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Want to know something cool? SUE the T. Rex is the most well-preserved *Tyrannosaurus rex* ever found, and she is currently right here in Calgary. Spanning over 5,000 square feet, this fossil is 90% intact. Pretty good for something over six million years old.



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EAU CLAIRE CONTENT**

**News, Events,
& More**



**Crime
Statistics**

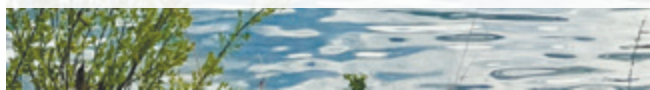


**Real Estate
Statistics**



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About Us

The Eau Claire Community Association (ECCA) was founded in 1992 as a non-profit organization dedicated to maintaining and enhancing the quality of living in Eau Claire. It is recognized by the City of Calgary as the official voice of the Eau Claire community. The ECCA bylaws define the purpose and direction of the ECCA and are registered under the Societies Act of Alberta. The bylaws are available at www.eauclaireca.com/about.

The community of Eau Claire is located adjacent to the downtown commercial core, bounded by Prince's Island and the Bow River on the north and centre of 4 Avenue on the south, extending from the centre of 2 Street SW to the centre of 9 Street SW.

Mission

The Eau Claire Community Association strives to create a vibrant connected community. Our approach to planning and development is to enhance the quality of life for our residents.

Vision

Eau Claire is a safe, clean, and liveable residential community proud of its natural environment. We are supportive of social and recreational gathering places and relevant businesses that support the community.



Membership

Membership in the ECCA is open to all residents. The annual fee is \$6 per household. The majority of Eau Claire condominium complexes (and therefore their residents) hold a membership, paid for by the condo corporation. Business memberships are also available. Strong membership empowers the ECCA to protect the interests of our community. Issues of key interest are planning, transportation and safety. The ECCA's role is to provide a voice for Eau Claire residents, to help ensure that community interests are being considered and that development is in keeping with the Area Redevelopment Plan.

Let's get social!



Follow us for community updates!
eauclaireca.com

Contact us at info@EauClaireCA.com



Council meetings are usually held on Mondays starting at 9:30 am. You are welcome to attend any public council meeting in person or watch remotely online through our webcast page on Calgary.ca. Members of the public can attend and speak to items during a public hearing which are usually held once a month.

You may also attend any public committee meeting. Key committee meetings are also available to be viewed remotely.

- Public are strongly encouraged to follow council and committee meetings using the live stream at www.calgary.ca/watchlive.
- Public wishing to make a written submission may do so using the public submission form at the following link: forms.calgary.ca/content/forms/af/public/public-submission-to-city-clerks.html?redirect=/publicsubmission.
- Public wishing to speak are encouraged to participate remotely. Contact the City Clerk's Office by email at publicsubmissions@calgary.ca to register, and to receive further information on how to call in.

Celebrate Korean Culture at the Calgary Korean Day Festival

The Calgary Korean Day Festival returns to Eau Claire on Saturday, August 8, bringing a full day of culture, food, music, and family-friendly entertainment to Lot 6 (311 8 Street SW).

Running from 11:00 am to 10:00 pm, the free festival celebrates Korean heritage while welcoming everyone to experience the traditions, flavours, and vibrant community that make Korean culture so unique.

Visitors can enjoy authentic Korean cuisine from local vendors, live cultural performances, Taekwondo demonstrations, traditional dance and percussion, night market, multicultural performances, and the always-popular K-Popper's Festival. There will also be interactive activities and exhibits for all ages, making it a great outing for families, friends, and anyone looking to experience something new.

Following a record-breaking turnout last year, organizers are expecting another exciting celebration in 2026.

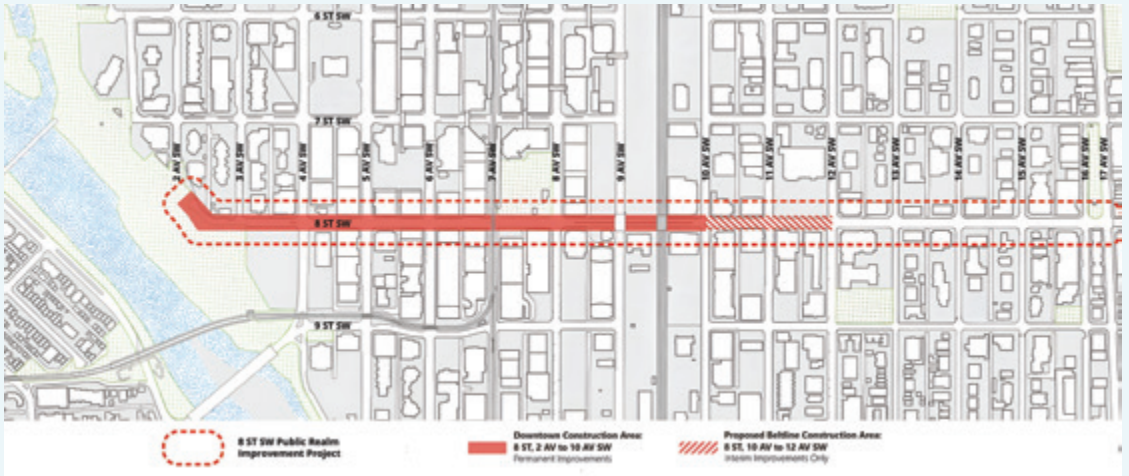
The festival is presented by the Calgary Korean Association, whose mission is to promote Korean culture and build connections through education, entertainment, and community events.



JOKE OF THE MONTH

I went to buy some camouflage pants,
but I couldn't find any.

8 Street SW Construction Update



Construction on 8 Street SW has resumed following the Calgary Stampede, with work continuing along several sections of the corridor throughout the summer.

Here's What Eau Claire Residents, Businesses, and Visitors Should Know:

- Bow River Pathway sidewalk upgrades are expected to be completed by August.
- 4 Avenue SW final surface work will continue until August.
- 9 Avenue SW Underpass construction is beginning this week and continuing through early October, the southbound lanes between 8 Avenue and 10 Avenue SW will be closed. Northbound traffic will remain open.

Detours

Southbound vehicles will be redirected via 5 Street and 11 Street SW. Pedestrian detours, transit route changes, and temporary alley access adjustments will also be in effect during this phase of construction.

The City of Calgary has advised that access to businesses will be maintained throughout construction and crews will continue working to reduce disruptions where possible.

If you're travelling through downtown or visiting local businesses, consider allowing a little extra time while these improvements are underway.

For the latest construction updates, maps, and detour information, visit the City's 8 Street SW project webpage.

Word of the Month

Syzygy: noun (si-zuh-jee)

A nearly straight line-up of three celestial bodies in a gravitational system.

During an eclipse, the Earth, moon, and sun align to form a syzygy.



River Hall Returns to Eau Claire for Summer 2026



One of Eau Claire's favourite summer gathering spaces is back.

River Hall returns to 311 8 Street SW (the north end of Lot 6) from July 23 to September 27, bringing ten weeks of free, all-ages programming to the neighbourhood.

This year, River Hall is bigger than ever. The season has doubled in length and now includes Thursday programming, giving residents and visitors even more opportunities to enjoy the space throughout the summer.

Open Thursdays and Fridays from 5:00 to 10:00 pm, and Saturdays and Sundays from 11:00 am to 10:00 pm, River Hall offers something different every week. Expect live music, DJs, fitness classes, markets, art workshops, family activities, games, performances, food and beverage vendors, farmers' market, and plenty of opportunities to spend time outdoors along the Bow River.

The site also features picnic seating, expanded green space, play areas, a small performance stage, and accessible washrooms, making it an easy place to meet friends, bring the family, or simply relax.

Programming changes weekly, so there's always something new to experience. To stay up to date on upcoming events, be sure to follow @riverhallyyc and @eau.claire.yyc on Instagram.

Staying Updated on Eau Claire Developments

We regularly hear questions from residents about the changes happening around Eau Claire. With construction, planning updates, and public space improvements moving forward at different stages, it can be hard to know what's confirmed, what's proposed, and what's still being discussed.

To help keep things clear, we maintain a dedicated page on our website where we share updates on nearby developments and the conversations we're having with the City. You can follow along here: <http://eauclaireca.com/developments>.

We also send updates through our e-newsletter as new information becomes available. If you live in Eau Claire, signing up is the best way to stay informed about what's happening in the neighbourhood and what we're working on behind the scenes on behalf of residents.

A Friendly Reminder About Shared Pathways

As more people enjoy Eau Claire throughout the summer, we'd like to remind everyone to help keep our neighbourhood safe and accessible.

If you're using an e-scooter or e-bike, please park it responsibly so it doesn't block sidewalks, pathways, building entrances, or accessibility ramps. If you come across a scooter that's creating an obstacle and you're able to safely move it aside, your help is appreciated.

We're also reminding everyone that the speed limit on Calgary's shared pathways is 20 km/h. The Eau Claire Community Association continues to work with Calgary Bylaw Services and the Calgary Police Service to encourage safe use of our pathways for pedestrians, cyclists, and other users.

Thank you for helping keep Eau Claire welcoming and accessible for everyone.

Eau Claire Plaza Is Coming to Life



If you've spent any time in Eau Claire this summer, you've probably noticed the incredible energy around the new Eau Claire Plaza.

What was once a construction site has quickly become one of downtown Calgary's most vibrant gathering places. Nearly every weekend brings a new festival, market, or community event, while buskers, live music, food vendors, and pop-up activities help create a lively atmosphere throughout the season. It's become the perfect spot to grab a coffee or ice cream, meet up with friends, or simply enjoy a sunny afternoon by the river.

We're also thrilled to see the addition of the new green space. The Eau Claire Community Association worked with The City of Calgary to have grass installed while longer-term plans for the Green Line are determined, creating a more welcoming place for residents and visitors to relax and enjoy the neighbourhood.

With so much happening throughout the summer, Eau Claire is quickly becoming one of Calgary's best destinations for community events, outdoor spaces, and downtown living!



Thank You for an Incredible World Cup in Eau Claire



Photo Credit: @sky.view.studio

A huge thank you to everyone who joined the 2026 FIFA Men's World Cup Watch Parties in Eau Claire Plaza!

Over three Team Canada matches, hundreds of fans came together to cheer, celebrate, and enjoy one of the best community atmospheres of the summer. With giant screens, food trucks, family activities, and plenty of Canadian pride, Eau Claire proved to be the perfect place to experience the excitement of the World Cup.

Thank you to all the organizers, volunteers, and attendees who made the watch parties such a memorable success. We can't wait to see what's next for Eau Claire Plaza.



August's Reflection

by Michelle Macdonald, Letter Writing and Mail Club Enthusiast.

List your favourite hobbies. Pick one that gives you great fulfillment. Why is it so special to you?

Dear reader,

It has taken me some time to figure out who I am and which pastimes I need to feel truly content. My favourite hobbies are reading, gardening, camping, hiking, and jigsaw puzzles. To properly nourish our whole selves, I surmise we each need a combination of hobbies that embody various aspects of our lives. For example, we need something active to move our bodies, something to challenge and sharpen our minds, something social to connect us to others, and something peaceful to help us relax.

Gardening is particularly special to me, fulfilling both my active and relaxation needs. I have had a deep affinity for the outdoors and growing things since childhood, heavily influenced by my parents. My dad always tended to the vegetable garden, while my mom creatively landscaped their farm in Southern Ontario.

Working with the earth is a natural lesson in hard work and reward. One morning this spring, I was roaming the backyard with my hot cup of tea, impatiently wondering when my peas would finally begin to sprout. When I noticed a flash of green, I was elated. A single pea shoot was poking proudly out of the soil, and my heart was happy.

However, gardening also requires realistic expectations and acceptance of things entirely outside of our control. Since those peas sprouted, I've had to battle hungry birds and mischievous squirrels. Losing plants to hail, insects, and other pests is simply part of the deal.

Gardening in a climate with a short growing season requires flexibility. It forces me to accept that hours of hard work could be thwarted on any given day by Mother Nature. Honestly, if I hadn't learned to accept that reality, I likely would have quit by now! Yet, despite the frequent challenges, it remains deeply rewarding. Soon enough, I will be eating fresh peas, lettuce, herbs, raspberries, and other delicious food that I managed to nurture, protect, and keep alive.

Happy writing,

Michelle

Write It Forward



Now it's your turn to write it forward. Write a friend, neighbour, or family member about our monthly reflection.



From Gardens to Green Spaces: A New Study Explores Nature's Role in Cancer Care

by ACTION Centre, Cumming School of Medicine, University of Calgary



As someone impacted by cancer, you know things researchers don't.

You know what it felt like to sit with a diagnosis, or to sit with a loved one with a diagnosis. You know what helped, and you know what didn't. Whether a walk outside cleared your head when nothing else could. Whether the person caring for you needed support just as much as you did.

That lived knowledge matters. And now, researchers at the University of Calgary want to hear it.

Led by principal investigator Dr. Linda Carlson, the Nature-Connected Oncology Research Exploration, Nature-CORE, is a national study inviting people affected by cancer to share their perspectives on nature-based therapies and their potential role in cancer care. Through an online survey, your experiences could directly shape the programs developed for future patients and caregivers across Canada.

The idea behind the research is straightforward. A growing body of evidence suggests that time spent in natural environments such as parks, gardens, or green spaces may help reduce stress, lift mood, and support overall well-being. Researchers are also exploring possible links between increased nature exposure and improved gut health, which strengthens the immune system. For people navigating cancer, those potential benefits could be game changers.

But researchers can only go so far without hearing from the people who've actually lived it.

The Nature-CORE survey is open to cancer patients, survivors, caregivers, healthcare providers, and policymakers—anyone touched by cancer or healthcare providers involved in cancer care. It asks about the nature-based approaches people may already be using, what barriers make them hard to access, and what kinds of programs would be most useful and realistic.

This is not about replacing medical treatment. It's about exposure to nature as complementary therapy, strengthening recovery from cancer and its effects.

Every voice adds something that data alone can't capture. Whether you spent time outside during treatment and felt the difference, or cared for someone who did, your perspective belongs in this research. Likewise, the perspectives of those who didn't, or couldn't, spend time in nature are equally valuable.

Canadians 18 and older are welcome to participate in our online survey.

What you've been through has value beyond your own story. Share it with us and help build something better for the people who come after you.

Please access our survey here: www.action-centre.ca/ncorestudy.

Tanghulu

by S. Law



Looking for a fun way to use your fruit? Try making tanghulu at home! This classic Chinese snack is easy to make and the perfect treat, check out the recipe below!

Ingredients

- Any fruit that can be pierced on a skewer.
- 1 cup of sugar
- 1/2 cup of water
- Wooden skewers

Directions

1. Wash and dry your fruit of choice, cut it into 1 to 2 inch pieces. For berries keep them whole.
2. With your wooden skewers, pierce the fruit, pushing each one down until your skewer is full, leaving enough room at the end for you to hold. Set aside.
3. Pour your sugar and water into a pot, making sure the pot is not too full.
4. Stir the water and sugar together until fully combined, then turn the heat on medium and cover with a lid.

Do not stir while the pot is heating! The water will prevent the sugar from burning, stirring only agitates the crystals making the mixture clumpy.

5. Once the sugar water begins to boil, you can remove the lid and let it cook.
6. You are waiting for the sugar to become golden in colour, do not stir with a spoon, but you can lift the pot above the heat and gently swirl the contents, so it cooks evenly.
7. Once you think the sugar is close to being done, prepare an ice bath in a large container that will fit your skewers.
8. When the sugar turns that golden shade, remove it from the heat immediately and begin carefully dipping your prepared skewers. The sugar will be very hot, so be careful not to burn yourself.
9. As soon as they have been dipped, place them into the ice bath so the sugar hardens, and you're done!
10. Enjoy your hard-earned treat with family and friends.



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March	26	14	7	\$424,900	\$412,500
February	26	12	8	\$885,000	\$797,450
January	26	7	5	\$479,000	\$466,000
December	25	3	7	\$525,000	\$515,000
November	25	7	6	\$1,169,950	\$1,169,450
October	25	8	5	\$375,000	\$355,000
September	25	8	4	\$469,950	\$457,500
August	25	8	3	\$598,800	\$598,800
July	25	6	7	\$449,900	\$420,000

To view more detailed information that comprise the above
MLS averages please visit mycalgary.com/calgary-real-estate