

SEPTEMBER 2025

DELIVERED MONTHLY TO 3,700 HOUSEHOLDS

the BROADCASTER

THE OFFICIAL COACH HILL & PATTERSON HEIGHTS COMMUNITY NEWSLETTER



melansonrealty.ca



Your Neighbour & Trusted Real Estate Advisor

Mark Melanson

📞 403.830.6006

✉ mark@melansonrealty.ca

🌐 MelansonRealty.ca



Luxury Isn't a Price Point. It's a Standard of Service. *Mark Melanson*

www.chph.ca

JOANNE BIRCE

WARD 6

BUSINESS SMARTS COMMUNITY HEART

- ✓ Tax dollars focused on essential services that residents need
- ✓ Affordability: lower taxes, increased efficiency, identify waste
- ✓ Listen to residents and respond
- ✓ Prioritize economic growth

- ✓ Lived 31 years in west Calgary
- ✓ Small business owner
- ✓ 25 years of community service in Ward 6
- ✓ King Charles III Coronation Medal for community service



Meet Joanne!
Scan here or
visit website for
video and info.
JoanneBirce.ca



COMMITTED TO HIGHER STANDARDS

Authorized by the chief official agent for the Joanne Birce campaign

GAMES & PUZZLES

Guess the School Tool!

1. In the early 1960s, the first one of these was created to assist with number manipulation.
2. Before rubber, tablets of wax and crustless bread were both used at one point to do the job of this school tool.
3. A semi-circular measurement tool that deals with angles.
4. An organizer typically characterized by its circular or D-shaped retainers.
5. The first of these vibrant, attention-drawing school tools was invented by Dr. Frank Hon in 1963.
6. Alphabetical reference books that are always being updated, named after the Latin word for "the act of speaking".



SCAN THE QR
CODE FOR THE
ANSWERS!

OFFICIAL

PLUMBING & HEATING

Plumbing Services
Furnace Install & Repair
Drain Cleaning
Boiler Install & Repair
Electrical

\$50

Service Call Fee



403-837-4023

info@officialplumbingheating.ca
official-plumbing-heating.ca



**Samaritan Club
of Calgary**

Celebrating
115 years
of helping
Calgarians
in need

Semi-Annual Super Thrift Sale

Saturday, September 27

9:00am-1:00pm

Hillhurst-Sunnyside Community Centre

1320 - 5th Avenue NW



**Get great deals on household goods,
clothing & shoes for all, fashion accessories,
vintage & boutique items, collectibles,
art, books, toys & much more**

Don't forget to bring your tote bag!



**For More Information:
samaritanclub.ca**

**All proceeds will benefit
Calgarians in need (Cash Only)**

Back by popular demand:

- Concession
- Parcel Pickup

CHPHCA

Stay Up to Date

Our community association has several channels to communicate to you, and for you to communicate with us!

Member Emails: Get a membership and provide your email for "what's new" updates. Sign up to be included.

The Broadcaster Newsletter: 12 publications/year

Social Media: Stay in the loop by liking CHPHcommunity on Facebook and following @chph.ca on Instagram

General Inquiries: admin@chph.ca

Mail: Box 74132, 148-555 Strathcona Blvd SW Calgary, Alberta T3H 3B6

Email Us: See board listing for a full list of emails

Website: www.chph.ca

CALLING LOCAL PHOTOGRAPHERS!

We invite you to send in photos that highlight community events or day-to-day living in CHPH. We will publish the best photos in our next editions of the newsletter. Please make sure that photos are 300 DPI and file sizes are a minimum of 1MB in order to ensure print quality.

CALLING LOCAL WRITERS

Do you have something that you like to share with the CHPH community? If so, we welcome your input. Please email your articles and/or photos to the newsletter coordinator at communications@chph.ca and we will consider your submission for our next newsletter.

We've partnered with SkipTheDepot!

Looking for a way to help your Community Association that's quick and easy? Give us your empty bottles!

Its easy! Download the app and schedule a pickup using the link: <https://app.skipthedepot.com/coachhillassociation>.

That's it! On the appointed day, place your bags outside, and they will get picked up for you! No hauling bags into your trunk or waiting in line at the depot. SkipTheDepot will allow everyone to donate directly to our organization with ease.



EXECUTIVE

President	Talena Klypak Borbely president@chph.ca
Vice President	Dexter Makin vicepresident@chph.ca
Treasurer	Smita Sharma treasurer@chph.ca
Secretary	Voula Martin secretary@chph.ca

MEMBERS AT LARGE

Communications	Aisha Zaman communications@chph.ca
Community Liaison	Vacant admin@chph.ca
Events Committee	Vacant events@chph.ca
Expansion and Development	Dylon Shaw development@chph.ca
Membership	Leanne Albertson membership@chph.ca
Recycling	Ross Hart recycling@chph.ca
Traffic Safety Coordinator	Marcie Miranda traffic@chph.ca
Fundraising and Sponsorship	Vacant
Rink / Hub Director	Derek Parker rink@chph.ca
Programming Director	Vacant

SPONSORSHIP



Community Sponsors Needed!

The Coach Hill Patterson Heights Community Association is a volunteer-based group that is all about bringing people together. From family-friendly events to learn to skate programs and outdoor wellness classes, we create opportunities for neighbours to connect, learn, and grow. But we can't do it alone – we need your support! By becoming a sponsor, you'll play a key role in making these initiatives possible.

Whether you're an individual who loves our community or a small business looking to give back, your contribution will directly support:

- Free or low-cost events that unite neighbours
- Programs that enrich our community
- The Outdoor Community Hub, breaking ground this spring!

In return we'll proudly recognize your support through event promotions, social media shoutouts, and more. You can check out our website for all the perks! Ready to make a difference? Reach out to us at president@chph.ca or visit chph.ca/sponsorship to learn more about sponsorship opportunities. Together, we can build a stronger and more connected community.

the Gutter Doctor®
Home Exterior Services

GUTTER CLEAN, FIX & INSTALL
FASCIA • SOFFIT • ROOFING
GUTTER GUARDS • WINDOW CLEAN
SIDING • CLADDING • HEAT CABLES

403-714-0711 • gutterdoctor.ca



Hub Update

The Hub is going through a final review process! Since last month we have completed Geotech and Civil Engineering work. We recently met with Calgary Parks to discuss our plan, and they are excited for our project. We have also added a new volunteer board position "Hub Director" to be prepared when the Hub is open!

We are feeling exciting! We hoped to be starting construction by June, but we are getting very close, and everything is feeling very promising.

Are you able to help us get to the finish line? We are continuously applying for grants and seeking sponsorship for the Hub. We are now raising money for seating and hoops. Sponsoring a bench or hoop will keep the space accessible, available all year long, and is a meaningful way to give back to the community. Depending on your donation, you will also get a plaque to honour your support. Check out our website for information and to donate to The Hub!

<https://www.chph.ca/sponsorship>

*Make a lasting impact on your
neighbourhood!*



**Sponsor a Bench or
Hoop for The Hub!**

We are inviting residents, families, and local businesses to consider a meaningful sponsorship opportunity:

Donate \$4,000 to sponsor a bench and receive a personalized plaque recognizing your contribution for 10 years.

Donate \$3,800 to help us install a basketball hoop and receive a dedication sign on or near the hoop.

email: president@chph.ca



Community Resources

Sports and Recreation Facilities:

- Winsport Canada (Canada Olympic Park)
- Winsport Public Skating
- Calgary Gymnastics Centre
- Westside Recreation Centre
- Killarney Aquatic & Recreation Centre
- Shouldice Aquatic Centre
- Olympic Oval Ice Skating Rink

Parks:

- Strathcona Ravines
- Edworthy Park
- Lawrey Gardens
- Battalion Park
- Bowness Park
- Shouldice Park

Groups:

- Girl Guides and Scouts Canada
- Calgary West Basketball
- Gladiators Fencing Club

Soccer:

- Signal Hill
- Southwest Calgary Soccer
- Villains
- Chinooks
- Elbow Valley
- Glamorgan
- Scarboro
- Triwest

- Rangers
- Grassroots Soccer Club

Hockey:

- Springbank Minor Hockey Association
- Trails West Hockey
- Little League Hardball & Softball
- Paddle Association of Canada
- West Hills Softball
- Badminton Alberta

Designated Schools

Calgary Board of Education:

- Olympic Heights School
- Westgate Elementary (Fr. Immersion)
- Glenmeadows Elementary (Sp. Bilingual)
- Vincent Massey Jr. High
- Bishop Pinkham Jr. High (Fr. Immersion)
- A.E. Cross Jr. High (Sp. Bilingual)
- Western Canada High School
- William Aberhart High School (Sp. Bilingual)
- Bowness High School

Calgary Catholic School District:

- John Costello
- Holy Name (French Immersion)
- St. Gregory (Middle School)
- St. Monica

- St. Michael Elementary/Jr. High (Fr. Immersion)
- Bishop Carroll High School
- St. Mary's High School (Ext. French)

Private Schools:

- Menno Simons Christian School
- Rundle College Jr/Senior High School
- The Calgary French and International School
- The Waldorf School
- The Calgary Christian School
- Webber Academy
- Ambrose University College
- Calgary Academy Collegiate

Churches

- Anglican Church of the Good Shepherd
- Bethel United Reformed Church
- Christian City Church Calgary (C3)
- Rockpointe Church (Bowridge and Westhills Site)
- Korean Presbyterian Church
- St. Martin's Anglican Church
- St. Michael's Catholic Community
- First Lutheran Church
- WestEdge Church
- Woodcliff United Church

SCAN HERE TO VIEW ADDITIONAL CONTENT: NEWS, EVENTS, CRIME STATS, REAL ESTATE STATS, & MORE

COACH HILL



PATTERSON



Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



We all deserve to feel safe and be safe.

No matter who we are or where we are in Calgary.

A safe community means feeling comfortable wherever you are at all times of day. This list helps you connect to local teams that can help you when you are presented with situations that could make you feel unsafe.

EMERGENCY	9-1-1: Call in an emergency
DISTRESS CENTRE	211 or text INFO to 211: Social resources
BYLAW, CITY INFO	311: City information and bylaw requests
HELP TEAM	403-998-7388: Unhoused persons support
TRANSIT WATCH	403-262-1000 or text 74100: Transit safety issues
POLICE NON-EMERGENCY	403-266-1234: Police non-emergency situations

Right call. Right response.

Scan to learn more about community safety and wellbeing in Calgary.



What Is Cart Contamination?

by The City of Calgary, Waste and Recycling Services

We talk a lot about putting the right items into your blue, black, and green carts to avoid contamination. But what exactly is contamination?

Contamination is when the wrong items are put in the wrong bins. Sorting your waste into the right carts ensures material ends up at the right facility to be turned into new products or to be disposed of properly.



Most people do a good job with their carts. But the consequences of contamination create real challenges that impact the waste facilities, the health and safety of workers, and increase program costs for Calgarians.

Working together, we can keep our facilities and staff safe while ensuring our waste programs run properly.

Learn more at calgary.ca/contamination.



Benefits of CHPHCA Membership

What does the CHPHCA do for me?

- Organizes social events such as the annual Stampede breakfast, Spring Recycling Cleanup, Movie in the Park, and Parade of Garage Sales
- Discounts on paid community events like Santa Photos and Wine Night
- Publishes *the Broadcaster* community newsletter
- Provides up-to-date information about issues affecting you and the community through member only email provides updates on important items for all at www.chph.ca
- Communicates regularly with Councillor Courtney Walcott on community and city related issues
- Provides effective representation and advocacy to external third parties about issues of concern to the community, including public safety, development, and the natural environment
- Creates a sense of community pride through participation in community activities.
- Receive a discount on your classified ad in the *Broadcaster*
- Maintains Adopt-a-Rink during the winter months

COMMUNITY ASSOCIATION MEMBERSHIP

Register online at www.chph.ca/memberships

Box 74132, 148 - 555 Strathcona Blvd. SW Calgary, Alberta T3H 3B6

Memberships are just \$20. Payments by e-transfer to treasurer@chph.ca now accepted.

Family Name: _____ # of Family Members: _____

Contact: _____

Address: _____ Postal Code: _____

Phone Number: _____ Email: _____

Are you interested in volunteering? ☐ YES ☐ NO

Date: _____ Signature: _____

BRINGING HOME THE

Bacon

fundraiser

Premium Canadian Bacon

11 lb case (approx 165 slices)

\$100

5.5. lb case (approx 82 slices)

\$50

**Shelf Life- 80 days in fridge / longer
in freezer**

Scan to Order!



**Seeking Passionate
Neighbours
to Shape our
Community's Future**



Open Board Positions

We are looking for

Events Director

Community Liaison

Fundraising & Sponsorship Director

Programming Director

See up-to-date positions, descriptions and
application information on our website:

<https://www.chph.ca/board-of-directors>

or scan below



Heather Hall
Wards 6 & 7 CANDIDATE

Public School Trustee
www.heather-hall.com



Couples, Individual, Child & Teen Therapy



Therapy rooted in what matters most: connection

We believe connection is the heart of health and wellbeing. Whether it's the connection with yourself, your partner, your children, or your family. "When we feel connected, we heal, grow, and thrive."



- Couples Therapy
- Individual Counselling
- Co-Parenting
- Child & Teen Therapy
- Grief and Loss Support

www.relationshipwellnessclinic.com

COMMUNITY UPDATES

A Busy Summer/Fall Ahead for the Neighbourhood!

Check out announcements for all our upcoming events, fundraisers, and programs below.

To make sure that you don't miss anything, join our membership base and get added to our mailing list. We only email sparingly to give updates. And follow us on Instagram @CHPH.CA or like us on Facebook @CHPHcommunity to see up to date information and announcements.

Current Community Programs

Farmstand Fridays at Patterson Park!

Shirley's Greenhouses and Love Grows Wild have a wonderful plethora of ripe garden veggies, preserves, and grass-fed and grass finished beef. We are very lucky to have these vendors set up in the field every Friday! Please come and check them out from 3:00 to 7:00 pm. They will be there until the first week in October. You're supporting local farmers and you're supporting two great families.

Yoga in the Park

Outdoor Yoga Classes were set to run until September 4. Due to some rain and thunderstorm notices we may be extending these classes for those who have signed up.

September/October Events and Programs

Movie in the Park

September 5

Thank you to everyone who joined us!

Parade of Garage Sales

September 20

Garage Sales Run from 10:00 am to 4:00 pm

Thinking of having a garage sale this year? Host on September 20 and be part of our Parade of Garage Sales! This gives people the opportunity to shop on one day and takes the pressure of signage and marketing off you! You will still host at your own residence, but we will make a map of all registered garage sales in the area.

Registration: You must have a valid CHPH community association membership to register your garage sale.

Registration closes September 8. Email membership@chph.ca to register!

Garage sale hopping? Follow us on Facebook and Instagram or keep an eye on our website for the garage sale maps. We will also have printed maps available for pickup at 711 in Coach Hill Plaza by September 18.

Community Recycling Event

Saturday, September 27 from 9:00 am to 2:00 pm

French International School (700 77 St SW)

Items we'll accept include metals, electronics, mattresses, box springs, car seats, used bikes, household appliances, furniture, and bottles.

Bring Home the Bacon Fundraiser

This tasty fundraiser closes on September 17! Don't miss out – check out our website to place your order. We are selling premium Canadian bacon cheaper than grocery stores and a proceed of each sale goes towards events and programs for our community.

Pricing:

- \$100 for 11 lbs. (approx. 165 slices)
- \$50 for 5.5 lbs. (approx. 82 slices)

Diwali Samosa Fundraiser

Back by popular demand! Sales go live in October- check out our website for more information!

Past Events and Fundraisers

This year we partnered with West Springs Cougar Ridge Community Association and had Fitset Ninja set up a course and offer a weeklong day camp as well as drop in at Coach Hill Fields. This was a lot of fun for kids, and it was great to see the fields used in the summertime. The rain did throw a wrench into our plans, and some sessions had to be cancelled and rescheduled. We really enjoy the fact that we have a wonderful partner community association, thank you West Springs Cougar Ridge CA.



Understanding Why Some Men Struggle with Emotional Avoidance in Relationships

by Nancy Bergeron, R.Psych. | info@nancybergeron.ca

As a relationship counsellor many women ask me: "Why is my partner so emotionally unavailable?" or "Why won't he open up to me?". If you're in a relationship with a man who seems emotionally distant, you're not alone. Emotional avoidance is incredibly common among men (and women too). While it can feel confusing or painful in a relationship, it's often rooted in early life experiences and cultural messages, not a lack of love or care.

1. Cultural and Social Conditioning

From a young age, many boys are taught to suppress their feelings. Messages like:

"Don't cry." "Man up." "Be strong." are often used to discourage boys from expressing emotions like sadness, fear, or vulnerability.

Over time, this social conditioning can lead men to associate emotional expression with weakness or failure. Vulnerability feels unsafe. Many men grow up believing they must always appear "in control," which means avoiding emotions, both their own and others'.

2. Early Childhood Attachment Patterns

Many emotionally avoidant men learned, early in life, that emotional needs wouldn't be met. Perhaps their caregivers were:

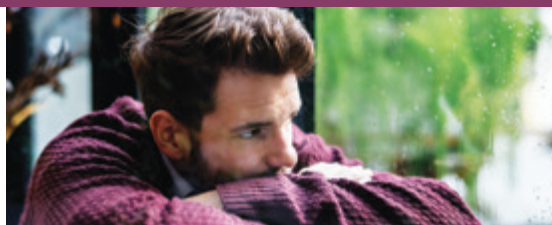
Emotionally distant. Critical or punishing when they expressed feelings. Overwhelmed and unavailable themselves.

As a result, these men developed an avoidant attachment style. They learned to cope by shutting down emotional needs, relying only on themselves, and avoiding dependence on others. In adult relationships, this can look like:

Withdrawing during conflict. Struggling to express affection or emotional presence. Feeling overwhelmed when their partner expresses strong emotions.

3. Fear of Shame and Vulnerability

Opening up emotionally requires risk. For many men,



emotional intimacy feels like stepping into unknown and possibly dangerous territory. They may fear:

Being judged. Saying the wrong thing. Being seen as "not enough".

To protect themselves from the possibility of shame or rejection, they pull back emotionally. This doesn't mean they don't care. It means their nervous system is trying to protect them.

4. Lack of Emotional Awareness or Language

Many men simply haven't been taught how to identify, name, or communicate their feelings. Emotional intelligence is a skill set, one that needs modelling and practice. Without that early modelling, men may not even recognize what they're feeling, much less how to express it in a way that feels safe or clear.

This lack of emotional literacy can come across as:

"I don't know what I'm feeling." "I'm fine." (when they're clearly not). Defensiveness or silence during emotionally charged moments.

5. Modelling and Role Expectations

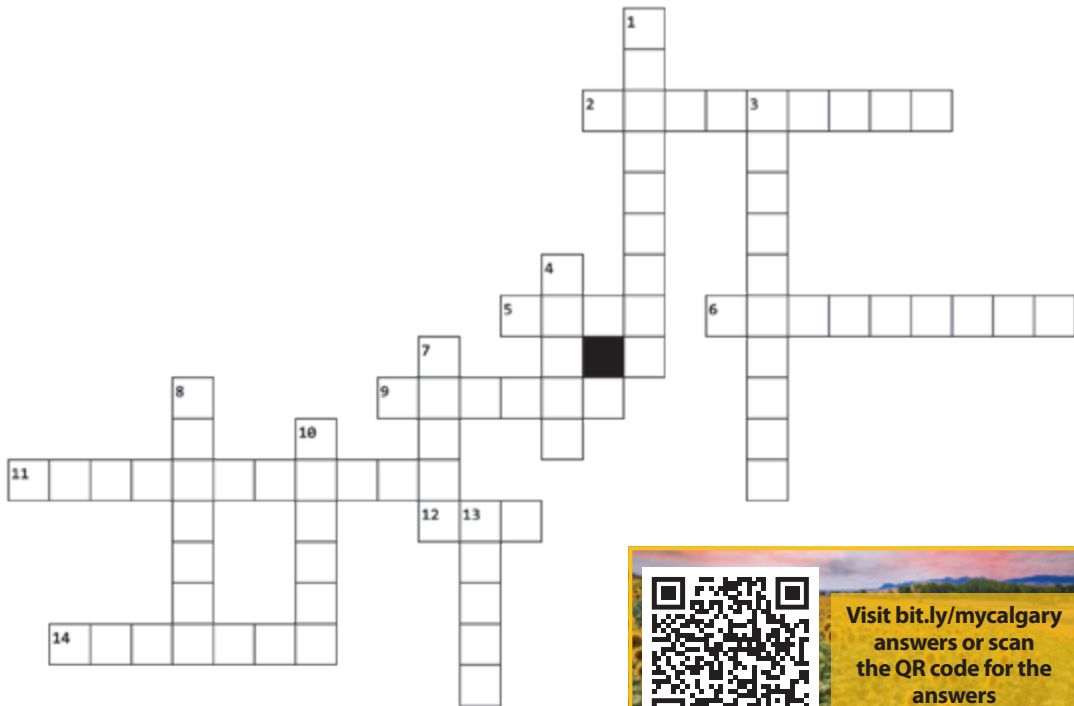
Most men were raised in environments where male role models modelled emotional detachment or stoicism. If their fathers, uncles, or coaches didn't show emotional vulnerability—or worse, shamed it—they may not have any roadmap for what emotional availability looks like. In adulthood, many men feel emotionally "lost" and unsure how to engage on a deeper level.

6. Protective Coping from Past Wounds

If a man has experienced trauma, betrayal, or loss in the past, emotional avoidance may be a protective strategy. Avoiding closeness can feel like a way to prevent being hurt again. Unfortunately, what once served as protection can eventually become a barrier to healthy connection.

Book Suggestion: *The New Rules of Marriage: What You Need to Know to Make Love Work* by Terrance Real.

September Crossword



Across

2. Ernest _____'s *The Old Man and the Sea* was first published on September 1, 1952.
5. September's full moon is named after a plant also known as maize.
6. In September 1835, Charles Darwin, aboard the *HMS Beagle* arrived at the _____ Islands.
9. *The _____ Girls*, a sitcom about four older women living together in Miami, premiered on September 14, 1985.
11. Ice hockey forward, John Tavares, was born on September 20, 1990, in _____, Ontario.
12. This "Finger Lickin' Good" fast food restaurant opened its first franchise on September 24, 1952.
14. Starring Canadian actor, William _____, *Star Trek* premiered on September 8, 1966.

Down

1. The Rock and Roll Hall of Fame opened to the public on September 2, 1995, in _____, Ohio.
3. On September 19, 1893, this country became the first to grant all women the right to vote.
4. Canadian singer-songwriter Leonard _____ was born on September 21, 1934.
7. On September 4, 1888, George Eastman patented a roll-film camera and introduced this now-iconic brand name.
8. Canada beat the USA by 23 runs on September 25, 1844, in the first international _____ match.
10. On the first Monday of September, _____ Day is observed in Alberta.
13. Stars of *Bridget Jones's Diary*, Colin _____ and Hugh Grant, were both born in September 1960, just one day apart.

BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

COACH HILL | PATTERSON HEIGHTS MORTGAGE BROKER: Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

LANDSCAPING & WINDOW CLEANING: Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JAKES TREE SERVICE: ISA Certified Arborist offering professional tree services in your area. Services include tree cutting and removal, tree/hedge pruning or maintenance, and stump grinding. For a free quote call or text 403-667-3878 or visit jakestreeservice.jobbersites.com.

FALCONER HANDYMAN SERVICES LTD: New decks, fences and repairs. Stucco patching, re-stucco, foundation parging, interior and exterior painting, flooring, drywall, concrete, landscaping, and renovations. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

COACH HILL PAINTER: Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

BIG SKY VENTURES: Terry Raabis, Certified Master Electrician with over 50 years' electrical experience ~ home renovations, house re-wiring, troubleshooting, smoke and carbon monoxide detectors, breaker panel upgrades, fans, cooktops, range hood installs and much more! Fully licensed and insured. No charge on-site consultations. Customer satisfaction guaranteed. Call Terry at 587-228-9371 or email bigskyventures@shaw.ca.

GUTTER DOCTOR! Home exterior service experts. Services include gutter cleaning, repairs, and installations as well as fascia, soffit, siding, roofing, cladding, heat cables, gutter guards, window cleaning, and pressure washing. Local business for over 23 years with more than 70,000 happy customers! Licensed, insured, WCB, A+ BBB member, multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

ST. MARTIN'S ANGLICAN CHURCH: 1009 Prominence Way SW in Patterson Heights. Sunday service at 10:00 am (in-person and live-streamed). Mid-week service on Wednesdays at 2:00 pm. ESL conversation cafe on Tuesdays at 9:30 am. Sandwich making for Alpha House on Wednesdays at 1:00 pm.

FALL CLEAN-UP TIME! Let us tackle your fall clean-ups, lawn care, and snow removal. Book today and roll into our snow removal service. Save \$50/month when you book before Sept 31. Packages from \$99/month — spots fill fast! Call/text 587-200-7985 now.

YOUR HOME SOLD GUARANTEED!*

Call to find out more about our Innovative Consumer Programs



LEN T WONG + ASSOCIATES

RE/MAX
COMPLETE REALTY



Call or Text 📞 403-606-8888 ✉️ len@lentwong.com 🌐 calgaryhomesearch.com 🌐 calgaryluxuryhomesearch.com

*Terms and Conditions apply.

COACH HILL COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
July	25	9	7	\$530,000	\$550,000
June	25	10	8	\$727,000	\$719,500
May	25	13	12	\$519,450	\$515,000
April	25	12	6	\$472,350	\$460,500
March	25	9	8	\$712,450	\$749,000
February	25	5	2	\$349,900	\$342,000
January	25	3	2	\$709,900	\$741,389
December	24	2	3	\$439,900	\$432,000
November	24	2	4	\$499,000	\$500,500
October	24	4	7	\$489,999	\$480,000
September	24	9	10	\$442,500	\$440,000
August	24	9	4	\$404,950	\$402,500

To view more detailed information that comprise the above
MLS averages please visit coac.mycalgary.com

PATTERSON COMMUNITY REAL ESTATE ACTIVITY

		Properties		Median Price	
		Listed	Sold	Listed	Sold
July	25	11	11	\$615,000	\$614,000
June	25	13	8	\$485,000	\$472,150
May	25	16	15	\$491,000	\$477,000
April	25	22	9	\$449,900	\$435,000
March	25	13	17	\$495,000	\$490,000
February	25	13	10	\$492,400	\$498,750
January	25	8	0	\$0	\$0
December	24	0	1	\$239,900	\$230,000
November	24	7	13	\$530,000	\$496,500
October	24	11	14	\$449,500	\$462,500
September	24	14	6	\$849,500	\$835,000
August	24	7	4	\$447,450	\$435,000

To view more detailed information that comprise the above
MLS averages please visit patt.mycalgary.com

WESTERN CANADA'S LARGEST VW RETAILER IS NOW OPEN.



TAZA PARK
Volkswagen



ENJOY THESE GREAT SPECIALS FROM YOUR NEWEST COMMUNITY DEALER.



FREE!
TOUCHLESS
WASH
WITH THIS AD

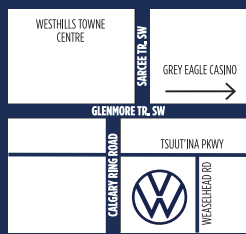


SAVE 20%
ON ALL
SERVICES
WITH THIS AD



OIL
CHANGES
FOR LIFE!
WITH VEHICLE PURCHASE

MINUTES
AWAY!



TAZA PARK
Volkswagen

5909 WEASELHEAD ROAD
403.300.0900
www.TAZAPARKVW.com

AMVIC LICENSEE. OFFERS EXCLUDE GST. AD MUST BE PRESENTED PRIOR TO REDEMPTION OF CAR WASH AND 20% OFF SERVICES. OIL CHANGE OFFER SUBJECT TO CONDITIONS. SEE DEALER FOR FULL DETAILS. OFFERS END 09/30/25.

**THE
CALGARY
PARTY**

VOTE INAM TEJA ON OCTOBER 20



Served as Vice President of Coach Hill
Patterson Heights Community Association



Oxford graduate, finance executive, and
policy leader at Calgary Drop-In Centre



Nail the basics: fix roads, upkeep water
infrastructure, and preserve parks



See the full plan at
inamteja.ca



LANDSCAPING SPECIALISTS



FOR A FREE ESTIMATE
ON LANDSCAPING

CALL SHAWN 403.651.0424

ASFCONTRACTING1@GMAIL.COM

WWW.ASFCONTRACTING.COM

COMMERCIAL/RESIDENTIAL LAWN MAINTENANCE • PAVING
STONE • SOD • RETAINING WALL INSTALL • FENCES • DECKS



**Need Mortgage Solutions?
We've Got You Covered!**

Prime, Alternative,
Reverse – We Do It All!
Let Us Find Your Perfect
Fit Today!



ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Avenue Financial



DUNCAN LAW

Impeccable
Legal Advice.

- Personal Injury
- Real Estate
- Wills & Estates
- Family Law



📍 Conveniently located in Aspen Landing

Phone: 403.300.0870 | DuncanLawYYC.ca