# CUS ON GLAMOKGANT

# VIBRANT, CARING, CONNECTED





置 EMERGENCIES

Got a tooth problem? Same-day appointments and treatment often available.



In a rush? Book your appointment online. We are open evenings and Saturdays!



We direct bill your insurance. Payment plans are also available.



**CHOOSE A \$100 GIFT CARD** FOR VISITING THE DENTIST\*









bowtraildental.com |

587-871-5224





# SPORT FUNDAMENTALS

JULY 8 - 12 9AM - 3PM

**at** Glamorgan Community Hall 4207 41 Ave SW, Calgary

**Ages** 7 - 12

Contact 403-542-7318 or angelabradbury711@gmail.com \$150 (\$140 before May 13th)

REGISTER AT: aia.sh/cweschurch

in partnership with

cweschurch.ca

# **CALGARY MAT & LINEN SERVICES**

403.279.5554 calgarymatandlinen.com

We care about the safety, cleanliness, and appearance of your business.

#### **Mat Rentals & Purchases**

- Outdoor and indoor entryway mat rentals
- Customized mat rental programs to suit your needs
- Mats are regularly changed, cleaned, and sanitized
- No upfront mat inventory investment required
- Available mat types: Outdoor Scrapers, Entry Mats, Logo'd Mats, and Waterhogs
- Multiple different mat sizes available to suit your unique work environment



# Wedding and Party Linen Cleaning

- · Tablecloths & napkins
- Flexible pick up / drop off scheduling
- · Quick turnaround times

#### **Linen Cleaning Services**

- Towels, Sheets, Pillow Cases, & Face Cradles
- Ideal services for Hotels, Massage, Physiotherapy, and Chiropractic



#### **Workwear Cleaning Services & Supplies:**

- Uniforms, Coveralls, Gowns, Rags
- · Tork Dispensers and Supplies





#### **VISIT OUR WEBSITE**



#### **CONTACT US**





### Welcome to Westview

### An Independent Living and All-Inclusive **Retirement Community**

Make new friends and share new memories when you retire at Westview Community. Enjoy all-inclusive living at Westview Town Suites, or pay for what you need at Westview Residence West. The choice is yours, for the lifestyle you desire!

- · Spacious brand new suites with walk-in showers.
- · A pet-friendly community, with an accessible pathway system and a gorgeous park.
- Access to services on-site, including paramedical, a hair salon & more.
- Located near conveniences such as London Drugs, Co-op, restaurants, medical facilities, banks, and more!

#### Limited Time Pricing

Independent Living | All-Inclusive

Ask about our starting at \$1,790 | starting at \$2,900 | Move in Incentives







403-390-2934 westviewliving@silvera.ca 5050 50 Ave SW Calgary, AB.

Eniov a virtual tour at: westviewtownsuites.silvera.ca





# Glamorgan Animal Clinic

We moved! Come visit us at our new location at the London Place West mall near London Drugs. 440, 5255 Richmond Road SW

> 403.246.1774 www.glamorgananimalclinic.com

#### **SCAN HERE TO VIEW ADDITIONAL GLAMORGAN CONTENT**

News, Events, & More



Crime **Statistics** 

Real Estate **Statistics** 

**Disclaimer:** The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

#### **SENIORS' CORNER**

The first Tuesday of every month 1:00 to 3:00 pm at the community centre 4207 - 41 Avenue SW

Phone: 403-246-8218

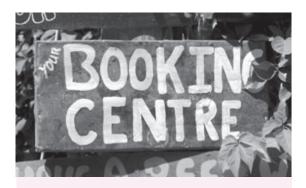
Email: info@myglamorgan.ca Website: www.myglamorgan.ca

Come out and enjoy an afternoon with your neighbours!
Different activities each month
\$10 includes light lunch and refreshments

For more information, contact the Glamorgan Community Association

May 7





# **BOOK YOUR EVENT**

Book your family or corporate party here at the Glamorgan Community Association!

We offer a full bar service, commercial kitchen and much more. Call the office for pricing and availability.

# **COMMUNITY PROGRAMS**

**SENIORS FITNESS** – Tuesday mornings. Call Louise at 403-701-5494.

**BROWNIES / GUIDES / SPARKS –** Programs are offered Tuesdays at the community hall. Please call 403-283-8349.

**PATHFINDERS** – Program is offered Sundays. Please call 403-283-8349.

**ALL LEVELS YOGA** – Tuesday nights at 8:00 pm. For information or to register, email bonbridges@gmail.com.

**TAURUS TAEKWON-DO** – Monday and Wednesday evenings

Ages 4+ 403-708-7199 www.taurustkd.com fit.tkd@gmail.com

Do you have a program to offer or want to see a program come to our community? Contact Sara Polzen, our General Manager.

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SCAN THE QR CODE FOR THE SOLUTION







# Glamorgan Community Memberships

# **Expired August 31**

There are 3 easy ways to purchase your membership

- 1. Online at www.myglamorgan.ca
- 2. Come into the office at 4207-41 Avenue SW
- 3. Fill out the form in our newsletter and mail to the hall with payment

Purchasing a Glamorgan Communicty Association (GCA) membership is an excellent way to support your community

#### Membership fees collected help to support:

- Community facilities such as the Rink, GlamShack and Hall
- · Children's Outdoor Soccer
- Special events to bring residents together and build community

Please purchase or renew your membership today!

# **Development Committee**

The Glamorgan Community Association is looking for residents that are interested in forming and participating in a new Development Committee which will be headed up by one of our board members.

With all the DPs and land use changes in process and likely continuing to increase, this is a great opportunity to get involved.

If interested, please email info@myglamorgan.ca.





# **MEMBERSHIP**

Membership Type

Resident Family

Resident Adult

Resident Senior

Associate \*

Downloadable version at www.myglamorgan.ca Enclose this form along with your membership fee & drop-off or mail to:

#### GLAMORGAN COMMUNITY CENTRE 4207 – 41 Ave SW Calgary AB T3E 1G2

Membership expires August 31

5 Year

\$75

\$40

\$25

\$75

Note: Do not send cash through the mail. Make cheque payable to "Glamorgan Community Association"

Memberships can also be purchased online at www.myglamorgan.ca Please choose your desired type and length of membership:

1 Year

\$20

\$10

\$7

\$20

3 Year

\$50

\$25

\$15

\$50

* Choose if you do not re	eside within the Glamorgan Con	nmunity Boundaries
Please list the member membership:	(s) of your household to be A/Y	e included on this ' = Adult or Youth
First Name	Last Name	A/Y
Address:		
Address.		
Postal Code:		
Primary Phone #:		
Alternate Phone #:		

☐ Yes, I would like to receive information by email from the Glamorgan

#### YOUR CITY OF CALGARY

# **Celebrate Neighbour Day 2024**

by the City of Calgary

Celebrate Neighbour Day in your community on Saturday, June 15! You're invited to get involved in this year's event by organizing a block party with your neighbours. Block party and greenspace permits are free for Neighbour Day. Apply for your permits by May 31, 2024, at calgary.ca/NeighbourDay. Invite Mayor Gondek, your Councillor, a police officer, or book a fire truck to drop by your event. You can also enter to win one of several great prizes, including 30 minutes of live musical entertainment at your block party.

Neighbour Day is our city's annual celebration of community connection. Held on the third Saturday in June, Neighbour Day is a step toward creating welcoming and inclusive communities where neighbours connect and belong every day of the year. Good things happen when you get to know your neighbours. They can add a friendly visit to your day, and you can lend a helping hand when needed. Social connection with neighbours reduces loneliness and isolation and builds strong communities where people feel they belong.

If you're participating in Neighbour Day on June 15, show us how you celebrated! Post your event photos to social media with the hashtag #YYCNeighbourDay.

Visit calgary.ca/NeighbourDay to learn more.



Receipt #

Exp. Date

Primary E-mail:

Total Amount Enclosed:

Community Association Visa/Mastercard

# **Board and Contact List**

GLAMORGAN
COMMUNITY ASSOCIATION

Vibrant Caring Conr

4207 - 41 Avenue SW Calgary, Alberta T3E 1G2 Phone: 403-246-8218 • Fax: 403-240-1394

Office Hours: Tuesday/Thursday - 10:00 am to 1:00 pm, Wednesday/Friday - 1:00 to 4:00 pm

Office is closed Mondays and weekends

Website: www.myglamorgan.ca • Email: info@myglamorgan.ca

Decard Manufacture					
<b>Board Members</b>					
President	Nicole Liesemer				
Vice President	Vacant				
Secretary	Vacant				
Treasurer	Beth Barretto				
Director At Large	Alanna Redding				
Director At Large	Teri Day				
Liaisons					
Calgary Police Service					
Community Resource Office		403-428-6200			
Community Partnerships Coordinator	Keith Magill	403-476-7185			
<b>Community Activities</b>					
Girl Guide Centre, Brownie,					
Guides, Sparks, and Pathfinders		403-283-8349			
Calgary Minor Softball Assn					
Gaming Manager		403-246-8218			
Kidzinc		403-240-2059			
Staff					
General Manager	Sara Polzen	403-246-8218			

Board meetings are held on the third Thursday of each month.

Community members are welcome to attend. Call 403-246-8218 for more information.





www.glamorganbakery.com 3919 Richmond Road SW | 403-242-2800 Our Specialties

Cheese Buns • Donuts • Cakes

Monday to Friday 7 am - 6 pm Saturdays 7 am - 5 pm CLOSED Sundays

#### **GAMES & PUZZLES**

# **Guess The Day in May!**

- 1. On May 3, musicians who play the largest, lowest -pitched, brass musical instrument are recognized.
- 2. This day celebrated on May 4 is a play on words from an iconic line in an epic space movie created by George Lucas.
- 3. This day is observed on the second Sunday of May and honours the maternal figures in our lives.
- 4. On Florence Nightingale's birthday, May 12, hardworking healthcare workers are honoured.
- 5. World \_\_\_\_\_ Day, observed on May 20 this year, acknowledges the role of our favourite yellow pollinators.
- 6. On May 24, a date dedicated to this magnificent, jewelled crown, everyone can feel like royalty.





SCAN THE QR CODE FOR THE ANSWERS!



For business classified ad rates contact Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Glamorgan. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

**OFFICIAL PLUMBING & HEATING:** Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

**GLAMORGAN MORTGAGE BROKER:** Save a bunch of cash! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@ anitamortgage.ca | Licensed by Avenue Financial.

**CALGARY FRESH JOCK:** We expertly clean sports equipment including hockey, lacrosse, football, baseball, wrestling and more. Cleaned, disinfected & refreshed for better health and performance. Conveniently located at 109, 10836 24th Street SE, Calgary. Call 403-726-9301 to keep your sports gear in top shape. Equipment pick-up / drop-off service available.

**CALGARY MAT & LINEN:** Get high-quality mat and linen services with pick-up and drop-off from Calgary Mat & Linen! We offer expert rental and cleaning for hospitality and healthcare industries. Contact us at 403-279-5554 or visit https://calgarymatandlinen.com/ to learn more and get a quote. We are located in SE Calgary.

**OPEN CANOPY TREE CO.:** We are located right in the heart of Glamorgan. Our Arborists have been servicing trees since 2015 and offer a top notch, fully insured service for all of your tree care and removal needs. Visit our website www.opencanopytree.com or call 403-466-1656 to request a guote.

# **BUSINESS CLASSIFIEDS**

**LANDSCAPING & WINDOW CLEANING:** Weekly yard care starting at \$39. Decorative mulch, rock, soil and sod installation. Window or gutter cleaning starting at \$109; interior or exterior. Garden beds, stone patios, walkways and rock walls. Deck and fence builds, small concrete jobs and synthetic grass installation. A+ Member of BBB. Licensed and Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to mediumsized businesses. Competitive Rates | Twenty years Experience with QuickBooks, GST, Payroll, WCB, Filing, and T4 Filings. Phone Katie 403-870-0737.

**GLAMORGAN PAINTER:** Experienced Calgary Painter - Transform your space with precision and style! Our professional painting services bring life to your home. Skilled in interior and exterior projects. Affordable rates with top-quality results. Contact Jonathan for a free estimate at 403-561-4338. Your trusted choice for a fresh, vibrant look. www.fivestarpainting.com.

**BARKER'S FINE DRY CLEANING:** We specialize in pressed shirts, wedding dresses, and exquisite linens, including sheets, duvets, and pillow cases. Your premier destination for impeccable garment care, situated in the heart of Douglas Glen at 109, 10836 24th St SE. For unmatched service, contact us at 403-282-2226. Pick-Up/Drop-Off Service Available.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**AFTERNOON COMPANION CARE WANTED:** For senior lady living with Dementia. No personal care required. 1:00 to 4:00 pm daily at Westview Townsuites (5050 50 Ave SW). Lady is bright and friendly and in excellent physical health. Compensation and hours negotiable. Please contact Christine Gingerick for further information at 403-681-4420.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

**GUTTER DOCTOR:** Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty! www.gutterdoctor.ca, 403-714-0711.

#### BOOKKEEPING, TAX PREPARATION, PAYROLL, GST:

I can help you with all your tax needs – Business and Personal, Contractors and Retail. Current and late filers are welcome. I have 20 years of experience and my rates are reasonable. References are available upon request. Please call Jill: 403-510-1665 or email: mybookkeeper65@yahoo.ca.

POTTERY AND CERAMIC ARTS LESSONS: Private classes in a well-equipped studio in Glendale. Starting out—throwing, slab, hand building, etc.? Need problems solved—throwing bigger, best clay to use? Don't know next steps or just making with no goals in mind? Contact Monika at thevisionsweststudio@telus. net for learning, fun, and results.



403-714-0711 gutterdoctor.ca

Home exterior services. We do eavestrough cleaning, repairs, and installation as well as downspouts, fascia, soffit, siding, roofing, cladding, leaf screens, and heat cables. Local business for over 20 years with more than 60,000 happy customers! Licensed, insured, and WCB. A+ rated BBB member. Multi award-winner. Quality work with a warranty!







# No matter how much you sweat, we can get the stink out!

We offer cleaning services for sports equipment and personal protective equipment, including helmets, shoulder and elbow pads, knee and shin pads, footwear, skates, or gloves – almost any equipment used by athletes or workers can be cleaned, disinfected, & refreshed.













### **OUR OZONE PROCESS**

Using ozone, our system breaks down and penetrates stains, mucus, blood, sweat, fungus, bacteria, and mould. Ozone effectively annihilates 99% of bacteria and viruses upon contact, encompassing both odor-causing bacteria and those responsible for various illnesses, such as staph infections.

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\*Offer valid for one car wash per customer, per coupon at either Big 4 Motors or Metro Ford. Coupon has no cash value. Car wash availability may be subject to volume or weather conditions. Coupon must be surrendered at time of wash. Other conditions apply. Ends 05/31/24. Contact dealers for details.



