

NOVEMBER 2024

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RIDGE review

THE OFFICIAL DISCOVERY RIDGE COMMUNITY NEWSLETTER



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DISCOVERY RIDGE BUSINESS DIRECTORY

MEDICAL SERVICES

Cornerstone Veterinary Hospital
Discovery Ridge Pharmacy & Travel Clinic
Discovery Dental Centre
Good Life Matters, Jack Dobbs, Registered
Psychologist (Lic. #1857)
Healing Matters Psychological Services
Hygieia Medical Clinic
Moroz Child Psychology Group
New Discovery Psychological Services

GENERAL SERVICES

Cutting Edge Barber Shop
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Hull SERVICES





DISCOVERY RIDGE COMMUNITY ASSOCIATION (DRCA) EXECUTIVE (2024)

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Vice President	Dana Fleury	drca_vp@discoveryridge.com
	Jacque Hansen-Sydenham	
Treasurer	Sunny Sun	drca_treasurer@discoveryridge.com
Secretary	Paul Decloux	drca_secretary@discoveryridge.com
Directors	Andrei Romaniuk	Lillian VanGenderen
	Ameeta Cordell	Shay Heron
	Darrell Martindale	Alana Adams

CURRENT COMMITTEES

Communications		communications@discoveryridge.com newsletter@discoveryridge.com website@discoveryridge.com
Environment	Andrei Romaniuk	environment@discoveryridge.com
Casino	Marc Arseneault	fundraising@discoveryridge.com
Membership	Ameeta Cordell	membership@discoveryridge.com
Special Events	Lillian VanGenderen	events@discoveryridge.com
Traffic		traffic@discoveryridge.com
Volunteer	Lillian VanGenderen	volunteer@discoveryridge.com
Planning		planning@discoveryridge.com
Recreation Facility	Paul Decloux and Darrell Martindale	

DRCA Channels of Communication

Our community association has several channels to communicate to you, and for you to communicate with us!

Member Emails

Get a membership and provide your email for 'what's new' updates

Ridge Review Newsletter

Twelve publications per year

Website

www.discoveryridge.com

Facebook

DiscoveryRidgeCommunityAssociation

X (Twitter)

@DiscoveryRidge1

Email Us

See listing or the website 'contact us' page for contacts

SCAN HERE TO VIEW ADDITIONAL DISCOVERY RIDGE CONTENT

News, Events, & More



Crime Statistics



Real Estate Statistics



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Mark Your Calendar

DRCA Regular Board Meeting, November 4 at 7:30 pm

DRCA Regular Board Meeting, December 2 at 7:30 pm

DRCA Regular Board Meeting, January 6 at 7:30 pm

Did you know that board meetings happen monthly and all DRCA members are welcome to attend?

Please contact the DRCA to learn more about what we do for the community and our future plans. Email drca_pres@discoveryridge.com for more information on the DRCA and if you wish to attend upcoming meetings.

LETTER FROM THE BOARD

Hello Discovery Ridge Neighbours!

As this article is written in mid-October, we are still enjoying the spectacular fall weather that we have been receiving. Discovery Ridge is beautiful in different ways at all times of the year, but it's hard to top the majestic fall colours our neighbourhood and Griffith Woods share with us. The Northern Lights were a particularly special treat this year as well! We hope that you've enjoyed your summer and fall and had a chance to attend our Stampede Roundup and/or Music In The Park events to connect with other residents and friends. Thank you to all that organized and volunteered at these community events!

An additional thank you to the volunteers who have recently stepped forward to assist with events, communications, and fire safety matters. A lot of people doing a little work makes a huge difference!

As we turn to winter, we find ourselves at a crossroad with our DRCA Recreation Facility ice rinks. While every year we must put out calls for volunteer support, with new help and the dedicated crews of residents we've had year after year, the ice rinks have always come to life for residents to enjoy. This year, after many years of volunteering, we have several leads and team members that are retiring from their roles. Without replacements, we are short far too many sets of hands to have ice in the rinks this year.

If you and your family would like to see ice rinks this winter, please volunteer for a few hours of work each month, for just the few ice rink season months. To offer your support, please contact us at volunteer@discoveryridge.com. If you'd like more information or would like to ask questions before committing, please still reach out and one of our Board members or Rec Facility volunteers will be more than happy to chat with anyone.

Best regards,

DRCA Board



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GAMES & PUZZLES

Guess the Landmark!

1. This gorgeous UNESCO World Heritage Site in India was built to be a mausoleum.
2. The _____ was made across many dynasties and states, taking over 2,500 years to construct.
3. This stunning Italian landmark is also called the Bell Tower and is over 180 feet tall.
4. This iconic structure was built for the 1889 World Fair; it celebrated the 100th anniversary of the French Revolution.
5. This famous ancient city was frozen in time due to almost the exact opposite circumstance.
6. There are no straight lines in this ancient temple structure, located on the Athenian Acropolis.



SCAN THE QR
CODE FOR THE
ANSWERS!



Walking Your Pet in Winter!

by Jennifer L. Scott, D.V.M.

Well, those people who forecast these things say we are starting a long cold winter in Calgary. I don't always want to walk my dog, but he is ready and willing. Most dogs are amazingly well equipped to deal with the cold weather, but not every breed or individual can deal with this kind of cold without precautions.



When dogs first walk on the cold snow you often see them limp or hold a paw up as they run around. Then given some time they seem to become more comfortable. A dog's pads are equipped with a very effective heat exchange system. Once the paw's blood vessels adjust to the cold, and if the pad is dry and healthy, the average dog can tolerate most very cold surfaces. Smaller dogs tend to be less tolerant than large breeds, but there are exceptions to the large dog group. Dogs with long guard hairs and thick downy undercoats like shepherds and huskies do fine, but dogs with short fine fur like Dobermans or Weimaraners have little tolerance for cold. Fortunately, pet stores stock doggie coats from your basic knitted sweater to fine sartorial splendor depending on the taste of the human companion.

Some people believe a mat of hair over the dog's foot pads will protect them. Or they'll justify the whole dog getting a thick unkempt matted coat saying it will keep them warm. Not true. Matted fur on the paws tends to stay wet, collect ice balls, and hold chemicals such as de-icing agents and salt against the skin. A dog's paws will adjust to the cold more effectively if the hair is kept reasonably short and clean. After walks rinse and dry your pet's feet if you suspect he has walked through chemicals. Matted coats get wet, stay wet, and have no ability to insulate your pet. Well-groomed coats insulate from cold in winter and heat in summer.

Some dogs just can't tolerate cold paws no matter what you do. Consider booties for these individuals. Booties

and mukluks come in all shapes and sizes for dogs. It is important that the boot breath and not compromise the blood flow to the paw. Online pet stores and local pet stores carry an array of boots for dogs. If you have a large active pet that will need heavy-duty boots you may want to consider custom-made footwear.

Along with their fur keep your pet's nails clipped. In our winters, nails may split as your pet goes in and out from the cold and damp and nails may benefit from supplements such as omega fatty acids or fish oils.

My old Labrador would push through the roughest ground cover on the scent of a bird, but in the city he had very sensitive feet and could not tolerate rock salt on his paws at all. Nor would he tolerate boots. I used a paw wax on his feet. Applied to the pad these waxes seal the paw and protect the skin from ice and chemicals. They also protect the pads from cracking with dryness as the dogs go in and out. If your dog tolerates his feet touched the paw waxes are very easy to use. Vaseline is a cheap alternative but lasts only a short time outside and can pick up unwanted dirt.

Darkness comes earlier in the winter, there are some great lights you can attach to your pet's collar to make sure you and others see him in off-leash parks. If you do cut back on exercise and walks with your pet in intensely cold weather, cut back on the calories going in the bowl too! Like us, weight on our pets is easier to keep off than take off. Finally remember, like us, as dogs become elderly or arthritic, they may require more protection from the elements than they did in their prime. Be as conscious of a senior pet potentially slipping on the ice as you would be of an elderly relative.

**This article was originally published in January 2020 on MyCalgary.com.*

Joke of the Month

Dogs can't operate MRI machines.

But catscan.



Benefits of DRCA Membership

What does the DRCA do for me?

- Organizes social events such as Music in the Park, annual Stampede Round Up, Santa event.
- Coordinates the *Ridge Review* community newsletter.
- Provides up-to-date information about issues affecting you and the community through member only email provides updates on important items for all at www.discoveryridge.com.
- Communicates regularly with the Ward 6 Office and Councillor Pootmans on community and city related issues.
- Provides effective representation and advocacy to external third parties about issues of concern to the community, including public safety, development and the natural environment.
- Attains and works casinos to fundraise for the community.
- Creates a sense of community pride through participation in community activities.

Membership Perks!

Did you know that only up-to-date DRCA Members receive regular community emails informing them of events and ongoing activities in your community? Visit discoveryridge.com to purchase your \$25 membership or see the membership.

Visit www.discoveryridge.com



DRCA MEMBERSHIP FORM

- New Membership Renewal Membership

Name(s): _____

Address: _____

Phone: _____

Postal Code: _____

Email: _____

I can volunteer for:

- General assistance Membership
 Communications Environment
 Special Events Skating Rink maintenance
 Sponsorship

Payment: \$25

- Cheque Cash CC Pay online at www.discoveryridge.com/membership

Membership runs from September 1 to August 31 each fiscal year.

Make cheques payable to Discovery Ridge Community Association.

Mail to: Discovery Ridge Community Association - 160 Discovery Ridge Blvd - T3H 4Y3

Undersigned hereby consents to: (1) the collection of the personal information on this form; (2) the use of the information for the following purposes: to solicit volunteers for DRCA's programs and activities; to recruit members and solicit renewal of membership in DRCA; to solicit participation or membership in programs or activities provided by DRCA; to provide information to you on the DRCA programs and activities; (3) disclosure of the information in the DRCA register of members which is available for review by various members of the public as required by law. The purpose of collection of the information is to provide contact and registration information for DRCA and to use in and disclose it as described above. The DRCA does not sell membership lists. Designated members of the board of the DRCA are able to answer questions about the collection of the information.

Date: _____

Signature: _____

Peanut Butter Lovers Month

Did you know November is Peanut Butter Lovers Month? Although, many believe George Washington Carver is the person to thank for this tasty, nutty treat. It was actually Canadian chemist Marcellus Gilmore Edson who patented peanut paste in 1884, by milling roasted peanuts between heated surfaces.

Now you know who to thank for your favourite spread!



Korean Beef Bowl

by Jennifer Puri

Ceramic rice bowls are believed to have originated in Japan and then migrated to Korea, China, and other parts of Asia. Distinguished by their nature influenced designs, motifs, durability, and water absorbency, Japanese earthenware is perhaps the oldest ceramic tradition in the world.

Incredibly versatile, rice bowls combine fresh vegetables, grains, and protein making them a colourful and healthy dinner choice.

You can create different versions of rice bowls by layering the bowls with a combination of cooked white, brown, or yellow rice, raw or roasted vegetables, chicken or beef. Toppings could include pickled ginger, basil leaves, toasted peanuts or sesame seeds and a drizzle of gochujang or sriracha sauce.

This quick and easy to prepare Korean Beef Bowl is a combination of fresh flavours and just the right amount of spice.

Prep Time: 12 minutes

Cook Time: 15 minutes

Servings: 4

Ingredients:

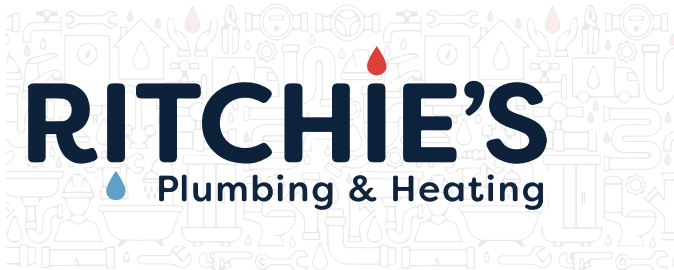
- 1 lb lean ground beef
- 1 cup chopped red bell pepper
- 1 tsp minced ginger
- 1 tsp minced garlic
- ½ tsp salt
- ½ tsp coarsely ground black pepper
- 1 tbsp soya sauce
- 1 tsp sesame oil

- 1 tbsp honey
- 1 tbsp gochujang sauce
- 2 cups of thinly sliced cucumber
- 2 cups of thinly sliced carrots
- 2 cups of thinly sliced radish
- 3 green onions thinly sliced
- 4 fried or boiled eggs
- 4 cups cooked white rice

Directions:

- In a frying pan or skillet cook the ground beef until browned about three to four minutes. Add the ginger, garlic and red pepper and continue to cook.
- In a small bowl blend together the soya sauce, honey, salt, pepper and the gochujang sauce. Pour the sauce over the browned beef and continue cooking for another two to three minutes or until beef is fully cooked. Add the sesame oil and remove the pan from the heat.
- Assemble four bowls with warmed cooked rice, beef, sliced cucumbers, carrots, radishes, and fried or boiled eggs. Garnish with green onions and a drizzle of gochujang or sriracha sauce and serve.

Bon Appétit!



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Homeowners' Association (NDHA) News

November is here and no amount of beautiful weather can disguise the fact that winter is right around the corner. As the season changes, NDHA's work turns from maintaining green spaces to clearing snow from pathways. We are also looking forward to our holiday light installation and winter foliage display that compliment Discovery Ridge's wonderful landscaping.



Fall Cleanup: ULS crews have been working to prepare our median beds and other greenspaces for winter. Crews have tidied all median beds and linear parks by trimming back many perennials, weeding, litter cleanup, and sweeping gravel from pathways around playgrounds. ULS snow removal crews and equipment are in place and ready to go as soon as the snow flies.

Snow Clearing: When we do get snowfall this winter, you may notice the community pathways have been cleared while sidewalks next to main roadways remain snow covered for several more days. This is understandably confusing because ULS clears snow in both areas. The explanation is that the NDHA shares responsibility for snow clearing in the community with the City of Calgary. The contracts are independent of each other and the NDHA and City have different policies governing snow clearing:

- City policy is that sidewalks under its control will be cleared within 24 hours of the end of a snow event. If it is snowing anywhere in the City, the snow event is not considered "ended".
- The NDHA's policy is to have walkways and sidewalks under its control cleared within 24 hours of a snowfall in the community, and every 24 hours thereafter until the snow stops.

FAQ #22 on our website includes a map showing where the NDHA clears pathways. Note that unless adjacent to a private home or business, sidewalks on Discovery Ridge Boulevard, Discovery Ridge Lane, and Discovery Ridge Hill, in addition to several other small sections of sidewalks in our community, are the City's responsibility. Please call 3-1-1 if you have concerns about snow clearing in these areas.

If you have concerns with a NDHA-cleared pathway, please let us know. Early season snow often melts during the day and becomes ice in the evening. Please take care when enjoying our pathways this winter.

Holiday Lights and Foliage: Our holiday lights at the entrance and near the leisure ice rink have been installed and will be turned on in mid-November. We will also have a holiday foliage installed in the entranced planters for your enjoyment.

Want to Help? One of the big benefits of living in Discovery Ridge is our top-notch community landscaping. NDHA is a volunteer-run organization, but it still aims to deliver the best landscaped public spaces in Calgary. Volunteering some time, as a Member of the Board or in another capacity, can help the NDHA a lot. If you have a few hours a month you can offer and want to help keep Discovery Ridge beautiful, we would like to talk to you. Reach out to us through our website (www.ndha.ca) or by emailing NDHAMembership@ndha.ca.



BRAIN GAMES

SUDOKU

	4	9		2				
2						5	4	
	3			4				2
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	2		6	1	3		7	
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8				5			1	
		2						
				6		4	5	

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July 24	14	8	\$522,500	\$525,500
June 24	12	12	\$634,900	\$629,200
May 24	14	10	\$849,900	\$860,500
April 24	11	10	\$915,000	\$939,500
March 24	6	10	\$639,950	\$635,000
February 24	12	6	\$886,900	\$907,059
January 24	4	5	\$539,900	\$539,900
December 23	2	7	\$574,999	\$580,000
November 23	8	4	\$952,500	\$920,000
October 23	9	7	\$779,900	\$791,111

To view more detailed information that comprise the above
MLS averages please visit dis.mycalgary.com

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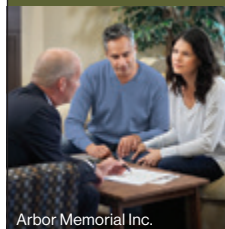
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