

FEBRUARY 2026

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THE EVERGREEN BULLETIN



OFFICIAL COMMUNITY NEWSLETTER OF CALGARY EVERGREEN AND SHAWNEE EVERGREEN

WINTER FESTIVAL

FEBRUARY 14

CAMPFIRE

FEBRUARY 28



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SKIING SISTERS

At the Sochi Winter Olympics on February 8, 2014, Canadian sisters Justine and Chloé Dufour-Lapointe claimed gold and silver medals in the women's moguls freestyle skiing event. They stood together on the podium, marking the first time Canadian sisters had shared an Olympic podium at a Winter Games. What a special sister bond!



**COME WITH QUESTIONS.
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WINTER OPEN HOUSE

Saturday, Feb 21, 2026

10AM – 2PM

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CECA BOARD CONTACTS:

EXECUTIVE

| | | |
|----------------|--------------------|-------------------------|
| President | Mohamid Sltan | president@myceca.ca |
| Vice-President | Bulbul Odedra | vicepresident@myceca.ca |
| Treasurer | Ashish Ambekar | treasurer@myceca.ca |
| Secretary | Netta Segal Gilboa | secretary@myceca.ca |

MEMBERSHIP AND VOLUNTEER COMMITTEE

| | | |
|---------------------|-----------------------|----------------------|
| Membership Director | Jacqueline Villanueva | membership@myceca.ca |
| Volunteers Director | Bruno Boccacio | volunteers@myceca.ca |

FUNDING COMMITTEE

| | | |
|------------------------|---------|------------------------------|
| Fundraising and Grants | Vacant | funding@myceca.ca |
| Sponsorship Director | Liya Su | casino-sponsorship@myceca.ca |

COMMUNICATIONS COMMITTEE

| | | |
|---------------------|--------------------|-----------------------|
| Newsletter Editor | Anna Peña Egle | newsletter@myceca.ca |
| E-Newsletter Editor | Anna Peña Egle | enewsletter@myceca.ca |
| Social Media | Jia Odedra | info@myceca.ca |
| Webmaster | Suvasini Ramajayam | website@myceca.ca |
| IT Manager | Yaser Matar | info@myceca.ca |

TRAFFIC AND SAFETY COMMITTEE

| | | |
|--------------------|--------|-------------------|
| Traffic and Safety | Vacant | traffic@myceca.ca |
|--------------------|--------|-------------------|

RECREATION AND EVENTS COMMITTEE

| | | |
|---------------------|----------------|----------------------|
| Recreation Director | Mari Sltan | recreation@myceca.ca |
| Events Director | Bulbul Odedra | events@myceca.ca |
| Seniors Director | Sherrisa Celis | seniors@myceca.ca |

PLANNING COMMITTEE

| | | |
|----------------------|-----------------|-----------------------|
| Development Director | Alexa Zabrowski | development@myceca.ca |
|----------------------|-----------------|-----------------------|

LIAISONS TO CECA

| | | |
|--|------------------|---|
| Neighbourhood Partnership Coordinator | Alina Dulaney | alina.dulaney@calgary.ca |
| Councillor - Ward 13 | Dan McLean | cward13@calgary.ca |
| MLA, Calgary Lougheed | Eric Bouchard | Calgary.Lougheed@assembly.ab.ca |
| Evergreen Bulletin Newsletter Ad Sales | Great News Media | http://great-news.ca/newsletters/sw/evergreen |

If you are interested in joining the board, please email info@myceca.ca



ATTENTION LOCAL PHOTOGRAPHERS!

Send us your best quality photo of the Evergreen Community or fun family activities for a chance to be chosen as the cover image for the Newsletter. You can win a \$10 gift card! Pictures must be 300 DPI and a minimum 1 MB in file size. (Sorry, no phone snap shots.) Deadline is before the eighth of each month. Please send your image to newsletter@myceca.ca.

CECA MEMBERS ONLY

The CECA Board has been able to negotiate hundreds of dollars' worth of service for Calgary Evergreen Community Association members only.

We are currently working on updating the list to bring you more discounts!

Find out more at www.myceca.ca and <https://www.facebook.com/myceca>.

- **Castle Toys** – 15%* discount
- **The Branch Manager Tree Experts** – \$50 off services
- **Cardel Rec South** – 5 to 10% discount for Evergreen residents, program dependent
- **Evergreen Child Care** – 10% discount
- **Cloverdale Paints** – Wholesale pricing

The Calgary Evergreen Community Association does not guarantee the service, or the products offered by the aforementioned businesses.

**CECA membership card required for discounts.*

Monthly Seniors' Bingo and Hobnob

Seniors from the community are invited to join the Bingo and Hobnob at Swan Evergreen (2635 Everside Ave SW) every third Tuesday of the month from 2:00 to 3:00 pm. Please register with Sherrisa at 403-829-1078.



MESSAGE FROM THE CECA BOARD

Growing Together in Evergreen

Hello Evergreen neighbours,

I hope you're staying warm and enjoying the winter season. I personally like the sun during the winter season. While February may feel quieter, your CECA Board has been busy planning programs and initiatives for 2026, and we welcome your ideas and feedback through our social media channels or by emailing me directly.

Winter Festival

February 14, 1:00 to 3:00 pm, Evergreen Community Park - 1150 Everridge Drive (Next to Marshal Springs School).

Volunteers Needed

Please email volunteers@myceca.ca for more information or to sign up to volunteer.

CECA Casino Fundraiser - April 3 and 4

Your support would make a meaningful difference in helping our community obtain its share of casino revenues - funds that could total approximately \$80,000.

These resources would be reinvested directly into our neighbourhood to strengthen community events, expand programs for children, adults, and seniors, enhance our parks, and support other improvements identified by our residents themselves.

This opportunity allows us to grow together, enrich the lives of our families, and build a stronger, more vibrant community for everyone. We sincerely hope we can count on your support and partnership.

Board Directors

We're seeking volunteers to join our Board of Directors as Grants Director and Traffic and Safety Director. These roles require about six to eight hours per month and offer a chance to give back while building skills in a supportive, professional team. We especially encourage younger community members to apply, and full onboarding support is provided. If a board role isn't the right fit, there are many other ways to get involved.

Ice Rink

We also need help maintaining our community ice rink. At the moment, we have just three dedicated volunteers handling flooding and upkeep, and any extra help would make a big difference. If you're able to lend a hand, even occasionally, please reach out to Bruno.

Important Community Update

HomeSpace Society has been selected by the City of Calgary to develop non-market family housing at 2525 Eversyde Ave SW. The project will provide 45 to 50 townhome-style units for families transitioning out of housing insecurity and forms part of Calgary's approved housing strategy.

Although the CECA does not have authority over this development, we are committed to ensuring residents remain informed and able to share their perspectives.

For more details on the project, please visit the HomeSpace website directly: www.homespace.org/evergreen.

CECA Membership

We encourage residents to purchase a CECA membership. For \$20 per family per year, members receive free access to community events. As a non-profit organization, membership fees help us deliver programs and activities for Evergreen.

To stay connected, please follow/like the Calgary Evergreen Community Association Facebook and Instagram pages or visit our website www.myceca.ca regularly for updates.

Thank you for helping make Evergreen such a great place to live within!

Warm regards,

Mohamad Sltan

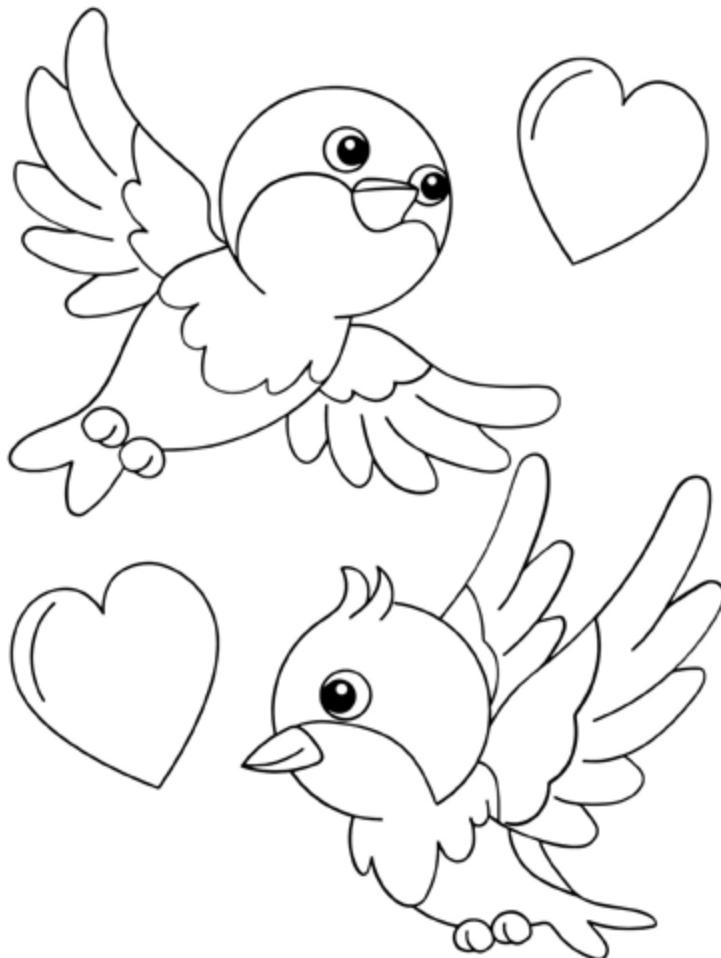
President, Calgary Evergreen Community Association (CECA)

Email: president@myceca.ca



Colouring page

Please submit the colouring page by the 8th of March 2026 to newsletter@myceca.ca for a chance to win! Winners, please contact the editor to arrange a pick-up time for the gift card. Cards not picked up will automatically be given to another winner.



Congratulations to Addie and Leah, the winners of the December colouring contest!

Big thanks to the Constituency Office of Honourable Eric Bouchard, MLA for Calgary-Lougheed, for kindly sponsoring this month's prize.

Happy Colouring!





Face Your Stress

by Recovery Alberta – Community Health Promotion Services

Stress is typically viewed as negative; not all stress is bad and in fact, avoiding it can be more harmful. Stress is the response to a stressor that one may be experiencing. Stressors are anything in your life that causes the release of stress hormones. Some stressors in our life are unavoidable. There are three different types of stress you can experience. Let's dive deeper into each:

1. Positive: Yes, stress can be positive. This is short-term but helps us to adapt and build resiliency. Situations to cause this stress can include work, writing an exam, or calling someone you don't know.

2. Tolerable: Tolerable stress includes situations where the impact may be more serious, such as, loss of someone or divorce of parents, and can occur many times throughout your life, however, with supportive relationships, it is unlikely to have lasting negatives impacts.

3. Toxic: When one thinks of stress, we tend to think of this for all situations. This stress is prolonged and extreme and can result in complex outcomes without any adequate support.

Stress can impact our physical, mental, emotional, and behavioral health and it is different for everyone. It can show up as headaches, feeling tired, having trouble focusing, feeling short-tempered or lonely, having sleep issues, unable to relax, and use of unhealthy coping techniques.

Signs of stress are different for everyone but there is a need for stress to keep us alert, healthier, and more understanding human beings! So, what can you do? Mental Health Literacy has developed a toolbox to help you manage your own stress. Here are a few things to consider:

• Change: You want to change the way you think of stress. As you can see, it can be essential to tackle life's situations.

• Choose: When faced with a stressor, have a toolkit of strategies that work best for you. This can include breathing strategies or talking to others.

• Engage: If there are stressors that heighten your body's response, try incorporating planning strategies beforehand. When we face the stressor and solve the problem, we have successfully adapted and are left with a new skill!



SHAWNEE EVERGREEN COMMUNITY ASSOCIATION

BOARD OF DIRECTORS

| OFFICERS | | |
|-------------------|----------------------------|---------------------------|
| Ian Jobe | President | president@yourseca.ca |
| Steve Adams | Vice President | vicepresident@yourseca.ca |
| Sharlene Karkut | Treasurer | treasurer@yourseca.ca |
| Kathy Power | Secretary | secretary@yourseca.ca |
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| Zeinab El Kady | Director at Large | |
| Ashley Oshiro | Director at Large | |
| John Raich | Director at Large | |
| Vacant | Director of Development | |
| Vacant | Director of Membership | |
| CONTACTS | | |
| Clayton | Seniors' Program | seniors@yourseca.ca |
| | General Inquiries | info@yourseca.ca |
| Cst. M. Messenger | Community Resource Officer | pol4757@calgarypolice.ca |

SECA Boundaries

Households in the area shown below are eligible to become regular members.

- For Evergreen Estates, your street name will include 'Evergreen', for example, Evergreen Drive.
- Almost all other areas will include 'Shawnee' in the street name.
- Condominium residents in Shawnee Park are invited to become members.
- Non-residents are invited to join as associate members.



On the North South of Fish Creek Provincial Park boundary
On the East West of Macleod Trail SE
On the West East of Fish Creek Provincial Park boundary and east of Fishcreek Blvd SW
On the South North of James McDevitt Road and Fishcreek Boulevard SW

SCAN HERE TO VIEW ADDITIONAL
EVERGREEN CONTENT

News, Events,
& More



Crime
Statistics



Real Estate
Statistics





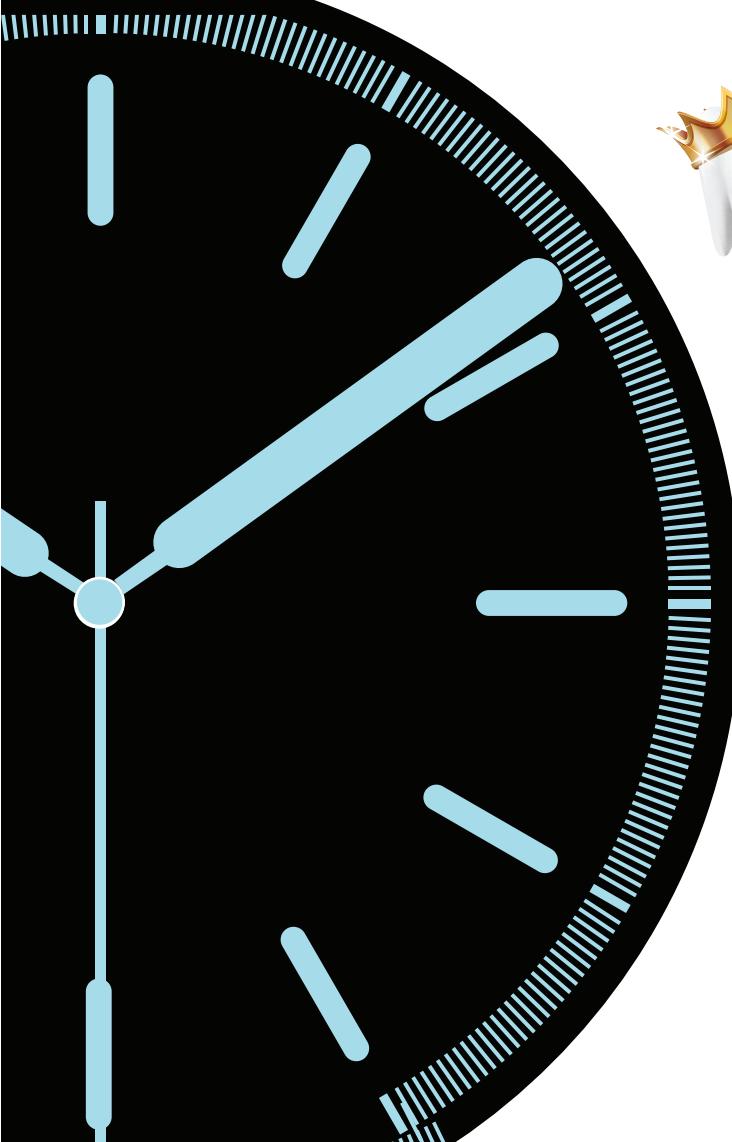
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| 11113 | 3 Units Scaling | \$261.75 | \$261.75 |
| 11101 | Polishing | \$77.75 | \$77.75 |
| 12112 | Fluoride Treatment | \$37.65 | \$37.65 |

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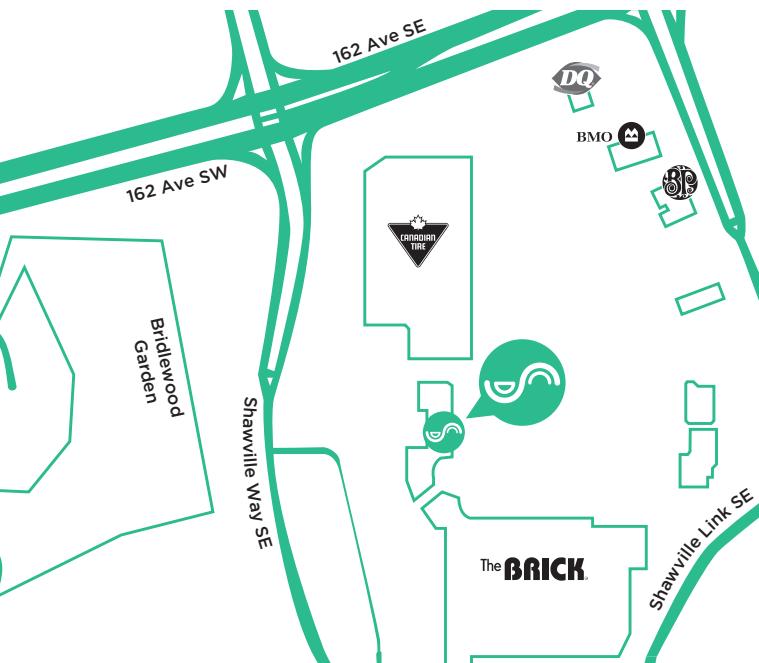


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HERE IS WHAT YOUR COMMUNITY ASSOCIATION (SECA) DOES:

SECA is building a neighbourly community where residents feel a sense of belonging and community pride.

- Hosts Events and Programs:
 - o Community Campfires
 - o Picnic in the Park
 - o Community Cleanup
- Advocacy supports residents' interests with:
 - o Proposed development projects in our neighbourhood and nearby.
 - o Neighbourhood safety (crosswalks, traffic lights, crime prevention, etc.)
 - o Maintaining the character of our neighbourhood.

-----MEMBERSHIP REGISTRATION FORM-----

Join for just \$20 every 12 months. Pay by e-transfer to info@yourseca.ca and include your email and street address in the message field or complete the form below with a cheque payable to Shawnee Evergreen Community Association and mail to SECA c/o South Gate Alliance Church, 1436 James McDevitt Rd SW, Calgary, AB, T2Y 2W9.

Questions? Email info@yourseca.ca.

Household information (held in confidence in accordance with Privacy Legislation):

Surname 1: _____ Given Name: _____

Surname 2: _____ Given Name: _____

Street Address: _____

Postal Code: _____ Phone: _____

E-mail address: _____

Please consider volunteering with SECA. May we contact you to volunteer? Y / N

Payment (\$20): Cash: _____ Cheque #: _____

Resident Non-Resident (Associate Member)

SECA is always looking to engage residents as volunteers on the board, on committees, and at events. Learn more by emailing info@yourseca.ca.

Questions? Email info@yourseca.ca



What kind of tree
fits in your hand?
A palm tree



February brings a mix of winter days and small moments worth celebrating—longer light, friendly check-ins, and Valentine's Day are reminders to share kindness close to home. We hope this month's newsletter sparks a little warmth and connection.

From Our Community Connector: February can be cold, so let's warm it up with kindness and simple connections. As winter continues, small moments—a friendly wave, a chat, or checking in on a senior—can make a big difference.

Connection doesn't have to be complicated. A shared walk on a sunny afternoon, a conversation while shovelling snow, or inviting a neighbour over for tea can make winter feel a little warmer. This month is also a great time to gather around shared interests—whether that's a casual games night, a craft or book swap, or planning something fun to look forward to as spring approaches. These small acts really matter.



Community
Connector Meeting

I'd love to hear how you're doing and what's bringing you joy. If you have an idea, a question, or just want to connect, feel free to reach out at connector@yourseca.ca or book a time to meet using the QR code. Let's keep building community together, one small moment at a time.

Game and Gather for Teens and Tweens

Free and open to all teens and tweens in Shawnee-Evergreen and nearby, these free drop-ins are continuing through to June. Come check them out, every second Monday from 6:00 to 8:00 pm for board games, cards, music, pizza, and a friendly vibe. Mark your calendars: February 9 and 23, March 9 and 23, April 6 and 20, and onward. Find us in the portable classroom behind South Gate Alliance Church (1436 James McKevitt Rd SW) and bring a friend! Please email connector@yourseca.ca to learn more. We would love to hear from a couple young adults or parents who could volunteer to support this valuable program.

Community Campfires

Our much-loved campfires are where neighbours gather, and friendships grow. They continue on the fourth Saturday of each month, from 4:00 to 6:00 pm through to April. Mark your calendars and plan to attend

on February 28, March 28, and April 25. The February campfire is a joint event with Millrise Community Association and their residents, at the Millrise rinks located beside the school on Millrise Hills SW. Bring your skates to enjoy the hockey and leisure rinks.

Enjoy live music, steaming hot chocolate, with hot dogs and marshmallows to roast over the fire. We provide all-beef hot dogs and veggie dogs; feel free to bring your own items if you have special dietary needs. These gatherings are free though your donations at the event or by e-transfer are most welcome!

Picnic in the Park – Saturday, June 20

This popular summer BBQ and festival is returning. It's a fun event to attend and an especially rewarding event for volunteers. Please email us at info@yourseca.ca if you can volunteer – we'll find a role to fit your available time and interests. Thank you!

55+ Happy and Healthy Programs

Ours is a warm, welcoming and safe space to connect, stay active, and try something new. Join us Thursday mornings at Peace Lutheran Church (14640 6 St SW). No registration required—just drop in!

9:15 am – Exercise: Ever-popular Tanya starts an aptly-named series custom-designed for seniors: "Get Going! For Golf, Gardening, and Getting Out." The name says it all!

10:15 am – Games and More. Try this on for size: a card tournament, a video travelogue, and a fun word-association game. Come for the laughs, stay for the company.

9:15 to 11:15 am – Crafts, Cards, and Conversation: Drop by anytime. Bring your knitting, crafts, or art project—or simply come for complimentary coffee, tea, treats, and great conversation.



Senior's
Programs

Talk of the Month: On February 26, come and get your "vaccination" against the scourge of virulent online scams circulating in 2026. Learn about cyber scams and how to avoid them.

Visit our Seniors website at the QR code. Clayton, our Seniors Coordinator, is happy to answer your questions at seniors@yourseca.ca or at 1-888-487-2010.

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Flair and Little Lady, Strathcona Park



Meatball and Cleo, Renfrew



Talbot and Scout, Queensland

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Let's Grow Something Amazing! – A Community Hub and Gardens

We know many of you are excited to see SECA's Community Hub and Gardens take root—and so are we! This shared space will offer neighbours a place to gather, learn, and grow together.

Progress has been slower than hoped, as our small volunteer Board has been stretched managing programs, events, advocacy, and this major project. To move forward, we need community expertise. Before we can start planting, we need help with the planning and building stages—especially from neighbours with skills in engineering, planning and development, project management, community engagement, grant writing, and general administration.

If you can lend a hand, even in a small way, please email president@yourseca.ca. Together, we can bring this project to life for the whole neighbourhood.

New Community Resource Officer (CRO)

We welcome Constable Matt Messenger to the CRO role, working out of the District 8 facility in Mid-Sun. Feel free to reach out to him at pol4757@calgarypolice.ca if you have concerns about community safety and policing topics.

Let's Keep in Touch

For the latest SECA updates, visit yourseca.ca, subscribe to our e-newsletter at the QR code, follow our social media, and watch for posters at our Message Centres (Little Free Libraries and A-Frames in local parks). We always enjoy hearing from residents—reach us anytime at info@yourseca.ca.

Together, we're building a community where everyone belongs.

Be part of it!

Your SECA Board





Where neighbours gather and friendships grow!

Shawnee - Evergreen residents and their guests, are invited to enjoy live music and hot chocolate with marshmallows and hotdogs to roast

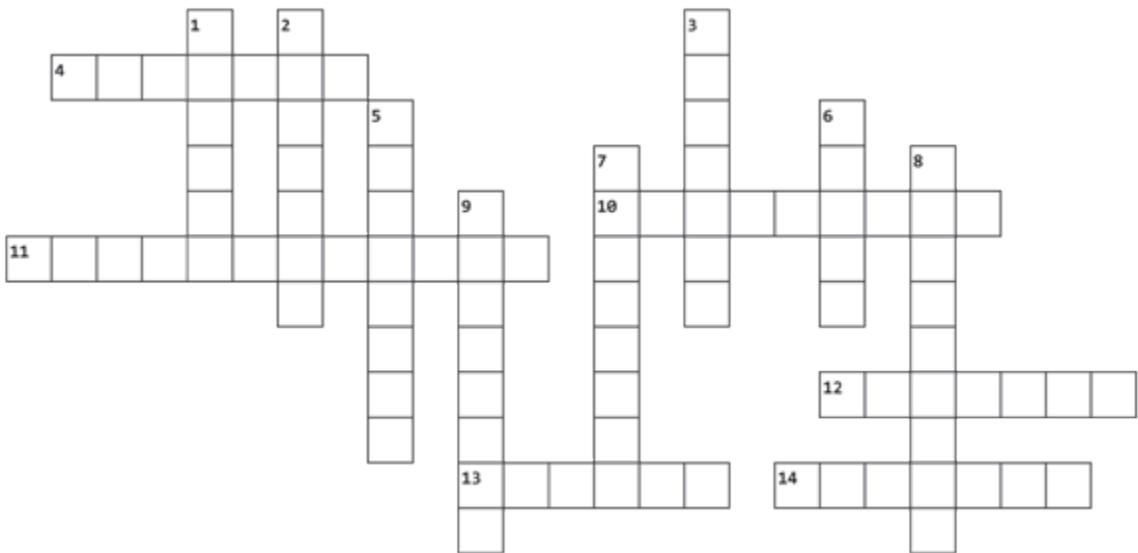
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| Jan 24 | • Shawnee West Park | • skate |
| Feb 28 | • Millrise Rinks | • skate |
| Mar 28 | • Evergreen Drive Park | • games |
| Apr 25 | • Evergreen Circle Park | • games |

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4th Saturday each month
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February Crossword



Across

- Islam's holy month of fasting, prayer, and reflection, called _____ starts on February 17 this year.
- On February 2, 1653, what is now called New York City officially became a city, but it was known as New _____ at the time.
- Comedian Leslie Nielsen was born on February 11, 1926, in Regina, _____.
- Canada's twelfth Prime Minister, Louis St. _____, was born on February 1, 1882, in Compton, Québec.
- The first volume of this English Dictionary was published on February 1, 1884.
- The first documented street celebration of Mardi Gras in New _____ took place on February 27, 1827.

Down

- This North American country celebrates National Flag Day on February 15 annually.
- During the 1988 Calgary Winter Olympics, the bobsleigh team from this Caribbean nation inspired the movie *Cool Runnings*.
- At the 26th Grammy Awards on February 28, 1984, Michael _____ won an astonishing eight Grammys!
- Pope _____ XVI announced his resignation from the papacy on February 11, 2013.
- The 2026 Chinese Zodiac is this equine beauty.
- Min Jin Lee's New York Times bestselling novel, _____, follows a Korean family who immigrate to Japan and was first published on February 7, 2017.
- The XXI Winter Olympic Games were held in this Canadian city in 2010.
- On February 4, 2004, this social media platform was launched from a Harvard dorm room.



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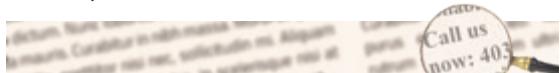
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| | | Properties | | Median Price | |
|-----------|----|------------|------|--------------|-----------|
| | | Listed | Sold | Listed | Sold |
| December | 25 | 7 | 13 | \$650,000 | \$652,500 |
| November | 25 | 18 | 18 | \$654,950 | \$628,250 |
| October | 25 | 30 | 25 | \$615,000 | \$615,000 |
| September | 25 | 25 | 24 | \$597,450 | \$587,400 |
| August | 25 | 37 | 18 | \$647,450 | \$627,500 |
| July | 25 | 26 | 32 | \$672,450 | \$660,000 |
| June | 25 | 41 | 34 | \$612,450 | \$610,000 |
| May | 25 | 45 | 33 | \$639,900 | \$615,000 |
| April | 25 | 33 | 37 | \$639,800 | \$651,000 |
| March | 25 | 36 | 22 | \$722,400 | \$746,750 |
| February | 25 | 27 | 33 | \$739,000 | \$719,000 |
| January | 25 | 26 | 15 | \$685,000 | \$680,000 |

To view more detailed information that comprise the above
MLS averages please visit ever.mycalgary.com