

- Menno Simons Christian School
- Rundle College Jr/Senior High School
- The Calgary French and International School
- The Waldorf School
- The Calgary Christian School
- Webber Academy
- Ambrose University College
- Calgary Academy Collegiate

Churches

- Anglican Church of the Good Shepherd
- Bethel United Reformed Church
- Christian City Church Calgary (C3)
- Rockpointe Church (Bowridge and Westhills Site)
- Korean Presbyterian Church
- St. Martin's Anglican Church
- St. Michael's Catholic Community
- First Lutheran Church
- WestEdge Church
- Woodcliff United Church

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DOUBLE EAGLE II

In August of 1978, the first successful balloon flight across the Atlantic took place. The balloon, named **Double Eagle II**, departed from Presque Island, Maine and landed in France. The gondola of this incredible balloon is on display at the Smithsonian Air & Space Annex in Chantilly, Virginia.



We all deserve to feel safe and be safe.

No matter who we are or where we are in Calgary.

A safe community means feeling comfortable wherever you are at all times of day. This list helps you connect to local teams that can help you when you are presented with situations that could make you feel unsafe.

EMERGENCY	9-1-1: Call in an emergency
DISTRESS CENTRE	211 or text INFO to 211: Social resources
BYLAW, CITY INFO	311: City information and bylaw requests
HELP TEAM	403-998-7388: Unhoused persons support
TRANSIT WATCH	403-262-1000 or text 74100: Transit safety issues
POLICE NON-EMERGENCY	403-266-1234: Police non-emergency situations

Right call. Right response.

Scan to learn more about community safety and wellbeing in Calgary.



Benefits of CHPCA Membership

What does the CHPCA do for me?

- Organizes social events such as the annual Stampede breakfast, Spring Recycling Cleanup, Movie in the Park, and Parade of Garage Sales
- Discounts on paid community events like Santa Photos and Wine Night
- Publishes *the Broadcaster* community newsletter
- Provides up-to-date information about issues affecting you and the community through member only email provides updates on important items for all at www.chph.ca
- Communicates regularly with Councillor Courtney Walcott on community and city related issues
- Provides effective representation and advocacy to external third parties about issues of concern to the community, including public safety, development, and the natural environment
- Creates a sense of community pride through participation in community activities.
- Receive a discount on your classified ad in the *Broadcaster*
- Maintains Adopt-a-Rink during the winter months

COMMUNITY ASSOCIATION MEMBERSHIP

Register online at www.chph.ca/memberships

Box 74132, 148 - 555 Strathcona Blvd. SW Calgary, Alberta T3H 3B6

Memberships are just \$20. Payments by e-transfer to treasurer@chph.ca now accepted.

Family Name: _____ # of Family Members: _____
Contact: _____
Address: _____ Postal Code: _____
Phone Number: _____ Email: _____
Are you interested in volunteering? YES NO
Date: _____ Signature: _____

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Movie in the Park

It's almost time for everyone's favourite event! We are so pleased to be hosting the sixth annual Movie in the Park on September 5 at Prominence Park.

Join us for a night outside with food trucks and a movie for the whole family. Bring your lawn chairs and come early to check out the amazing food trucks.

Timeline: Food trucks from 4:30 to 7:30 and show time at 7:15 pm.

More details will be released closer to the event. Check out our website for more information including which movie will be playing!

<https://www.chph.ca/post/movie-in-the-park>.



Seeking Passionate Neighbours to Shape our Community's Future



Open Board Positions

We are looking for

- Events Director
- Community Liaison
- Fundraising & Sponsorship Director
- Programming Director

See up-to-date positions, descriptions and application information on our website:

<https://www.chph.ca/board-of-directors>

or scan below



WADDLING TO VOTE

Where do penguins go to vote?

The South Poll



COMMUNITY UPDATES

A Busy Summer/Fall Ahead for the Neighbourhood!

Check out announcements for all our upcoming events, fundraisers, and programs below.

To make sure that you don't miss anything, join our membership base and get added to our mailing list. We only email sparingly to give updates. And follow us on Instagram @CHPH.CA or like us on Facebook @CHPHcommunity to see up to date information and announcements.

Current Community Programs

Farmstand Fridays Is Back at Patterson Park!

Shirley's Greenhouses have returned to Patterson Park on Fridays from 3:00 to 7:00 pm. They will be selling local homegrown produce including local fruit later into the season. Love Grows Wild ranch may join to sell grass fed beef. Support Farmstand Fridays and shop local!

Yoga in the Park

Our outdoor yoga classes started up again on July 31. This year we introduced a three-week flex pass for those who cannot attend all six weeks. If you are interested in joining for the last three weeks, please check out our website to see if registration is still available. Classes are on Thursdays from 6:00 to 7:00 pm and will run until September 4.

Three classes for \$30 per member and \$40 for non-members.

September Events and Programs

Movie in the Park

September 5

See page 9 for event details. We are looking for Sponsorships to help cover costs. Email president@chph.ca if you would like to get involved.

Parade of Garage Sales

September 20 from 10:00 am to 4:00 pm

Thinking of having a garage sale this year? Host on September 20 and be part of our Parade of Garage Sales! This gives people the opportunity to shop on one day and takes the pressure of signage and marketing off you! You will still host at your own residence, but we will make a map of all registered garage sales in the area.

Registration: You must have a valid CHPH community association membership to register your garage sale.

Registration closes September 8. Email membership@chph.ca to register!

Garage sale hopping? Follow us on Facebook and Instagram or keep an eye on our website for the garage sale maps. We will also have printed maps available for pickup at 711 in Coach Hill Plaza by September 18.

Community Recycling Event

Saturday, September 27 from 9:00 am to 2:00 pm

Location: 700 77 St (French International School)

Items we'll accept include metals, electronics, mattresses, box springs, car seats, used bikes, household appliances, furniture, and bottles.

Past Events and Fundraisers

CHPH and Prominence Retirement Stampede Breakfast

Thank you to our wonderful community who stepped up to help with our Stampede Breakfast. Thank you to Jacqueline and the staff at the Prominence Way Retirement Centre for co-hosting this popular event with us! We had approximately 1,000 residents attend this year's event.

Other Updates

Pickleball and Tennis

We have been contacted about misconduct complaints occurring at the tennis courts on Patina Dr SW. We would like to answer a few questions:

- We have two City of Calgary public courts in our community. Any member of the public is welcome to use these courts.
- These courts are not reservable, but we appreciate the community's patience while we had facilitated a community 'Learn to Play Pickleball' program for six weeks at these courts.
- One side of these courts have painted pickleball lines; however, tennis and pickleball are allowed to be played on either court as residents see fit.

Respect is paramount to continued use of the courts. If you are met with verbal or physical threats from any group of players, please call the police non-emergency line at 403-266-1234 to file a report while the incident is occurring. Court etiquette rules state limiting your games to 30 minutes if you see a group of players waiting for use of these courts. These courts are frequently empty most evenings, please check back for court availability. Courts are first-come-first-served.

Pickleball is a noisy sport, so we kindly ask the public to observe City of Calgary noise bylaws and finish your game by 10:00 pm.

Living with Chronic Pain or Illness: What We Wish Friends and Family Knew

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca

Living with chronic pain or illness is an ongoing challenge that impacts every aspect of a person's life—physically, emotionally, mentally, and socially. It's not just about the pain or symptoms themselves, but about learning to function, cope, and find meaning in a life that no longer looks or feels the way it once did. For those who care about someone facing this reality, your support matters deeply—but it may not always be clear how to help. Here's what we need you to know.

Chronic Means Ongoing, Not Just Inconvenient

When someone lives with chronic pain or illness, they're not just having a bad day or a tough week. This is a long-term reality, and while there may be good days and better moments, the underlying struggle is constant. Pain and fatigue can be invisible, which makes it easy to overlook or misunderstand. Please don't assume that just because we look okay, we feel okay. We often mask what we're going through to avoid burdening others or to maintain some sense of normalcy.

We're Grieving Too

Chronic illness often brings a quiet, ongoing grief—the loss of the life we once had or imagined. We may grieve the ability to work, travel, exercise, or socialize like we used to. Sometimes we feel isolated, left out, or forgotten when our limitations make it hard to keep up. When you acknowledge this grief with compassion instead of trying to “cheer us up” or push us to be more positive, it helps us feel seen and validated.

We're Doing Our Best—Even When It Looks Different

We often have to weigh every activity, conversation, or commitment against how much energy we have. What might seem like a simple errand or casual hangout could mean days of recovery afterward. Cancelling plans, needing accommodations, or asking for help isn't laziness or lack of motivation—it's self-preservation. Trust that we want to show up for life and for you; sometimes, our bodies just won't let us.



What Helps the Most Is Empathy, Not Solutions

Unless you're asked, please don't offer cures, diets, or miracle treatments. We've likely tried many things or are already overwhelmed with information. What we need most is your presence—your willingness to sit with us in the hard stuff without judgment or pressure to “fix” it. Simple statements like “I'm here,” “That sounds really hard,” or “You're not alone” go a long way.

Support Looks Like Consistency and Flexibility

Reach out, even if we sometimes don't respond right away. Be okay with changing plans. Offer help but ask first. Say, “Can I drop off dinner?” or “Would a short visit work today?” rather than, “Let me know if you need anything.” The more you learn to meet us where we are instead of where you wish we could be, the more supported we feel.

Chronic pain or illness doesn't define us, but it does shape us. With patience, empathy, and a willingness to understand, you can become a vital part of our resilience. We may not always say it, but your care matters more than you know.



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Sturgeon Moon



The gorgeous full moon that occurs in August is called the Sturgeon Moon. If you didn't already know, a sturgeon is a prehistoric-looking fish that has been traced back to around 136 million years ago! The name of this full moon comes from these fish that used to be abundant in the Great Lakes.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and live-streamed). Mid-week service on Wednesdays at 2:00 pm. ESL conversation on Tuesdays will return in September. Sandwich making for Alpha House on Wednesdays at 1:00 pm. Welcome Sunday on September 14.

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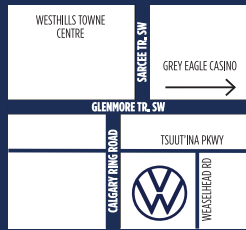


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COACH HILL COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
June	25	10	8	\$727,000	\$719,500
May	25	17	12	\$519,450	\$515,000
April	25	13	6	\$472,350	\$460,500
March	25	9	8	\$712,450	\$749,000
February	25	5	2	\$349,900	\$342,000
January	25	3	2	\$709,900	\$741,389
December	24	2	3	\$439,900	\$432,000
November	24	2	4	\$499,000	\$500,500
October	24	4	7	\$489,999	\$480,000
September	24	9	10	\$442,500	\$440,000
August	24	9	4	\$404,950	\$402,500
July	24	7	7	\$520,000	\$555,000

To view more detailed information that comprise the above
MLS averages please visit coac.mycalgary.com

PATTERSON COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
June	25	15	8	\$485,000	\$472,150
May	25	16	15	\$491,000	\$477,000
April	25	22	9	\$449,900	\$435,000
March	25	13	17	\$495,000	\$490,000
February	25	13	10	\$492,400	\$498,750
January	25	8	0	\$0	\$0
December	24	0	1	\$239,900	\$230,000
November	24	7	13	\$530,000	\$496,500
October	24	11	14	\$449,500	\$462,500
September	24	14	6	\$849,500	\$835,000
August	24	7	4	\$447,450	\$435,000
July	24	12	17	\$449,000	\$480,000

To view more detailed information that comprise the above
MLS averages please visit patt.mycalgary.com