

JANUARY 2024

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THE OFFICIAL CRESTMONT COMMUNITY NEWSLETTER

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Office hours:

Monday, Wednesday, Thursday, Friday: 11:00 am to 4:00 pm.

Tuesday: 1:00 to 7:00 pm.

Closed on Saturdays, Sundays, statutory holidays, and long weekends.

*Subject to change. Please visit our website for the most up to date information.

Contact information:

General Information: admin@crestmonthall.com.

Events/Rentals: events@crestmonthall.com.

Website: www.crestmonthall.com.

Board of Directors

Executive positions will be announced once the Board convenes after the AGM

A Message from the Board of Directors

Thank you to everyone that attended the AGM on November 30. The turnout was record-breaking, and some very good conversations were had. It is our hope that the CHOA's commitment to engagement with our members was apparent over the course of the evening.

The Board of Directors met in December and Executive Positions were confirmed. The Board is comprised of five resident members, and two Qualico representatives:

- Theresa Kline - President
- Ben Mercer (Qualico) - Vice President
- Andrew Goetz - Treasurer
- Melanie Gillam - Secretary
- Paul Godard
- Neil Markoff
- Brian Brown (Qualico)

The Q and A session that took place upon conclusion of the formal AGM was a terrific opportunity for open discussion about many topics. The following questions and answers were raised and recorded.

2023 CHOA AGM Question and Answer Session

Who Does What?

Crestmont Homeowners Association (CHOA)

Membership and annual fees for those owning residential property in Crestmont is mandatory (through an encumbrance on title). This non-profit, private organization is a legal entity and is registered with the province of Alberta under the Societies Act. The purpose of the CHOA is to manage, operate, and maintain the amenities in Crestmont. These include the hall, spray

park, play structure adjacent to the hall, parking lot, and land directly surrounding the hall. Board members are elected, and resident members are volunteers.

Crestmont Community Association (CCA)

Membership, and fees for members, is voluntary. This non-profit organization is organized and run by volunteers. Funding is obtained through membership fees, fundraisers, and government grants. The purpose of the CCA is to plan and administer sporting, cultural, and recreational programs that enhance the neighbourhood. It is through the CCA that individuals in the community speak with a collective voice to external entities such as the City of Calgary, developers, and other Community Associations on issues such as traffic, zoning, bylaws, and development.

City of Calgary

Owns and manages all lands in Crestmont, other than those under the direct control of the CHOA, including roads, ponds, pathways, and parks. Any issues associated with these are within the jurisdiction of the City.

While the CHOA and CCA are separate organizations, they have a common goal of enhancing the quality of life of Crestmont residents. The CHOA and CCA can, and do, work collaboratively on specific projects/tasks when cooperation and coordination benefits community members.

Crestmont Blvd Concerns (Vehicle Speeding and Road Conditions)?

The roadways are owned and operated by the City of Calgary. Individuals are encouraged to call 3-1-1 or go to their online site (<https://www.calgary.ca/311.html>) to register any concerns. The Crestmont Community

Association (CCA) is taking a very proactive collective role on this issue – they would be happy to have any help you would provide as well(<https://www.facebook.com/CrestmontCA/>, <https://crestmontcommunity.org/>).

Snow Clearing on Paths

Paths are owned and operated by the City of Calgary. The CHOA enters into snow and ice removal agreements with the City to clear certain City-owned paths in our community. Despite having submitted our agreement to them many weeks ago, the City just awarded the contracts for snow removal last week (late November). Thus, there was a delay in pathway snow and ice removal this year. We are on track now for proper service. Any concerns or issues about pathway clearing can now be directed to our Facility Manager. General roadway or sidewalk snow/ice clearing issues need to be reported to the 311 City service (see item two for contact information options).

Landscaping in Community Park Areas and Pathways

Parks (other than the one directly adjacent to the hall), boulevards, ponds, and pathways are owned and operated by the City of Calgary. Any issues, such as weed growth, overgrowth, garbage, need to be directed to the 3-1-1 City service.

Cost Containment

Measures to ensure costs to the CHOA members are contained and provide good value for service are in place. Our Facility Manager ensures all work is complete prior to signing off on any invoice for payment. In addition, we have begun a process to invest our excess funds in no-risk vehicles, such as GICs, to assist with our longer-term fiscal needs.

Amenities

In a community with as diverse a population as Crestmont, not all members will utilize all amenities. A survey in the spring of 2024 will be sent out to members to gather information about desired amenities/activities going forward. Your voice through the survey will be incorporated into the long-term strategic planning of the CHOA. You are encouraged to participate in surveys to have your voice heard.

Highway 1

Traffic noise, fencing, and berms on the south side of Highway 1 are the responsibility of the provincial government (as are highway guide signs). Concerns about noise and/or guide signs can be directed to the

West Calgary Ring Road project site at <https://www.alberta.ca/west-calgary-ring-road#jumplinks-5>.

Crestmont Neighbourhood Signage

A “Welcome to Crestmont” type sign at the entrance to the neighbourhood will be reviewed. This will not be provided by the developer.

Development

Qualico will be developing the land directly west of the natural ravine over the next ten years. An additional 500 homes are anticipated to be built. Shape’s Calgary West development (directly east of Crestmont) can be viewed at <https://www.calgary.ca/planning/projects/shape-multi-use.html>.

East Storm Pond Fountain

The fountain will be replaced in spring 2024. This is a Capital Replacement.

We look forward to continuing these conversations with you.

Your CHOA Board of Directors

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OFFICE UPDATES



CRESTMONT
Homeowners'
Association

Annual HOA Invoices

Annual fees are \$350 + GST. Invoices will be issued on January 1, 2024, and are due by January 31, 2024. A notice will be sent out to members by email and hard copy (for those that are not in our email database) to advise when the invoices will be available online. Payment can be made online by Visa or Mastercard through our member portal, PerfectMind, or by cheque or debit (as well as credit card) through the office. Please visit our website for complete instructions about accessing and paying your invoice online.

Just a reminder to homeowners that outstanding HOA fees are being charged interest at a monthly rate of 2% at the beginning of each month effective February 1, 2024, and overdue accounts will be sent to Field Law as of March 30, 2024. Please contact the office if you need assistance with the online system or wish to make arrangements to pay through the office.

Email Distribution List

If you are not currently receiving our emails, please contact us through admin@crestmonthall.com by submitting a Member Acknowledgement form that can be found online.



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News, Events, & More



Real Estate Statistics



WINTER PROGRAMS

The winter session of classes runs from January until the end of March. You can register for classes online, or through the office. Classes require a minimum of six participants to run. Drop-in and pro-rated options are available. Youth ages 16+ may be able to register for adult programs.

More programs and workshops are in the works that may not have been finalized at publication date. Please visit our website at www.crestmonthall.com for the most up-to-date information.

Fit Dance for Adults with Fior

Mondays: January 15 to March 25, 2024 (excluding February 19) from 7:00 to 8:00 pm

Fitness program that looks and sounds more like a dance party. Involves cardio and Latin-inspired dance. It's all about having fun and burning calories. Recommended for ages ten and above. No experience necessary.

Member rate: \$150 | Non-member rate: \$165

Fit Kids for Parent and Tots with Fior

Wednesdays: January 17 to February 28, 2024 (excluding January 24) from 9:30 to 10:00 am

Parental supervision required. Perfect for one- to three-year-olds. These classes focus on stretchy bands, gentle parachute exploration, low-risk obstacle courses, and simple musical fun. Cultural dance and beat explorations that get everyone involved at an age-appropriate level. Programs are 30 minutes in length.

Member rate: \$50 | Non-member rate: \$65

Fit Kids for Preschoolers with Fior

Wednesdays: January 17 to February 28, 2024 (excluding January 24) from 10:15 to 11:00 am

Creative movement and coordination skills, Zumba, obstacle courses, interactive story-based yoga, yoga craft, games, musicality, and rhythm. Programs are 30 to 45 minutes in length and designed for children ages three to six years old.

Member rate: \$90 | Non-member rate: \$115

Open Studio – Adult Art Class with Margaret

Wednesdays: January 18 to March 13, 2024 from 1:00 to 4:00 pm

**Free demo class on January 11 from 1:00 to 3:00 pm.
Contact the office to sign up!**

Do you have the desire to paint or broaden your knowledge? Are you:

- Totally terrified but want to learn?
- A beginner who wants to know the basics?
- An intermediate who wants to develop your style?
- At an advanced level but want to expand your technical expertise?

Come and join us. Classes are offered in a group setting, based on individual (one-on-one) instruction, so learn at your own pace, in your own time. We will have fun, socialize, and create wonderful works of art. We all start somewhere, so if you are a beginner, we will meander through the steps of "how to" to get you going and then expand your knowledge. Art is all about information, relaxation, and fun.

Instruction provided by Margaret Holland, a Calgary born and raised landscape artist. Supplies are not included as participants are welcome to work with any and all mediums they choose. Visit our website for a list of suggested materials for each medium (i.e.: watercolour, oil, etc.).

Member rate: \$275 | Non-member rate: \$300

Detox Yoga with Gordana

Wednesdays: January 17 to March 27, 2024 from 7:00 to 8:00 pm

Detox Yoga is a flow class that uses different positions, particularly twists and bends, to stimulate our organs. Detox Yoga is for all ages and body types.

Some of the benefits of the Detox Yoga are:

- Increased energy and vitality
- Improved deep sleep
- Stronger immune system
- Increased flexibility

Member rate: \$165 | Non-member rate: \$185

Dance with Mandi

Thursdays: January 4 to February 8, 2024

- Preschool Ballet/Acro - 6:30 to 7:15 pm (ages three to five)
- Junior Ballet/Jazz - 7:15 to 8:15 pm (ages six to ten)
- Teen Ballet/Lyrical - 8:15 to 9:15 pm (ages 11 and up)

Member rate: \$90 | Non-member rate: \$115

**Yoga for Heathy Aging and Well-Being with Vanitha
Thursdays: January 11 to March 28, 2024 from 9:30 to 10:45 am**

**Free trial class on January 4 from 9:30 to 10:45 am.
Contact the office to sign up!**

It's never too late to start practicing yoga! This 75-minute class is for anyone that wants to work on foundation and alignment for balance, flexibility, and strength. Helps build stamina and supports your joints through movement. This gentle practice will help you to increase flexibility, improve balance and motor coordination, and deal with common health issues and stress. Better sleep and an improved sense of overall vitality are commonly experienced. Beginners welcome.

Member rate: \$225 or \$20 per class drop-in | Non-member rate: \$240 or \$22 per class drop-in

Other Programs Offered

Sportball

Offered at Crestmont hall on Fridays and Sundays. Non-competitive sports programs for every kid, at every stage. Please visit Sportball Calgary's website for details and registration.

Program Space

Is your group or business looking for a venue to host their activity? Our hall can accommodate up to 150 people, and we offer hourly bookings during the week. Dance, music, choir, martial arts, or languages. Reach us at admin@crestmonthall.com to talk to us about your ideas!

International Day of Education

January 24 is International Day of Education! The United Nations General Assembly solidified this annual observance to celebrate the role education plays in the development and peace within countries. Let's hear it for all our educators on this day, and every day!



**Board Game Night****January 23 from 6:30 to 9:30 pm**

The CHOA hosts free monthly board game nights that meet on the third Tuesday or Thursday of every month from 6:30 to 9:30 pm. The last few have been enjoyed by all attendees, and games like Sushi Go, Mille Bornes, Yahtzee, Codenames, and Party Pictionary were just some of the games played. If you are interested, a sign-up link is posted on the website. Feel free to bring a game you would like to play (modern or traditional) and come out and meet your neighbours!

CCA's Paint Night with Jessica**Friday, February 23 from 7:00 to 9:00 pm**

Our first Paint Night was a success! For a close-to-home evening of creativity, relaxing, and socializing, join us for Paint Night. All supplies are included, and you can enjoy a complimentary beverage while you create your own acrylic landscape.

It is recommended not to wear a loose-fitting top. Feel free to bring an apron!

Cost: \$50 for members | \$60 for non-members

CRESTMONT COMMUNITY
ASSOCIATION

Your board members are all resident volunteers. We love our community and want to help make it the best it can be!

CCA BOARD

President	Wendy Goetz
Vice President	Sean Kolb
Secretary	Claudia Lara
Treasurer	Chris Van Tornhout
Directors at Large	Al Del Degan, Carey Kress Firo Britto, Nelle Derry

**Our Clinic Hours of Operation**

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What does the CCA do?

We run youth and family related programs.

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Say Cheese? Or Maybe Not...

Back in the 1840s, instead of saying "cheese," folks opted for "prunes" during photo sessions. Flashing a big grin was considered juvenile at the time. A savvy London photographer advised people to say "prunes" to maintain a more composed expression. This practice, predating the modern "fish face" selfie, harks back a good 180 years.



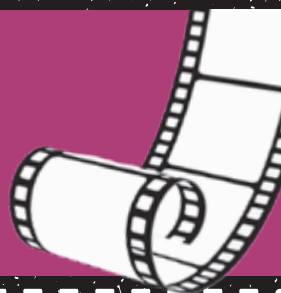
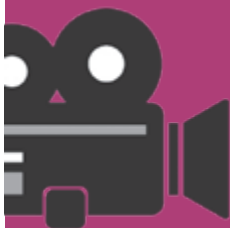
That's a Lot of Snow

Scotland has an impressive linguistic flair for describing snow—with a whopping 421 distinct words and expressions! Among them, you'll find gems like "snaw," "sneels," and "skelf," officially documented as part of the Scottish lexicon for capturing the nuanced beauty of snow in its various forms. It's a linguistic snowscape that paints a vivid picture of Scotland's intimate relationship with the winter wonderland.



BEST PICTURE

Oscar season is an exhilarating time of year. With so many categories and nominees, it can be hard to keep track of what's going on! One thing of note is that only three animated films have ever been nominated for Best Picture. Up, Toy Story 3, and Beauty and the Beast in 1991 which was the first ever animated Best Picture nomination.





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Word of the Month

Fortuitous: Adjective (For-too-uh-tus)
Happening by chance or showing good luck
It was rather fortuitous that the two
sisters arrived at the same time.

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GAMES & PUZZLES

Guess the Sport!

1. This is commonly known as the only sport that has been played on the moon.
2. This incredibly physical two-person activity is considered the world's oldest sport.
3. In this sport, goal posts are painted yellow.
4. In _____, a score of zero is called "love".
5. An elegant show of talent, this is the oldest winter Olympic sport.
6. When you miss three times in a row, it's called a turkey in this sport.



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Barbara and Darrell Knight
August 2023

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