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CRESTMONT Homeowners' Association

Office hours:

Monday to Friday: 9:00 am to 4:00 pm

Closed on Saturday, Sunday, Statutory Holidays,
and long weekends

*May vary depending on hall rentals.

Interim General Manager/Admin/Events:
Michelle Christensen and Tiffany Zurkan

Contact information:

General Information: admin@crestmonthall.com

Events/Rentals: events@crestmonthall.com

General Manager: generalmanager@crestmonthall.com

Website: www.crestmonthall.com

Telephone: 403-475-7320

Board of Directors

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Contact: board@crestmonthall.com

2026 HOA Fees

CHOA fees are now past due. Any outstanding accounts have been sent to collections. Thank you to all members who paid their fees.



SCAN HERE TO VIEW ADDITIONAL CRESTMONT CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Frequently Asked Questions - The CHOA

Why Do We Have to Pay Fees?

The purpose of an HOA is to offer enhanced value within the community, through the operation and maintenance of privately owned facilities, certain amenities, and features within the community that are not maintained by the Municipality. These may include entrance signage, ornamental parks and ponds, boulevard landscaping, pathways, fencing recreational buildings, and more.

What Are the Fees Used For?

Annual fees are used to:

- Maintain the amenity features including the hall, spray park, storm pond fountain, and grounds.
- Provide enhanced snow removal and landscaping on City pathways.
- Provide the community with quality programs and value-added events that appeal to our diverse membership.

Where Can I See Details About the CHOA's Financials?

On our website under the members portal. The audited financials for the past ten years are available, along with operating budgets for the last five.

How Can I Have My Say in What I Want to See, Or What I Think Brings Value to the Community?

Engagement is the key to understanding what the community members want and/or see value in. We encourage all residents to complete surveys, provide direct feedback through email/phone/in person conversations, attend town halls/AGMs, and participate in constructive discussions. These are the tools we

lean on to help guide decisions. The CHOA must then formulate action plans about how to best move forward, taking into consideration other required financial obligations, timing, and feasibility.

Who Is Responsible for Community Landscaping?

It depends. The CHOA has entered into the Enhanced Landscape Maintenance (ELM) program with the City of Calgary, which allows the CHOA to mow and trim certain City green spaces, within the parameters set out by the City. Limitations include naturalized areas, trees, watering, and herbicide application.

The CHOA is working with the City to ensure that the West Park is rehabilitated over time to allow for regular maintenance of the CHOA. This is an ongoing, multi-year project.

For a full list of frequently asked questions regarding landscaping, operations, and engagement, please visit crestmonthall.com. To address any questions or concerns not listed here or online, feel free to contact our office at admin@crestmonthall.com.

Did You Know?

Did you know the CHOA website has a wealth of information available to members?

Bylaws, financials, and AGM and Town Hall documents (including meeting minutes) are all available under the 'Important Documents' tab. If you don't yet have access, contact us at admin@crestmonthall.com to request a login.

Did you know the CHOA sends out regular email updates?

Stay informed about community news, events, and important notices. If you're not already receiving our emails, let us know at admin@crestmonthall.com and we'll add you to the list.



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Mariana Trench

Did you know the Mariana Trench reaches a depth of over 35,000 ft? That's the height of 63 CN Towers!



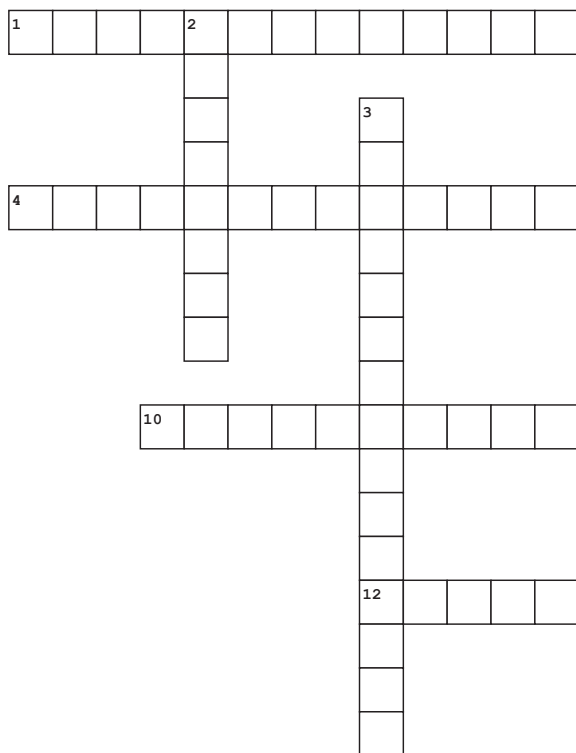
TOUR

DE FRANCE

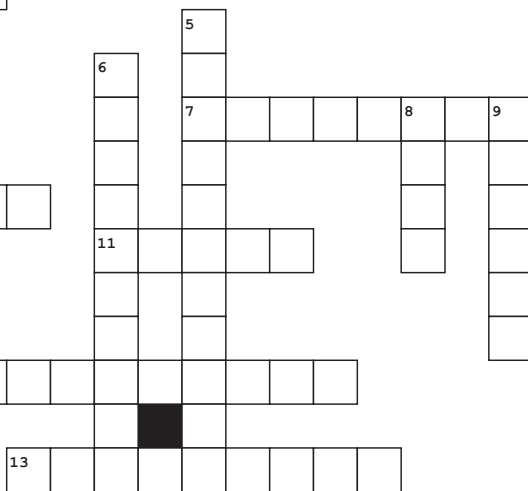
The Tour de France is one of the most famous cycling races of the past century. Did you know the route measures over 3,000 km and has riders on the road for 23 days!



July Crossword



Visit bit.ly/mycalgaryanswers or scan the QR code for the answers



Across

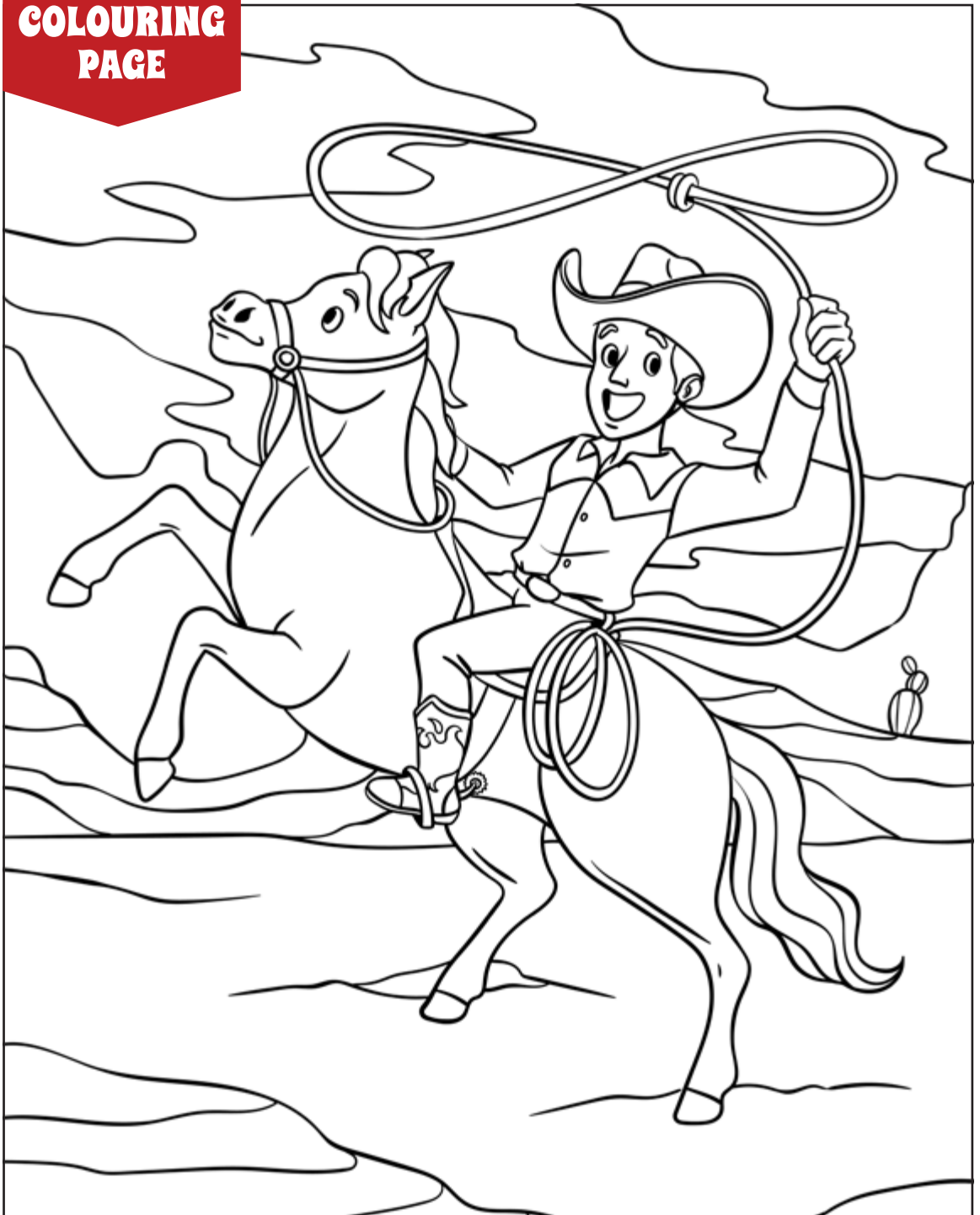
1. On July 20, 1969, this astronaut took humanity's first steps onto the surface of the moon.
4. This rom-com released on July 13, 2001, follows a very fashionable college student attending Harvard Law.
7. These ducks can be seen all over Calgary; identified by the male's green head.
10. This Noah Kahn song was released as a single in 2022 before appearing on his 2024 album with the same name.
11. Florence + The Machine released this album July 3, 2009, featuring the famous song, *Dog Days Are Over*.
12. This very popular member of the royal family married Prince Charles III on July 29, 1981.
12. This event on July 1 is normally celebrated with red and white fireworks.

Down

2. On July 6, Earth will reach this part of its orbit—the furthest distance from the sun.
3. This annual event is known as "The Greatest Outdoor Show on Earth."
5. These tiny birds can fly backwards and upside down.
6. This Canadian author and illustrator is most known for his children's books, *I Want My Hat Back* and *The Skull*.
8. This fiery July birthstone was worn by Burmese warriors; they believed the stone made them invincible.
9. These tiny stickers were released to the public July 1, 1847, with the intention of preventing unpaid mail.



**COLOURING
PAGE**



The Village We Lost: Why Modern Parents Need Community More Than Ever

by Saadah Shehu | The Smart Sitters Club



It wasn't that long ago that raising children was a community effort. Grandparents lived nearby. Neighbours knew one another by name. Aunts, uncles, cousins, and family friends were woven into daily life. If a parent was running late, someone stepped in. If a child needed a ride to practice, another family helped. Parents didn't carry the entire weight of childcare, household responsibilities, and emotional support on their own.

Today, many families are raising children in a very different world. Families are more mobile than ever. Parents often move away from their hometowns for work, education, or housing opportunities. Grandparents may live in another province, relatives may be hours away, and neighbours may remain strangers.

At the same time, the demands on parents have increased. Many households rely on two working parents. Children's schedules are packed with activities. Work doesn't always end at 5:00 pm, and parenting certainly doesn't come with weekends off. The result is that many parents are trying to do what once took an entire village.

The consequences aren't always obvious. Parents

may postpone date nights, decline invitations, miss professional opportunities, or simply push through exhaustion because they believe they should be able to manage everything themselves.

But perhaps the problem isn't that parents need to do more. Perhaps the problem is that they were never meant to do it alone.

The phrase "it takes a village to raise a child" may sound cliché, but its message remains as relevant today as ever. Children benefit from having trusted adults in their lives, and parents benefit from having support systems that allow them to rest, strengthen relationships, participate in their communities, and maintain their well-being.

I have had the privilege of working with families across Calgary and the surrounding area. One thing I have learned is that parents are not looking for someone else to raise their children—they are looking for support.

Many of the families we serve are newcomers, have relocated for work, or simply do not have family nearby. They are dedicated parents doing their best, but often without the support network previous generations relied upon. Their stories are a reminder that the challenges facing families today are not individual failures; they are the result of a village that has become harder to find.

Rebuilding that village requires all of us. Sometimes it means checking in on a neighbour. Sometimes it means creating family-friendly spaces and events that make it easier for parents to participate fully in community life. Through my work, I have seen firsthand how something as simple as providing on-site childcare at conferences, community gatherings, and professional events can open doors for parents who might otherwise be unable to attend. Sometimes it means supporting services and organizations that help families access trusted childcare when they need it most.

The village may not look the same as it did generations ago, but the need remains unchanged. Parents do not need to be superheroes. They need support. They need community. They need a village. Perhaps one of the most important conversations we can have is not how parents can do more, but how we can do more to support parents. Because when families are supported, children thrive, communities grow stronger, and everyone benefits.

The Pressure to Make Summer Count

by Rebecca Pink, Registered Provisional Psychologist



Summer is often associated with rest, joy, and freedom. Yet for many people, it can quietly become one of the busiest and most emotionally demanding seasons of the year. Between vacations, social events, family commitments, longer days, and the pressure to “make the most” of the season, summer can begin to feel surprisingly overwhelming.

As a mom of two teenage daughters, I can feel the pace of summer pick up quickly. Between schedules, activities, social plans, and the quiet pressure to make the most of the summer, it becomes very easy to confuse staying busy with actually being fulfilled. Even the things we genuinely look forward to can begin to feel overwhelming when there is little room left to simply slow down.

But a full calendar is not always the same thing as a fulfilling season.

When every weekend is booked and every sunny evening feels like something we should maximize, we

can lose the very thing many of us are craving most: genuine presence and restoration. Even seasons that are meant to feel light-hearted can be surprisingly demanding, and our nervous system still requires time to rest and recharge.

Sometimes, the healthiest thing we can do is leave room for slower moments; an unplanned evening, a quiet walk, time at home, or saying no to plans we do not truly have the capacity for.

In a culture that often equates busyness with success, choosing rest can feel uncomfortable. We may find ourselves trying to make the most of every moment, only to create the very stress we were hoping to escape. Building in time for rest, flexibility, and simply “being” supports emotional resilience and overall well-being. Rather than asking how much you can fit into your summer, consider asking what experiences will leave you feeling most restored, connected, and fulfilled. Here’s to a summer that feels less rushed, more intentional, and rich in the things that truly matter.

Outdoor Fire Safety

by The City of Calgary



As we enjoy the warm summer months, the Calgary Fire Department would like to remind you to take some measures to prevent outdoor fires and keep your loved ones and property safe. Our summers are becoming hotter and drier, increasing the potential for outdoor fires and wildfires.

Always check if a fire ban or fire advisory is in place before starting a fire. They are issued to inform citizens of conditions that pose a moderate to high fire risk, such as major wind events, unusually dry conditions, or hot temperatures. Each advisory or ban will include a list of prohibited fire types including fire pits, barbeques, and other forms of open flames.

To help reduce your outdoor fire risks:

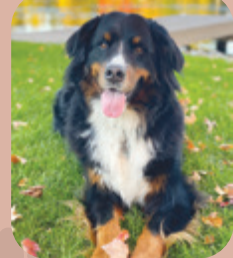
- Never extinguish cigarettes in planters, peat moss, lawns, or gardens.
- Use fire pits, outdoor fireplaces, wood-burning ovens, and chimeneas properly.
- Do not store propane tanks, firewood, or yard waste next to your house.
- Prune tree branches within two metres of the ground.
- Plant new trees at least three metres apart.
- Assess hazards within 1.5 metres of the home, including debris, trees, and other structures.

Visit calgary.ca/firebans for more information.

Cats, Canines, & Critters of Calgary



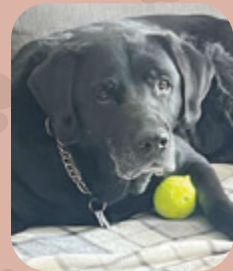
Casper, Huntington Hills



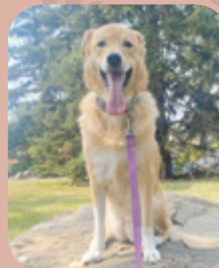
Chase, Wolf Willow



Echo, Acadia



Geo, Signal Hill



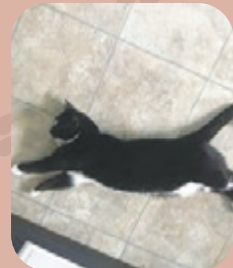
Holly, Millrise



Kabuki, Bridgeland



Mochie, Acadia



Oreo, Acadia

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July 30 is National Cheesecake Day!



Try baking one of your own to celebrate!

Ingredients

- 2 cups of graham crumbs
- 1/2 cup of butter or margarine, melted
- 1/4 cup of white granulated sugar
- 2 tsp of nutmeg (optional, make it whatever flavour you would like)
- 2 blocks of cream cheese (6oz)
- 1/2 cup sour cream
- 3/4 cups of white granulated sugar
- 2 eggs
- 1 tbsp vanilla extract, or vanilla bean paste

Instructions

1. Preheat oven to 325° F. The lower temperature will help the centre cook without burning the exterior.
2. In your 9' spring pan or baking dish, pour in your graham crumb, 1/4 cup of sugar and melted butter. Using your hands gently combine everything until it becomes equally incorporated. It should feel like wet sand. If mix seems too dry you can add a little more butter to help it stick.
3. Spread the mixture evenly across the base of the pan and firmly press down into an even layer. Feel free to use a heavy glass or another pan to help pack it down.
4. Set aside while preparing the filling.
5. In a large bowl add your cream cheese blocks, sour cream, nutmeg, and sugar.
6. Beat the two ingredients together either with a hand mixer on speed 2, or by hand if you prefer. We are looking for the mixture to be smooth and fluffy.
7. Add the eggs and vanilla and continue mixing. At the end you should have a smooth, thick batter that coats the blades of your mixer.
8. You've made it! This is the easy part. Simply pour your batter overtop of the prepared base, smooth out the top to make it as even as possible, and place it in the oven. Let it bake for 45 minutes to an hour. If you're feeling fancy, you can spray some water into the oven around the halfway point. This steams the oven and can give the cheesecake a more even tone. You know it is done when you gently shake the pan and there is little to no movement in the centre
9. Remove from the oven, rest at room temperature until completely cooled, and enjoy your delicious cheesecake.

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Alberta Separation Referendum

As Albertans prepare to vote in the upcoming referendum on Alberta's future within Canada, I believe it is important to clearly state my position: I support Alberta remaining in Canada.

Like many Albertans, I recognize the legitimate frustrations that have fuelled support for separation. Concerns about equalization, unfair representation in Parliament, excessive federal regulation, and a perceived lack of respect for Alberta are real and deserve attention. Alberta has contributed significantly to Canada's prosperity and Albertans rightly expect acknowledgement and fair treatment in return.

However, I do not believe separation is the solution.

As a landlocked province, Alberta relies on access through other jurisdictions to reach global markets. Independence would not automatically solve challenges around pipelines and tidewater access. Instead, Alberta would need to negotiate with Canada as a separate country, likely weakening our position and creating new barriers for trade and energy exports.

Claims that separation would dramatically reduce taxes are also uncertain. While federal taxes would no longer be paid to Ottawa, Alberta would assume major new responsibilities, including national defence, border security, tax collection and foreign relations. These costs, combined with the loss of economies of scale, could offset many anticipated savings.

There is also significant uncertainty regarding Alberta's future relationship with the United States and the broader international community. Such risks should not be dismissed lightly.

Importantly, Alberta already enjoys substantial autonomy within Confederation. Successive provincial governments have demonstrated the ability to challenge federal policies and defend Alberta's interests while remaining part of Canada.

Canada is not perfect, but it remains one of the most stable, prosperous, and respected countries in the world. Rather than abandoning Confederation, we should continue working to address Alberta's legitimate concerns and build a stronger future together. I firmly believe Alberta's best days remain ahead, as part of Canada.

For my full statement visit davidmckenziemp.ca/alberta-separation-referendum/.

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Client Reviews

Gerard has been great to work with. He is very knowledgeable about the real estate markets, especially in Valley Ridge and Crestmont. I would recommend his services to anyone looking to buy or sell their home in the near future.

Andy Suuralik – Past Crestmont Homeowner

We had an amazing experience working with Gerard! He helped us find our dream home in a new neighbourhood and sell our Valley Ridge home—all within a month. Gerard was incredibly responsive, knowledgeable, and provided the right expertise at the right time to make both deals happen smoothly. Highly recommend him!

Lyndsay and Dave