

DECEMBER 2023

YOUR OFFICIAL COMMUNITY NEWSLETTER

# FOCUS ON GLAMORGAN

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# OFFICIAL

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**403-837-4023**

[info@officialplumbingheating.ca](mailto:info@officialplumbingheating.ca)  
[official-plumbing-heating.ca](http://official-plumbing-heating.ca)



## THE SONGS OF CHRISTMAS:

Celebrating the Joy of Christmas through Music

**Sunday December 17 10:45AM**

Glamorgan Community Hall

Lunch to follow (no charge)



Contact Pastor Justin  
[cweschurch@gmail.com](mailto:cweschurch@gmail.com)



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[calgarymatandlinen.com](http://calgarymatandlinen.com)

## Christmas Closure

The GCA office will be closed December 23 to January 1.

Office will reopen at 10:00 am Tuesday, January 2.

## Wanted! GlamShack Concession Volunteers

The GlamShack Concession will be open this winter. Volunteering in the concession is perfect for families who enjoy spending time at the rink.

Flexible schedules. Training Provided.

Responsibilities include:

- Opening up GlamShack
- Selling concession products
- Closing at the end of your shift

For information, please call 403-246-8218 or email [info@myglamorgan.ca](mailto:info@myglamorgan.ca).

## GAMES & PUZZLES

### Guess That Character!

1. Named after a month, this dark character is part of a famous fictional family and got her name from a Mother Goose nursery rhyme.
2. This character is voiced by Vin Diesel and can only rely on one line to emote throughout his screen time.
3. This quirky creature is the counterpart to Wallace in their wild escapades.
4. A cowboy being best friends with a space ranger seems unlikely, but that is exactly what this beloved children's character is.
5. This character is best known for her adventures and her bright red shoes.
6. The star of a film released in 1994, this character is best known for his love of life and chocolates.



SCAN THE QR CODE FOR THE ANSWERS!

## Parent & Tots Weekly Drop In Program



Are you the parent of a tot and are looking to meet other parents in your community?

Join our NEW

**Parent & Tot Program**

Tuesdays 9:30am to 11:30am

In the Seminar Room

Drop In

\$3/parent includes coffee

## SENIORS' CORNER

The first Tuesday of every month  
1:00 to 3:00 pm at the community centre  
4207 - 41 Avenue SW  
Phone: 403-246-8218  
Email: [info@myglamorgan.ca](mailto:info@myglamorgan.ca)  
Website: [www.myglamorgan.ca](http://www.myglamorgan.ca)

**Come out and enjoy an afternoon  
with your neighbours!**

**Different activities each month  
\$10 includes light lunch and refreshments**

For more information, contact the  
Glamorgan Community Association

- December 5 - St A's School Choir
- January 2



## BOOK YOUR EVENT

Book your family or corporate party  
here at the Glamorgan Community  
Association!

We offer a full bar service,  
commercial kitchen and much more.  
Call the office for pricing and  
availability.

## COMMUNITY PROGRAMS

**SENIORS FITNESS** – Tuesday mornings. Call Louise at  
403-701-5494.

**BROWNIES / GUIDES / SPARKS** – Programs are offered  
Tuesdays at the community hall. Please call 403-283-8349.

**PATHFINDERS** – Program is offered Sundays. Please  
call 403-283-8349.

**ALL LEVELS YOGA** – Tuesday nights at 8:00 pm.  
For information or to register, email  
[bonbridges@gmail.com](mailto:bonbridges@gmail.com).

**GLAMORGAN CHILDREN'S CENTRE** – Before and After  
School Care Program. Supervised Lunch Program. Call  
403-217-6677 for info. Now accepting Kindergarten.

### TAURUS TAEKWON-DO –

Ages 4+  
Monday and Wednesday evenings  
403-708-7199  
[www.taurustkd.com](http://www.taurustkd.com)  
[fit.tkd@gmail.com](mailto:fit.tkd@gmail.com)

*Do you have a program to offer or want to see a  
program come to our community? Contact Sara Polzen,  
our General Manager.*



On-Site



Computers



“We fix the computers  
that have you in a fix”

Home, Business, Internet,  
email, Virus removal, etc.

**Bruce Easthope**  
Phone: 403 880 5989  
[bruceeasthope@yahoo.com](mailto:bruceeasthope@yahoo.com)

# Winter Car Seat Safety

by Alberta Health Services

Bulky winter clothing can impact the effectiveness of car seat harnesses and can significantly compromise your child's safety when traveling. The force of a car crash can cause puffy winter coats and snowsuits to suddenly flatten, creating a gap between your child and their car seat harness. When this happens, your child is no longer properly secured and is at risk of being partially or fully ejected from the car seat. This can cause serious head or spinal injuries.

It is crucial to dress your child in thinner layers and adjust straps snugly to ensure their protection. Bulky clothing, including winter coats and snowsuits, should not be worn underneath the harness of a car seat.

### Tips to keep your kids safe and warm in their car seat during the winter:

- Place a blanket over the straps after they are buckled up.
- Put your child's coat on backwards after they are strapped into their car seat.
- Don't forget hats and mittens. These keep kids warm without interfering with the car seat harness.
- Pack an emergency bag with extra blankets, dry clothing, hats and gloves, and non-perishable food.

### Always remember these rules for car seat safety:

- Follow the car seat manufacturer guidelines. The car seat must be correctly installed in the vehicle.
- The shoulder harness should be snug enough that you cannot pinch the strap fabric at the collarbone.
- Infants and young children are safest riding in a rear-facing car seat until they reach the maximum height or weight limit for rear-facing use allowed by the seat's manufacturer.
- Your child is safest riding rear-facing until two, three, or even four years old.
- When your baby outgrows their infant seat, move them into a larger rear-facing seat.
- When a child outgrows their larger rear-facing car seat (by height or weight), they should move into a forward-facing car seat with a harness.
- When a child outgrows their forward-facing car seat (by height or weight), they should move to a booster seat. Use a booster seat until the seat belt fits properly; this is typically when your child is 145 cm (4 ft. 9 in.) tall and between 8 and 12 years of age.

## Development Committee

The Glamorgan Community Association is looking for residents that are interested in forming and participating in a new Development Committee which will be headed up by one of our board members.

With all the DPs and land use changes in process and likely continuing to increase, this is a great opportunity to get involved.

If interested, please email [info@myglamorgan.ca](mailto:info@myglamorgan.ca).



**CRIB TOURNAMENT**

Saturday, December 9  
4:00pm to 7:00pm  
Main Hall  
\$30 Per Team  
NO SINGLES  
Bar Will Be Open

Call (403)246-8218 or email [info@myglamorgan.ca](mailto:info@myglamorgan.ca) to register



**DUNCAN LAW**

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- ▶ Family Law

Conveniently located in Aspen Landing  
Phone: 403.300.0870 | [DuncanLawYYC.ca](http://DuncanLawYYC.ca)

# Glamorgan Community Memberships

## Expired August 31

There are 3 easy ways to purchase your membership

1. Online at [www.myglamorgan.ca](http://www.myglamorgan.ca)
2. Come into the office at 4207-41 Avenue SW
3. Fill out the form in our newsletter and mail to the hall with payment

**Purchasing a Glamorgan Community Association (GCA) membership is an excellent way to support your community**

**Membership fees collected help to support:**

- Community facilities such as the Rink, GlamShack and Hall
- Children's Outdoor Soccer
- Special events to bring residents together and build community

**Please purchase or renew your membership today!**

## GCA Office Hours

Tuesday and Thursday: 10:00 am to 1:00 pm

Wednesday and Friday: 1:00 to 4:00 pm

Phone and email will be monitored Tuesday to Friday from 9:00 am to 4:30 pm.

[info@myglamorgan.ca](mailto:info@myglamorgan.ca) | 403-246-8218



### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.



## MEMBERSHIP

Downloadable version at [www.myglamorgan.ca](http://www.myglamorgan.ca)

Enclose this form along with your membership fee & drop-off or mail to:

**GLAMORGAN COMMUNITY CENTRE**  
4207 – 41 Ave SW Calgary AB T3E 1G2

Note: Do not send cash through the mail. Make cheque payable to "Glamorgan Community Association"

Memberships can also be purchased online at [www.myglamorgan.ca](http://www.myglamorgan.ca)

**Membership expires August 31**

Please choose your desired type and length of membership:

Membership Type	1 Year	3 Year	5 Year
<input type="checkbox"/> Resident Family	<input type="checkbox"/> \$20	<input type="checkbox"/> \$50	<input type="checkbox"/> \$75
<input type="checkbox"/> Resident Adult	<input type="checkbox"/> \$10	<input type="checkbox"/> \$25	<input type="checkbox"/> \$40
<input type="checkbox"/> Resident Senior	<input type="checkbox"/> \$7	<input type="checkbox"/> \$15	<input type="checkbox"/> \$25
<input type="checkbox"/> Associate *	<input type="checkbox"/> \$20	<input type="checkbox"/> \$50	<input type="checkbox"/> \$75

\* Choose if you do not reside within the Glamorgan Community Boundaries

Please list the member(s) of your household to be included on this membership: **A/Y = Adult or Youth**

First Name	Last Name	A/Y

Address:	
Postal Code:	
Primary Phone #:	
Alternate Phone #:	
Primary E-mail:	
Total Amount Enclosed:	Receipt #

Yes, I would like to receive information by email from the Glamorgan Community Association  
 Visa/Mastercard \_\_\_\_\_ Exp. Date \_\_\_\_\_

# Board and Contact List



4207 - 41 Avenue SW Calgary, Alberta T3E 1G2

Phone: 403-246-8218 • Fax: 403-240-1394

Office Hours: Tuesday/Thursday - 10:00 am to 1:00 pm, Wednesday/Friday - 1:00 to 4:00 pm

Office is closed Mondays and weekends

Website: [www.myglamorgan.ca](http://www.myglamorgan.ca) • Email: [info@myglamorgan.ca](mailto:info@myglamorgan.ca)

## Board Members

President	Nicole Liesemer
Vice President	Vacant
Secretary	Danielle Southern
Treasurer	Beth Barretto
Director At Large	Alanna Redding
Director At Large	Lindsay Sales

## Liaisons

Calgary Police Service		
Community Resource Office		403-428-6200
Community Partnerships Coordinator	Keith Magill	403-476-7185

## Community Activities

Adult Fitness	Linda Court	403-931-7539
Girl Guide Centre, Brownie, Guides, Sparks, and Pathfinders		403-283-8349
Calgary Minor Softball Assn		
Children's Centre Director	Heather Eastgaard	403-217-6677
Gaming Manager	Bonnie Ladner	403-246-8218
Glamorgan Community ECS		
Trails West Hockey		

## Staff

General Manager	Sara Polzen	403-246-8218
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Board meetings are held on the third Thursday of each month.  
Community members are welcome to attend. Call 403-246-8218 for more information.

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## SCAN HERE TO VIEW ADDITIONAL GLAMORGAN CONTENT

News, Events,  
& More



Crime  
Statistics



Real Estate  
Statistics



# PUB NIGHT

Saturday, December 9

7pm in the Main Hall



**NEW!**  
Kids under 18 welcome  
until 9:00 pm

Large Drink Selection  
Snacks

Pizza \$5 for 2 slices  
We accept cash,  
credit and debit

A photograph of an outdoor ice skating rink with trees and a blue sky in the background. The rink is surrounded by a fence.

**Would you like  
to be part of  
the amazing group of  
volunteers that take care  
of the Glamorgan Rink?**

**Join the Rink Rats!**

**Call (403)246-8218 or  
Email [info@myglamorgan.ca](mailto:info@myglamorgan.ca)  
for information**

## Glamorgan Bakery

[www.glamorganbakery.com](http://www.glamorganbakery.com)  
3919 Richmond Road SW  
403-242-2800

### *Our Specialties*

Cheese Buns • Donuts • Cakes

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Saturdays 7 am - 5 pm  
CLOSED Sundays



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**Call Bob: 403-461-3490**



## Glamorgan Animal Clinic

We moved!

Come visit us at our new location at  
the London Place West mall near London Drugs.  
440, 5255 Richmond Road SW

**403.246.1774**

**[www.glamorgananimalclinic.com](http://www.glamorgananimalclinic.com)**



# BUSINESS CLASSIFIEDS

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Glamorgan. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating.ca; www.official-plumbing-heating.ca.

**GLAMORGAN MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit <https://calgarymatandlinen.com/> to learn more and get a quote. We are located in SE Calgary.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**SNOW REMOVAL, CHRISTMAS LIGHTS, AND WINDOW CLEANING:** Snow removal starting at \$110 to \$155 per month. Christmas light installation starting at \$150. Early season discounts! Window and gutter cleaning starting at \$99; interior/exterior/screens. Mulch, rock, sod, and soil installation. A+ Member of BBB, Licensed. Insured. WCB. 403-265-4769 | [YardBustersLandscaping.com](http://YardBustersLandscaping.com).

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Competitive Rates | Twenty years Experience with QuickBooks and Simply Accounting, GST, Payroll, WCB, Filing, T4 Filings, and . Phone Katie 403-870-0737.

**PLUMBING PARAMEDICS:** Your community plumbing and furnace experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and furnace repairs. BBB accredited. Call today to experience our world class service! 587-205-6657.

**GLAMORGAN PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Gavin for a free estimate at 825-431-7944. Your trusted choice for a fresh, vibrant look. [www.fivestarpainting.com](http://www.fivestarpainting.com).

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**OPEN CANOPY TREE CO.:** We are located right in the heart of Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website [www.opencanopytree.com](http://www.opencanopytree.com) or call 403-466-1656 to request a quote.

*continued on next page*

# BUSINESS CLASSIFIEDS

## continued

For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**JEFFREY ELECTRIC:** Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

**BOOKKEEPING, TAX PREPARATION, PAYROLL, GST:** I can help you with all your tax needs – Business and Personal, Contractors and Retail. Current and late filers are welcome. I have 20 years of experience and my rates are reasonable. References are available upon request. Please call Jill: 403-510-1665 or email: mybookkeeper65@yahoo.ca.

**COMMISSIONER FOR OATHS IN AND FOR ALBERTA:** I can administer oaths and take and receive affidavits, affirmations, and declarations in and for Alberta. John Peter Skarra, call 403-605-0079 or email skarra.john@gmail.com.



## LITTLE TOES

Because humans typically have five fingers on each hand and five toes on each foot, it might lead one to believe that cats follow that same format. However, this is actually incorrect! Most cats only have 18 toes, rather than 20. A typical cat will have five toes on each of its front paws, but only four on its back ones!



Councillor, Ward 6  
**Richard Pootmans**  
403-268-1646  
Eaward6@calgary.ca  
Calgary.ca/ward6 X f @pootmans  
@richardpootmans9

Hello, Ward 6,

Merry Christmas! Wishing you one filled with happiness and the laughter of those who matter most to you. I always look forward to the new year, as it brings hope and a renewed perspective on this great City we live in. I hope that 2024 is a year full of prosperity, health, and much joy for you and yours.

Looking back on 2023, the Ward 6 office staff are grateful to be your advocates, working with both your community and the City of Calgary Administration. Some of the things that our offices were asked to advocate for this past year were increased public safety, more traffic safety measures, removal of extraneous roadway signage, better traffic control at intersections, dead tree removal on boulevards, and much more.

One of Council's priorities this year is affordable housing for Calgarians. I am happy to support the Calgary Housing Strategy as I feel this comprehensive plan is crucial for addressing housing related challenges in our city and improving the quality of life for residents. I am looking forward to continuing this important work into 2024.

In October, I was selected to sit on ten Council committees. I will continue my work on the Audit Committee to ensure effective governance and compliance at the City. I am also excited to go back to my roots and join the Calgary Economic Development (CED) board. In the past, I helped CED to implement various investment initiatives and business retention strategies. I look forward to once again helping attract businesses and showcasing that Calgary is a liveable, welcoming, and prosperous city that any company will thrive in.

My office and I look forward to continuing our work with Ward 6 residents in building a community we are proud to live in.

Sincerely,

*Richard*

The Glamorgan Community Association  
wishes you and yours  
the merriest Christmas and an  
amazing New Year!



**Hate Your  
Renewal  
Rate?  
Call Me!**

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