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# EAU CLAIRE CURRENT

THE OFFICIAL EAU CLAIRE COMMUNITY NEWSLETTER

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BOOK  
A TABLE  
TODAY

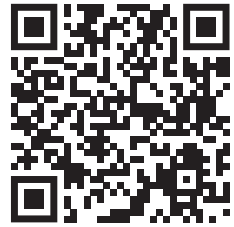


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		Properties		Median Price	
		Listed	Sold	Listed	Sold
October	25	10	5	\$375,000	\$355,000
September	25	13	4	\$469,950	\$457,500
August	25	8	3	\$598,800	\$598,800
July	25	6	7	\$449,900	\$420,000
June	25	11	6	\$712,450	\$700,750
May	25	8	3	\$399,000	\$387,500
April	25	13	9	\$955,000	\$945,000
March	25	11	9	\$259,900	\$257,000
February	25	10	4	\$1,297,500	\$1,264,500
January	25	13	6	\$956,500	\$941,500
December	24	4	7	\$260,000	\$240,000
November	24	10	5	\$848,900	\$810,000

To view more detailed information that comprise the above  
MLS averages please visit [eauc.mycalgary.com](http://eauc.mycalgary.com)





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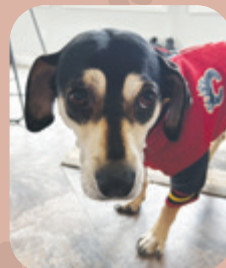
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## Cats, Canines, & Critters of Calgary



Addie, Renfrew



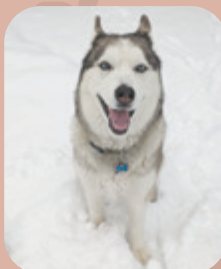
Billy, Woodbine



Charlie, Diamond Cove



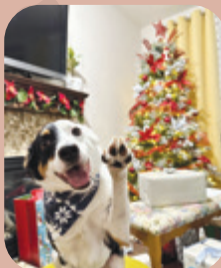
Eowyn, Edgemont



Meeko, Cranston



Pepper, Evergreen



Sammie, Walden



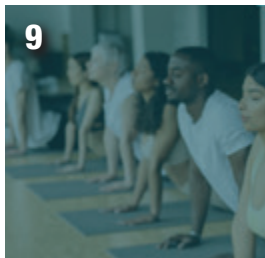
Talbot, Queensland

To have your pet featured, email [news@mycalgary.com](mailto:news@mycalgary.com)

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EAU CLAIRE CONTENT**

**News, Events,  
& More**



**Crime  
Statistics**



**Real Estate  
Statistics**



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## About Us

The Eau Claire Community Association (ECCA) was founded in 1992 as a non-profit organization dedicated to maintaining and enhancing the quality of living in Eau Claire. It is recognized by the City of Calgary as the official voice of the Eau Claire community. The ECCA bylaws define the purpose and direction of the ECCA and are registered under the Societies Act of Alberta. The bylaws are available at [www.eauclaireca.com/about](http://www.eauclaireca.com/about).

The community of Eau Claire is located adjacent to the downtown commercial core, bounded by Prince's Island and the Bow River on the north and centre of 4 Avenue on the south, extending from the centre of 2 Street SW to the centre of 9 Street SW.

## Mission

The Eau Claire Community Association strives to create a vibrant connected community. Our approach to planning and development is to enhance the quality of life for our residents.

## Vision

Eau Claire is a safe, clean and liveable residential community proud of its natural environment. We are supportive of social and recreational gathering places and relevant businesses that support the community.



## Membership

Membership in the ECCA is open to all residents. The annual fee is \$6 per household. The majority of Eau Claire condominium complexes (and therefore their residents) hold a membership, paid for by the condo corporation. Business memberships are also available. Strong membership empowers the ECCA to protect the interests of our community. Issues of key interest are planning, transportation and safety. The ECCA's role is to provide a voice for Eau Claire residents, to help ensure that community interests are being considered and that development is in keeping with the Area Redevelopment Plan.

**Let's get social!**



**Follow us for community updates!**  
[eauclaireca.com](http://eauclaireca.com)

**Contact us at [info@EauClaireCA.com](mailto:info@EauClaireCA.com)**



Council meetings are usually held on Mondays starting at 9:30 am. You are welcome to attend any public Council meeting in person or watch remotely online through our webcast page on [Calgary.ca](http://Calgary.ca). Members of the public can attend and speak to items during a Public Hearing which are usually held once a month.

You may also attend any public Committee meeting. Key Committee meetings are also available to be viewed remotely.

- Public are strongly encouraged to follow Council and Committee meetings using the live stream at [www.calgary.ca/watchlive](http://www.calgary.ca/watchlive).
- Public wishing to make a written submission may do so using the public submission form at the following link: [forms.calgary.ca/content/forms/af/public/public/public-submission-to-city-clerks.html?redirect=/publicsubmission](http://forms.calgary.ca/content/forms/af/public/public/public-submission-to-city-clerks.html?redirect=/publicsubmission).
- Public wishing to speak are encouraged to participate remotely. Contact the City Clerk's Office by email at [publicsubmissions@calgary.ca](mailto:publicsubmissions@calgary.ca) to register, and to receive further information on how to call in.

## Best Photos of Eau Claire

Submit your best photos of Eau Claire to feature in next month's newsletter!

Email [marketingecca@gmail.com](mailto:marketingecca@gmail.com) with your photos and name/socials.



## Call for Feedback



We value hearing from you—it all helps us make Eau Claire the best it can be. While we listen to concerns, it's just as important to hear what you've enjoyed in our community, so we

can make more of it happen. Share your ideas at [info@eauclaireca.com](mailto:info@eauclaireca.com).

## Help Shape Eau Claire's 2026 Community Programming

What programs and activities would you like to see in Eau Claire next year? We want to hear from you. As we begin planning for 2026, the Eau Claire Community Association (ECCA) is asking residents to share their input through our Community Programming Survey.

Every year we receive dedicated community funding, and your feedback plays an important role in deciding how those dollars are allocated. This survey will help us understand which low-cost or free programs and events matter most to residents. Whether you enjoy outdoor activities, educational workshops, arts and culture, fitness classes, social groups, or something entirely new, we want to hear about it.

The survey takes only a few minutes to complete, and your voice will directly influence what gets planned for 2026.



Scan the QR code or visit [tinyurl.com/EauClaireSurvey2026](http://tinyurl.com/EauClaireSurvey2026) to complete the survey and share your ideas.

## 4 Avenue Flyover Construction Is Complete

Great news for Eau Claire residents and commuters. The 4 Avenue Flyover improvement project is now finished and fully open.

The project team successfully:

- Reopened the flyover to two lanes of traffic during peak hours ahead of schedule
- Completed the work on time and on budget
- Improved the overall condition of the structure
- Extended the service life of the flyover by approximately 35 years

Thank you to everyone in the community for your patience throughout construction. The upgrade was an important part of maintaining safe and reliable transportation infrastructure in our area, and it is now ready to serve residents for decades to come.

# Temporary Green Space in Eau Claire Plaza

The City is continuing to invest in Eau Claire by installing a temporary green space next to Eau Claire Plaza, offering additional opportunities for Calgarians to gather, stay active, and enjoy the downtown core.


While planning continues for its ultimate use as part of the Green Line LRT, the space next to Eau Claire Plaza will be converted into a temporary green space to provide a welcoming, active, and accessible place for residents and visitors. The natural turf field will support activities like informal sports, picnics, and casual recreation.

ECCA has been strongly advocating for usable community space in this area over the past year, and we're thrilled to see this previously unused site, which was set to become a gravel pit during the Green Line timeline, transformed into something meaningful for our neighbourhood.

Once The City is ready to proceed with the site's permanent use, the temporary green space will be removed.

Construction was set to begin on October 20, 2025, with anticipated public access in spring 2026. Work will primarily take place during daytime hours to avoid noise disruption at night and will follow all bylaws related to noise and dust control.

For more information, visit [calgary.ca/eaucloaire](http://calgary.ca/eaucloaire).



**LIGHTNING STRIKE!**

You may associate getting struck by lightning with electricity. But you can't forget about the extreme heat! Lightning can heat the air it passes through to 50,000 degrees Fahrenheit (27,760 degrees Celsius), which is five times hotter than the surface of the sun!

# GAMES & PUZZLES

## Guess the Christmas Song!

1. Brenda Lee was only 13 years old when she recorded this "new old-fashioned" Christmas favourite.
2. In December of 1965, this was the first song played in space. Hint: It is a classic written by James Lord Pierpont.
3. This song was originally called "Tinkle Bells".
4. Thurl Arthur Ravenscroft, the singer of this mean, green song, was also the voice of Tony the Tiger.
5. Sammy Cahn and Jule Styne ironically wrote this romantic winter song during a heat wave.
6. There are three official music videos for this modern Christmas song, as well as a celebrity lip-syncing montage video.




BRAIN GAMES

SUDOKU

	3	2		7				
7						1	3	
	5			3				7
		9	6					3
	7		8	9	5		6	
2					3	5		
4				1			9	
		7						
				8		3	1	

SCAN THE QR CODE FOR THE SOLUTION





# Eau Claire Yoga Series: Free December Classes

Take a break from the holiday rush and unwind with the Eau Claire Yoga Series, hosted inside Knox United Church. These free community classes are open to all Eau Claire residents and are suitable for every skill level.

### Upcoming December Classes:

- Monday, December 15, 6:00 to 6:45 pm
- Monday, December 22, 6:00 to 6:45 pm

There is no cost to participate. Everyone is welcome. Simply bring a yoga mat, comfortable clothing, and a water bottle.

Register at [tinyurl.com/eccayoga](http://tinyurl.com/eccayoga).



## Eau Claire Yoga Series

 Knox United Church

 Mondays - Nov 17 & 24, Dec 15 & 22

 6:00pm - 6:45pm

**Free**

## JOKE OF THE MONTH



Why did the football coach go to the bank?

To get his quarter back.

# River Hall Expansion Moving Ahead for 2026

Following the success of the River Hall So Long Summer Series and the recent approval of land use redesignation for Lot 6, the next phase of River Hall is officially underway. The City is planning to expand the structures on site and add a temporary enclosed pavilion, with the goal of having it ready in time for Stampede 2026.

The new pavilion will allow programming at River Hall to continue beyond the summer months and offer year-round amenities and events for the downtown community. The vision is to create a welcoming and inclusive gathering space that supports local artists, businesses, and residents while adding energy and vibrancy to the Eau Claire riverfront area.

The sea cans on the north end of Lot 6 will be relocated and temporarily stored so that underground utility work and surface improvements can begin. All work will take place within Lot 6 and is not expected to affect the 8 Street Revitalization project or movement through the area.

We will continue to share updates as the project progresses.

# Chinook Blast Is Coming to Eau Claire Plaza

Chinook Blast will be lighting up Eau Claire Plaza this winter, and we are excited to welcome one of Calgary's biggest winter festivals right here in the heart of our neighbourhood. The festival will run from January 30 to February 16, bringing art, entertainment, and outdoor winter fun to the plaza. Expect art installations, live entertainment, food and drink options, and plenty of winter fun for all ages.

This is a great chance to enjoy one of Calgary's biggest winter festivals right outside your door and support the artists and performers who make it happen.

For full programming details and updates, visit [chinookblast.ca](http://chinookblast.ca).

# The Art of Finding Work: When Job Searching You Are Being Compared

by Nick Kossovan



Job hunting is a ‘winner takes all’ competition in which you’re compared and judged against other applicants. Putting in an application for a job is no different from entering a baking or short story contest. However, there’s one difference: there’s no second place—silver medal—nor does “everyone win for doing their best,” hence why giving participation trophies does a disservice to children; it fails to prepare them for two universal life truths that they’ll one day confront:

1. Everything in life is earned. (Yes, birthright exceptions exist. Choosing to squander your time and energy, resenting those who’re an exception doesn’t change this truism.), and
2. Sometimes, your best isn’t good enough to beat those you’re up against.

Job searching intensifies these truths.

Irrespective of your feelings about the “fairness” of having to do “what it takes,” you don’t rise through the ranks of whatever career path you’ve chosen by being meek. Be it corporate, artistic endeavours, athletics, or military, without a competitive spirit, you won’t have a career comparable to someone who does. Thus, generally (keyword) speaking, CEOs of Fortune 500 companies, higher-ranking military officers, celebrities, and elite athletes tend to be hyper-competitive.

I keep the following phrase from American author Ashley Antoinette in my head: “You can’t compete where you don’t compare.”

When entering any competition, for instance, job searching, it’s crucial to understand the standards and benchmarks—your ego may insist you have the skills and qualifications. But do you really against those which you’ll be compared; therefore, consider the following:

### Awareness of Standards

Knowing and accepting what employers in your profession and industry will most likely expect from you is critical.

If you’re applying for any job requiring strong writing skills (e.g., grant writer, content creator, communications manager), it’s a given that your writing skills need to be well above average. When applying for a sales position, your sales record and ability to sell yourself will be evaluated.

Along with industry and profession expectations, employers evaluate applicants based on the expectation of applying professionally.

I repeatedly see sloppy applications and an unprofessional appearance as the biggest hindrance to a successful job search. Even with all the online job search advice, typos, grammatical errors, incomplete LinkedIn profiles, and dressing inappropriately for interviews—dress for the position you’re interviewing for—are common. In 2025, there’s still a strong conservative element in the workplace, albeit not as strong as before.

### Self-Assessment

You can identify your strengths and weaknesses by honestly comparing yourself to those you’re competing against. My advice: To be competitive and considered a contender, focus on your strengths (read: lead with) and be less concerned about your weaknesses.

My “go with your strengths” story:

Years ago, over a Thai lunch, I asked my then-boss how he managed to work so fluidly. He never seemed stressed; it was as if he floated through his workday, accomplishing high-level tasks. His answer: “I work with my strengths. As long as my weaknesses do not hinder me from doing my job, I don’t spend time and energy trying to overcome them. I spend my time and energy improving my strengths.” The food wasn’t memorable,

## Fire Pits Now Open Around Eau Claire

but my then-boss's words were. As a result of ignoring my non-detrimental weaknesses and focusing on my strengths, I've become a stronger competitor and have benefited from it.

### Strategic Positioning

Knowing where you stand in relation to your competitors helps you improve your strategy.

The words uttered by another ex-boss during what I think was a friendly dust-up some 20 years ago, "There's always someone younger, more skilled, and hungrier than you," have stayed with me all these years. His words remind me that I must always be at least one step ahead of those nipping at my heels. I've seen many careers implode because the person rested on their laurels.

It's surprising how many people don't try to stay relevant by learning and becoming proficient in the technological advances affecting their profession and industry, AI being the latest.

Demonstrating continuous learning and adaptation is what employers like to see in candidates and their employees.

Always know where your skills and experience stand and what you can offer employers in terms of measurable value. Calling yourself "talent," as many nowadays do without quantifying how your supposed talent will make money for an employer, isn't a compelling argument for why an employer should hire you.

I hear from many job seekers experiencing the "Silver Medal Curse," where they land interviews and then hear, "We went with someone else." Clearly, their resume and LinkedIn profile are competitive, which anyone can achieve with all the resume help available. However, one thing no one can do for you is your interviews, the meetings where the hiring manager assesses your suitability for the position and the company and compares you to the other candidates they're interviewing.

My tip for making your interviewer see you as a contender for the job is to prepare specific examples that showcase your skills and achievements and aligning them with the job requirements. The best strategy for beating your competition is to show employers that you are a winner who has produced measurable value (key) for your previous employers.

Cozy winter days are here, and the public fire pits throughout Eau Claire are ready to enjoy.

Schedule:

- Red dot fire pits: Lit daily from Friday, November 14, 12:00 to 7:00 pm
- Yellow dot fire pits: Opening in early December as the weather cools and skating begins, lit daily from 9:00 am to 9:00 pm

Whether you are warming up after a walk, enjoying the skating rink, or stopping by on your way through downtown, the fire pits offer a welcoming spot to gather and relax outdoors this season.



## Ancient Water

In December 2016, University of Toronto scientists presented findings of the world's oldest known water approximately 2 billion years old found at Kidd Mine near Timmins, Ontario. Talk about "ancient" water, older than humans even older than dinosaurs!



# Self-Care Through the Holiday Season

by Nancy Bergeron, R.Psych | [info@nancybergeron.ca](mailto:info@nancybergeron.ca)

The holiday season often arrives with a mix of excitement and exhaustion. Between family gatherings, financial pressures, and the weight of expectations, it's easy to lose sight of your own well-being. Yet caring for yourself—body, mind, and spirit—is one of the most meaningful ways to experience the season with more peace and joy.

Here are some simple ways to stay grounded and well through the holidays.

### 1. Slow Down and Simplify

The holiday rush can make even meaningful traditions feel like chores. This year, consider doing less so you can enjoy more.

Ask yourself:

- What truly brings me joy or connection?
- What could I let go of this year?

Simplifying plans, menus, or gift lists can make space for rest, laughter, and moments of genuine presence.

### 2. Nourish Your Body with Care

Cold weather, busy schedules, and rich food can leave you feeling depleted. Instead of striving for perfection, focus on gentle balance.

Eat regularly, stay hydrated, and make time for movement—even a short walk outside helps reset your nervous system. Rest when you can. Your body is not a machine; it's your home.

### 3. Set Emotional Boundaries

The holidays often highlight complicated relationships. You have the right to protect your emotional energy.

It's okay to say "no", leave early, or change plans that don't feel right.

Boundaries aren't unkind—they're how we create safety and preserve the capacity to show up with love where it matters most.

### 4. Stay Connected to What Matters

Amid the noise and marketing, take moments to remember what feels meaningful to you.



That might be spiritual reflection, gratitude, giving, or time in nature. Meaning doesn't come from doing more—it comes from doing what aligns with your heart.

### 5. Mind Your Inner Dialogue

Many people carry silent stress about doing the holidays "right." Notice the voice of pressure or guilt and replace it with compassion.

Instead of, "I should be happier," try, "It's okay to feel however I feel today."

Self-kindness softens expectations and makes room for authentic joy.

### 6. Create Restorative Moments

Small, intentional pauses can have a big impact:

- Light a candle and breathe deeply for one minute.
- Step outside and notice the winter air.
- Write down one thing you're grateful for each day.
- These simple rituals help your mind and body reset amid the busyness.

### 7. Ask for Support When You Need It

If the holidays stir up grief, loneliness, or old wounds, you don't have to face it alone. Reach out to a trusted friend, support group, or therapist.

Sometimes the bravest thing you can do is acknowledge that you're struggling and allow others to meet you there.

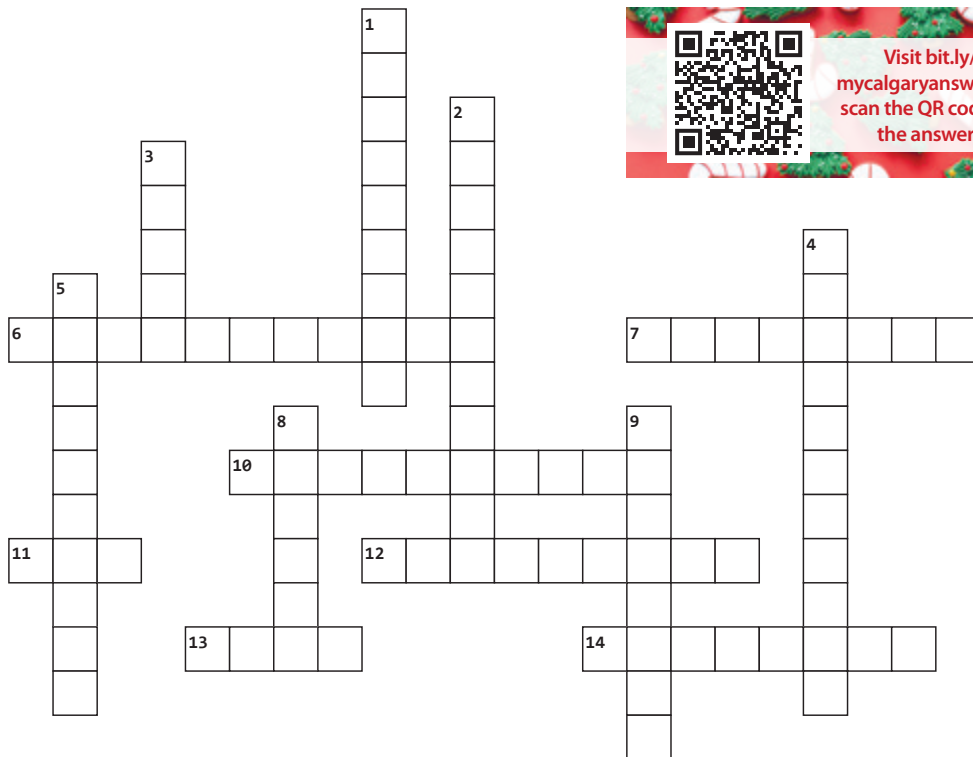
### 8. End the Year with Reflection, Not Resolution

Before jumping into goals for the new year, pause to reflect.

What did you learn? What moments mattered most? What are you ready to release?

Reflection honours your growth and sets the stage for gentle, sustainable change—no pressure required.

# December Crossword



Visit [bit.ly/mycalgaryanswers](https://bit.ly/mycalgaryanswers) or scan the QR code for the answers

## Across

6. The Statute of \_\_\_\_\_ passed on December 11, 1931, granting Canada full legislative independence from the British Empire.
7. Known for his role in *Stranger Things*, Canadian actor Finn \_\_\_\_\_ celebrates his birthday on December 23.
10. The \_\_\_\_\_ is also known as the Christmas flower.
11. "Gangnam Style" by \_\_\_\_\_ became the first YouTube video to reach one billion views on December 21, 2012.
12. In December 1612, astronomer Simon Marius made the first known telescopic observation of this galaxy.
13. *Star \_\_\_\_\_: The Motion Picture* premiered on December 7, 1979.
14. December 14 marks the start of this Jewish holiday.

## Down

1. The bust of this Egyptian queen was found on December 6, 1912.
2. Annually on December 12, \_\_\_\_\_ House Day is celebrated.
3. The first human-to-human \_\_\_\_\_ transplant was performed on December 3, 1967, by Dr. Christiaan Barnard in Cape Town, South Africa.
4. \_\_\_\_\_'s ballet, *The Nutcracker*, premiered in Saint Petersburg on December 18, 1892.
5. Jane Austen's last novel, \_\_\_\_\_, was published on December 20, 1817.
8. Two years after being stolen, the "Mona Lisa" was returned to this museum on December 12, 1913.
9. Ferguson Jenkins born on December 13, 1942, in Chatham-Kent, was the first Canadian inducted into the \_\_\_\_\_ Hall of Fame.

## Quick and Easy Bruschetta Appetizers

by Jennifer Puri



Affordable and versatile, bruschetta is a deliciously simple tomato and basil combo.

A classic Italian appetizer, bruschetta originated in 15<sup>th</sup> century Italy. Olive growers would grill bread over an open fire to taste their freshly pressed oil. The simple slice of toasted bread later evolved to include cheeses, meats, and olives.

Soft cheeses like goat cheese, ricotta, or brie can create a unique flavour. This recipe uses bleu cheese and slices of French bread, but you can also use ciabatta bread instead. Bruschetta can be served warm or cold as part of an appetizer platter.

Bruschetta pairs well with pastas and salads, grilled chicken, or fish. Leftovers can be refrigerated for two to three days in an airtight container.

**Prep Time:** 15 minutes

**Cook Time:** 10 minutes

**Servings:** 4 to 6

### Ingredients:

- 4 cups of chopped tomatoes
- 2 tbsps. chopped basil
- ¼ cup chopped red onion
- 6 tbsps. extra virgin olive oil
- 1 loaf of French bread

- ½ cup mayonnaise
- ½ cup crumbled bleu cheese
- ¾ tsp. dry mustard
- ½ tsp. salt
- ½ tsp. coarsely ground black pepper
- 1 tbsps. white wine vinegar

### Directions:

1. Preheat oven to 400 degrees Fahrenheit.
2. Slice French bread into ½-inch-thick slices and then cut into half. Lightly brush slices with olive oil on both sides, place on a baking sheet and bake in oven for 10 minutes or until lightly brown.
3. Prepare tomato mixture by mixing together tomatoes, red onion, basil, salt, pepper, 2 tbsps. of olive oil, and the white wine vinegar.
4. In a separate bowl gently mix together mayonnaise, mustard, and crumbled bleu cheese.
5. Spread the cheese mixture on the toasts then top with the tomato mixture. Garnish with fresh basil leaves and serve.

Bon Appétit!





## YOUR CITY OF CALGARY

# Embrace The Chill: Winter Fun Awaits in Calgary!

by The City of Calgary



Winter in Calgary is a season of contrasts—chilly temperatures, heavy snowfall, and warm Chinook winds. But don't let the cold keep you indoors! Calgary, the sunniest major city in Canada, shines bright with over 300 sunny days a year, even in winter.

So, grab your family, toque-up, and slide into the fun! Whether it's skating at a local rink, enjoying a winter festival, or hiking under a bluebird sky, there's always an adventure waiting just outside your door.

Check out your community centre for winter programming or explore city-wide events that bring neighbours together.

From outdoor events and activities to programs and services that support accessibility, mobility, and inclusion, we're making winter better for everyone.

To learn more about how you can embrace winter in Calgary, visit [calgary.ca/lovewinter](http://calgary.ca/lovewinter).

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at 403-720-0762 or [sales@greatnewsmedia.ca](mailto:sales@greatnewsmedia.ca)

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

# Knowing your risks could save your life.

Our free Risk Screen tool helps you understand  
your risks for heart disease and stroke.



[heartandstroke.ca/riskscreen](https://heartandstroke.ca/riskscreen)

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